

1       **Diagnostic and Prognostic Value of Stress CMR Imaging in**  
2       **Patients with Known or Suspected Coronary Artery Disease:**  
3       **a Twenty-Year Meta-Analysis**

4                               **Running title:** Stress CMR in Stable Chest Pain

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37

## **KEY POINTS**

### **38 QUESTION**

39 What is the diagnostic and prognostic value of stress CMR imaging for the evaluation of  
40 stable chest pain?

41

### **42 FINDINGS**

43 In the largest contemporary meta-analysis pooling more than 65,000 patients and 381,357  
44 person-years of follow-up, stress CMR yields high diagnostic accuracy and effective risk  
45 stratification in patients with known or suspected CAD, particularly with 3-Tesla imaging.

46

### **47 MEANING**

48 Combined assessment of inducible myocardial ischemia and LGE by stress CMR imaging is  
49 a highly effective pathway to diagnose and risk stratify patients with stable chest pain.

50 Normal stress CMR is associated with low risk of cardiovascular events for at least 3.5 years.

51 **Abstract**

52 **Importance:** Clinical utility of stress cardiovascular magnetic resonance (CMR) in stable chest  
53 pain is still debated and low-risk period for adverse events following a negative test is  
54 unknown.

55 **Objective:** To provide contemporary quantitative data synthesis of diagnostic accuracy and  
56 prognostic value of stress CMR in stable chest pain.

57 **Data Sources:** We searched PubMed, Embase, Cochrane and PROSPERO databases, and  
58 Clinical Trials Registry for potentially relevant articles.

59 **Study Selection:** CMR studies reporting estimates of diagnostic accuracy and/or raw data of  
60 adverse cardiovascular events for participants with either positive or negative stress CMR.

61 **Data Extraction and Synthesis:** This meta-analysis was planned, conducted, and reported in  
62 agreement with the Preferred Reporting Items for Systematic Reviews and Meta-Analyses.  
63 Two reviewers extracted data and assessed the risk of bias.

64 **Main Outcomes and Measures:** Diagnostic odds ratio (DOR), sensitivity, specificity, area  
65 under the curve (AUC), odds ratios (ORs) and annualized event rates (AERs) for all-cause  
66 death, cardiovascular death, and major adverse cardiac events (MACE) defined as the  
67 composite of myocardial infarction and cardiovascular death.

68 **Results:** We identified 33 diagnostic studies pooling 7,815 individuals and 31 prognostic  
69 studies pooling 67,080 patients (mean follow-up: 3.5 years/381,357 person-years). Stress  
70 CMR yielded a DOR of 26.4 (95%CI:10.6-65.9), a sensitivity of 81% (95%CI:68-89%), a  
71 specificity of 86% (95%CI:75-93%), and an AUC of 0.84 (95%CI:0.77-0.89) for the  
72 detection of functionally obstructive CAD. In subgroup analysis, stress CMR yielded higher  
73 diagnostic accuracy in the setting of suspected CAD (DOR=53.4) or when using 3-Tesla

74 imaging (DOR=33.2). Presence of stress-inducible ischemia was associated with higher all-  
75 cause mortality (OR:2.0;95%CI:1.7-2.3), cardiovascular mortality (OR:6.4;95%CI:4.5-9.1),  
76 and increased risk of MACE (OR:5.3;95%CI:4.0-7.0). Presence of late gadolinium  
77 enhancement (LGE) was associated with higher all-cause mortality (OR 2.22; 95%CI:1.99-  
78 2.47), cardiovascular mortality (OR 6.03; 95%CI:2.76-13.13), and increased risk of MACE  
79 (5.42; 95%CI:3.42-8.6). After a negative test, pooled AERs for cardiovascular mortality and  
80 MACE remained <1%.

81 **Conclusion and Relevance:** Stress CMR yields high diagnostic accuracy and delivers robust  
82 prognostication, particularly with 3-Tesla scanners. While both inducible myocardial  
83 ischemia and LGE portend excess mortality and increased risk of MACE, normal stress CMR  
84 is associated with low risk of cardiovascular events for at least 3.5 years.

85 **Keywords:** stress CMR, ischemia, diagnostic accuracy, prognosis, chest pain, meta-analysis.

86 **Non-standard Abbreviations and Acronyms**

87

88 AER Annualized event rate

89 AUC Area under the receiver operating characteristic curve

90 CMR Cardiovascular magnetic resonance

91 DAN-NICAD Danish Study of Non-Invasive Diagnostic Testing in Coronary Artery Disease

92 DOR Diagnostic odds ratio

93 FFR Fractional flow reserve

94 ICA Invasive coronary angiography

95 LGE Late gadolinium enhancement

96 MACE Major adverse cardiovascular events

97 MR-IMPACT II The Magnetic Resonance Imaging for Myocardial Perfusion Assessment in Coronary artery  
98 disease

99 MR-INFORM The Myocardial Perfusion CMR versus Angiography and FFR to Guide the Management of  
100 Patients with Stable Coronary Artery Disease

101 nLR Negative likelihood ratio

102 pLR Positive likelihood ratio

103 SPINS Stress CMR Perfusion Imaging in the United States)

104 **Introduction**

105 Coronary artery disease (CAD) is the leading cause of cardiovascular morbidity and mortality  
106 worldwide. Non-invasive imaging plays a central role in the recent 2019 European Society of  
107 Cardiology guidelines on chronic coronary syndromes and in the 2021 AHA/ACC guidelines  
108 on chest pain. Evaluation of inducible myocardial ischemia by assessment of perfusion  
109 reserve or regional wall motion abnormalities is a key element in the diagnostic work-up of  
110 patients with stable chest pain and an intermediate-to-high pre-test probability of CAD<sup>1,2</sup>.

111 New recommendations for the use of non-invasive imaging in coronary syndromes developed  
112 by a transatlantic intersociety task force endorse the use of stress cardiovascular magnetic  
113 resonance (CMR) to detect ischemia and guide clinical decision-making in patients with high  
114 intermediate pre-test clinical likelihood of CAD<sup>3</sup>. Consistently, the 2021 American College  
115 of Cardiology and American Heart Association guidelines for the evaluation and diagnosis of  
116 chest pain delivered Class I and IIa recommendations for stress CMR as a first-line functional  
117 investigation for evaluation of chest pain in intermediate-risk patients with known or  
118 suspected CAD<sup>4</sup>.

