

1 **Lactate build-up at the site of chronic inflammation promotes disease by inducing CD4⁺**
2 **T cell metabolic rewiring.**

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25 SUMMARY

26 Accumulation of lactate in the tissue microenvironment is a feature of both inflammatory
27 disease and cancer. Here, we assess the response of immune cells to lactate in the context of
28 chronic inflammation. We report that lactate accumulation in the inflamed tissue contributes
29 to the up-regulation of the lactate transporter SLC5A12 by human CD4⁺ T cells. SLC5A12-
30 mediated lactate uptake into CD4⁺ T cells induces a reshaping of their effector phenotype,
31 resulting in increased IL17 production via nuclear PKM2/STAT3 and enhanced fatty acid
32 synthesis. It also leads to CD4⁺ T cell retention in the inflamed tissue as a consequence of
33 reduced glycolysis and enhanced fatty acid synthesis. Furthermore, antibody-mediated
34 blockade of SLC5A12 ameliorates the disease severity in a murine model of arthritis. Finally,
35 we propose that lactate/SLC5A12-induced metabolic reprogramming is a distinctive feature
36 of lymphoid synovitis in rheumatoid arthritis patients and a potential therapeutic target in
37 chronic inflammatory disorders.

38

39 KEY WORDS

40 Lactate; lactate transporter; signaling; inflammation; immunometabolism

41 INTRODUCTION

42 The recent discovery of the fundamental role of metabolism in immune cell biology is
43 contributing immensely to our understanding of immune cell regulation (Buck et al., 2016;
44 O'Neill et al., 2016).

45 So far, most studies have focused on the role of metabolic pathways in the
46 establishment of the immune response. More recently, novel signalling functions of
47 metabolic intermediates in the regulation of immunity, including the small metabolites
48 lactate, acetyl-CoA, succinate, itaconate and others have been revealed. The roles of
49 metabolite signalling stretch from regulation of cytokine production via effects on the cellular
50 redox state, to interactions with transcription factors binding to specific cytokine promoter
51 elements, to modulating the activity of transmembrane ion channels, and interference with
52 cell migration and differentiation. Hence, the signalling functions of metabolites extend
53 beyond self-regulatory roles and include cell-to-cell communication and sensing of micro-
54 environmental conditions, i.e. within the inflammatory microenvironment, to elicit stress
55 responses and cellular adaptation (Haas et al., 2015, 2016; Tannahill et al., 2013).

56 Although known for its role in the muscle-liver Cori cycle and neuron-astrocyte
57 shuttle, lactate has mainly been seen as a by-product of metabolism or as a biomarker in
58 critical care at best rather than a bioactive molecule, and its functional effects have thus been
59 neglected for long time. Far from being inert, lactate accumulation in the disease
60 microenvironment has major effects on tissue-resident and infiltrating immune cells.
61 Recently reported outcomes include tumour escape from immune surveillance mechanisms
62 via reshaping of macrophage and effector T cell functions to immune-suppressive and tumour
63 promoting regulatory T cells and tumour-associated macrophages (Angelin et al., 2017;
64 Brand et al., 2016; Colegio et al., 2014; Reina-Campos et al., 2017). In contrast,
65 accumulation of lactate in the tissue microenvironment in the course of inflammatory

66 disorders serves as an amplifier of inflammation (Haas et al., 2015, 2016; Weyand et al.,
67 2017). Lactate has recently been shown to be a major source of carbons for the TCA cycle,
68 surprisingly even in excess of glucose, both in normal and cancerous tissues (Faubert et al.,
69 2017; Hui et al., 2017). However, whether this contributes to its signalling properties is not
70 well understood.

71 The physiological lactate concentration in blood and healthy tissues is approximately
72 1.5-3mM, but it can rise to 10-40mM at inflamed tissues as shown in tumour
73 microenvironments, and arthritic joints, as well as atherosclerotic plaques and adipose tissue
74 in obese individuals. Elevated levels of lactate have also been reported in the serum of
75 multiple sclerosis and Sjögren's syndrome patients, in the latter correlating with fatigue and
76 exercise intolerance (Pucino et al., 2017; Amorini et al., 2014). Lactate is mainly produced in
77 the cytoplasm during hypoxia or as a consequence of aerobic glycolysis in proliferating cells,
78 and it is then secreted through the plasma membrane. This transport is dependent on solute
79 carrier transporters that perform proton-lactate symport (i.e. MCT1-4) or sodium-dependent
80 transport (i.e. SLC5A8 and SLC5A12). Indeed, only MCT1 (also known as SLC16A1, Km
81 4.5) and MCT4 (also known as SLC16A3, Km 28) have a high specificity for lactate and
82 broad tissue expression. Sodium-coupled lactate transport is carried out by the high affinity
83 transporter SLC5A8 or the low affinity transporter SLC5A12, which have been initially
84 reported for their expression in kidney (Srinivas et al., 2005; Gopal et al., 2007). More
85 recently, we have reported the expression of SLC5A12 by CD4⁺ T cells (Haas et al., 2015).
86 Even though some transporters facilitate extrusion (e.g. MCT4) and others influx (e.g.
87 MCT1) of lactate, the main factor determining the transport direction is the lactate gradient,
88 facilitating lactate import when extracellular lactate is high, such as in inflamed tissues
89 (Halestrap and Wilson, 2012; Srinivas et al., 2005).

90 For more than 50 years, the inflamed joint has been recognized as a site of low
91 glucose and high lactate concentrations (Goetzl et al., 1971; Treuhaft and MCCarty, 1971),
92 reflective of the intense cellular turnover in the rheumatoid pannus. Synovial fibroblasts
93 adopt an anaerobic glycolysis type of metabolism, producing and secreting high amounts of
94 lactate in the microenvironment. There, lactate contributes to the regulation of the functions
95 of surrounding cells (i.e. plasticity), including infiltrating immune cells (Fujii et al., 2015).

96 RA is characterized by three distinctive histological pattern of synovitis (i.e.
97 pathotypes). In 40% of patients, the inflammatory infiltrate is constituted mainly by
98 monocyte/macrophages in the synovial sublining, i.e. myeloid pathotype. A rarer subset,
99 ~20% of RA patients, is characterized by a prevalent fibroid signature, i.e. fibroid/pauci-
100 immune pathotype. In the remaining 40% of RA patients, immune cells can be found
101 spatially-grouped in follicular structures, which can acquire features of secondary lymphoid
102 organs (SLO) with high T and B cell infiltration and segregation, i.e. lymphoid pathotype.
103 These structures, which develop in the inflammatory tissue, are called ectopic lymphoid-like
104 structures (ELS). The recognition that ELS may play a key pathogenic role in autoimmunity
105 and may be exploited as potential biomarker for disease evolution and response to therapy is
106 gaining attention (Pitzalis et al., 2013, 2014; Bombardieri et al., 2017). Our group has
107 recently found that SLC5A12 is highly expressed in human RA synovial tissues. Strikingly,
108 its levels significantly increased in correlation with the RA synovial tissue T cell score and
109 with the formation of ELS which are rich in IL17 (Haas et al., 2015; Peters et al., 2011; Jones
110 et al., 2015; Jones and Jones, 2016), thus suggesting a possible role of lactate/SLC5A12-
111 induced metabolic signaling in promoting chronic inflammation in RA.

112 Here, we explored the response of CD4⁺ T cells to lactate in the context of the tissue
113 microenvironment in inflammatory disorders. We identified several mechanistic steps leading
114 from the influx of lactate into CD4⁺ T cells to the plastic reshaping of their effector functions

115 and their induced exacerbation of the inflammatory response.

116 **RESULTS**

117 *The expression of the lactate transporter SLC5A12 by immune cells is regulated by*
118 *activating and inflammatory stimuli.*

119 Lactate modulates CD4⁺ T cell migratory abilities and cytokine production via the
120 sodium-coupled lactate transporter SLC5A12, which is selectively expressed by CD4⁺ but not
121 by CD8⁺ T cells, at least in the murine system (Haas et al., 2015). To assess whether the
122 expression of SLC5A12 may be regulated by activating stimuli, peripheral blood
123 mononuclear cells (PBMCs) from healthy control (HC) subjects were activated for 48 hours
124 with anti-CD3 monoclonal antibody (mAb) or left untreated. Activation led to upregulation
125 of SLC5A12 by peripheral CD4⁺ whilst CD8⁺ T cells were mostly negative (**Figures 1A-C**).
126 In the same experiment, activation led to up-regulation of SLC5A12 also by peripheral
127 CD14⁺ monocytes and to a less extent by CD19⁺ B cells (**Figures S1A-C**), conceivably via
128 signals initiated by T cell interactions with antigen presenting cells upon CD3 stimulation in
129 the context of the PBMCs. In comparison, the same immune cell subsets were negative for
130 SLC5A12 or expressed it at low levels in untreated PBMCs (**Figures 1A-C and S1A-C**). In
131 additional experiments we carried out, we observed that SLC5A12 was already upregulated
132 by CD4⁺ T cells at the 12-hour activation time point of HC PBMCs and that indeed this time
133 point may have the peak of SLC5A12 expression on the cell membrane. Indeed, SLC5A12
134 expression on the membrane was reduced at the subsequent 24- and 48-hour time points
135 (**Figure S1D**).

136 Next, we activated PBMCs from HC or rheumatoid arthritis (RA) subjects for 48
137 hours with anti-CD3 mAb or left them untreated, and then compared the expression of
138 SLC5A12 by CD4⁺ T cells. We found that peripheral RA CD4⁺ T cells became SLC5A12⁺

139 only upon T cell receptor (TCR) engagement, much like their HC counterparts (**Figures 1D-**
140 **F**). We analysed the phenotype of CD4⁺SLC5A12⁺ T cells in further depth in Figure 3.

