

Common Genetic Variants Modulate the Electrocardiographic Tpeak-to-Tend Interval

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Abstract

Sudden cardiac death is responsible for half of all deaths from cardiovascular disease. The analysis of the electrophysiological substrate for arrhythmias is crucial for optimal risk stratification. A prolonged T-peak-to-end (Tpe) interval on the electrocardiogram is an independent predictor of increased arrhythmic risk, and Tpe changes with heart rate are even stronger predictors. However, our understanding of the electrophysiological mechanisms supporting these risk factors is limited. We conducted genome-wide association studies (GWASs) for resting Tpe and Tpe response to exercise and recovery in ~30,000 individuals, followed by replication in independent samples (~42,000 for resting Tpe and ~22,000 for Tpe response to exercise and recovery), all from UK Biobank. Fifteen and one single-nucleotide variants for resting Tpe and Tpe response to exercise, respectively, formally replicated. In a full data set GWAS, thirteen further loci for resting Tpe, one for Tpe response to exercise and one for Tpe response to exercise were genome-wide significant ($P \leq 5 \times 10^{-8}$). Sex-specific analyses indicated seven additional loci. In total, we identify 32 loci for resting Tpe, three for Tpe response to exercise and three for Tpe response to recovery modulating ventricular repolarization, as well as cardiac conduction and contraction. Our findings shed light into the genetic basis of resting Tpe and Tpe response to exercise and recovery, unveiling plausible candidate genes and biological mechanisms underlying ventricular excitability.

Introduction

Sudden cardiac death is a leading cause of mortality and is responsible for approximately half of all deaths from cardiovascular disease¹. Most importantly, the vast majority of sudden cardiac deaths occur in the general population without known traditional risk factors². Guidelines exist for preventive strategies, such as insertion of implantable cardioverter defibrillators in high risk patient groups³. However, risk stratification is heavily reliant on the assessment of left ventricular systolic function, which has low specificity, as opposed to the analysis of the electrophysiological substrate for arrhythmias.

The surface electrocardiogram (ECG) is a widely available non-invasive tool, which provides a rapid assessment of underlying cardiac electrophysiology and is therefore a useful method to infer arrhythmic risk. An abnormally prolonged T_{peak-to-Tend} (T_{pe}) interval on the ECG is a risk factor for ventricular arrhythmic mortality and all-cause mortality, independent of age, sex, comorbidities, QRS duration and corrected QT interval (MIM 610141), not only in healthy subjects⁴, but also individuals with acquired QT prolongation^{5; 6} and cardiac patients⁷⁻¹². In addition, the response of the T_{pe} interval to heart rate has also been reported to be significantly associated with sudden cardiac death in patients with heart failure^{13; 14}.

Although the general view is that the T_{pe} interval and the T-wave more commonly reflect spatial dispersion of repolarisation in different regions of the heart, the exact nature of this is disputed¹⁵⁻¹⁷. One pre-eminent suggestion is that it reflects differences in transmural repolarisation, but this is largely based on the ex-vivo ventricular wedge preparation and has not been reproduced in the intact heart^{16; 18; 19}. Thus, novel approaches are needed to improve our understanding of the biology underpinning T-wave morphology and specifically T_{pe} in the intact human heart.

Prior work in twin studies has demonstrated that resting Tpe interval is heritable (52% - 63%)²⁰ and, consequently, genetic analyses have been undertaken to uncover its genetic determinants, identifying five loci^{21; 22} (Table S1). However, no genome-wide association study (GWAS) has been performed for resting Tpe interval in relatively large cohorts (> 6,000 individuals) and the genetic basis of Tpe response to exercise and to recovery has never been studied.

Our objective was to identify genetic variants significantly associated with three traits (Figure 1) in a large middle-aged population from the UK: (1) Resting Tpe interval (N = 71,338), (2) Tpe response to exercise (N = 51,897) and (3) Tpe response to recovery (N = 51,503). We applied extensive bioinformatics analyses to investigate the main biological pathways linking the identified loci and the three traits.

Materials and Methods

Anonymized data and materials have been returned to UK Biobank (UKB) and can be accessed per request.

UK Biobank

UKB is a prospective study of 488,377 volunteers comprising relatively even numbers of men and women aged 40-69 years old at recruitment (2006-2008). The UKB study has approval from the North West Multi-Centre Research Ethics Committee, and all participants provided informed consent²³. The work was undertaken as part of UKB application 8256.

Genotyping was performed by UKB using the Applied Biosystems UK BiLEVE Axiom Array or the UKB AxiomTM Array²⁴. Single nucleotide variants (SNVs) were imputed centrally by

UKB using the Haplotype Reference Consortium (HRC) and the 1000 Genomes Project (1000G) reference panels. Information on UKB array design and protocols is available on the UKB website (URLs).

Participants were genotyped using a customised array (including GWAS and exome content) and with genome-wide imputation based on HRC and 1000G sequencing data²⁵. A sub cohort of 58,839 individuals completed an exercise test using a stationary bicycle in conjunction with an ECG recording (lead I, 2009, EST-UKB cohort). In parallel, a sub cohort of 35,225 individuals participated in an imaging study (05/2014-03/2019 – the collection is ongoing, IMAGE-UKB), which included 10 seconds 12-lead ECG recordings. All ECGs were acquired following the same protocol (see UKB website in URLs) and analysed with the methods explained below.

Phenotypic and genetic QC

Detailed information about the phenotypic and genetic quality control (QC) are indicated in Figure S1 and Supplemental Methods. Of the 56,385 individuals from EST-UKB who passed the phenotypic QC, 52,147 complied with genetic QC and were of European ancestry. Similarly, of the 26,467 individuals from IMAGE-UKB who passed the phenotypic QC, 24,999 complied with genetic QC and were of European ancestry. Then, 5,569 individuals who were in both the EST-UKB and IMAGE-UKB cohorts were excluded from the IMAGE-UKB cohort. After exclusions, there were 52,147 individuals from the EST-UKB cohort and 19,430 individuals from the IMAGE-UKB cohort available for genetic analyses (Figure S1).

Derivation of resting Tpe and Tpe response to exercise and recovery from the EST-UKB cohort

The bicycle ergometer test followed a standardized protocol of 15 seconds resting period, followed by 6 minutes of exercise during which the workload was gradually increased, and a 1-minute recovery period without pedalling. Pre-processing of the ECG signals from the EST-UKB

cohort included low-pass filtering at 50 Hz to remove electric and muscle noise but still allow QRS detection²⁶. Baseline wander was removed by further high-pass filtering the ECG signals at 0.5 Hz. Automatic quantification of resting Tpe and Tpe response to exercise and recovery (shown in Figure 1) was performed on every ECG recording in three steps:

- (1) We signal-averaged the heartbeats within a window of 15 seconds during rest (black), at peak exercise (red), and 50 seconds after peak exercise (blue) to attenuate noise and artefacts and reveal small variations in the QRS-T-waveform. The onset, peak and offset timings of the waveforms were located using bespoke software^{16; 27}.
- (2) We derived resting, peak exercise and recovery Tpe intervals as the temporal differences between the corresponding T-wave end and T-wave peak timing locations.
- (3) Tpe response to exercise was derived by quantifying the difference between the Tpe intervals at rest (black T-wave) and at peak exercise (red T-wave), normalized by the RR change during this interval, ΔRR^{ex} . Similarly, Tpe response to recovery was derived by quantifying the difference between the Tpe intervals at peak exercise (red T-wave) and full recovery (blue T-wave), normalized by the subsequent RR change, ΔRR^{rec} .

Derivation of resting Tpe from the IMAGE-UKB cohort

We chose lead I for analysis in the IMAGE-UKB cohort to match the EST-UKB signal. We removed baseline wander using a publicly available algorithm (see URLs). We pre-processed and signal averaged the heartbeats in the 10-second recordings as in the EST-UKB cohort. The onset, peak and end timings of the waveforms were located using the same bespoke software as in previous studies^{16; 27}. Resting Tpe was derived as the temporal difference between the T-wave end and the T-wave peak timing locations.