119 CAD is one of the primary indications for CMR<sup>5,6</sup> and utilization of stress CMR has been  
120 steadily growing worldwide<sup>6</sup>. However, contemporary data on the diagnostic accuracy and  
121 prognostic value of stress CMR in patients with known or suspected CAD is currently  
122 lacking. After twenty years of clinical use and the recent completion of large multicenter  
123 observational studies<sup>7,8</sup> and randomized clinical trials<sup>9,10</sup>, which were not included in  
124 previous systematic reviews and meta-analyses<sup>11-14</sup>, we have appraised the best available  
125 contemporary evidence to deliver the most updated quantitative synthesis on diagnostic  
126 accuracy and prognostic value of stress CMR for the assessment of chest pain.

127 **Methods**

128 This systematic review and meta-analysis was planned, conducted, and reported according to  
129 the PRISMA statement for design, analysis, and reporting of meta-analyses of randomized  
130 and observational studies<sup>15</sup> and the Cochrane Handbook for Systematic Reviews of  
131 Diagnostic Test Accuracy<sup>16</sup>. A review protocol was prospectively registered on PROSPERO  
132 (CRD42022299275).

133 **Systematic review**

134 We searched PubMed and Embase databases, the Cochrane Database of Systematic Reviews,  
135 PROSPERO database ([www.crd.york.ac.uk/prospéro](http://www.crd.york.ac.uk/prospéro)), and Clinical Trials Registry  
136 ([www.clinicaltrials.gov](http://www.clinicaltrials.gov)) from January 2000 through December 2021 (**Figure 1**). We used  
137 two pre-specified combinations of keywords related to diagnostic accuracy and prognostic  
138 significance of stress CMR (**eMethods**). We also searched reference lists of all identified  
139 articles for additional relevant studies, including hand-searching reviews and published meta-  
140 analyses. Two authors (G.B., A.D.C.) performed the screening of titles and abstracts,  
141 reviewed full-text articles, and determined their eligibility. Discrepancies were resolved by  
142 consensus with other reviewers (F.R., M.Y.K., A.C.). The review process was not blinded to  
143 study results. Studies were eligible if they met the following criteria: (i) published as full-  
144 length article; (ii) English language; (iii) prospective or retrospective study design; (iv)  
145 enrolling  $\geq 100$  patients aged  $\geq 18$  years; (v) reporting estimates of diagnostic accuracy of  
146 stress CMR compared with invasive coronary angiography (ICA) or fractional flow reserve  
147 (FFR) as reference test, and/or raw data about all-cause death, CV death, and major adverse  
148 cardiovascular events (MACE, defined as composite of CV death and myocardial infarction)  
149 for study participants with either positive or negative stress CMR scans. Studies were eligible  
150 regardless of whether they were referred for suspected or known CAD and regardless of the

151 technique used for evaluation of inducible ischemia: wall motion analysis, perfusion  
152 (qualitative, semiquantitative, fully quantitative). Two investigators (G.B., A.D.C.) abstracted  
153 relevant data of patient populations, study-level characteristics, and outcomes from original  
154 eligible sources. The ascertainment of clinical events was accepted as reported. The quality of  
155 eligible studies was evaluated by QUADAS-2 tool<sup>17</sup> and Newcastle-Ottawa Scale<sup>18</sup> for  
156 diagnostic and prognostic studies, respectively.

### 157 *Statistical analysis*

158 Categorical variables were reported as percentages, and continuous variables as means and  
159 standard deviation or medians and interquartile range, as appropriate. We used the inverse  
160 variance heterogeneity model for the meta-analysis of diagnostic studies, which proved  
161 superior to the standard bivariate model<sup>19</sup>. For each study, raw data of true positives, true  
162 negatives, false positives, and false negatives were either extracted from the study or  
163 generated from reported diagnostic estimates. Diagnostic odds ratio (DOR), area under the  
164 receiver operating characteristic (ROC) curve (AUC), sensitivity, specificity, negative (nLR)  
165 and positive likelihood ratios (pLR) were calculated. A ROC plot was used to summarize  
166 study-level findings. Pooled estimates of sensitivity and specificity for stress CMR derived  
167 from the meta-analysis were used to generate a leaf plot illustrating the relationship between  
168 pre-test and post-test probability of CAD. In the prognostic meta-analysis, summary effect  
169 sizes for all-cause death, CV death, and myocardial infarction have been calculated primarily  
170 for presence or absence of inducible ischemia, and additionally for late gadolinium  
171 enhancement (LGE). A random-effects model was used, and study-specific odds ratios (ORs)  
172 were pooled using the Mantel–Haenszel method for each study outcome. The Hartung-Knapp  
173 adjustment<sup>20</sup> was applied to all analyses except for those with  $\leq 3$  studies per group. Average  
174 effects were not calculated for outcomes reported by less than 3 studies. Inter-study



175 heterogeneity was assessed by  $I^2$  statistic and represented as Baujat plot<sup>21</sup>. Significant  
176 heterogeneity was considered for  $I^2 \geq 50\%$ . The z-statistic was computed for each endpoint of  
177 interest, and the results were considered statistically significant at a  $p < 0.05$ . Meta-analysis  
178 results were presented by classic forest plots with point estimates of the effect size and  
179 95% CIs, with square area indicating study weight. A Jackknife sensitivity analysis was  
180 performed for each outcome to evaluate the robustness of the results and the impact of every  
181 single study on the summary estimate of effect. The likelihood of publication bias was  
182 assessed using funnel plots by displaying individual study OR with 95% CIs for the endpoints  
183 of interest, with the addition of the non-parametric ‘trim-and-fill’ procedure to adjust for  
184 funnel plot asymmetry by generating hypothetical missing studies; for all models including  
185 more than 10 studies, funnel plot asymmetry was also evaluated by tests proposed by Deeks<sup>22</sup>  
186 and Egger<sup>23</sup> for diagnostic and prognostic studies, respectively ( $p < 0.10$  indicative of  
187 significant publication bias). Subgroup analyses were performed to investigate possible  
188 sources of heterogeneity and to assess the effect of selected variables, including sample size,  
189 sex, CAD prevalence, thresholds of diameter stenosis, year of publication, magnetic field  
190 strength, and stressor agent. Annualized event rates (AERs) for studies were calculated by  
191 dividing the number of events by the follow-up duration. The low-risk period was defined as  
192 the mean time interval the patient group with a negative test remained below the threshold of  
193 1% cumulative MACE rate<sup>24</sup>. All statistical analyses were performed using R version 4.1.0.  
194 (R packages and functions are detailed in **eMethods**).