141 To test whether inflammatory cues, in addition to activating stimuli, may also
142 contribute to the expression of SLC5A12 by CD4⁺ T cells, we cultured HC or RA PBMCs in
143 medium supplemented with 5% HC or RA autologous blood serum (BS), respectively, or
144 with 5% RA synovial fluid (SF). The percentage of CD4⁺SLC5A12⁺ T cells was very low in
145 both non-activated HC and RA PBMCs cultured in medium containing autologous BS or RA
146 SF (**Figures 1D and 1F**). Anti-CD3 mAb-mediated activation led to upregulation of
147 SLC5A12 by CD4⁺ T cells; however, no difference was observed in the percentage of
148 CD4⁺SLC5A12⁺ T cells from HC and RA PBMCs activated in medium containing
149 autologous BS (**Figures 1E-F**). In contrast, anti-CD3 mAb-mediated activation of RA but not
150 of HC PBMCs in the presence of 5% RA SF led to a robust further upregulation of SLC5A12
151 by CD4⁺ T cells as compared to HC and RA CD4⁺ T cells from PBMCs activated in the
152 presence of BS (**Figures 1E-F**). Importantly, we observed that SLC5A12 expression levels
153 by CD4⁺ T cells from RA PBMCs activated in the presence of RA SF were comparable to
154 those expressed by CD4⁺ T cells in synovial fluid mononuclear cells (SFMCs) from RA
155 joints in the absence of any *ex vivo* stimulation (**Figures 1E-F**). We also found that CD4⁺ T
156 cells from RA SFMCs presented high levels of SLC5A12 irrespective of any activating or
157 inflammatory stimuli we used *ex vivo*, as compared to CD4⁺ T cells from RA PBMCs
158 activated in the presence of autologous BS, suggesting they have already experienced
159 maximal levels of SLC5A12 inducing factors, i.e. antigen and exposure to inflammatory cues
160 (**Figures 1G**). As for RA SFMCs, when we analysed mononuclear cells (MCs) from
161 inflamed tonsils excised from patients subjected to tonsillectomy, CD4⁺ T cells were
162 SLC5A12⁺, independent of any activating stimuli we used *ex vivo* (**Figures S2A-C, G**).
163 Likewise, analysis of CD14⁺ and CD19⁺ cells by FACS or CD68⁺ and CD20⁺ cells by

164 fluorescence microscopy in the same samples revealed that they were SLC5A12⁺,
165 independent of any activating stimuli we used *ex vivo* (**Figures S2D-G**). In contrast, CD8⁺ T
166 cells were mostly negative for SLC5A12 (**Figures S2A-C, G**), which was consistent with
167 data in Figures 1A-C.

168 We then wondered whether lactate may contribute to the regulation of the expression
169 of SLC5A12. We generated mAbs targeting SLC5A12 by immunization of rats with a
170 peptide comprising the predicted main extracellular loop of SLC5A12 (Gopal et al., 2007),
171 with the aim of inhibiting the carrier function of the transporter. Out of ~ 400-screened
172 clones, we selected 3C7 for its ability to specifically recognize SLC5A12 (**Figure S3**).
173 Treatment of RA SFMCs with 3C7 mAb led to reduced expression of the transporter itself by
174 CD4⁺ T cells (**Figure 1H**). Furthermore, incubation of anti-CD3 and anti-CD28 mAb-
175 activated peripheral CD4⁺ T cells – isolated from HC PBMCs with magnetic bead-based
176 negative selection prior to activation – with 10 mM sodium lactate, a concentration similar to
177 what is measured in RA SF (Haas et al., 2015), contributed to the induction of SLC5A12
178 expression both at mRNA and protein level. Pre-incubation with a blocking anti-SLC5A12
179 polyclonal antibody (SLC5A12 Ab; Haas et al., 2015) prevented lactate-induced upregulation
180 of SLC5A12 (**Figures 1I-J**). These data suggested that accumulation of extracellular lactate,
181 such as at sites of inflammation, contributes to the upregulation of the lactate transporter
182 SLC5A12 by activated CD4⁺ T cells.

183

184 ***SLC5A12 facilitates lactate uptake and oxidation by TCA cycle in activated CD4⁺ T cells.***

185 Having observed an increase in the expression levels of the lactate transporter
186 SLC5A12 in response to activating and inflammatory stimuli in CD4⁺ T cells (**Figure 1**) and
187 knowing that these cells are mostly MCT1⁻ (Haas et al., 2015), we wondered whether

188 SLC5A12 may serve as the main carrier of lactate into activated CD4⁺ T cells that have
189 reached the inflamed tissue and hence are exposed to a high concentration of extracellular
190 lactate.

191 Indeed, exposure to lactate caused a decrease in glucose uptake by activated CD4⁺ T
192 cells, which was reversed by incubation of cells with SLC5A12 Ab (**Figure 2A**). No
193 significant change in glutamine uptake was observed in the same experiment indicating a
194 specific block in glycolysis (**Figure 2A**). NAD⁺ is a key co-factor of the sixth reaction of the
195 glycolytic cascade catalysed by glyceraldehyde 3-phosphate dehydrogenase. As a
196 consequence of this reaction, NAD⁺ is reduced to NADH, which acts as an inhibitory
197 feedback on glycolysis. NADH can be re-oxidised to NAD⁺ via the lactate dehydrogenase
198 reaction converting pyruvate to lactate. This reaction is important to maintain a steady flux of
199 glycolysis. However, lactate dehydrogenase can perform the reverse reaction when cells are
200 exposed to high levels of extracellular lactate as it happens at the site of inflammation, with
201 reduction of NAD⁺ to NADH and consequent inhibitory feedback on glycolysis. Indeed, upon
202 exposure to lactate we observed a drop in the NAD⁺/NADH ratio in activated CD4⁺ T cells,
203 indicating a relative increase in intracellular NADH (**Figure 2B**). Data in Figures 2A-B were
204 consistent with the reduced rate of glycolysis (ECAR) we observed in the presence of lactate
205 (**Figure 2C, left**), while the oxygen consumption rate (OCR) in the mitochondria was not
206 affected by lactate (**Figure 2C, right**).

207 We reasoned that these findings might be explained by an uptake of lactate by
208 activated CD4⁺ T cells when they are in an inflamed, lactate-rich tissue. Pyruvate may then
209 enter the TCA cycle, but since we did not observe an increase in mitochondrial OCR, we
210 wondered what the fates of the lactate-derived carbons were. To test our rationale in a direct
211 fashion, we performed mass spectrometry-based tracer analysis of [U¹³C]-lactate.
212 Specifically, we activated CD4⁺ T cells and then incubated them with [U¹³C]-lactate in the

213 presence or absence of SLC5A12 Ab, similarly to Figure 2A. We then extracted intracellular
214 metabolites and performed mass spectrometry analysis. We found that a significant
215 proportion of ^{13}C -carbons from $[\text{U}^{13}\text{C}]$ -lactate were incorporated in to pyruvate (M+3) and
216 citrate (M+2), and that this effect was reduced by incubation with SLC5A12 Ab (**Figures**
217 **2D-E**). Additionally, the M0 (unlabelled isotope) in each of these metabolites is also reduced:
218 as the antibody blocks the lactate transporter SLC5A12, influx of ^{13}C -lactate but also of
219 glucose-derived ^{12}C -lactate is reduced as a consequence of SLC5A12 're-importing' some
220 lactate previously secreted by the cell. Consistent with these data, we found an increase in
221 citrate and acetyl-CoA levels in activated CD4^+ T cells exposed to lactate at different time
222 points (**Figures 2F-G**).

223 Altogether, these data suggested that when exposed to high levels of lactate, such as
224 those found in an inflamed tissue, activated CD4^+ T cells could take up lactate via the
225 specific carrier SLC5A12. This causes glycolysis to slow down (through NAD) and in turn
226 leads to more carbons going into the TCA cycle. Therefore, we hypothesized that the carbon
227 flux we observed may be required to replenish intermediates of the TCA cycle that feed
228 biosynthetic processes.

229

230 *Lactate shapes the effector phenotype of CD4^+ T cells at the site of inflammation via*
231 *SLC5A12.*

232 We then tested the effects of exposure to inflamed tissue levels of lactate in the
233 presence or absence of SLC5A12 Ab on the effector phenotype of anti-CD3 and anti-CD28
234 mAb-activated CD4^+ T cells that were isolated from inflamed tonsils. We observed an up-
235 regulation of *IL17A* and *IFN γ* mRNAs in response to lactate, which was reversed by
236 incubation with SLC5A12 Ab. IL17-family member *IL22* also showed a tendency to

237 upregulation in response to lactate. We did not observe any significant modulation in other
238 cytokines (i.e. inflammatory *IL6* or immunosuppressive *IL10* and *TGFβ*; **Figure 3A**).
239 However, the observed upregulations at the mRNA level resulted in only *IL17A* but not *IFNγ*
240 upregulation at the protein level upon treatment with lactate and again this response was
241 abolished by incubation with *SLC5A12* Ab (**Figure 3B**).

242 Supporting the findings of *IL17* upregulation, also the mRNA of *RORγT*, the
243 signature transcription factor of the Th17 T cell subset, was elevated as a consequence of
244 exposure to lactate and again this response was abolished by incubation with *SLC5A12* Ab
245 (**Figure 3C**). Interestingly, the expression of the transcription factor *FOXO1*, which limits the
246 differentiation of $CD4^+$ T cells into the Th17 subset and the consequent production of *IL17*
247 (Ouyang et al., 2009), was reduced by treatment with lactate, even though incubation with
248 *SLC5A12* Ab did not have any effects on its expression (**Figure 3C**). Consistent with data in
249 Figure 3A, expression of *FOXP3*, the signature transcription factor of regulatory T (Treg)
250 cells producing *TGFβ* and *IL10*, was not impacted by lactate treatment (**Figure 3C**).
251 Furthermore, we observed a lactate-dependent regulation of *PDI* but not of the transcription
252 factor *BCL6* or the chemokine receptor *CXCR5* (**Figure 3C**).