For resting Tpe, we pooled the measurements from both EST-UKB and IMAGE-UKB cohorts together, leading to 71,338 individuals with resting Tpe. Inverse-normal transformation of

resting Tpe and Tpe response to exercise and recovery was performed, as the distributions were skewed (Figure 2).

Genetic analyses

An overview of the study design is provided in Figure 3. We randomly divided our cleaned data sets into discovery (N ~ 30,000) and replication (N ~ 42,000 for resting Tpe and N ~ 22,000 for Tpe response to exercise and to recovery) datasets. To ensure that there was no overlap across datasets, we removed first- and second-degree related individuals (kinship coefficient > 0.88) from the replication cohort as indicated from UKB²⁴. We next selected model SNVs from directly genotyped SNVs using PLINK 1.9²⁸. This selection was based on the following criteria: minor allele frequency (MAF) > 5%, a Hardy-Weinberg equilibrium with a threshold of P -value = 1×10^{-6} , and missingness < 0.0015. Model SNVs are used to learn the parameters from the mixed models for both the heritability estimation and the GWASs (see below).

Then, we estimated the proportion of resting Tpe, and Tpe response to exercise and recovery explained by additive genetic variation (heritability), as well as their genetic correlation with each other, using a variance components method (BOLT-REML)²⁹, with the model SNVs and ~ 9 million imputed variants with MAF \geq 1% and INFO > 0.3 using the full cohorts (Figure 3).

Next, we performed a GWAS for each trait using a linear mixed model method (BOLT-LMM)³⁰ under the additive genetic model, including the model SNVs and ~9 million imputed SNVs with MAF \geq 1% and INFO > 0.3 in the discovery dataset (Figure 3). For resting Tpe, we included the following covariates (details can be found in the Supplemental Methods): sex, age, body mass index (BMI), smoking status, resting RR, and a binary indicator variable for the genotyping array (UKB versus UK BiLEVE). For Tpe response to exercise, we included sex, age, BMI, diabetic status, resting RR, ΔRR^{ex} and the genetic array. For Tpe response to recovery, we included sex, age, BMI, diabetic status, recovery RR, ΔRR^{rec} and the genetic array.

Replication analyses

All SNVs with $P < 1 \times 10^{-6}$ from the discovery GWAS for each trait were compiled and mapped to individual loci based on a genomic distance of > 500 Kb to each side of another SNV. If multiple SNVs fitted the selection criteria for a single region, only the SNV with the smallest P -value was taken forward into replication. As a QC step, we reviewed each selected SNV to check for unrealistically high effect sizes or large standard errors, and none were observed. Regional plots were produced for all selected SNVs and these were carefully reviewed. Twenty-one variants for resting Tpe, 4 variants for Tpe response to exercise and 7 variants for Tpe response to recovery were taken forward into replication. Replication was confirmed if $P \leq 0.05/21 = 2.4 \times 10^{-3}$ for resting Tpe, $P \leq 0.05/4 = 1.3 \times 10^{-2}$ for Tpe response to exercise and $P \leq 0.05/7 = 7.1 \times 10^{-3}$ for Tpe response to recovery and the effect was in the direction observed in discovery analyses for each trait in the replication cohort (Figure 3).

Full data set analyses

In addition to the two-stage study design of discovery and replication cohorts, we also conducted a full data set GWAS including all individuals ($N = 71,338$ for resting Tpe and $N = 51,897$ for Tpe response to exercise and $N = 51,503$ for Tpe response to recovery) using BOLT-LMM³⁰. Additional loci for each trait reaching a genome-wide significance threshold ($P \leq 5 \times 10^{-8}$) from the full data set GWAS are reported (Figure 3). To test for polygenicity, any underlying residual population stratification or QC factors affecting our GWAS results, we run LD Score Regression³¹.

Conditional analyses

To examine if there were independent SNVs at these loci, we applied genome-wide complex trait analysis³². We declared a secondary signal if: (i) the identified SNV original P value

was lower than 1×10^{-6} ; (ii) there was less than a 1.5-fold difference between the lead SNV and secondary association P values on a $-\log_{10}$ scale, i.e., if $-\log_{10}(P_{lead}) / -\log_{10}(P_{sec}) < 1.5$; and (iii) if there was less than a 1.5-fold difference between the main association and conditional association P values on a $-\log_{10}$ scale, i.e., if $-\log_{10}(P_{sec}) / -\log_{10}(P_{cond}) < 1.5^{33}$.

Sex-stratified analyses

For each trait, we performed a GWAS for men and women separately in the full cohort including the same covariates in the regression model as specified above, but excluding sex (Figure 3).

Per cent variance explained

The per cent variance explained of each variant was calculated by estimating the residuals from the regression model against the covariates used in each respective genetic model. We then fitted a second linear model for the trait residuals with all the identified variants plus the top ten principal components. The per cent variance explained was the difference between the adjusted R-squared parameters from each model³³.

Bioinformatics analyses

We performed several analyses to annotate the identified SNVs, at the variant and gene level (all SNVs in linkage disequilibrium (LD), $r^2 \geq 0.8$ with the traits associated SNVs were considered). LD was calculated using genetic data from UKB in order to calculate pairwise-LD for all associated SNVs. The r^2 of pairwise SNVs (minimum $r^2 = 0.8$ and maximum distance between a pair of SNVs is 4 Mb) were computed using PLINK²⁸.

Using the University of California, Santa Cruz known genes, we annotated each lead SNV with the nearest coding genes and those located within 50 kb. At the variant level, we used Variant

Effect Predictor³⁴ to obtain comprehensive functional characterization of variants, including their gene location, conservation, and amino acid substitution impact based on a range of prediction tools including SIFT and PolyPhen-2.

We evaluated all SNVs in LD ($r^2 \geq 0.8$) with our validated lead SNVs for evidence of mediation of expression quantitative trait loci (eQTL) using the GTEx database, focusing on loci with the strongest evidence of eQTL associations in brain, heart and adrenal tissue. We also performed colocalisation analyses using COLOC³⁵ including all SNVs within all loci with evidence of eQTLs in the relevant tissues, and analysed each eQTL-GWAS dataset pair. This tool is based on a Bayesian statistical methodology that tests pairwise colocalisation of SNVs in GWAS with eQTLs and generates posterior probabilities for each locus weighting the evidence for competing hypothesis of either no colocalisation or sharing of a distinct SNV at each locus. A posterior probability of $\geq 75\%$ was considered strong evidence of the tissue-specific eQTL-GWAS pair influencing both the expression and GWAS trait at a particular region. We, then, identified variants with regulatory potential using RegulomeDB³⁶ and found genes whose promoter regions form significant chromatin interaction with them from a range of tissues, including brain, heart and adrenal long-range chromatin interaction (Hi-C) data. We found the most significant promoter interactions for all potential regulatory SNVs (RegulomeDB score ≤ 5) in LD ($r^2 \geq 0.8$) with our sentinel SNVs and chose the interactors with the SNVs of highest regulatory potential to annotate the loci.

We also performed enrichment testing across all loci. We used DEPICT³⁷ to identify cells and tissues in which resting Tpe and Tpe response to exercise and to recovery loci were highly expressed. Due to the limited number of identified loci for Tpe response to exercise and to recovery, we used g:profiler³⁸ to perform functional profiling of gene lists using various kinds of

biological evidence (including GO, HPO annotation). Enrichment results with false discovery rate < 5% were deemed significant.

Furthermore, to systematically characterize the functional, cellular, and regulatory contribution of genetic variation, we used GARFIELD³⁹, analysing the enrichment of genome-wide association summary statistics in tissue-specific functional elements at given significance thresholds.