## 195 **Results**

196 Of 3,144 citations identified and retrieved for title and abstract evaluation, we reviewed full-  
197 text of 237 potentially relevant articles and finally included 33 diagnostic studies and 31  
198 prognostic studies, published between 2002 and 2021 (**Figure 1**). Study-level prevalence of  
199 CAD ranged between 11% and 83% in diagnostic studies. Mean follow-up was 3.5 years  
200 (range 0.9 to 8.8) for a total of 381,357 person-years. The overall quality of included studies  
201 was high (**eFigure 1, eTable 3**). Main characteristics of studies included in the diagnostic  
202 and prognostic meta-analyses are summarized in **eTable 1** and **eTable 2**.

203

### 204 **Diagnostic Meta-Analysis**

#### 205 *Stress CMR vs ICA*

206 Diagnostic accuracy of stress CMR compared with ICA as the reference test was reported in  
207 30 studies<sup>8,10,25-52</sup>, pooling 7,496 symptomatic patients with known (n=537) or suspected  
208 CAD (n=2825).

209 On a per-patient analysis, stress CMR yielded a pooled DOR of 19.1 (95%CI:12.6-29.1), a  
210 sensitivity of 84% (95%CI:79-88%), a specificity of 79% (95%CI:73-84%), a pLR of 4.0  
211 (95%CI:3.0-5.3), a nLR of 0.21 (95%CI:0.2-0.3), and AUC of 0.81 (95%CI:0.78-0.84) for  
212 the detection of anatomically obstructive CAD (**Figure 2**).

213 On a per-vessel analysis, stress CMR yielded pooled DOR of 21.0 (95%CI:10.2-43.4),  
214 sensitivity of 72% (95%CI:61-81%), specificity of 89% (95%CI:82-94%), pLR of 6.7  
215 (95%CI:3.8-11.8), nLR of 0.3 (95%CI:0.2-0.5), and AUC of 0.82 (95%CI:0.76-0.87).

216

#### 217 *Stress CMR vs invasive FFR*

218 Diagnostic accuracy of stress CMR compared with invasive FFR as the reference test was  
219 reported in 8 studies<sup>10,27,37,44,45,53-55</sup>, pooling 1,196 symptomatic patients with known (n=354)

220 or suspected (n=593) CAD. On per-patient analysis, stress CMR yielded pooled DOR of 26.4  
 221 (95%CI:10.6-65.9), sensitivity of 81% (95%CI:68-89), specificity of 86% (95%CI:75-93%),  
 222 a pLR of 5.8 (95%CI:3.0-11.4), nLR of 0.2 (95%CI:0.1-0.4), and AUC of 0.84 (0.77-0.89)  
 223 for detection of functionally obstructive CAD (**Figure 2**). On per-vessel analysis, stress CMR  
 224 yielded pooled DOR of 24.1 (95%CI:5.5-105.4), sensitivity of 70% (95%CI:46-86%),  
 225 specificity of 91% (95%CI:74-97%), pLR of 8.0 (95%CI:2.4-26.5), nLR of 0.3 (95%CI:0.1-  
 226 0.8), and AUC of 0.83 (95%CI:0.70-0.91).

227

## 228 **Prognostic Meta-Analysis**

### 229 *All-cause mortality*

230 A total of 11 studies<sup>56-66</sup> pooling 51,166 individuals reported all-cause mortality. Presence of  
 231 inducible ischemia was associated with two-fold increased mortality (OR 2.0; 95%CI:1.7-2.3,  
 232 p<0.005; **Figure 3A**). Presence of LGE was associated with two-fold increased mortality  
 233 (OR 2.22; 95%CI:1.99-2.47, p<0.001; **Figure 4A**). Pooled AERs for all-cause mortality in  
 234 patients with and without inducible ischemia were respectively 3.0% and 1.4% (p<0.0001;  
 235 **Figure 5A**). Pooled AERs for all-cause mortality in patients with and without LGE were  
 236 respectively 4.5% and 2.3% (p<0.0001; **Figure 5A**).

237

### 238 *Cardiovascular mortality*

239 A total of 14 studies<sup>62,64,66-77</sup> pooling 12,252 individuals reported CV mortality data Presence  
 240 of inducible ischemia detected by stress CMR was associated with six-fold increased CV  
 241 mortality (OR 6.4 95%CI:4.5-9.1, p<0.0001; **Figure 3B**). Presence of LGE was associated  
 242 with six-fold increased CV mortality (OR 6.03; 95%CI:2.76-13.13, p<0.001; **Figure 4B**).  
 243 Pooled AERs for CV death in patients with and without inducible ischemia were respectively  
 244 2.5% and 0.6% (p<0.0001; **Figure 5A**). Pooled AERs for CV mortality in patients with and

245 without LGE were respectively 2.51% and 0.71% ( $p < 0.0001$ ; **Figure 5A**).

246

## 247 *MACE*

248 A total of 22 studies<sup>7,25,59,60,64,66-69,72-84</sup> pooling 17,084 individuals reported MACE data.

249 Presence of inducible ischemia was associated with five-fold increased risk of incident

250 MACE (OR 5.3 95%CI:4.0-7.0,  $p < 0.000$ ; **Figure 3C**). Presence of LGE was associated with

251 five-fold increased risk of MACE (OR 5.42; 95%CI:3.42-8.6,  $p < 0.001$ ; **Figure 4C**). Pooled

252 AERs for MACE in patients with and without ischemia were respectively 4.3% and 1.0%

253 ( $p < 0.0001$ ; **Figure 5A**). Pooled AERs for MACE in patients with and without LGE were

254 respectively 2.9% and 0.78%,  $p < 0.0001$ ; **Figure 5A**). Combining ischemia and LGE

255 information, we documented the highest AER when both present and the lowest AER when

256 both absent (**Figure 5B**). At mean follow-up of 3.5 years, normal stress CMR, featuring

257 absence of inducible ischemia and no LGE, was associated with a pooled AER of 0.58%,

258 whilst the presence of ischemia and LGE yielded a pooled AER of 4.24%.