253 To gain direct insights on the impact of lactate on the effector phenotype of $CD4^+$ T
254 cells at the site of inflammation, we conducted intracellular staining of $CD4^+IL17^+$ (Th17),
255 $CD4^+IFNγ^+$ (Th1), $CD4^+PD1^+CXCR5^+$ (Tfh) and $CD4^+FOXP3^+$ or $CD4^+IL10^+$ (Treg) subsets
256 from activated MCs from inflamed tonsils (**Figure 3D**). Incubation with *SLC5A12* Ab
257 resulted in a reduction in the Th17 and Tfh T cell subsets with a less pronounced reduction in
258 the Th1 and no modulation of the Treg subsets (**Figure 3D**). We further characterized the
259 phenotype of human $CD4^+SLC5A12^+$ T cells from 48-hour activated HC PBMCs and
260 observed that $RORγt^+$, $CXCR5^+PD-1^+ICOS^+$ (Tfh) and $Tbet^+$ are the $CD4^+$ T cell subsets that

261 are most positive for SLC5A12 whilst CD25⁺Foxp3⁺ (Treg) CD4⁺ T cells are less frequently
262 positive for SLC5A12 (**Fig 3E, right**). Furthermore, we observed that IFN γ ⁺ (signature
263 cytokine of Tbet⁺), IL17A⁺ (signature cytokine of ROR γ t⁺) and IL21⁺ (signature cytokine of
264 Tfh) CD4⁺ T cells are mostly positive for SLC5A12, whilst Treg and CD4⁺ T cells that do not
265 produce cytokines (Neg CKS) are much less frequently positive for SLC5A12 (**Fig 3E, left**).

266

267 *Lactate induces IL17 expression via nuclear PKM2- and fatty acid synthesis (FAS)-*
268 *mediated STAT3 phosphorylation.*

269 We next asked how lactate may promote IL17 expression and whether the lactate
270 uptake via SLC5A12 and its induced increase of citrate may play a role in this response of
271 CD4⁺ T cells. Exposure of activated CD4⁺ T cells to inflamed tissue levels of lactate caused a
272 rapid, marked elevation of intracellular reactive oxygen species (ROS; **Figure 4A**). The
273 glycolytic enzyme pyruvate kinase M2 (PKM2) functions as a homo-tetramer in the cytosol
274 converting phosphoenolpyruvate to pyruvate in the last reaction of glycolysis. ROS can
275 promote the oxidation and subsequent dimerization of PKM2. Dimers of PKM2 localize in
276 the nucleus where they phosphorylate transcription factors, including signal transducer and
277 activator of transcription 3 (STAT3), a known transcriptional regulator of *IL17* (Shirai et al.,
278 2016; Yang et al., 2007). Indeed, we found that lactate promoted the translocation of PKM2
279 in the nucleus and the phosphorylation of STAT3 (**Figure 4B**). Activation of STAT3
280 occurred as early as 1 hour after cell treatment with lactate (**Figure 4B**) and could still be
281 observed at 12 hours (**Figure 4C**). STAT1, another STAT family-member implicated in Th17
282 differentiation (Peters et al., 2015), was also phosphorylated at the same time point (**Figure**
283 **4C**). Phosphorylation of STAT1/3 returned to basal levels upon incubation with SLC5A12
284 Ab (**Figure 4C**).

285 *De novo* FAS is another biological process that has been implicated in the
286 differentiation of the Th17 T cell subset (Berod et al., 2014). We observed that activated
287 CD4⁺ T cells take up lactate and consequently increase the intracellular pool of citrate and
288 acetyl-CoA (Figure 2D-G), which are the substrates of FAS. We therefore asked whether
289 exposure to lactate may induce FAS in these cells, by assessing the activation levels of
290 acetyl-CoA-Carboxylase (ACC) and 5'-AMP activated protein kinase (AMPK), two key
291 enzymes in the regulation of fatty acid metabolism. We found that exposure to lactate caused
292 a decrease in phosphorylated ACC at Serine 79 indicating increased ACC enzymatic activity
293 (**Figure 4D**). Consistently, we also detected a decrease in phosphorylated AMPK α at
294 Threonine 172 (**Figure 4D**), indicating reduced AMPK enzymatic activity. ACC exists in
295 humans and other mammals as two isoforms, ACC1 and ACC2. Whereas ACC1 is present in
296 the cytosol and initiates *de novo* synthesis of fatty acids by converting acetyl-CoA to
297 malonyl-CoA (Chirala and Wakil, 2004), ACC2 is associated with the outer mitochondrial
298 membrane and is a key enzyme in the oxidation of fatty acids (FAO; Abu-Elheiga et al.,
299 2000, 2001). We found a marked decrease in phosphorylated ACC in the cytosol of activated,
300 lactate-treated CD4⁺ T cells but no major change in phosphorylated ACC in the mitochondria
301 (**Figure 4E**).

302 To test any effects of lactate on FAO in a more direct fashion, we measured OCR in
303 activated CD4⁺ T cells cultured in 2.5mM glucose and 1 μ M BSA-palmitate that served as a
304 substrate for FAO, or BSA alone. BSA-palmitate raised OCR as compared to BSA alone, but
305 lactate did not affect either conditions. Addition of etomoxir, an inhibitor of the key enzyme
306 carnitine palmitoyltransferase-1 (CPT-1) in the initiation of FAO, reduced BSA-palmitate
307 OCR to the levels observed in the BSA alone control and again this effect was not affected by
308 lactate (**Figure S4A**).

309 To test whether lactate feeds fatty acid synthesis, we incubated activated CD4⁺ T cells
310 with [U¹³C]-lactate and traced ¹³C labelling in palmitate. Lactate ¹³Cs labelled nearly 50% of
311 newly synthesized palmitate. This effect was inhibited in cells that were incubated with
312 SLC5A12 Ab, indicating incorporation of lactate-derived carbons in palmitate backbone
313 (**Figure 4F**). An induction of FAS by lactate was also confirmed by an increment in total free
314 fatty acid (FFA) cellular content (**Figure S4B**).

315 Given the importance of both STAT3 and FAS in the differentiation of the Th17 T
316 cell subset (Shirai et al., 2016; Yang et al., 2007; Berod et al., 2014; Shi et al., 2011), we
317 asked whether lactate may modulate the expression of IL17 via either or both pathways. We
318 treated activated CD4⁺ T cells with 5-(tetradecyloxy)-2-furoic acid (TOFA), a competitive
319 inhibitor of ACC (Berod et al., 2014), 4-methylene-2-octyl-5-oxotetrahydrofuran-3-
320 carboxylic acid (C75), a fatty acid synthase inhibitor (Shen et al., 2017) and
321 dehydroepiandrosterone (DHEA), an inhibitor of glucose-6-phosphate dehydrogenase
322 (G6PDH, Raineri and Levy, 1970; Gordon et al., 1995), a key step in the pentose phosphate
323 pathway (PPP) providing NADPH equivalents for FAS (see also Figures 6C-E). As expected,
324 all three inhibitors increased phosphorylated ACC levels (**Figure S4C**), indicating an
325 inhibitory effect on FAS. DHEA also increased phosphorylated AMPK (**Figure S4C**), which
326 is suggestive of a switch towards FAO. With these three compounds, we then tested the
327 impact of lactate-induced FAS on STAT3 activation and IL17 production. All three
328 compounds reduced lactate-induced phosphorylation of STAT3 (**Figure 4G**) and expression
329 of *IL17A* (**Figure 4H**). Also the AMPK activator aminoimidazole-4-carboxamide 1-β-D-
330 ribofuranoside (AICAR; Corton et al., 1995) and the potent and selective PKM2 activator
331 N,N'-diarylsulfonamide (DASA), which stabilizes cytosolic PKM2 homo-tetramers and
332 prevents PKM2 dimers translocation into the nucleus (Anastasiou et al., 2011), markedly
333 reduced the expression of *IL17A* (**Figure 4H**). Interestingly, a co-treatment with DASA and

334 C75 or TOFA resulted in an additional reduction of lactate-induced *IL17A* expression as
335 compared to each compound alone (**Figure 4H**).

336 To further support our findings, we took advantage of a new Crispr/Cas9 *Slc5a12* KO
337 mouse. We show that in response to lactate both ACC and STAT3 phosphorylation as well as
338 IL17 production are impaired (**Fig 4I**).

339 Taken together these data indicate that lactate modulates IL17 expression by
340 activating two pathways, PKM2 translocation into the nucleus and enhanced FAS,
341 converging on STAT3-induced transcription of IL17 (**Figure 4I**).