The National Center for Biotechnology Information (NCBI) Gene database and GeneCards®: The Human Gene Database were used to obtain official full names and, where relevant, common aliases for each candidate gene product. NCBI's PubMed was used to interrogate primary literature pertaining to gene function. We also reviewed gene-specific animal models using International Mouse Phenotyping Consortium⁴⁰ and the Mouse Genome Informatics database.

Finally, to explore shared mechanisms of disease, we assessed association of our identified SNVs (and their proxies, $r^2 \geq 0.8$) with other traits from published GWAS using PhenoScanner⁴¹. Our group has recently performed GWASs on the PR interval (MIM 108980)⁴² and on two traits related to the Tpe interval, T-wave morphology restitution during exercise and during recovery⁴³, but results are not yet available in PhenoScanner or GWAS Catalog. In addition, a recent paper also still not in PhenoScanner or GWAS Catalog reported genetic variants significantly associated with the QRS complex⁴⁴. We, therefore, performed a lookup of the reported lead SNVs in our results to check for pleiotropy.

Genetic risk score analyses

To evaluate the impact of a genetically prolonged Tpe interval on ventricular arrhythmic risk (definition can be found in Table S2 and in the Supplemental Methods), we split all remaining individuals from UKB into training (N = 274,256, 0.6% arrhythmic events) and validation (N =

68,563, 0.6% arrhythmic events) subsets. These were unrelated UKB individuals of European ancestry not included in the EST-UKB and IMAGE-UKB cohorts, who passed genetic QC, were free of a previous history of CV events, and were unrelated (FULL-UKB, Figure S2). This split was random, but we ensured a similar prevalence of events across both subsets. We obtained the optimal P -value cut-off for the GRS using PRSice v2⁴⁵ in the training subset (Supplemental Methods). We then applied logistic regression to test for an association between the GRS derived with the optimal P -value cut-off and ventricular arrhythmic risk in the validation set.

Results

The median (interquartile range) values of resting Tpe in both the EST-UKB and the IMAGE-UKB cohorts was 62 (12) ms (Figure S3). Histograms showing the distribution of the three traits are provided in Figure 2. The heritability estimate of resting Tpe was 15.6%, and its genetic correlations were 0.30 with Tpe response to exercise and 0.11 with Tpe response to recovery. The heritability estimates of the Tpe responses to exercise and to recovery were relatively low, 2.2% and 2.4%, respectively, and their genetic correlation to each other was 0.55.

Twenty-eight genetic loci are associated with resting Tpe

In the discovery GWAS for resting Tpe, 12 loci were genome-wide significant ($P \leq 5 \times 10^{-8}$, Table S3). Using a significance threshold of $P < 1 \times 10^{-6}$, 21 variants (considering one lead SNV per 1Mb region) were identified as significant and taken forward into replication in ~42,000 independent samples from UKB. Fifteen of the 21 selected SNVs for resting Tpe formally replicated ($P \leq 0.05/21 = 2.4 \times 10^{-3}$) and all had concordant directions of effect (Table 1).

Thirteen additional SNVs (also considering one lead SNV per 1 Mb region) reached genome-wide significance in the full dataset GWAS, all with concordant directions of effect across

discovery, validation and full cohort datasets (Table 1). Manhattan plots in the full dataset GWAS results are shown in Figure S4A, and QQ plots including the discovery (blue) and full dataset (black) GWASs are shown in Figure S5. The intercept of the LD Score Regression³¹ was 1.005 (standard error of 0.0097), indicating inflation of the lambdas is predominantly due to polygenicity, and not to underlying QC factors, or population stratification. Regional plots are shown in Figure S6.

Conditional analyses showed evidence for four secondary independent signals at loci *DPT* (MIM 125597), *SCN5A-SCN10A* (MIM 600163) and *LITAF* (MIM 603795, Table 1, Figure S7). The secondary signal at *DPT*, rs761499672, was located 379 Kb away from the lead SNV, rs607484; while the secondary signals at *SCN5A-SCN10A*, rs6797133 and rs6801957, were located 54 Kb and 57 Kb, respectively, away from the lead SNV (rs7373065). Finally, the secondary signal at *LITAF*, rs570620219, was located 40 Kb away from the lead SNV (rs2080512).

Taken together, across both the replication stage and full data set GWAS, we identified 32 SNVs (28 lead SNVs + 4 secondary SNVs) in 28 loci for resting Tpe (Figure 3 and Table 1), which explained 3.20% of its variance. This corresponds to ~21% of its estimated heritability.

Three genetic loci are associated with the Tpe response to exercise and recovery

For Tpe response to exercise and to recovery traits, no genome-wide significant loci were found in the discovery cohorts. Four and seven variants for each Tpe response trait met our pre-defined threshold of $P < 10^{-6}$ to take forward into replication in ~22,000 independent samples. One of the selected SNVs for Tpe response to exercise formally replicated ($P \leq 0.05/4 = 0.0125$) and had concordant directions of effect in discovery and replication datasets (Table 2). None of the seven SNVs for Tpe response to recovery that were taken forward into replication formally replicated (Table 3).

One additional SNV reached genome-wide significance in the full data set GWAS for each Tpe response trait, all with concordant directions of effect across discovery and replication datasets (Tables 2 and 3). Manhattan plots for the full dataset GWAS results are shown in Figures S4B and S4C, and QQ plots including the discovery (blue) and full dataset (black) GWASs are shown in Figure S5, where the value of the lambdas suggests there was minimal inflation. Regional plots are shown in Figures S8 and S9. We performed conditional analyses and no independent signals were found at any of the identified loci.

In total, across both the replication stage and full data set GWAS, we identified two loci for Tpe response to exercise, which explained 0.16% of its variance, and one for Tpe response to recovery, which explained 0.06% of its variance (Figure 3 and Tables 2 and 3). Of note, the one locus identified for Tpe response to recovery did not overlap with resting Tpe interval or Tpe response to exercise (Figure 4).

Four male-specific loci for resting Tpe and three for Tpe response to exercise and recovery

We identified variants associated with resting Tpe in males at four additional loci: *FAAP20* (MIM 615183), *GPR1* (MIM 600239), *HEY2* (MIM 604674) and *LIG3* (MIM 600940). Variants at these loci were not significant ($P > 5 \times 10^{-8}$) in the combined analyses (Table S4A, Figure S10). For Tpe response to exercise, we identified one variant at the *ETS2* locus (MIM 164740) for males (N = 24,241). This variant was non-significant in the combined sex GWAS (Table S4B, Figure S11). Finally, for Tpe response to recovery, we identified two female-specific variants at loci *NRXN3* (MIM 600567) and *NOL4L* (Table S4C, Figure S12).

Bioinformatics for resting Tpe loci

None of the lead variants or their close proxies ($r^2 > 0.8$) for resting Tpe were annotated as missense variants. However, we identified regulatory variants that might affect gene

expression levels of their target genes in heart and brain tissue by interrogating publicly available eQTL datasets using GTEx (see URLs). Nine lead variants associated with resting Tpe (at *SSBP3* [MIM 607390], *SGIP1* [MIM 611540], *NKX2-5* [MIM 600584], *HEY2*, *MSRA* [MIM 601250], *IGF1R* [MIM 147370], *LITAF*, *GINS3* [MIM 610610] and *LIG3*) were in high LD ($r^2 > 0.8$) with top eQTL variants in cardiac and brain tissue (Table S5). We found strong support for pairwise colocalisation of SNVs in GWAS with eQTLs at five genes (*SSBP3*, *SGIP1*, *IGF1R*, *LITAF* and *LIG3*) in cardiac left ventricle, three genes (*SSBP3*, *NDRG4* [MIM 614463] and *LIG3*) in cardiac atrial appendages and three genes (*NKX2-5*, *RP11-481J2.2* and *LIG3*) in brain tissue (Table S5).