259

## 260 *Assessment of study quality and publication bias*

261 According to QUADAS-2 tool, risk of bias was low in 29 of 33 diagnostic studies (**eFigure**

262 **3**). Of 31 prognostic studies, 15 studies scored 9 stars, and 16 studies scored 8 stars according

263 to the Newcastle-Ottawa Scale (**eTable 3**). In ICA studies, Deeks' test ruled-out small-study

264 bias and publication bias ( $p = 0.34$ ) (**eFigure 2**). Deeks' test was not performed in FFR studies

265 since the number of studies was insufficient. With regards to prognostic studies, we ruled-out

266 publication bias by visual inspection of funnel plots and Egger's test of intercept that was

267 non-significant for each outcome (**eFigure 3**).

268 ***Subgroup analysis***

269 Results are summarized in **eTables 4, 5**. Stress CMR demonstrated higher diagnostic  
270 performance for detection of anatomically and functionally obstructive CAD in two  
271 scenarios: suspected CAD and 3-Tesla. In FFR studies, higher diagnostic accuracy was  
272 observed in women or when lowering FFR cut point to 0.75. In ICA studies, quantitative  
273 assessment yielded higher DOR and specificity compared with visual assessment, and  
274 dipyridamole achieved overall higher accuracy compared with adenosine.

275

276 ***Sensitivity analysis***

277 Two diagnostic studies<sup>10,85</sup> were visually and quantitatively identified as outliers in the ICA  
278 analysis (**eFigure 2**). Removal of the two outliers increased diagnostic accuracy with a  
279 pooled DOR of 25.2 (**eFigure 4**). In the FFR analysis, removal of the single outlier<sup>10</sup>  
280 improved diagnostic summary estimates, attaining a pooled DOR of 41.3 (**eFigure 5**). No  
281 single prognostic study affected the pooled OR for each endpoint of interest.

**282 Discussion**

283           The current analysis covers the last 20 years of clinical research in the field of stress  
284 CMR imaging using state-of-the-art statistical methods for quantitative data synthesis. We  
285 provide the largest summary evidence available by pooling more than 65,000 patients and  
286 381,357 person-years of follow-up and reaffirming that stress CMR imaging yields high  
287 diagnostic accuracy, robust cardiac prognostication, and effective risk stratification in  
288 patients with stable chest pain and known or suspected CAD. Our analysis was focused on  
289 symptomatic patients, in line with current international guidelines indications on deferring or  
290 eliminating unnecessary testing when the diagnostic yield is low or in asymptomatic  
291 individuals<sup>1,86</sup>.

292           Stress CMR delivers high diagnostic accuracy consistently across multiple clinical  
293 scenarios and time trend analysis. This is even more evident for detecting functionally  
294 obstructive lesions assessed by FFR, which has been shown to provide optimum balance  
295 between myocardial revascularization and medical treatment in the FAME trials<sup>87,88</sup>. In  
296 addition to previous meta-analyses<sup>89,90</sup>, our findings build on supporting better diagnostic  
297 performance of stress CMR in the setting of suspected CAD, or when using 3-Tesla imaging,  
298 due to improved contrast resolution<sup>91-93</sup>, and quantitative perfusion assessment, which can be  
299 advantageous to better identify disease extent or peri-infarct ischemia than visual assessment  
300 alone in multivessel CAD, detect microvascular disease and verify stress adequacy<sup>94</sup>. The  
301 signal of dipyridamole outperforming adenosine studies is intriguing and possibly reflecting  
302 the incremental diagnostic value of combined perfusion and wall motion assessment<sup>76</sup>. This  
303 requires careful interpretation and prospective verification in regadenoson studies and needs  
304 to be weighed against the cost, potential tolerability, and effectiveness of the stressor  
305 agents<sup>95</sup>.

306           In our diagnostic meta-analysis, two studies were identified as outliers that

307 showed a lower-than-average diagnostic yield of stress CMR. The Dan-NICAD randomized  
308 clinical trial<sup>10</sup> enrolled patients with low-to-intermediate pre-test probability of CAD and an  
309 abnormal CCTA scan prior to CMR testing and found low sensitivity for second-line  
310 perfusion investigations. However, the specific study design could have led to selection bias  
311 and potentially impacted diagnostic estimates<sup>96</sup>. The MR-IMPACT II study<sup>85</sup> compared stress  
312 CMR and SPECT in a population with intermediate CAD prevalence (49%), but also a fairly  
313 high number of patients with prior MI (27%), in whom it can be more difficult to  
314 discriminate myocardial scarring and residual ischemia, and with expected higher prevalence  
315 of microvascular disease inflating the number of false positive findings. This multicenter  
316 study enrolling from 33 different institutions aimed to frame a realistic clinical environment  
317 not restricted to high-volume leading centers. In both studies, measurements were performed  
318 by an independent core laboratory with readers fully blinded to additional patient information  
319 and results, limiting the bias of the clinical context when reporting stress CMR studies.

320         When interpreting these findings, we should remember that myocardial ischemia  
321 exists as a continuum and binary categorizations have inherent limitations. Furthermore,  
322 shortcomings in the accuracy of established invasive gold standards must be carefully  
323 considered. Notably, FFR was firstly calibrated against non-invasive tests<sup>97</sup>, including  
324 bicycle exercise testing, thallium scintigraphy, stress echocardiography with dobutamine,  
325 which were, themselves, validated against ICA as the reference test, falling into a challenging  
326 circular thinking<sup>98,99</sup>. An FFR threshold of  $\leq 0.80$  has been adopted into clinical practice  
327 guidelines as an actionable value to guide revascularization, despite robust evidence  
328 supporting larger treatment benefit at lower FFR values<sup>100,101</sup> and our findings indicating  
329 better agreement with an FFR threshold of 0.75.