342

343 ***Reduced glycolysis and enhanced FAS are the mechanisms through which lactate induces***
344 ***CD4⁺ T cell retention in the inflamed tissue.***

345 Building upon our previous findings that inflamed tissue levels of lactate induce a
346 ‘stop migration signal’ in activated CD4⁺ T cells (Haas et al., 2015; Pucino et al., 2017), we
347 assessed the impact of interfering with SLC5A12 function – via the use of both SLC5A12 Ab
348 and the mAbs we generated – on human CD4⁺ T cell migration *in vitro* and ability to egress
349 from the inflamed tissue *ex vivo*. We started by culturing equal size tissue sections from
350 juxtaposing areas of tonsil biopsies – isolated from patients who had been subjected to
351 tonsillectomy – in the presence or absence of lactate and/or SLC5A12 Ab. We then assessed
352 by flow cytometry the type and number of immune cells released in the culture media in each
353 condition (**Figure 5A**). Lactate reduced the egress of CD4⁺ T cells as compared to the control
354 condition and this effect was reversed by SLC5A12 Ab. Lactate also reduced the egress of
355 CD14⁺ cells but treatment with SLC5A12 Ab did not reverse this effect, indicating SLC5A12

356 is not a dominant lactate transporter in this subset. No significant effects were observed by
357 treatments with lactate and lactate plus SLC5A12 Ab in CD8⁺ or CD19⁺ cells (**Figure 5B**).

358 We then sought to assess whether a similar effect could be observed in synovial tissue
359 biopsies from patients who had been subjected to joint replacement. Concurrently, we also
360 assessed whether the SLC5A12 mAbs we generated were able to reverse lactate-induced
361 block on CD4⁺ T cell migratory abilities. We treated activated CD4⁺ T cells with lactate or
362 left them untreated in the presence or absence of SLC5A12 Ab or seven SLC5A12 mAb
363 clones. We then assessed cell chemokinesis in response to the chemokine CXCL10 in trans-
364 wells. As expected, SLC5A12 Ab reversed the ‘stop migration signal’ induced by lactate
365 (**Figure S5A**; Haas et al., 2015). In addition, the mAb clones 3C7 and 9G7 were able to
366 consistently reverse the ‘stop migration signal’ induced by lactate (**Figure S5A**).
367 Furthermore, as shown in Figure S3, 3C7 mAb was able to specifically recognize SLC5A12.
368 We therefore tested 3C7 mAb alongside SLC5A12 Ab in the *ex vivo* egress model in synovial
369 tissues. Again, SLC5A12 Ab was able to reverse the lactate-mediated retention of CD4⁺ T
370 cell in the tissue and a similar effect was obtained with 3C7 mAb (**Figures 5C-D**).

371 Next, we asked how the metabolic adaptation of activated CD4⁺ T cells to inflamed
372 tissue levels of lactate impacted on their response to migratory stimuli. Glycolysis is required
373 for the motility of activated, murine CD4⁺ T cells (Haas et al., 2015) and FAS supports
374 invasiveness of inflamed tissues by peripheral CD4⁺ T cells (Shen et al., 2017).

375 We first analysed the effect of exposure of activated, human CD4⁺ T cells to lactate
376 on several glycolytic enzymes in a time-course experiment. We observed reduced levels of
377 hexokinase 1 (HK1), HK2, phosphofruktokinase (PFK), enolase1 α and PKM1/2 (**Figure**
378 **6A**), indicating reduced rates of glycolysis, consistent with data in Figures 2A-C. However,
379 lactate-induced downregulation of HK1 and enolase1 α but not of HK2 and PKM1/2 was

380 impeded by cell incubation with SLC5A12 Ab (**Figure 6B**). These data suggest specific
381 checkpoints of lactate-mediated control of glycolysis, in addition to the observed increased
382 reduction of NAD⁺ to NADH, as shown in Figure 2B. Based on our observation that lactate
383 caused an increase in the intracellular pools of citrate and acetyl-CoA, we investigated
384 whether lactate may induce post-translational acetylation of cytosolic proteins in a 12-hour
385 time-course but we did not observe any major changes (**Figure S6A**). This potential
386 checkpoint control will require further investigations.

387 Intracellular localization of HK2 was suggested to serve as a checkpoint channelling
388 intracellular metabolic fluxes. While cytosolic HK2 mediates glycolysis, VDAC-dependent
389 binding of HK2 to the outer membrane of mitochondria promotes cell survival (Anderson et
390 al., 2016; Woldetsadik et al., 2017; Mathupala et al., 2009; Anflous-Pharayra et al., 2007).
391 Indeed, mitochondrial HK2 may favour glucose-6-phosphate entry in the PPP producing
392 NADPH equivalents and anabolic intermediates (Cheung et al., 2012). We found an increase
393 in mitochondrial HK2 after 4-hour lactate treatment as compared to cells left untreated
394 (**Figure 6C**). This observation was supported by confocal microscopy data showing co-
395 localization of HK2 with mitochondria upon 4 hour treatment with lactate (**Figure 6D**). We
396 also found a reduction in the NADP⁺/NADPH ratio at 1 hour and 4 hours after cell treatment
397 with lactate (**Figure 6E**), consistent with an increased shunt of glucose-6-phosphate into PPP
398 and with the observed induction of FAS. The observed inhibition of PKM2 may also
399 contribute to divert glucose into the pentose phosphate pathway and thereby generate
400 NADPH (Le Goffe et al., 2002). Therefore, we asked whether induction of FAS by lactate
401 might play a role in the entrapment of CD4⁺ T cells in the inflamed tissue. Activated CD4⁺ T
402 cells were treated with lactate in the presence of DHEA, TOFA and C75 or left untreated and
403 then subjected to chemokinesis in response to either CCL20 or CXCL10. All compounds
404 blocking FAS at different key steps released CD4⁺ T cells from lactate-induced 'stop

405 migration signal' (**Figure 6F**). Again, to further support our findings, we took advantage of
406 the Slc5a12 KO mouse and found that in response to lactate migration response to CXCL10
407 was impaired (**Fig 6G**).

408 Overall, our findings indicate that lactate-induced inhibition of CD4⁺ T cell response
409 to migratory stimuli and retention in the inflamed tissue is due to a metabolic adaptation to
410 local levels of lactate that entails reduced glycolysis and translocation of HK2 to the outer
411 membrane of mitochondria, with metabolic fluxes diverted into NADPH-dependent *de novo*
412 FAS (**Figure S6B**).

413

414 *Lactate/SLC5A12-induced metabolic reprogramming is operational in the CD4⁺ T cell*
415 *infiltrated RA synovium.*

416 To examine the lactate/SLC5A12-induced metabolic signalling network in the clinical
417 settings of RA, we took advantage of the pathobiology of early arthritis cohort (PEAC). This
418 is a cohort of adults over the age of 18 manifesting early symptomatic inflammatory arthritis
419 (< 12 months) and who are naïve-to treatment with conventional or biologic disease-
420 modifying anti-rheumatic drugs (DMARDs; [http://www.peac-](http://www.peac-mrc.mds.qmul.ac.uk/index.php)
421 [mrc.mds.qmul.ac.uk/index.php](http://www.peac-mrc.mds.qmul.ac.uk/index.php)). Synovial biopsies collected for this cohort were classified
422 according to histological pattern of synovitis (i.e. lymphoid, myeloid or fibroid; Pitzalis et al.,
423 2013; Cañete et al., 2009) and presence of ectopic lymphoid structures (ELSs). These are
424 organized aggregates of T and B cells that develop at sites of chronic inflammation and are
425 associated with more severe disease course and autoimmune responses, as well as reduced
426 response to therapy (Pitzalis et al., 2013; Cañete et al., 2009). ELSs are rich in CD4⁺IL17A⁺
427 cells which play a pivotal role in ELS formation and maintenance (Jones et al., 2016).
428 Synovial biopsies were also classified by histological analysis according to inflammatory

429 score (Krenn score; Krenn et al., 2002; Pitzalis et al., 2013) and expression of cell-lineage
430 CD4⁺ T cell gene modules. As expected, the synovial biopsies with a lymphoid pathotype
431 were also ELS positive and showed the highest inflammatory score and degree of infiltration
432 by CD4⁺ T cells (**Figure 7A**).

433 In this cohort we analysed the expression of groups of metabolic genes on synovial
434 biopsies by RNA-sequencing (n=87). In the lymphoid pathotype, we found evidence of
435 expected patterns of Th17 differentiation genes, i.e. reduced *FOXO1* and increased *IL17A*, as
436 well as of ELS genes (**Figure 7A**). When we analysed the metabolic genes, we found a
437 downregulation of glycolytic genes concurrent with an upregulation of PPP and TCA cycle
438 genes in the lymphoid pathotype as compared to the other pathotypes (**Figure 7A**).
439 Furthermore, we found a positive correlation between synovial *SLC5A12* expression and
440 disease activity measured as Δ DAS28-CRP (**Figure 7B**). We also found that DAS28-CRP
441 correlates with *IL17RA* (**Fig 7B**) as well as *CXCL13*, *LTB* and *FOXO1* (**Fig S7A**).
442 Furthermore, some key Th17 and metabolic genes described in our study correlate, and in
443 particular, *FASN* with *SLC5A12* (**Fig 7B**) as well as *FASN* with *IL17RA*, *FASN* with
444 *STAT3* and *ACACA* with *STAT3* (**Fig S7B**).

445 Overall, our data support a role for lactate/*SLC5A12*-induced metabolic
446 reprogramming in CD4⁺ T cells as a distinctive mechanism operational in the RA subset
447 characterized by CD4⁺ T cell infiltration. In further support, we used a well-established
448 murine model of arthritis where the disease is induced by subcutaneous injection of human
449 glucose 6 phosphate isomerase and the inflammatory infiltrate into the joints is rich in T cells
450 (Schubert et al., 2004; Bruns et al., 2009; Iwanami et al., 2008), hence resembling the human
451 lymphoid RA. *SLC5A12* Ab treatment reduced both clinical and histological scores of

452 arthritis as compared to the isotype control, and showed a trend effect superior to anti-TNF
453 treatment (**Figures 7C-F**).