We next identified 34 potential target genes at 15 resting Tpe loci whose promoter regions form significant chromatin interactions in brain and heart using publicly available Hi-C data (Table S6A).

These results were used to prepare a list of potential candidate genes for each identified locus for resting Tpe (Table S7A).

Enriched tissues, gene sets and pathways for resting Tpe loci

We observed a significant enrichment of resting Tpe loci in heart tissue (Figure S13). By considering all identified loci, our DEPICT analyses identified enrichment of expression in the heart, in the ventricles and in the atria, with the greatest enrichment in the heart ($P = 1.87 \times 10^{-4}$, false discovery rate < 0.01 , Table S8). We also observed significant enrichments (a false discovery rate < 0.05) in 17 gene sets from the Gene Ontology, 15 from the Mouse Phenotype Ontology, 54 from ENSEMBL and 3 from Kyoto encyclopedia of genes and genomes. The most significant enrichments were negative regulation of transport ($P = 2.26 \times 10^{-6}$) from the Gene Ontology, increased infarction size ($P = 4.04 \times 10^{-6}$) from the Mouse Phenotype Ontology, the NOS3 PPI subnetwork ($P = 2.62 \times 10^{-9}$) from ENSEMBL and regulation of actin cytoskeleton ($P = 1 \times 10^{-4}$) from Kyoto encyclopedia of genes and genomes (Tables S9A, S9B, S9C and S9D).

Bioinformatics analyses of the Tpe response to exercise and recovery loci

None of the lead variants for Tpe response to exercise or to recovery or their close proxies ($r^2 > 0.8$) were annotated as missense variants or were identified as regulatory variants that might affect gene expression levels of their target genes in heart and brain tissue.

We identified the genes *ETS2* for Tpe response to exercise and *KIK3B* (MIM 603754) for Tpe response to recovery whose promoter regions formed significant chromatin interactions with them in the left ventricle (Tables S6B and S6C). There were no significant results from DEPICT analyses, therefore we performed pathway analyses using g:profiler³⁸ including only nearest genes or candidate genes indicated from long-range interaction results (Tables S7B and S7C). The top enriched pathways for Tpe response to exercise were regulation of skeletal muscle contraction by action potential ($P = 3.77 \times 10^{-2}$) and regulation of skeletal muscle contraction via regulation of action potential ($P = 3.77 \times 10^{-2}$, Figure S14). We did not observe any significant biological process for the candidate genes for Tpe response to recovery.

Association of resting Tpe and Tpe response to exercise and to recovery loci with other traits

SNVs at 13 loci for resting Tpe had previously been associated ($P < 5 \times 10^{-8}$) with other traits, including pulse rate, P-wave duration, resting heart rate (MIM 607276), QT interval, QRS duration, cardiomegaly, Brugada syndrome (MIM 601144), and atrial fibrillation (MIM 608583, Table S10). Variants at two loci (*SSBP3* and *DPT*) for the PR interval, at four loci (*KCND3* [MIM 605411], *MEF2D* [MIM 600663], *CAMK2D* [MIM 607708] and *LITAF*) and at five loci (*SSBP3*, *SCN5A-SCN10A*, *CAMK2D*, *KCNH2* [MIM 152427] and *KCNJ2* [MIM 600681]) for the T-wave morphology restitution were genome-wide significant in our results (Table S11).

An overview of loci for resting Tpe and Tpe response to exercise and to recovery with other ECG traits is indicated by a Venn diagram in Figure 4. Interestingly, the loci for Tpe response

to exercise and to recovery did not overlap with other ECG traits, except for the *KCNJ2* locus associated with Tpe response to exercise. This locus has also been associated with resting Tpe. It should be noted, however, that both lead SNVs were not in high LD ($r^2 = 0.56$, Tables 1 and 2).

Genetic risk score for resting Tpe

The optimal *P*-value cut-off in the training set was $P = 0.012$ (Figure S15, 12,107 SNVs). The GRS was not significantly associated with arrhythmic events in the validation subset ($P = 0.13$, Figure S15).

Discussion

This is the largest study to date studying the genetic contribution to the Tpe interval, and Tpe response to exercise and recovery. With the unique combination of a robust framework, including independent discovery and replication samples, and dense genetic imputation in ~72,000 individuals²⁵, we identified twenty-eight loci and four male-specific loci for resting Tpe, ten of which are specific to resting Tpe. We also identified three loci for Tpe response to exercise (one male-specific locus) and three loci for Tpe response to recovery (two female-specific loci). One locus (*KCNJ2*) for the Tpe response to exercise had previously been associated with other ECG traits including resting Tpe. The main biological processes indicated for resting Tpe involved ventricular repolarization and cardiac conduction and contraction.

Ten of the total 32 loci discovered in this work (four validated, four identified in the full dataset GWAS, and two male-specific) did not overlap with any locus previously reported for another ECG trait (*PRAG1* [MIM 617344], *PYGB* [MIM 138550], *CREB5* [MIM 618262], *KCNJ4* [MIM 600504], *MSRA*, *RUFY1* [MIM 610327], *SERTAD2* [MIM 617851], *DEFB118* [MIM 607650], *GPR1*, and *HEY2*, respectively, Figure 4). Twelve of the remaining loci (eleven lead and one

male-specific) were associated with resting QT interval. Two additional loci were associated with resting heart rate, five with QRS complex and three (two lead and one male-specific) with PR interval (Figure 4). These observations underline, as expected, shared genetics among ECG traits, but importantly we also observed specific Tpe loci.

Of the ten resting Tpe specific loci, a summation of bioinformatics analyses and literature review indicated eight loci (*PRAG1*, *PYGB*, *KCNJ4*, *MSRA*, *RUFY1*, *SERTAD2*, *GPR1* and *HEY2*) had plausible candidate genes (*PPP1R3B/MFHAS1* [MIM 610541/605352], *PYGB*, *KCNJ4*, *GATA4* [MIM 600576], *RUFY1*, *SERTAD2*, *GPR1/ZDBF2* [MIM 617059] and *HEY2*, Table S7A). From the candidate genes at validated loci, *PYGB* encodes a glycogen phosphorylase (GP) that is found in the heart. The physiological role of myocardial GP is to provide the energy supply required for myocardial contraction and it is associated with diseases including myocardial infarction (MIM 608446)⁴⁶. A second candidate gene, *KCNJ4* functions closely with *KCNJ2* (also identified in this work). Both genes encode the human inward rectifier potassium channels Kir2.1 and Kir2.3. These potassium selective ion channels determine the resting membrane potential and terminal repolarisation of the cardiac action potential. Importantly, mutations in *KCNJ4* are associated with electrolyte imbalance and dilated cardiomyopathy (MIM 115200)⁴⁷. From the candidate genes identified from the full dataset GWAS, *GATA4*, a candidate gene at locus *MSRA*, plays a key role in cardiac development and function⁴⁸. In co-operation with *TBX5* (MIM 601620), it binds to cardiac super-enhancers and promotes cardiomyocyte gene expression, while it downregulates endocardial and endothelial gene expression⁴⁸. Mutations in this gene have been associated with cardiac septal defects^{49; 50}, tetralogy of Fallot (MIM 187500)⁵¹, cardiac myocyte enlargement⁵² and atrial fibrillation⁵³. Finally, from the candidate genes identified in sex-specific analyses, *HEY2* encodes a member of the hairy and enhancer of split-related family of transcription factors. Two similar and redundant genes in the mouse are required for embryonic cardiovascular development. Interestingly, the lead variant we have identified at this locus,

rs10457469 is in high LD ($r^2 = 0.97$) with rs9388451, which has been reported to be associated with Brugada Syndrome through a *HEY2*-dependent alteration of ion channel expression across the cardiac ventricular wall⁵⁴. Interestingly, *HEY2* represses transcription by the cardiac transcriptional activators *GATA4* and *GATA6* (MIM 601656)⁵⁵.