330         More recently, the MR-INFORM trial randomized 918 symptomatic patients at high  
331 pre-test probability of CAD to undergo ICA plus FFR versus stress CMR-guided

332 care<sup>9</sup>. MACE rate and percentage of patients free from angina were similar for both strategies  
333 at 1-year, yet the use of stress CMR was associated with a noticeably lower incidence of  
334 downstream ICA and coronary revascularization than was the use of FFR. Similar findings  
335 have been reported in the setting of low-risk acute coronary syndromes by a network meta-  
336 analysis of diagnostic randomized controlled trials demonstrating how stress CMR was  
337 associated with fewer referrals to downstream ICA than coronary CT angiography or other  
338 non-invasive imaging modalities, and without obvious impact on subsequent risk of  
339 myocardial infarction<sup>102</sup>.

340         This evidence translates into the uniquely favorable cost-effective profile of stress  
341 CMR imaging compared to its relevant comparators<sup>103</sup>. According to a cost-effectiveness  
342 analysis comparing different first-line diagnostic pathways for stable chest pain and a  
343 decision-analytic model to estimate lifetime health care costs and quality-adjusted life-years  
344 derived from the multicenter SPINS study, stress CMR strongly dominated SPECT and  
345 coronary CT angiography strategies either when considering all MACE or hard events  
346 alone<sup>104</sup>. Thus, having access to CMR is a win situation for patients and can lead to  
347 significant cost savings by reducing the need for additional, unnecessary tests and  
348 revascularization procedures<sup>105,106</sup>.

349 The prognostic value of non-invasive cardiac investigations has been the objective of a  
350 previous meta-analysis raising the possibility of clinical equipoise for prediction of CV death  
351 and myocardial infarction<sup>13</sup>. While the message that any negative test conveys excellent  
352 prognosis is reassuring and challenges need for further downstream testing, post-test  
353 probability of disease needs adjustment for baseline population event risk and should always  
354 be carefully interpreted in the context of pre-test probability, prevalence of disease and  
355 according to the clinical scenario. In our analysis, the presence of inducible ischemia by  
356 stress CMR was a robust predictor of increased mortality and risk of MACE, further



357 heightened by the presence of LGE. Conversely, normal stress CMR was associated with  
358 very low incidence of adverse cardiovascular events, yielding a low-risk post-test period of at  
359 least 3.5 years. Our data echoes the results of previous meta-analyses<sup>107,108</sup> and of the Euro-  
360 CMR registry<sup>5</sup>, where patients with suspected CAD and a negative stress CMR experienced  
361 an AER for hard cardiovascular endpoints of less than 1%.

362 Ultimately, the prognostic value of stress CMR, either performed with vasodilators or  
363 dobutamine, is incremental to traditional risk factors<sup>66,81</sup>. Further studies are needed to  
364 establish the optimal CMR method for absolute quantification of myocardial blood flow and  
365 the optimal ischemic threshold associated with larger treatment effect, as a tipping point  
366 useful to identify patients who would most benefit from myocardial revascularization versus  
367 safe deferral.

### 368 **Strengths and limitations**

369 We summarized the largest evidence available making use of the best methods for  
370 quantitative synthesis and provided robust estimates on the diagnostic and prognostic value  
371 of stress CMR. We provide new information on the duration of low-risk period for MACE  
372 following a normal stress CMR. This knowledge has the potential to inform future clinical  
373 guidelines about ideal time intervals for repeat imaging and to provide useful guidance to  
374 subsequent management of symptomatic patients with initial normal imaging results or  
375 subclinical disease<sup>109</sup>. Results of subgroup analyses also suggest better diagnostic  
376 performance of stress CMR in the setting of suspected CAD, especially when using 3-Tesla  
377 imaging and fully quantitative approaches. We acknowledge a few limitations. Firstly, we  
378 did not compare the yield of stress CMR to other imaging modalities as it was beyond the  
379 scope of the current work, and literature specifically addressing these topics already exist<sup>110-</sup>  
380 <sup>112</sup>. Secondly, our results are mostly derived from observational studies reflecting different  
381

382 guideline recommendations across two decades of practice. Within this timespan, thresholds  
383 for coronary stenosis have changed<sup>113</sup>, methods for estimation of pre-test probabilities of  
384 obstructive CAD have been updated and recalibrated<sup>1,86</sup>, and CMR protocols have been  
385 implemented with quantitative perfusion assessment<sup>61</sup>, new tools for evaluation of stress  
386 adequacy<sup>114-116</sup>, more widespread use of regadenoson<sup>117</sup>, and other disruptive technical  
387 innovations<sup>118-120</sup>. Finally, we recognize lack of information about medical therapy,  
388 completeness of myocardial revascularization, extent of inducible ischemia, degree of  
389 myocardial fibrosis, and prevalence of microvascular dysfunction. Despite intrinsic  
390 challenges and limitations of study-level meta-analysis, including limited adjustment for  
391 confounding factors and ecological fallacy, we attempted to synthesize the results in a robust  
392 manner addressing potential bias.

393

## 394 **Conclusions**

395 In patients with stable chest pain and known or suspected CAD, stress CMR yields high  
396 diagnostic accuracy to detect both anatomically and functionally significant CAD, with 3-  
397 Tesla and quantitative perfusion approaches delivering higher diagnostic performance. Stress  
398 CMR provides also robust prognostic information and effective risk stratification. While  
399 presence of ischemia and LGE portend higher CV risk and mortality, normal stress CMR is  
400 associated with very low risk of MACE for at least 3.5 years.

401 **Contributors**

402 FR, GB, MYK, CBD had full access to all the data in the study and take responsibility of the  
403 data and accuracy of the data analysis. FR, AC, LC, ADC, AF contributed to the study concept  
404 and design. FR, GBD, LC, AC, ADC contributed to the acquisition of data. All authors  
405 analyzed and interpreted the data. SG was the study supervisor. GBD and FR did the statistical  
406 analysis. FR drafted the manuscript with critical revision for important intellectual content  
407 from all co-authors. FR, GB, MYK, AF, SEP and CBD contributed to the revision process with  
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417