454 **DISCUSSION**

455 Historically, lactate has been considered a waste product or at best a biomarker in
456 critical care. Yet in the past decades, it was already shown to be a major substrate for
457 oxidative phosphorylation (OXPHOS) in neurons, for gluconeogenesis in the Cori cycle and
458 for the synthesis of glycogen in the skeletal muscle (Pellerin and Magistretti, 1994;
459 Magistretti and Allaman, 2018; Cornell et al., 1973). Recent evidence further supports lactate
460 as a major carbon source for cellular metabolism both in normal and cancerous tissues.
461 Infusion of [^{13}C]-lactate in fed and fasted mice, revealed extensive labelling of TCA cycle
462 intermediates in all tissues (Hui et al., 2017; Faubert et al., 2017). Strikingly, in lung and
463 pancreatic tumours the contribution of lactate to the TCA cycle was greater than that of
464 glucose (Faubert et al., 2017).

465 Here, we showed that lactate accumulation in the inflamed tissue contributes, together
466 with activating and inflammatory stimuli, to the up-regulation of the sodium-coupled lactate
467 transporter SLC5A12 on human CD4^+ T cells. SLC5A12 is already upregulated by CD4^+ T
468 cells at the 12-hour activation time point of HC PBMCs and indeed this time point may have
469 the peak of SLC5A12 expression on the cell membrane. Indeed, SLC5A12 expression on the
470 membrane is reduced at the subsequent 24- and 48-hour time points. These data suggest that a
471 longer kinetic may not be required. Yet, the 48-hour time point in most of our experiments is
472 justified by the fact that we need to allow time for cells to respond functionally to lactate.

473 SLC5A12-mediated lactate uptake by human CD4^+ T cells initiated an anabolic
474 response leading to *de novo* FAS and involved the translocation of PKM2 in the nucleus.
475 Both mechanisms contributed to the activation of downstream STAT3 transcription factors.
476 Such integration between metabolism and signalling modules led to the plastic reshaping of
477 the CD4^+ T effector phenotype within the inflamed tissue.

478 Our data are in line with Yabu et al. who showed that lactic acid enhances the
479 production of IL23/IL17 by CD4⁺ T cells, acting as a pro-inflammatory signal (Yabu et al.,
480 2011). However, the mechanisms were not known. In line with lactate being a major fuel for
481 the TCA cycle (Hui et al., 2017; Faubert et al., 2017), we observed an increase in citrate and
482 acetyl-CoA levels upon exposure of activated CD4⁺ T cells to lactate at concentrations as in
483 the chronic inflamed site. Acetyl-CoA is produced by the breakdown of both glucose (by
484 glycolysis) and fatty acids (by FAO). It then enters the TCA cycle in the mitochondrion and
485 forms citrate by reacting with oxaloacetate. Citrate can be exported to the cytosol, where it
486 may be converted back to acetyl-CoA and then serve as a substrate for FAS through
487 carboxylation in to malonyl-CoA by ACC, the first committed step in the synthesis of fatty
488 acids. Indeed, after lactate treatment we detected activation of ACC, which in line with our
489 data has been shown to be indispensable for IL17 production (Berod et al., 2014; Endo et al.,
490 2015).

491 Our *in vitro* data were further extended to disease pathobiology by RNA-sequencing
492 analysis showing a metabolic dysregulation within the synovium of the subset of RA patients,
493 which is characterized by CD4⁺ T cell infiltration (~40% of total patients). In particular, these
494 patients displayed a low expression of glycolysis and increased levels of TCA cycle and PPP
495 related genes, in line with data published by the Weyand's group on the peripheral RA CD4⁺
496 T cells (Yang et al., 2013, 2016; Shen et al., 2017).

497 In contrast to its splice variant PKM1, which is constitutively expressed in most adult
498 tissues, PKM2 is allosterically activated in a feed-forward regulatory loop by an upstream
499 glycolytic metabolite, fructose-1,6-bisphosphate (FBP), and is susceptible to inhibition by
500 growth factor signaling through interaction with phospho-tyrosine containing proteins. These
501 properties of PKM2 allow proliferating cells to divert glucose into anabolic pathways
502 emanating from glycolysis in order to meet the increased biosynthetic demands of

503 proliferation. Association of PKM2 subunits into homo-tetramers is required for optimal
504 enzymatic activity (Eigenbrodt et al., 1992). Both reduced FBP and increased ROS cause
505 decreased PKM2 activity (Anastasiou et al., 2011). Incidentally, lactate uptake causes both
506 these effects. PKM2 inhibition is able to divert glucose into the pentose phosphate pathway
507 and thereby generate NADPH (Le Goffe et al., 2002), which in turn provides reducing
508 equivalents for detoxification of ROS by increasing reduced glutathione (GSH) and hence
509 allowing cells to withstand oxidative stress. The small-molecule PKM2 activator DASA-10
510 (NCGC00181061, a substituted N,N'- diarylsulfonamide) prevented inhibition of PKM2 by
511 H₂O₂ (Anastasiou et al., 2011). PKM2 has been investigated in atherosclerotic coronary
512 artery disease (CAD) and RA patient-derived macrophages. Here, the increased glucose
513 uptake and glycolytic flux due to inflammation fuel the generation of mitochondrial ROS,
514 which in turn promote the destabilization of the PKM2 tetramer, favoring its dimerization and
515 subsequent nuclear translocation. Nuclear PKM2 functions as a protein kinase that
516 phosphorylates the transcription factor STAT3, thus boosting IL6 and IL1 β production
517 (Shirai et al., 2016; Weyand et al., 2017).

518 In line with these findings, we observed an increase of PKM2 nuclear translocation
519 with concomitant enhanced STAT3 phosphorylation upon treatment of activated CD4⁺ T
520 cells with lactate. STAT3 is implicated in Th17 differentiation (Yang et al., 2007) and
521 interestingly, the inhibition of PKM2 nuclear translocation with DASA was able to reduce
522 lactate mediated IL17 production.

523 Similarly, lactate dehydrogenase A (LDHA) enzymatic activity was recently shown to
524 be necessary to sustain IFN γ production by CD4⁺ T cells via induced aerobic glycolysis
525 (Peng et al., 2016). Genetic deletion of LDHA in CD4⁺ T cells significantly reduced glucose
526 consumption and promoted a shift towards oxidative metabolism, as well as the reduction of
527 IFN γ expression. The decrease in IFN γ transcripts was due to reduced histone acetylation.

528 Acetyl-CoA serves as a substrate for lysine acetyltransferases (KATs), which catalyze the
529 transfer of acetyl groups to the epsilon-amino groups of histone lysines and many other
530 proteins. Fluctuations in the concentration of acetyl-CoA, reflecting the metabolic state of the
531 cell, are translated into dynamic protein acetylation that regulates a variety of cell functions,
532 including transcription, replication, DNA repair, cell cycle progression, and ageing
533 (Shahbazian and Grunstein, 2007). In the absence of LDHA, the increase in the rate of the
534 TCA cycle necessary to compensate the drop in glycolysis did not allow the export of acetyl-
535 CoA from the mitochondria to the cytosol, thus reducing the pool of acetyl groups available
536 for histone acetylation. These data demonstrate the regulation of INF- γ production in Th1
537 cells by lactate metabolism through a fine-tuned epigenetic mechanism of histone acetylation
538 coupled to cellular metabolism (Peng et al., 2016).

539 Furthermore, N-Terminal acetylation of cellular proteins initiates specific protein
540 degradation processes (Hwang et al., 2010). We did not observe increased lysine acetylation
541 of cytosolic proteins upon cell exposure to lactate, suggesting this may not be the mechanism
542 responsible for the reduced expression of glycolytic enzymes we observed in the presence of
543 lactate, which may instead be due to reduced pathway usage consequent to NADH build up in
544 the cell, as we have shown in line with literature. Moreover, citrate is a known inhibitor of
545 glycolysis and its accumulation might have been responsible for the inhibition of glycolysis
546 observed (Newsholme et al., 1977).

547 In contrast, the immune cell response to lactate in the tumour microenvironment is
548 quite different from that seen in the context of chronic inflammation. Recent studies have
549 reported the ability of tumour-derived lactate to suppress the immune response against the
550 tumour itself, thus creating an environment permissive to the tumour growth (Brand et al.,
551 2016; Angelin et al., 2017; Colegio et al., 2014).

552 Lactate accumulation in the inflamed tissue also caused CD4⁺ T cell retention at the
553 site of inflammation, as a consequence of impaired cell motility caused by reduced glycolysis
554 and enhanced fatty acid synthesis. In addition to a reduced glucose flux through glycolysis,
555 several glycolytic enzymes, including HK, were decreased upon cell exposure to lactate in a
556 time-dependent manner. HK catalyses the first committed step of glucose metabolism.
557 Glucose entering the cell through glucose transporters (GLUTs) is phosphorylated by HK to
558 produce G6P. The two most common isoforms, HK1 and HK2, have overlapping tissue
559 expression, but different subcellular distributions, with HK1 associated mainly with
560 mitochondria and HK2 shuttling between mitochondrial and cytoplasmic compartments. HK2
561 binds to the voltage-dependent anion channel (VDAC), an outer mitochondrial membrane
562 protein, which interacts with the adenine nucleotide translocase (ANT), forming a contact site
563 between the outer and inner mitochondrial membranes (Fiek et al., 1982; Vyssokikh and
564 Brdiczka, 2003).

565 Accordingly, we found increased mitochondrial localization of HK2 upon lactate
566 treatment. We also found a reduction of NADP⁺/NADPH ratio, suggesting a shunt toward
567 PPP and anabolic metabolism. Moreover, mitochondria-associated HK2 has a pro-survival
568 function via antagonizing apoptotic Bcl-2 family proteins and thereby protects cells from
569 apoptosis (Pastorino et al., 2002). This may be a mechanism that allows CD4⁺ T cell survival
570 in lactate-rich environments.