Bioinformatics analyses on all loci identified in this study indicate that the main biological mechanism underlying resting Tpe is predominantly driven by cellular processes that control ventricular repolarisation. As highlighted above, *KCNJ2* and *KCNJ4* are resting Tpe-specific candidate genes involved in ventricular repolarization. In particular, the SNV rs4399570, mapping to *KCNJ2*, demonstrated the strongest association with resting Tpe ($P = 5.30 \times 10^{-143}$) and has one of the largest effect sizes for this trait (1.30 ms). Mutations in *KCNJ2* are associated with Short QT syndrome 3 (MIM 609622)⁵⁶ and cardiac arrhythmias^{57; 58}. In addition, we identified variants at *KCNH2* and *RNF207* (MIM 616923), both loci previously associated with the QT interval⁵⁹. *KCNH2* is another important gene that encodes a crucial potassium repolarising current, *HERG*. Finally, *RNF207*, a RING finger protein, is a known modulator of cardiac repolarisation through actions on *HERG*⁶⁰. These four loci were validated in our work.

An additional biological mechanism underlying resting Tpe is cardiac conduction and contraction. Several candidate genes, such as *PYGB*, *GATA4* and *HEY2* (highlighted before), as well as previously reported *SCN5A-SCN10A*, *CAMK2D* and *KCND3* are involved. *CAMK2D* is the candidate gene at the validated locus *CAMK2D* and is a calcium/calmodulin-dependent protein kinase involved in the excitation-contraction coupling in heart by targeting Ca^{2+} influx into the myocyte. *KCND3* is the candidate gene at locus *KCND3*, discovered in the full dataset GWAS, and encodes the Ito carrying KV4.3 channel, and gain-of-function mutations have been associated with Brugada syndrome⁶¹ and atrial fibrillation⁶². Recent studies have suggested that an increased KV4.3 expression modulates NaV1.5 sodium current, resulting in a loss of

conduction⁶³. A possible biological mechanism linking ventricular repolarization and cardiac contraction is cardiac mechano-electric coupling, by which myocardial deformation causes changes in cardiac electrophysiological parameters^{64; 65} and mechanosensitive ion channels modulate ventricular repolarisation during ventricular contraction.

Our work significantly expands previous literature on the genetic architecture of the Tpe interval. A previous study²¹ on this topic examined the relationship of seven SNVs previously associated with the QT interval to the Tpe interval in 5,890 individuals, two SNVs at *KCNH2* were genome-wide significant in our results (Table S1). The second study²² performed a GWAS for resting Tpe interval on 1,870 individuals. They discovered and validated a strong signal ($P = 1.1 \times 10^{-10}$), at *KCNJ2*, a locus which was also highly significant in our results ($P = 4.2 \times 10^{-148}$). However, their reported suggestive SNV, rs17749681, at *GRIN2A* (MIM 138253), was non-significant in our results (Table S1).

The identified loci for Tpe response to exercise and Tpe response to recovery are potentially interesting as there was almost no overlap between traits, with resting Tpe or with other ECG traits. To highlight one of the candidate genes for Tpe response to exercise, *ETS2*, mapping the male-specific locus *ETS2*, plays an important role in a genetic network that governs cardiopoiesis⁶⁶. It has been shown that variations in *ETS2* abundance in hearts of adult rodents and the associated loss of cardiomyocytes contribute to the longevity variability observed during normal aging of rats through activation of programmed necrosis⁶⁷. In the development of a functional myocardium and formation of the coronary vasculature, epicardially-derived cells play an essential role, and *ETS2* was found to be essential for normal coronary and myocardial development in chicken embryos⁶⁸.

In this study, the number of identified SNVs for Tpe response to exercise and to recovery was limited, and this might be partly due to the low heritability of the traits (2.2% for Tpe response

during exercise and 2.4% for Tpe response during recovery). Our data suggests there is a significant genetic contribution to resting Tpe, but its response to heart rate changes is mainly influenced by environmental factors. This is a general feature that is emerging from our studies, namely that the heritability of exercise-induced changes in cardiac electrophysiology is lower than those at rest^{43; 69}. Interventions such as exercise training may therefore have an impact on ventricular repolarization and, thus, reduce its associated risk.

Our sex-specific findings strengthen previous studies concluding that there are sex differences in the resting Tpe and its response to heart rate^{13; 70-72}. Therefore, genetics might be playing a role in the modulation of cardiac electrical activity in addition to sex hormones, with men having a greater genetic influence compared to women.

Despite finding a significant association between the GRS and ventricular arrhythmic events in a training cohort, this significance was not validated in an independent subset of individuals. This might indicate that the common variants modulating resting Tpe do not contribute to the pathophysiological mechanisms influencing ventricular arrhythmic risk. Alternatively, given the low incidence of arrhythmic events in the UK Biobank, which comprises a relatively healthy population, the validation analysis might have been underpowered. Future studies should evaluate the prognostic value of the GRS in well-powered cohorts for validation of our negative results.

Our study has some limitations. First, we report results from GWASs including all available samples, which indicate seven loci for resting Tpe, two for Tpe response to exercise and three loci for Tpe response to recovery with no independent replication, so these loci should be considered as preliminary until they are externally validated. Next, due to the relatively low sample size, we restricted our analysis to common variants (MAF > 1%), so we are unable to comment on the role of rare variants on the Tpe traits. In addition, we only report results for European

ancestry as this was by far the largest ancestral group in the UKB cohort. Additional studies will need to investigate whether the findings can be extrapolated to other ancestries. Finally, the range of variation of the Tpe response to exercise and recovery traits is small, and the limited sampling rate of the ECG recordings (500 Hz), corresponding to a temporal resolution of 2 ms, might have hindered the resolution of these measurements.

In summary, our findings provide additional loci for Tpe interval traits and reveal the role of ventricular repolarization and cardiac conduction and contraction in modulating them. Our work may guide future studies identifying new therapeutic targets to modulate resting Tpe and its dynamics to prevent and treat ventricular arrhythmias.

Supplemental Data

Supplemental Data include additional methods, fifteen figures and eleven tables.

Declaration of Interests

The authors declare no competing interests.

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Web Resources

For UKB, www.ukbiobank.ac.uk; for HRC panel, <http://www.haplotype-reference-consortium.org/site>; for 1000G reference panel, <http://www.internationalgenome.org/category/reference>; for PhenoScanner, <http://www.phenoscanter.medschl.cam.ac.uk>; for GWAS Catalog, <https://www.ebi.ac.uk/gwas>; for GTEx, <https://gtexportal.org/home/>; for baseline wonder removal algorithm, https://github.com/Tereshchenkolab/S-ICD_eligibility. For Online Mendelian Inheritance in Man (OMIM), <http://www.omim.org/>