418 **Supplemental Materials**

419 eMethods

420 eFigures 1-5

421 eTables 1-5

422 **References**

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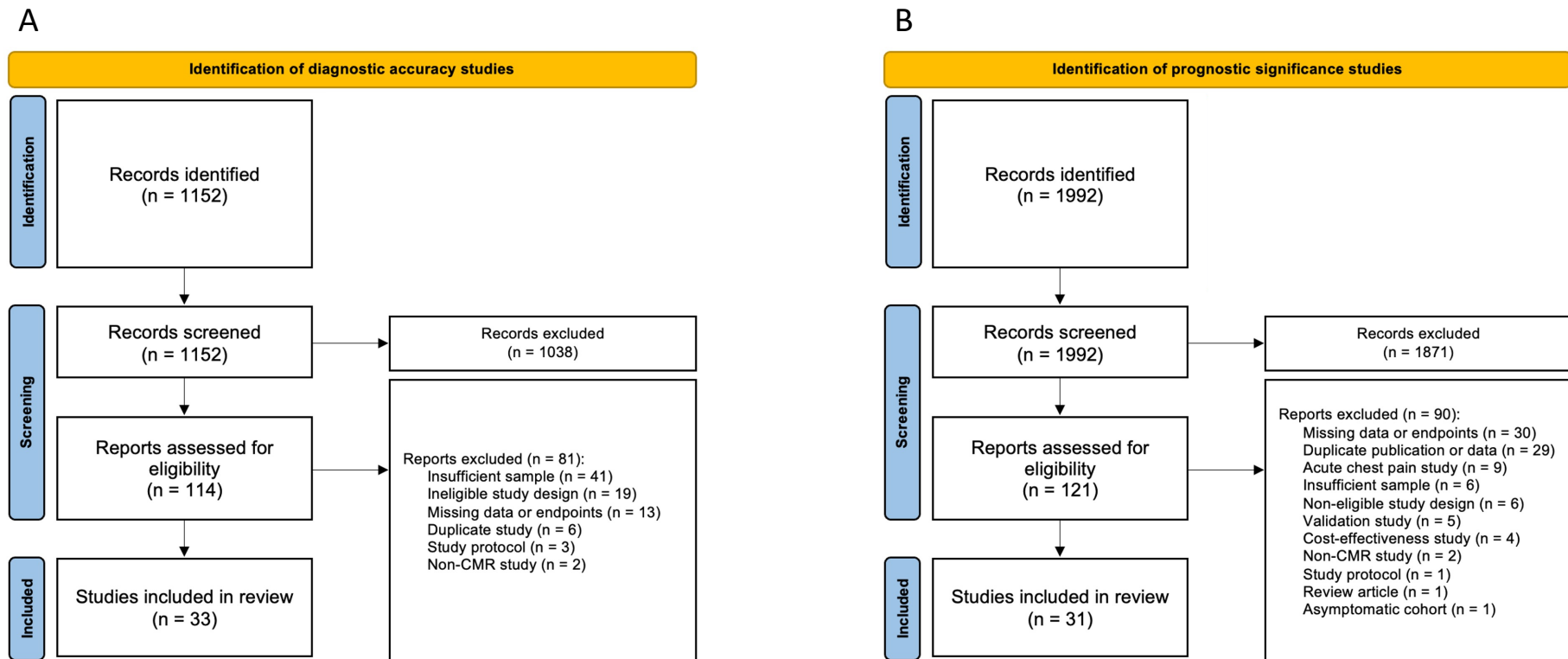
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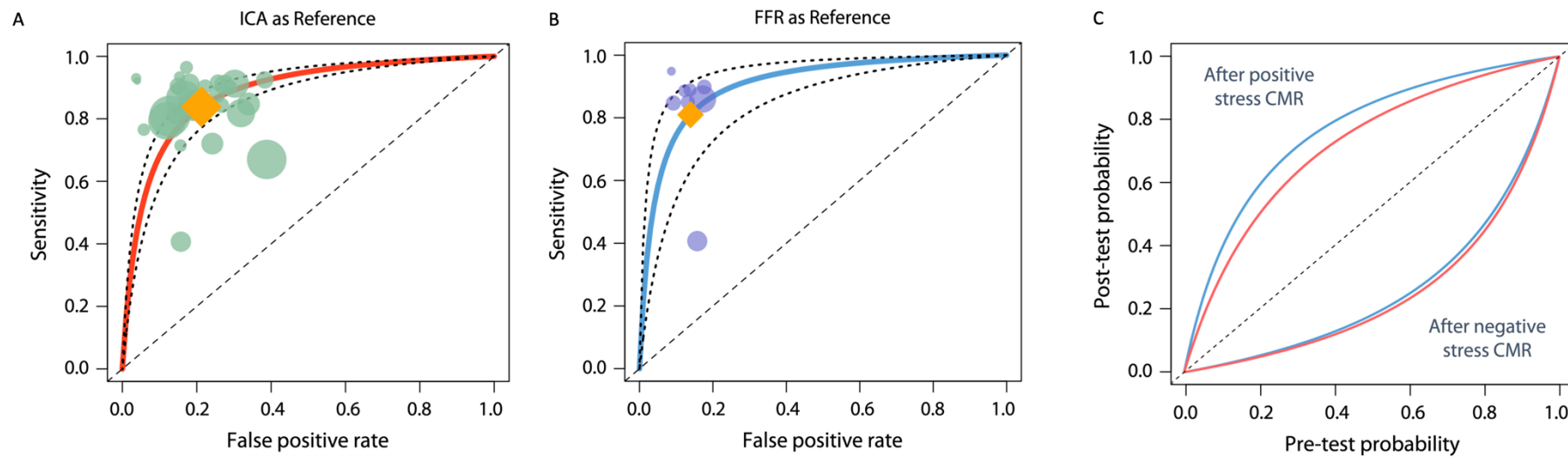
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Figure 1 - PRISMA 2020 diagrams of search results.