571 Our data fit with RA naive CD4⁺ T cells displaying low basal glycolysis due to a
572 deficiency in 6-phosphofructo-2-kinase/fructose-2,6-bisphosphatase (PFKFB3). This caused
573 a shunt of glucose-6-phosphate (G6P) towards the pentose phosphate pathway (PPP) with
574 generation of NADPH equivalents and altered activation of ataxia telangiectasia mutated
575 (ATM), a key enzyme in the control of cell cycle. Such alterations resulted in a high capacity

576 of proliferation by RA CD4⁺ T cells and a switch to pro-inflammatory subsets such as Th1
577 and Th17 and chronic inflammation (Yang et al., 2013, 2016).

578 ATP^{low} pyruvate^{low} NADPH^{high} RA CD4⁺ T cells also displayed increased FAS and
579 consequent deposition of cytoplasmic lipid droplets. This resulted in the upregulation of the
580 podosome scaffolding protein TKS5. TKS5^{hi} RA CD4⁺ T cells spontaneously formed actin-
581 and cortactin-rich membrane ruffles, which empowered them to penetrate into non-lymphoid
582 tissue and establish inflammatory infiltrates. All these effects were abolished by FAS
583 inhibition (Shen et al., 2017).

584 Building on these results, our data suggest that FAS is not only responsible for
585 increased infiltration of the inflamed site by CD4⁺ T cells, but also for their retention in the
586 site, together with reduced glycolysis, once they have reached it. *De novo* FAS is required for
587 Th17 differentiation and pharmacologic inhibition of acetyl-CoA carboxylase, a key enzyme
588 in FAS, was able to delay the disease and to reduce the severity of experimental autoimmune
589 encephalomyelitis (EAE), (Berod et al., 2014). Hence, inhibiting FAS and/or promoting
590 glycolysis may support resolution of inflammation.

591 If RA CD4⁺ T cells display a deficit in glycolysis, synovial RA fibroblasts are highly
592 glycolytic. Indeed, glucose deprivation or glycolytic inhibitors such as 2-deoxy-D-glucose (2-
593 DG), bromopyruvate (BrPa) and 3-(3-Pyridinyl)-1-(4-pyridinyl)-2-propen-1-one, impaired
594 cytokine secretion, proliferation and migration by synovial fibroblasts as well as disease
595 severity in a mouse model of arthritis (Garcia-Carbonell et al., 2016). In line with this
596 evidence, the inducible isoform of hexokinase, HK2, which catalyses the phosphorylation of
597 glucose to G6P - the first committed step in glucose metabolism - was found highly
598 expressed by RA as compared to OA synovial fibroblasts. Interestingly, after HK2 silencing,
599 RA fibroblasts were less invasive while the overexpression of HK2 enhanced the levels of

600 MMP, IL6, IL8 other than their migratory capabilities (Bustamante et al., 2018). Altered
601 metabolism in RA fibroblasts has also been associated with the hypoxic microenvironment
602 typical of the inflamed sites. Specifically, it was found that hypoxia induced a
603 downregulation of mitochondrial respiration and an increase of glycolysis in RA fibroblast,
604 which in turn promoted synovial invasive mechanisms (Biniiecka et al., 2014). Hence, it is
605 tempting to speculate that synovial fibroblasts produce large amounts of lactate in the
606 arthritic synovium, which infiltrating CD4⁺ T cells have to face and adapt to. Here, we have
607 described how they adapt to such condition.

608 Interestingly, the response to lactate by CD4⁺ T cells is mediated by a specific sodium
609 lactate transporter, SLC5A12, which seems to be a major lactate transporter in these cells,
610 unlike other immune cells, i.e. macrophages. We previously described in Haas et al., 2015
611 that CD4⁺ T cells express SLC5A12 but not SLC16A1 (MCT1). Here, we show that when we
612 interfere with the carrier function of SLC5A12 in CD4⁺ T cells we see an impairment of
613 some of their effector functions, namely migration and IL17 production. In comparisons, we
614 do not see any effects of blocking SLC5A12 in macrophages – although they do express it –
615 when we assess their migratory response to lactate (**Fig 5B**). This suggests that SLC5A12
616 may not be a major lactate transporter in macrophages and/or they may be able to use others,
617 unlike what we observe in CD4⁺ T cells.

618 A selective expression of lactate transporters by immune cells may orchestrate their
619 spatial distribution inside the inflamed tissue as well as affect their functional response (Ene-
620 Obong et al., 2013; Haworth et al., 2008; Olloquequi et al., 2010). Thus, modulating selective
621 T cell subsets via targeting specific lactate transporters may provide novel therapeutic tools to
622 reduce inflammation as well as contributing to a better understanding of the pathogenesis of
623 chronic inflammation. In this respect, our findings show that SLC5A12 does not particularly
624 discriminate among CD4⁺ T cell subsets which is what we would expect since we observe

625 ~40% SLC5A12⁺ CD4 T cells whilst only a small fraction of activated CD4⁺ T cells are
626 normally IL-17 producers. It remains our message that lactate promotes IL-17 responses via
627 metabolic rewiring downstream of SLC5A12-mediated lactate uptake and we have elucidated
628 the mechanisms for this response. It also remains to be assessed whether lactate may
629 modulate Th1 and/or Tfh responses.

630 Altogether this evidence supports a role for lactate as a major signalling molecule in
631 its own right, able to operate the plastic shift of the immune response within the diseased site,
632 whether in the tumour or the chronic inflammatory environment. In the site of inflammation,
633 such as the inflamed synovium in rheumatoid arthritis, lactate seems to act as an amplifier of
634 inflammation leading to the entrapment of CD4⁺ T cells and stimulation of inflammatory
635 cytokines. In further support to the signalling activity of lactate, a receptor of lactate, GPR81,
636 has been identified and involved in the regulation of lipolysis (Liu et al., 2009) and cancer
637 cell survival (Roland et al., 2014). Lactate binding to GPR81 resulted in the upregulation of
638 PD-L1, causing the suppression of the effector function of T cells in co-culture experiments
639 (Feng et al., 2017).

640 Th17 CD4⁺ T cells play an important role in RA, multiple sclerosis, psoriasis (Patel
641 and Kuchroo, 2015). Rising levels of circulating Th17 cells and IL17 were observed in
642 patients with an inadequate response to anti-TNF- α therapy (Chen et al., 2011). Despite
643 several studies revealed the importance of IL17 in the pathogenesis of RA, clinical trials with
644 IL17 blocking agents in RA have not reached striking results so far (Kugyelka et al., 2016),
645 thus other targets are needed. This can be in part due to the heterogeneity of RA in terms of
646 pathogenesis and histological patterns of synovitis (Pitzalis et al., 2013). IL17 and IL17R
647 family members show a high variability in the expression in individual patients (Van Baarsen
648 et al., 2014). Therefore, it is not surprising that the blockade of IL17A or its receptor with
649 monoclonal antibodies did not lead to complete disease remission so far. Currently it is more

650 likely that IL17 targeting agents could be used to complement/augment current therapies
651 (Kugyelka et al., 2016). Moreover, IL17-signaling cascade is a complex system. Indeed, it
652 consists of 6 members with 5 known receptors, thus widening the frontier for the
653 development of new blocking/modifying agents, which might offer exciting new treatments
654 in autoimmunity. For this reason, targeting the IL17 axis at different levels (i.e. Th17
655 differentiation, signaling), including blocking SLC5A12, may provide new therapeutic
656 avenues for Th17-mediated inflammatory disorders.

657

658 ***Limitations of study.***

659 Immunization with human recombinant G6PI or with the immune-dominant peptide
660 G6PI325-339 was shown to induce an inflammatory polyarthritis which can be modulated by
661 therapeutic interventions aimed at targeting T cell function (i.e. by inducing a switch in the
662 balance between Th1/Th17 cells and Tregs; Shubert et al., 2004; Yoshida et al., 2016; Hirota
663 et al., 2017). Based on these observations and our findings of a dominant effect of SLC5A12
664 on CD4⁺ T cells, we chose this experimental model of arthritis to test the effect of blocking
665 SLC5A12. Nevertheless, a caveat to our findings is that the beneficial effects of targeting
666 SLC5A12 may be due at least in part to its effects of macrophages and/or B cells. This could
667 be further tested in other models of arthritis, such as collagen-induced arthritis. Anyhow, a
668 previous demonstration of the functional relevance of SLC5A12 blockade was provided by
669 us, using a zymosan model of peritonitis (Haas et al., 2015).

670 Furthermore, intra-articular injections are required in our model currently to achieve
671 high enough concentration of the antibody within the joint as the effect of anti-SLC5A12 is
672 elicited at the site of inflammation where high levels of lactate are present. This procedure
673 would not lead to a biological effect systemically because a single dose of the antibody at the

674 concentration used would be too low to achieve sufficient blood concentrations to enter
675 efficiently other joints/organs. The same can be said for the control antibodies. Thus, we
676 would not expect any systemic effect clinically. Additionally, we used the contralateral joint
677 as control as this is routinely used in experimental arthritis, offering the advantage of
678 minimizing the inherent variability in the severity of arthritis observed among different
679 animals and allows direct comparison of data (Chen et al., 2015; Min et al., 2013; Mor-
680 Vaknin et al., 2017). Regardless of these caveats to our current study, to advance in the pre-
681 clinical space, our next steps will be to generate and characterize recombinant murine and
682 humanised mAbs targeting SLC5A12, which we will then administer systemically.