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Figures

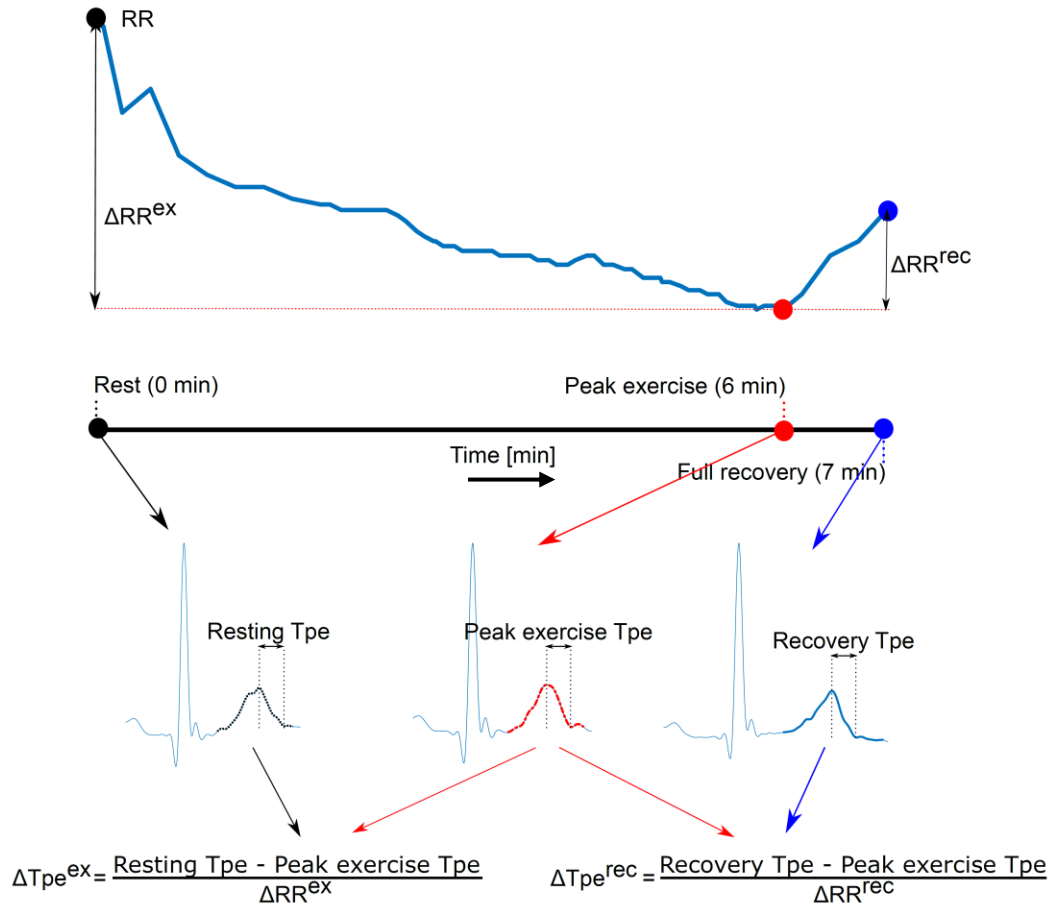


Figure 1: Assessment of Tpe indices in the EST-UKB cohort.

(Top) Illustration of the RR profile during the exercise stress test. (Bottom) Three averaged heartbeats are derived at rest (black filled circle), peak exercise (red filled circle) and full recovery (blue filled circle), respectively. Resting, peak exercise and recovery Tpe intervals were derived as the temporal differences between the corresponding T-wave offset and T-wave peak timing locations. Tpe dynamics during exercise was derived by quantifying the difference between the Tpe intervals at rest (black T-wave) and at peak exercise (red T-wave), normalised by the RR change during this interval. Similarly, Tpe dynamics during recovery was derived by quantifying the difference between the Tpe intervals at peak exercise (red T-wave) and full recovery (blue T-wave), normalised by the subsequent RR change.

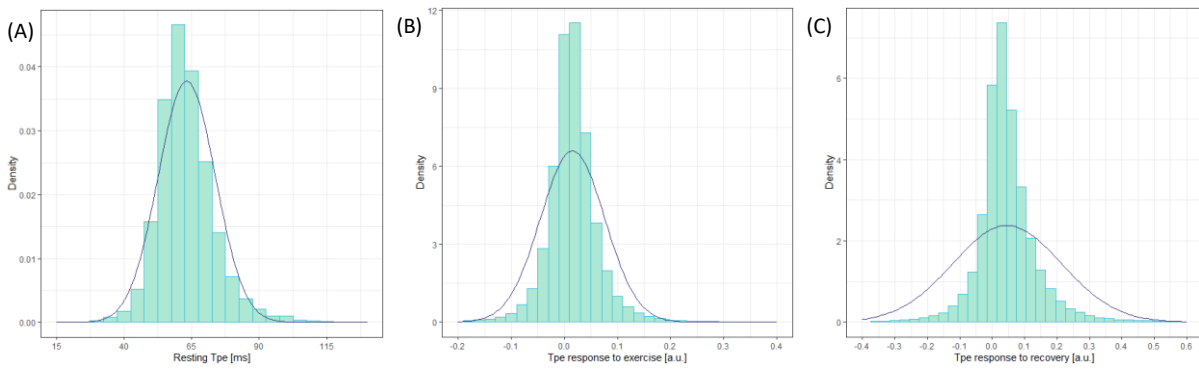


Figure 2: Density plots of Tpe phenotypes.

Resting Tpe (A), Tpe dynamics during exercise (B) and Tpe dynamics during recovery (C). The blue curves indicate a normal distribution using the mean and standard deviation from each distribution.

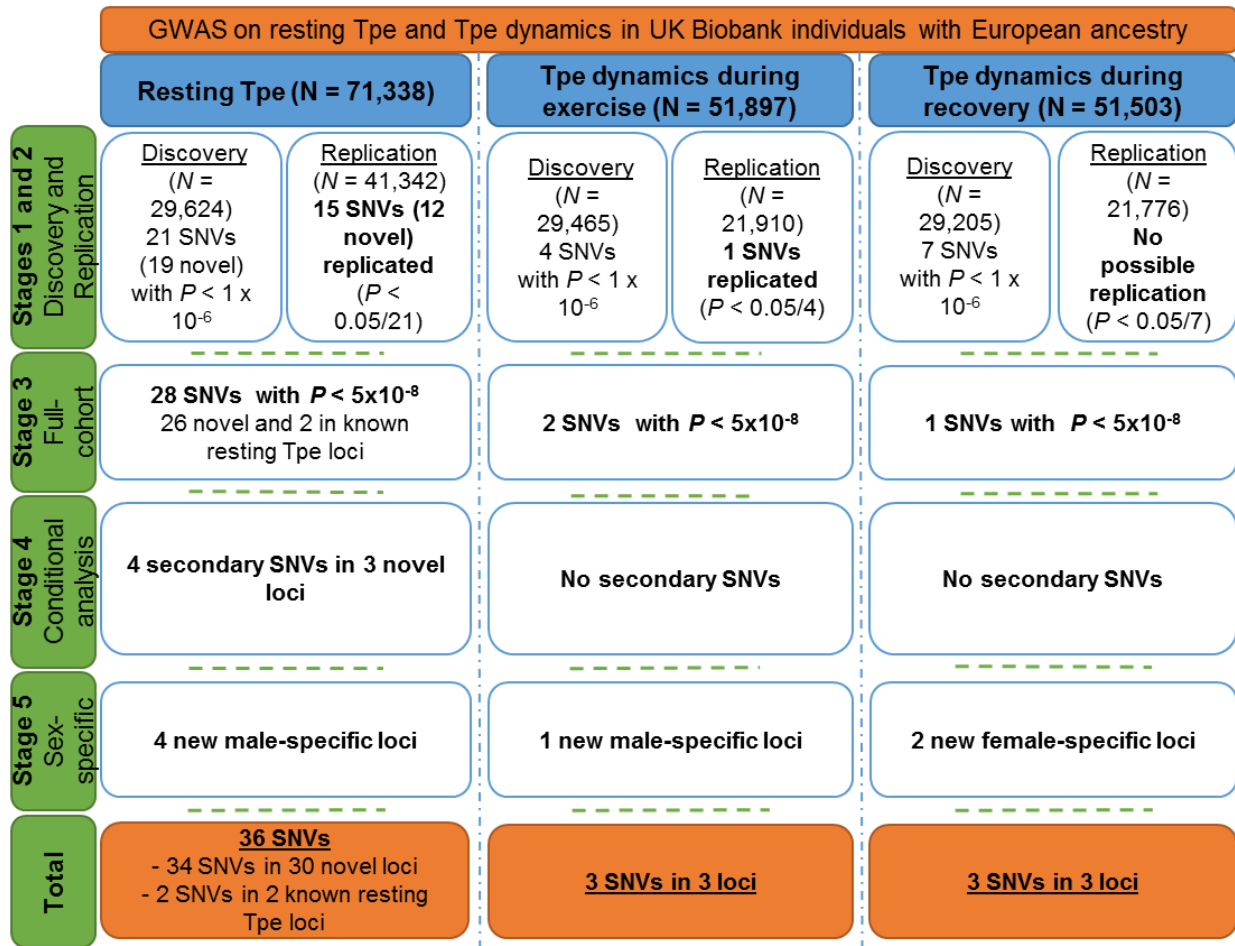


Figure 3: Analytical 5-stage approach flowchart.