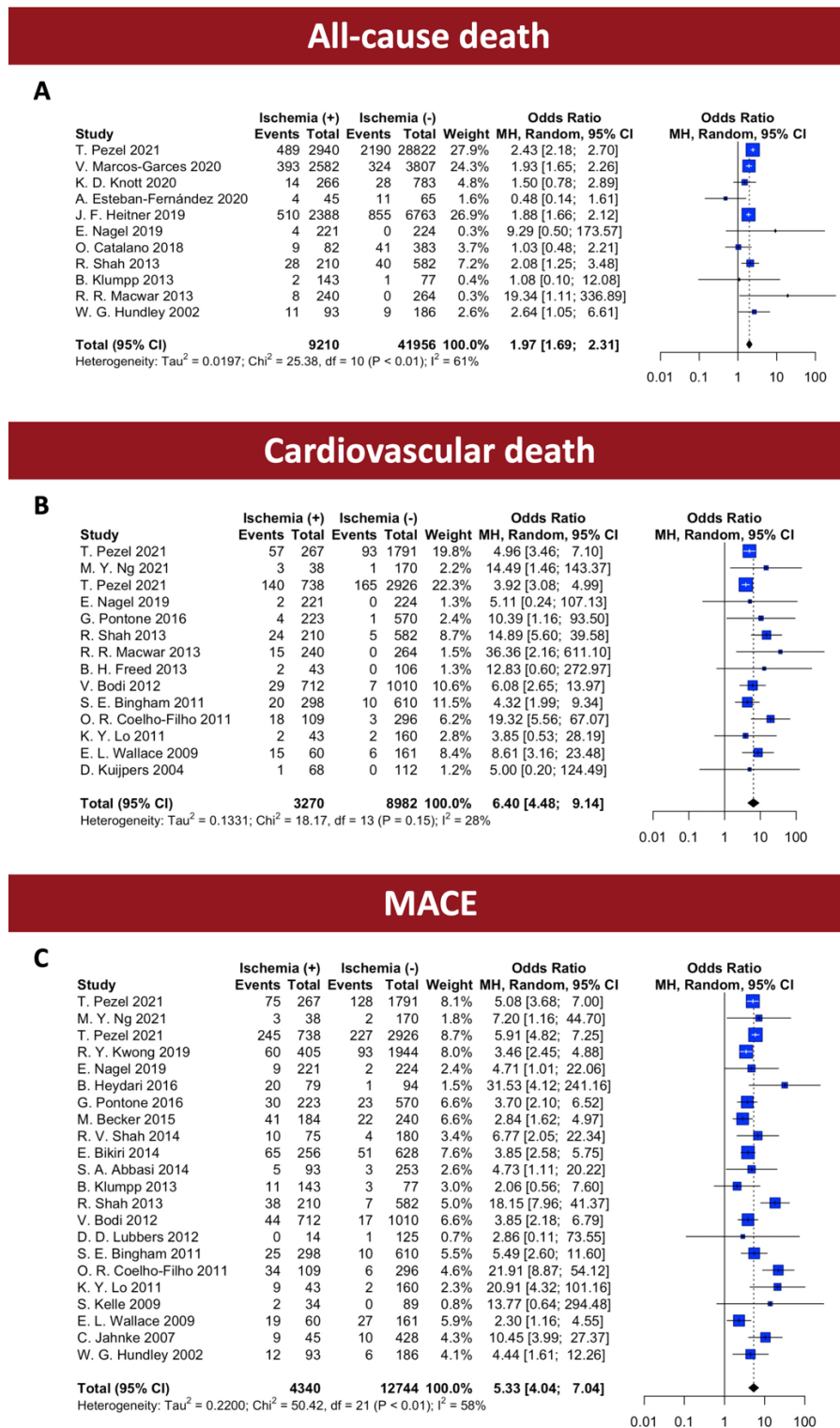


Flow chart of search results for (A) diagnostic and (B) prognostic studies.

**Figure 2 - Diagnostic yield of stress CMR in stable chest pain.**

Plot of summary receiver operating curve characteristic of stress CMR compared with ICA (A) or FFR (B) as reference. The receiver operator characteristic curve provides a graphical display of diagnostic accuracy by plotting false positive rate (or 1-specificity) in the horizontal axis and sensitivity in the vertical axis. (C) Leaf plot illustrating the relationship between pre-test and post-test probability of CAD based on pooled estimates of sensitivity and specificity for stress CMR with ICA (red) or FFR (blue) as reference. CAD, coronary artery disease; CMR, cardiovascular magnetic resonance; FFR, fractional flow reserve; ICA, invasive coronary angiography.

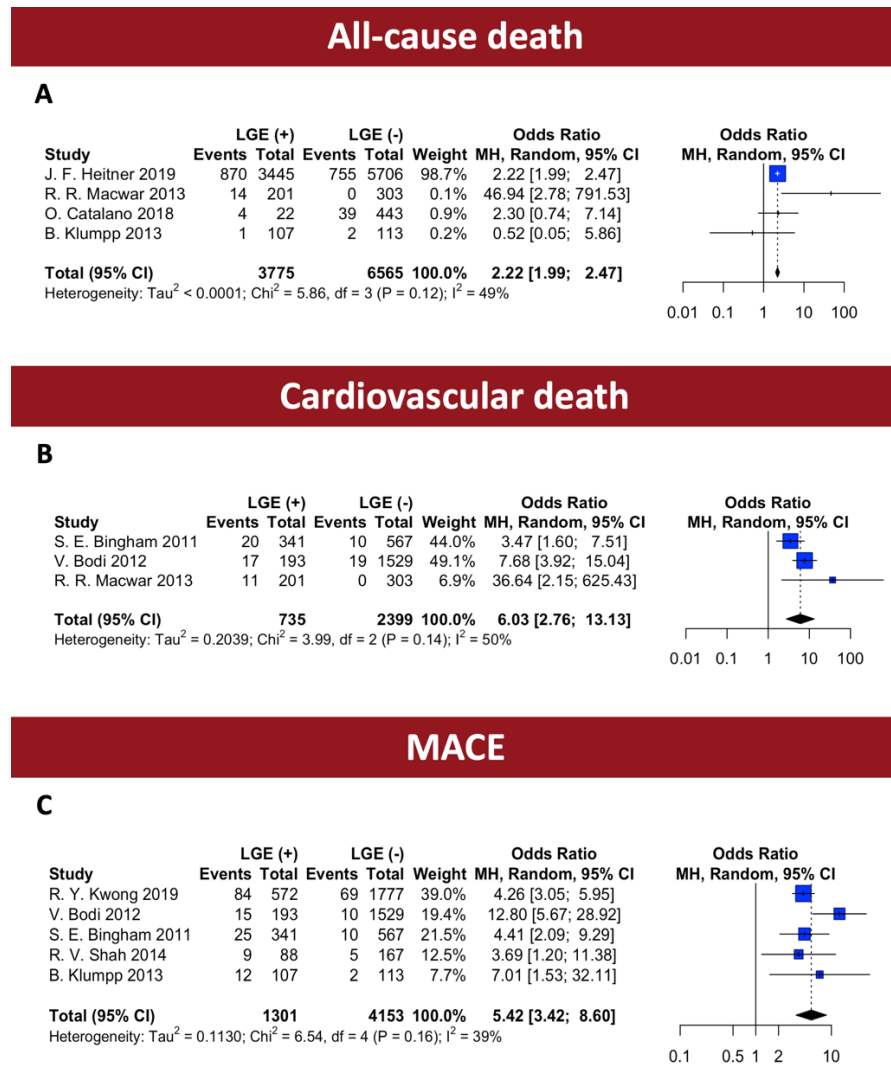
Figure 3. Prognostic significance of inducible ischemia in stable chest pain.