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699 www.mousephenotype.org

700

701 **AUTHOR CONTRIBUTIONS**

702 Conceptualization, V.P., M.C., R.H., J.J.K., M.B., C.P. and C.M.; Methodology, V.P.,
703 M.C., V.B., K.G., E.P., J.S. and S.E.H.; Investigation, V.P., M.C., V.B., D.C., K.G., E.P.,
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705 M.B. and C.M.; Resources, M.R., F.H., M.J.L. and C.P.; Writing – Original Draft, V.P., M.C.
706 and C.M.; Writing – Review and Editing, all authors; Visualization, V.P., M.C. and C.M.;

707 Supervision, M.J.L., J.J.K., M.B., C.P. and C.M.; Project Administration, C.M.; Funding

708 Acquisition, V.P., M.R., J.J.K., M.B., C.P. and C.M.

709

710 **DECLARATION OF INTERESTS**

711 J.J.K. is an employee of and shareholder in Rheos Medicines, Inc.

712 **FIGURE LEGENDS**

713 **Figure 1. SLC5A12 expression by CD4⁺ T cells is regulated by activating and**
714 **inflammatory stimuli.**

715 **(A-C)** Representative flow cytometry plots of SLC5A12 expression by CD4⁺ or CD8⁺ T cells
716 from non-activated (n=3; A) or anti-CD3 mAb-activated (n=6; B) HC PBMCs.
717 Quantification shown in (C).

718 **(D-F)** Representative flow cytometry histograms (D-E) and quantification (F) of SLC5A12
719 expression by CD4⁺ T cells from non-activated HC (n=4) and RA (n=4; D, F), or anti-CD3
720 mAb-activated HC (n=4) and RA (n=5; E-F) PBMCs. CD4⁺ T cells from non-activated RA
721 SFMCs (n=8; E-F) were also analysed. Briefly, PBMCs were cultured in RPMI medium
722 supplemented with 5% RA or HC autologous blood serum (BS), or 5% RA synovial fluid
723 (SF); SFMCs were cultured in RPMI medium supplemented with 5% autologous SF.

724 **(G)** Representative flow cytometry histograms (left) and quantification (right) of SLC5A12
725 expression by CD4⁺ T cells from non-activated or anti-CD3 mAb-activated RA SFMCs.
726 Briefly, cells were cultured in RPMI medium supplemented with 5% FBS (n=3), 5%
727 autologous BS (n=8) or 5% autologous RA SF (n=8). Activated RA PBMCs cultured in 5%
728 BS RPMI (n=5) were used as controls (H). MFI, mean fluorescent intensity.

729 **(H)** Representative flow cytometry histograms (left) and quantification (right) of SLC5A12
730 expression by CD4⁺ T cells from RA SFMCs (n=5) incubated with 3C7 mAb or control rat
731 sera.

732 **(I-J)** SLC5A12 mRNA (n=5; I) and protein [representative western blots (left) and
733 densitometric quantification (right; n=3); J] expression by CD4⁺ T cells isolated from HC
734 PBMCs, then activated with anti-CD3 and anti-CD28 mAb in the presence of sodium lactate
735 (10mM) and/or SLC5A12 Ab, or left untreated. Lactate-untreated CD4⁺ T cells (CN - dotted
736 line) set to 1.

737 One-way ANOVA (C, F) or two tailed Student's *t*-test (G-J). Data expressed as mean \pm s.e.m.

738 * $P \leq 0.05$; ** $P \leq 0.01$; *** $P \leq 0.001$. See also Figures S1, S2 and S3.

739

740 **Figure 2. Lactate uptake by CD4⁺ T cells impacts intracellular utilization of central**
741 **carbon metabolic pathways.**

742 (A) Glucose and glutamine uptake rates for CD4⁺ T cells isolated from HC PBMCs, then
743 activated with anti-CD3 and anti-CD28 mAbs for 24 hours followed by further 48-hour
744 culture with lactate alone or in the presence of SLC5A12 Ab, or left untreated, in medium
745 containing low glucose (5mM) and 5% FBS (n=3, each in duplicate).

746 (B) NAD⁺ and NADH intracellular levels in CD4⁺ T cells (n=2) treated with sodium lactate
747 (10mM) for the indicated time points after 72-hour activation and shown as NAD⁺/NADH
748 ratio. Lactate-untreated CD4⁺ T cells (CN - dotted line) set to 1.

749 (C) Seahorse measurements of extracellular acidification (left) and oxygen consumption
750 (right) rates (ECAR and OCR, respectively) by 12-hour-activated CD4⁺ T cells (n=3,
751 technical replicates). One hour prior to the experiment, cells were seeded in a 96-well
752 microplate in XF Assay medium in the presence of 10mM of glucose. Sodium lactate
753 (10mM) or PBS were injected during measurement. Data representative of n=2 independent
754 experiments.

755 (D-E) ¹³C tracing of [U¹³C]-lactate into pyruvate and citrate. Activated CD4⁺ T cells were
756 incubated for 48 hours with [U¹³C]-lactate in the presence or absence of SLC5A12 Ab in
757 medium containing low glucose (5mM) and 5% FBS (n=2, each in duplicate). Polar
758 metabolites were extracted, analysed by LC-MS and peak areas of mass isotopologues
759 normalized to cell number are represented.

760 (F-G) Acetyl-CoA (F) and citrate (G) intracellular levels in CD4⁺ T cells (n=3) treated with
 761 sodium lactate (10mM) for the indicated time points after 72-hour activation. Lactate-
 762 untreated CD4⁺ T cells (CN - dotted line) set to 1.

763 Two tailed Student's *t*-test. Data expressed as mean \pm s.e.m. *P \leq 0.05; **P \leq 0.01; ***P \leq
 764 0.001.

765

766 **Figure 3. Lactate shapes the effector phenotype of CD4⁺ T cells at the site of**
 767 **inflammation via SLC5A12.**

768 (A) Relative mRNA expression levels of *IL17A*, *IL22*, *IFN γ* , *IL6*, *IL10*, and *TGF β* as assessed
 769 by qRT-PCR in tonsil CD4⁺ T cells treated with sodium lactate (10mM) and/or SLC5A12
 770 Ab, or left untreated (n=5). Levels of mRNA of each cytokine expressed by lactate-untreated
 771 CD4⁺ T cells were set to 1 (CN - dotted line).

772 (B) IL-17A and IFN γ ELISAs from supernatants of tonsil CD4⁺ T cells treated as in (A),
 773 (n=5, each in duplicate).

774 (C) Relative mRNA expression levels of *ROR γ T*, *FOXO1*, *FOXP3*, *PD1*, *CXCR5*, and *BCL6*
 775 as assessed by qRT-PCR in tonsil CD4⁺ T cells treated as in (A), (n=5). Levels of mRNA of
 776 each cytokine expressed by lactate-untreated CD4⁺ T cells set to 1 (CN - dotted line).

777 (D) Representative flow cytometry plots of CD4⁺IL17⁺, CD4⁺FOXP3⁺, CD4⁺PD1⁺CXCR5⁺,
 778 CD4⁺IFN γ ⁺, and CD4⁺IL10⁺ tonsil CD4⁺ T cells incubated in the presence or absence of
 779 SLC5A12 Ab (left; n=3). Quantification bar charts (right).

780 (E) Percentage of IFN γ ⁺, IL17A⁺, IL21⁺, Treg (CD25⁺Foxp3⁺) and cytokine-negative (Neg
 781 CKS; left) or ROR γ T⁺, Treg (CD25⁺Foxp3⁺), Tfh (CXCR5⁺PD-1⁺ICOS⁺) and Tbet⁺ (right)
 782 CD4⁺SLC5A12⁺ T cell subsets in 48-hour activated human HC PBMCs (n=5).

783 Two-tailed Student's *t*-test. Data expressed as mean \pm s.e.m. *P \leq 0.05; **P \leq 0.01; ***P \leq
 784 0.001.

785

786 **Figure 4. Lactate induces IL17 via nuclear PKM2- and FAS-mediated STAT3**
787 **phosphorylation.**

788 CD4⁺ T cells were isolated from HC PBMCs and activated with anti-CD3 and anti-CD28
789 mAb.

790 (A) ROS levels in CD4⁺ T cells (n=3) treated with sodium lactate (10mM) for the indicated
791 time points after 72-hour activation. PBS and H₂O₂ were used as negative and positive
792 control, respectively.

793 (B) Representative western blots showing nuclear PKM1/2, P-STAT3, STAT3 and cytosolic
794 PKM1/2 in activated CD4⁺ T cells treated with sodium lactate (10mM) for the indicated time
795 points or left untreated (CN). Histone H3 and β -Actin were used as controls for nuclear and
796 cytosolic fraction, respectively. Data representative of n=3 independent experiments.

797 (C) Representative western blots (left) and densitometric quantification (right; n=3) of P-
798 STAT3, STAT3, P-STAT1 and STAT1 expression by activated CD4⁺ T cells treated with
799 sodium lactate (10mM) and/or SLC5A12 Ab, or left untreated. Untreated CD4⁺ T cells (CN -
800 dotted line) set to 1.

801 (D) Representative western blots (left) and densitometric quantification (right; n=3) of P-
802 ACC, ACC, P-AMPK and AMPK expression by activated CD4⁺ T cells treated with sodium
803 lactate (10mM) for the indicated time points or left untreated (CN). Untreated CD4⁺ T cells
804 (CN - dotted line) set to 1.

