

# Appendix

## BEST3 Consortium

The Trial was managed by the Cancer Research UK & King's College London Cancer Prevention Trials Unit. The BEST3 consortium consists of the following:

Independent Data monitoring committee: Stephen Attwood (Chair), Max Parmar, Brendan Delaney.

Independent Trial steering committee: John de Caestecker (Chair), Wendy Atkin (in memoriam),

Allan Hackshaw, Charles van Heyningen (patient representative), Tim Underwood

Cancer Prevention Trials Unit: Alberto Stella, Charlotte Saxby, Attila Lorincz, Naomi Turnbull, Jamie Doorbar, Georgia Mannion-Krase, Irene Kaimi (in memoriam)

Cambridge University Hospitals/Cambridge University: Staff at the Cambridge University Hospitals

Human Research Tissue Bank, Mary Kasanicki, Stephen Kelleher, Louise Stockley, Tracy Assari,

Sonakshi Kadyan, Victoria Hollamby, Katie Edwards CRN Eastern: Helen MacDonald, Viv Shaw,

Heather Leishman, Holly Roper, Kate McCloskey, Helen Jung, Alex Phillips, Gosia Masjak-Newman,

Kim Fell and the delivery team CRN Thames Valley and South Midlands: Helen Collins, Olga Zolle, and

study delivery team CRN South West Peninsula: Pauline McGlone, Tania Crabb, Lauren Merrin and

study delivery teams. CRN Wessex: Martine Cross, Alex Jones, Tom Simpson and study delivery team

CRN North East and North Cumbria: Emma Murray and study delivery teams. CRN Yorkshire and

Humber/Yorkshire practices: Study delivery teams. CRN North Thames: Andrew Perugia and study

delivery team CRN East Midlands and University of Nottingham: Marie Thompson, Jen Dumbleton,

Monique Morar and Nadia Frowd. Participating NHS trusts: Antonia Hardcastle, Debbie Carmichael,

Fiona Maxton, Frances Farnworth, Elaine Baddeley

Supplementary Figure 1. Histogram showing the frequency distribution of the mean IAPS score for each participant.