Forest plots with individual and overall odds ratio estimates for all-cause death, cardiovascular death and MACE by presence or absence of inducible ischemia (A, B, C). The solid vertical line at the centre of the graph is the 'line of no effect', that is, an odds ratio of 1.0 represented. An odds ratio >1.0 favors individuals without inducible ischemia, whereas an odds ratio <1.0 favors individuals with inducible ischemia. The interrupted vertical line indicates the pooled effect estimate. The diamond size is proportional to the overall weight in this random-effects model. Blue squares indicate weighted point estimates of the effect of each single study. CI, confidence interval; MACE, major adverse cardiovascular events; MH, Mantel-Haenszel.



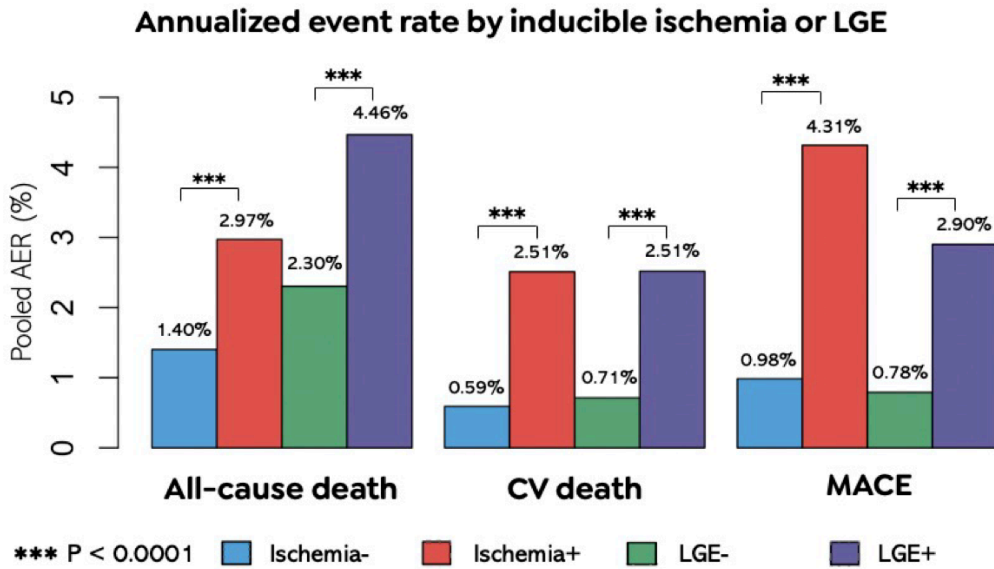
Figure 4. Prognostic significance of LGE in stable chest pain.



Forest plots with individual and overall odds ratio estimates for all-cause death, cardiovascular death and MACE by presence or absence of or LGE (A, B, C). The solid vertical line at the centre of the graph is the 'line of no effect', that is, an odds ratio of 1.0 represented. An odds ratio >1.0 favors individuals without LGE, whereas an odds ratio <1.0 favors individuals with LGE. The interrupted vertical line indicates the pooled effect estimate. The diamond size is proportional to the overall weight in this random-effects model. Blue squares indicate weighted point estimates of the effect of each single study. CI, confidence interval; MACE, major adverse cardiovascular events; MH, Mantel-Haenszel; LGE, late gadolinium enhancement.

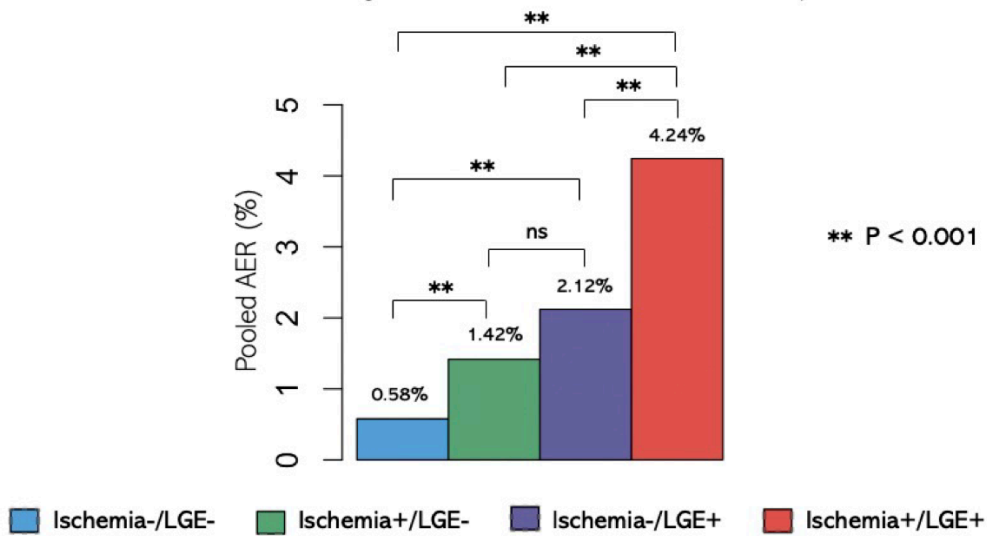
Figure 5. Pooled annualized event rate by stress CMR imaging findings in stable chest pain.

A



B

**Annualized MACE rate by inducible ischemia and LGE, combined**



Grouped bar charts plotting (A) pooled annualized event rate for all-cause death, CV death and MACE by inducible ischemia or LGE with colors indicating the secondary category level for each analysis; (B) pooled annualized event rate for MACE by combination of inducible ischemia and LGE information. LGE, late gadolinium enhancement; MACE, major adverse cardiovascular events.