Tpe, T-peak-to-end interval; SNV, single-nucleotide variant. Additional information can be found in Methods.

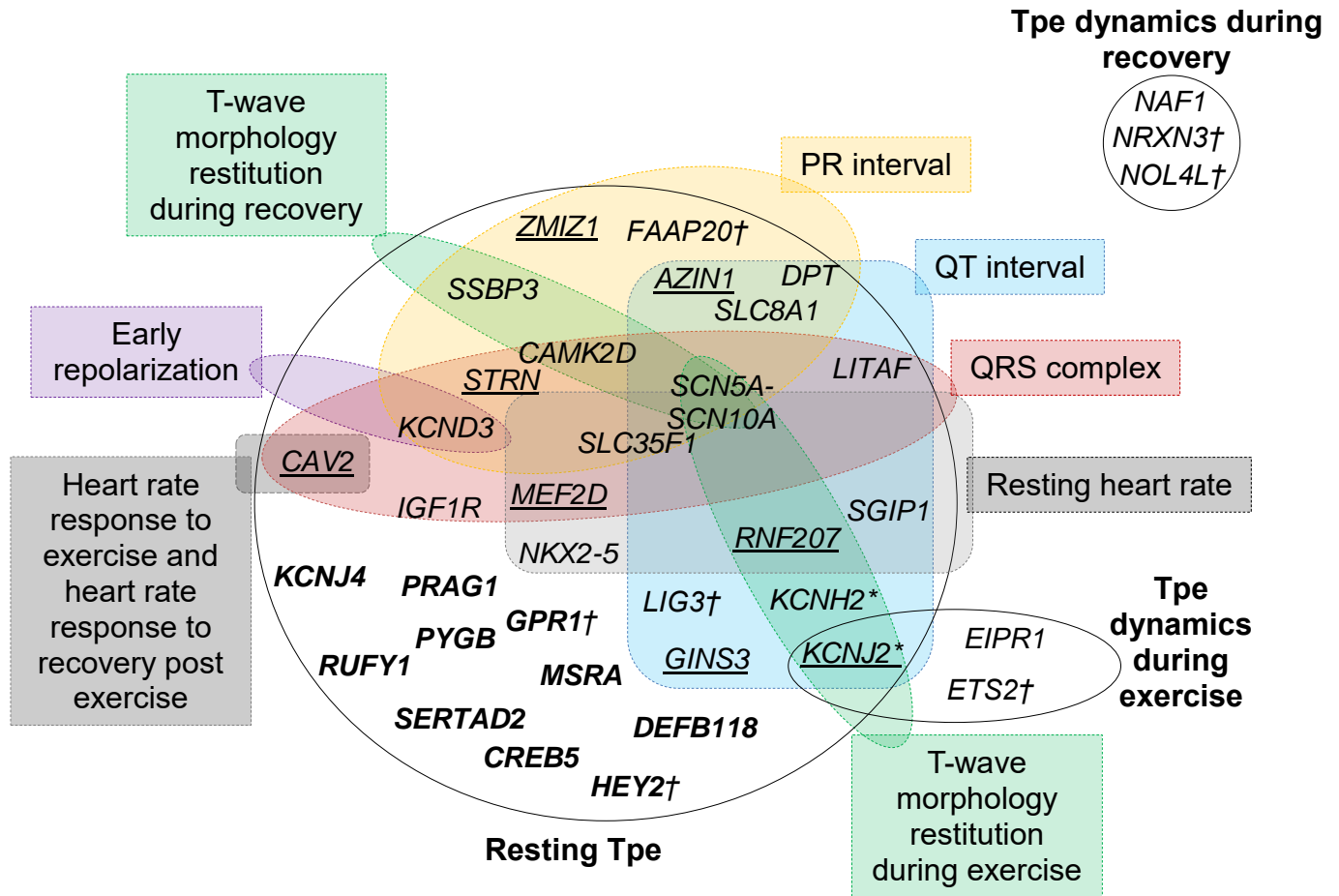


Figure 4: Overlap of resting Tpe, Tpe response to exercise and Tpe response to recovery loci with other electrocardiogram traits.

SNVs at loci with a known genome-wide significant association (from PhenoScanner or GWAS catalogue) with other ECG traits are grouped accordingly. The locus names indicate the nearest coding genes. The *KCNJ2* locus was shared between resting Tpe and Tpe dynamics during exercise. There was no loci overlap between Tpe response to recovery and resting Tpe or Tpe response to exercise. There was a substantial number of loci for resting Tpe that did not overlap with other ECG traits.

Underlined loci are loci that have previously been associated with other ECG markers but the reported variant was not in high LD ($r^2 < 0.8$) with our lead variant, so potentially independent signals at those loci.

Bold loci are loci that have not been associated with other ECG marker.

† indicates sex-specific loci.

* Indicates previously associated with Tpe interval in other studies (PMIDs 20215044 and 22342860).

Tables

Locus	Discovery						Replication						Combined							
	SNV	CH	BP	EA	AA	EAF	β	SE	P	N	EAF	β	SE	P	N	EAF	β	SE	P	N
<i>RNF207</i>	rs10864434	1	6262231	A	T	0.602	-0.066	0.008	1.20E-15	28511	0.600	-0.054	0.007	2.50E-14	39789	0.601	-0.058	0.005	5.80E-28	68658
<i>SSBP3</i>	rs603901	1	54741767	C	T	0.434	-0.059	0.008	3.80E-13	29111	0.436	-0.040	0.007	7.30E-09	40626	0.435	-0.049	0.005	5.70E-21	70103
<i>SGIP1</i>	rs10789207	1	66991346	T	C	0.787	-0.065	0.010	2.30E-11	29383	0.784	-0.043	0.008	1.50E-07	41005	0.786	-0.054	0.006	7.50E-18	70757
<i>KCND3</i>	rs116532272	1	112560237	G	A	0.986	0.133	0.036	1.90E-04	26964	0.986	0.140	0.030	3.20E-06	37629	0.986	0.140	0.023	9.10E-10	64931
<i>MEF2D</i>	rs1050316	1	156434703	G	T	0.345	-0.070	0.008	1.30E-16	29481	0.349	-0.055	0.007	1.40E-14	41142	0.347	-0.061	0.005	9.40E-30	70993
<i>DPT1</i>	rs607484	1	168687512	T	C	0.733	0.042	0.009	2.90E-06	29624	0.734	0.024	0.008	1.90E-03	41342	0.733	0.032	0.006	3.10E-08	71338
<i>STRN</i>	rs3770774	2	37192495	T	C	0.518	-0.040	0.008	7.90E-07	29310	0.520	-0.029	0.007	2.30E-05	40903	0.519	-0.032	0.005	8.20E-10	70581
<i>SLC8A1</i>	rs35450971	2	40754314	T	C	0.936	0.068	0.016	3.20E-05	29231	0.935	0.056	0.014	4.60E-05	40794	0.935	0.062	0.010	3.30E-09	70392
<i>SERTAD2</i>	rs12466865	2	64882414	C	T	0.639	-0.029	0.008	6.00E-04	28778	0.639	-0.042	0.007	4.80E-09	40161	0.639	-0.037	0.005	7.70E-12	69301
<i>SCN5A-SCN10A1</i>	rs7373065	3	38710315	T	C	0.020	-0.149	0.030	5.70E-07	27547	0.019	-0.143	0.026	2.60E-08	38443	0.019	-0.140	0.019	3.80E-13	66336
<i>CAMK2D</i>	rs35132791	4	114456506	C	G	0.744	-0.053	0.009	8.90E-09	29455	0.740	-0.025	0.008	9.90E-04	41107	0.742	-0.037	0.006	3.10E-10	70932
<i>NKX2-5</i>	rs6882776	5	172664163	G	A	0.720	-0.039	0.009	1.10E-05	29157	0.716	-0.050	0.008	5.70E-11	40690	0.717	-0.044	0.006	1.50E-14	70213
<i>RUFY1</i>	rs80090179	5	178936268	T	G	0.989	-0.170	0.040	2.10E-05	27892	0.989	-0.144	0.034	2.00E-05	38925	0.989	-0.156	0.026	9.50E-10	67167
<i>SLC35F1</i>	rs12210810	6	118653204	G	C	0.944	0.106	0.018	1.30E-09	29624	0.945	0.123	0.015	1.20E-16	41342	0.945	0.118	0.011	4.60E-26	71338
<i>CREB5</i>	rs12700888	7	28409532	A	C	0.264	0.047	0.009	2.00E-07	29355	0.261	0.040	0.008	2.30E-07	40967	0.262	0.042	0.006	5.80E-13	70691
<i>CAV2</i>	rs17138749	7	116133098	A	C	0.838	-0.036	0.011	7.50E-04	29511	0.837	-0.042	0.009	6.00E-06	41184	0.838	-0.040	0.007	9.30E-09	71065
<i>KCNH2</i>	rs113843864	7	150618509	G	A	0.752	0.077	0.009	6.70E-17	29582	0.752	0.047	0.008	2.60E-09	41283	0.752	0.059	0.006	4.10E-23	71236
<i>PRAG1</i>	rs2976944	8	8270914	T	C	0.486	-0.040	0.008	8.10E-07	29199	0.489	-0.025	0.007	2.60E-04	40749	0.488	-0.028	0.005	3.50E-08	70315
<i>MSRA</i>	rs10283145	8	10241411	C	T	0.484	0.027	0.008	8.20E-04	29386	0.482	0.034	0.007	4.80E-07	41009	0.483	0.030	0.005	5.50E-09	70764
<i>AZIN1</i>	rs608236	8	103928940	A	G	0.433	0.030	0.008	2.70E-04	29264	0.433	0.044	0.007	1.30E-10	40839	0.433	0.038	0.005	2.80E-13	70471
<i>ZMIZ1</i>	rs2486695	10	80871063	G	A	0.612	-0.038	0.008	3.50E-06	29466	0.615	-0.038	0.007	4.70E-08	41121	0.613	-0.037	0.005	1.70E-12	70957
<i>IGF1R</i>	rs2871974	15	99284074	C	T	0.363	-0.054	0.008	1.00E-10	29500	0.358	-0.032	0.007	5.40E-06	41169	0.360	-0.042	0.005	2.90E-15	71040
<i>LITAF</i>	rs2080512	16	11692198	G	T	0.538	-0.035	0.008	1.60E-05	29452	0.539	-0.031	0.007	3.40E-06	41102	0.538	-0.034	0.005	2.00E-11	70924
<i>GINS3</i>	rs1424077	16	58462627	G	A	0.273	-0.050	0.009	1.70E-08	29486	0.275	-0.020	0.008	7.50E-03	41150	0.274	-0.033	0.006	5.60E-09	71006
<i>KCNJ2*</i>	rs4399570	17	68479345	G	A	0.698	0.162	0.009	2.20E-78	29508	0.699	0.125	0.007	1.60E-64	41180	0.699	0.142	0.006	5.30E-143	71058
<i>PYGB</i>	rs55769542	20	25272895	C	C	0.674	-0.047	0.009	3.70E-07	25533	0.674	-0.030	0.008	8.30E-05	35633	0.674	-0.037	0.006	2.60E-10	61487
<i>DEFB118</i>	rs36094783	20	29934214	G	A	0.932	-0.068	0.016	2.50E-05	28334	0.932	-0.050	0.014	2.70E-04	39541	0.932	-0.057	0.010	3.20E-08	68231
<i>KCNJ4</i>	rs196064	22	38851392	C	T	0.632	0.049	0.008	3.80E-09	29421	0.634	0.049	0.007	3.00E-12	41058	0.633	0.049	0.005	1.30E-20	70848

Table 1: Discovery, replication and full GWAS results for the lead SNVs for resting Tpe interval. Abbreviations: SNV: single-nucleotide variation, CHR: Chromosome, BP: Position, based on HG build 19, EA: Effect allele, AA: Alternate allele, EAF: Effect allele frequency from

discovery data, β : Beta, SE: Standard Error, N: number of participants, P: P-value. The locus name indicates the gene that is in the closest proximity to the most associated SNV. Replicated SNVs in the replication cohort are indicated in bold type. ^a indicates has a secondary signal. The secondary signal at DPT, rs761499672, was located 379 Kb away from the lead SNV, rs607484, while the secondary signals at SCN5A-SCN10A, rs6797133 and rs6801957, were located 54 Kb and 57 Kb, respectively, away from the lead SNV (rs7373065); and the secondary signal at LITAF, rs570620219, was located 40Kb away from the lead SNV (rs2080512). ^b Lead SNV is in moderate LD ($r^2 = 0.56$) with the lead SNV for Tpe response to exercise.

Locus	SNV	CHR	BP	EA	AA	Discovery						Replication						Combined					
						EAF	β	SE	P	N	EAF	β	SE	P	N	EAF	β	SE	P	N			
<i>EIPR1</i>	rs11127417	2	3357993	G	T	0.012	0.154	0.038	4.30E-05	29389	0.011	0.165	0.045	2.30E-04	21854	0.012	0.161	0.029	2.40E-08	51764			
<i>KCNJ2*</i>	rs1468572	17	68411445	T	C	0.781	0.051	0.010	2.20E-07	29010	0.781	0.048	0.012	2.70E-05	21572	0.780	0.050	0.007	2.70E-11	51096			

Table 2: Discovery, replication, and full GWAS results for the lead SNVs for Tpe dynamics during exercise. Abbreviations: SNV: single-nucleotide variation, CHR: Chromosome, BP:

Position, based on HG build 19, EA: Effect allele, AA: Alternate allele, EAF: Effect allele frequency from discovery data, β : Beta, SE: Standard Error, N: number of participants, P: P-value. The locus name indicates the gene that is in the closest proximity to the most associated SNV. Replicated SNV is indicated in bold type. ^a Lead SNV is in moderate LD ($r^2 = 0.56$) with the lead SNV for resting Tpe.

Locus	SNV	CHR	BP	EA	AA	Discovery					Replication					Combined				
						EAF	β	SE	P	N	EAF	β	SE	P	N	EAF	β	SE	P	N
NAF1	rs150100144	4	163978319	G	AA	0.962	0.109	0.024	3.40E-06	23300	0.961	0.088	0.031	4.49E-03	17206	0.962	0.101	0.018	1.10E-08	41090

Table 3: Discovery, replication, and full GWAS results for the lead SNV for Tpe dynamics during recovery. Abbreviations: SNV: single-nucleotide variation, CHR: Chromosome, BP: Position, based on HG build 19, EA: Effect allele, AA: Alternate allele, EAF: Effect allele frequency

from discovery data, β : Beta, SE: Standard Error, N: number of participants, P: P-value. The locus name indicates the gene that is in the closest proximity to the most associated SNV.