805 (E) Representative western blots showing cytosolic and mitochondrial P-ACC and ACC in
806 activated CD4⁺ T cells treated with sodium lactate (10mM) for the indicated time points or
807 left untreated (CN). β -Actin and VDAC were used as controls for cytosolic and
808 mitochondrial fraction, respectively. Data representative of n=2 independent experiments. (F)

809 Mass-spectrometry carbon tracer analysis of palmitate in 48-hour [U¹³C]-lactate-fed activated

810 CD4⁺ T cells treated as in Figure 2D (n=4, time points 0, 24 and 48 hours and n=2, time
811 points 72 and 96 hours).

812 (G) Representative western blots (left) and densitometric quantification (right; n=2) of P-
813 STAT3 and STAT3 expression by activated CD4⁺ T cells treated with sodium lactate
814 (10mM) alone or in combination with C75 (10uM), TOFA (20uM) and DHEA (20uM), or
815 left untreated (CN). Untreated CD4⁺ T cells (CN - dotted line) set to 1.

816 (H) IL-17A and IFN γ ELISAs from supernatants of activated CD4⁺ T cells treated with
817 sodium lactate (10mM) alone or in combination with C75 (10uM), TOFA (20uM), DHEA
818 (20uM), DASA (20uM), AICAR (1mM), or left untreated (n=5, each in duplicate; for
819 lactate+DASA+C75 or lactate+DASA+TOFA, n=2, each in duplicate).

820 (I) Representative western blots (left) and densitometric quantifications (right; n=3) of P-
821 ACC, ACC, P-STAT3 and STAT3 expression by activated CD4⁺ T cells from Slc5a12 WT or
822 KO mice, treated with sodium lactate (10mM) or left untreated (CN). Also, IL-17A ELISA
823 from supernatants of activated CD4⁺ T cells from Slc5a12 WT or KO mice, treated with
824 sodium lactate (10mM) or left untreated (n=3, each in duplicate).

825 Two-tailed Student's *t*-test (A, C, F, H and I) or one-way ANOVA (G). Data expressed as
826 mean \pm s.e.m. *P \leq 0.05; **P \leq 0.01; ***P \leq 0.001; ####P \leq 0.001 versus lactate (H).

827 (J) Schematic depicting the described findings: lactate modulates IL17 expression by
828 activating two pathways, PKM2 translocation into the nucleus and FAS induction,
829 converging on STAT3-induced transcription of IL17. See also Figure S4.

830

831 **Figure 5. SLC5A12 blockade promotes the egress of CD4⁺ T cell from the inflamed**
832 **tissue.**

833 (A) Organ culture schematic describing the analysis performed to assess the egress of
834 mononuclear cells (MCs) from the inflamed tissue.

835 **(B)** Analysis of MCs (CD4⁺, CD8⁺, CD19⁺ and CD14⁺) egress from tonsil tissues (n=3, each
836 in duplicate) cultured with sodium lactate (10mM) and/or SLC5A12 Ab, or left untreated.
837 Untreated MCs (CN - dotted line) set to 100.

838 **(C-D)** Representative flow cytometry plots (D) and quantification (E) of egressed CD4⁺ T
839 cells from RA synovial tissues (n=3) cultured with sodium lactate (10mM) and/or SLC5A12
840 Ab, 3C7 mAb, 10E11 mAb, or left untreated. Untreated MCs (CN - dotted line) set to 100.

841 Two-tailed Student's *t*-test. Data expressed as mean \pm s.e.m. *P \leq 0.05; **P \leq 0.01; ***P \leq
842 0.001. See also Figure S5.

843

844 **Figure 6. Lactate reduces the motility of CD4⁺ T cells via reduced glycolysis and**
845 **enhanced FAS.**

846 **(A)** Representative western blots (left) and densitometric quantification (right; n=3) of HK1,
847 HK2, PFK, enolase 1 α and PKM1/2 expression by activated CD4⁺ T cells treated with
848 sodium lactate (10mM), or left untreated. Untreated CD4⁺ T cells (CN - dotted line) set to 1.

849 **(B)** Representative western blots (left) and densitometric quantification (right; n=3) of HK1,
850 HK2, enolase 1 α , PKM1/2, GCK and aldolase expression by activated CD4⁺ T cells treated
851 with sodium lactate (10mM) and/or SLC5A12 Ab, or left untreated. Untreated CD4⁺ T cells
852 (CN - dotted line) set to 1.

853 **(C)** Representative western blots showing mitochondrial and cytosolic HK2 in activated
854 CD4⁺ T cells treated with sodium lactate (10mM) for the indicated time points or left
855 untreated (CN). VDAC and β -Actin were used as controls for mitochondrial and cytosolic
856 fraction, respectively. Data representative of n=2 independent experiments.

857 **(D)** Representative immunofluorescence images of untreated and lactate-treated CD4⁺ T
858 cells. Co-staining for hexokinase 2 (green), mitotracker (red), and DAPI (blue). Scale bar: 10
859 μ m.

860 (E) NADP⁺ and NADPH intracellular levels in CD4⁺ T cells (n=5) treated with sodium
 861 lactate (10mM) for the indicated time points after 72-hour activation and shown as
 862 NADP⁺/NADPH ratio. Lactate-untreated CD4⁺ T cells (CN - dotted line) set to 1.

863 (F) *In vitro* chemokinesis of activated CD4⁺ T cells in response to CCL20 (500 ng/ml; n=4)
 864 or CXCL10 (300 ng/ml; n=3) in the presence of sodium lactate (10mM) with or without the
 865 metabolic drugs C75 (10uM), TOFA (20uM) and DHEA (20uM). Untreated CD4⁺ T cells
 866 (w/o CXCL10 - dotted line) were set to 100.

867 (G) *In vitro* chemokinesis of activated CD4⁺ T cells (n=4) from Slc5a12 WT or KO mice in
 868 response to CXCL10 (300 ng/ml; 4 hours) in the presence of sodium lactate (10mM).
 869 Untreated CD4⁺ T cells (CN - dotted line) were set to 100.

870 Two-tailed Student's *t*-test (A, B and E) or one-way ANOVA (F, G). Data expressed as mean
 871 \pm s.e.m. *P \leq 0.05; **P \leq 0.01; ***P \leq 0.001; #P \leq 0.05 vs lactate + chemokine. See also
 872 Figure S6.

873

874 **Figure 7. SLC5A12 expression correlates with RA disease activity and its blockade**
 875 **improves clinical scores in a murine model of (CD4⁺ T cells joint-enriched) arthritis.**

876 (A) Heat-map showing RNA-sequencing expression of groups of metabolic genes
 877 differentially expressed (FDR<0.05) between synovial biopsies (n=87) from early rheumatoid
 878 arthritis. Synovial biopsies were classified as positive or negative for ectopic lymphoid
 879 structures (ELS) by histological analysis. Upper tracks show synovial histology inflammatory
 880 score (Krenn score), expression level of cell-lineage CD4⁺ T cell gene modules, ELS
 881 histology grouping and overall histology pathotype (lymphoid, myeloid or fibroid).

882 (B) Synovium SLC5A12 transcript positively correlates with delta disease activity score
 883 (Δ DAS28-CRP) calculated as the difference between DAS28-CRP at baseline and DAS28-
 884 CRP at 6 months and FASN transcript; also shown is the positive correlation between the

885 inflammatory score DAS28-CRP with IL17RA transcript (n=87). Correlation analyses
886 performed using Spearman's correlation coefficients.

887 **(C-F)** Arthritis score in mice treated with the indicated antibodies versus controls. Arrows
888 indicate days at which antibodies were injected. A score of 0 indicates no clinical signs of
889 arthritis; a score of 1 for each of the toes, pad and ankle indicates swelling and redness.
890 Maximum score for each paw is 7 (n=6 per group; C). Representative images of the paws at
891 day 21 post-immunization showing the effects (i.e. swelling, redness) of treatment with
892 SLC5A12 Ab as compared to the SLC5A12 isotype control antibody (D). Histological score
893 in pads of mice subjected to different treatments, as shown (each dot corresponds to the
894 assessment of an H&E slide acquired from the representative group, n=19-24 slides/group;
895 E). IHC with haematoxylin counterstain showing immune infiltrate (arrows) in the pad of
896 mice treated with SLC5A12 Ab as compared to isotype control antibody-treated mice (F).
897 Two-tailed Student's *t*-test (C, E). Data represent mean \pm SD *P \leq 0.05; **P \leq 0.01; #P \leq
898 0.05. See also Figure S7.

899

900 STAR★METHODS

901 Lead Contact and Materials Availability

902 Further information and requests for resources and reagents should be directed to and
903 will be fulfilled by the Lead Contact, Claudio Mauro (c.mauro@bham.ac.uk). Mouse lines
904 used in this study are available at INFRAFRONTIER/EMMA (www.infrafrontier.eu),
905 (Allele: Slc5a12em1(IMPC)Wtsi). There are restrictions to the availability of SLC5A12
906 monoclonal antibodies due to intellectual property and ongoing patenting.

907 Experimental Model and Subject Details

908 *Patient Samples*

909 Blood, synovial fluids and synovial tissues were obtained from the same cohort of
910 rheumatoid arthritis (RA) patients diagnosed according to the revised American College of
911 Rheumatology (ACR) criteria (Aletaha et al., 2010). Demographic and clinical characteristics
912 of the study cohort are presented in **Table S1**.

913 Healthy individuals, age and sex matched with RA patients (**Table S1**), were recruited
914 through NHS blood and transplant service. Individuals with cancer, infections or other
915 inflammatory comorbidities were excluded. Written informed consent was obtained by all
916 participants according to ethical approval from National Research Ethics Service Committee
917 London (LREC07/Q0605/129).

918 For RNA-sequencing analysis, mRNA was extracted from synovial tissue samples
919 obtained by ultrasound-guided biopsy from patients with early active RA (< 12 months' time)
920 who were naïve-to-treatment with disease modifying anti-rheumatic drugs (DMARDs)
921 (n = 87). Patients were enrolled in the Pathobiology of Early Arthritis Cohort (PEAC, details
922 at <http://www.peac-mrc.mds.qmul.ac.uk/index.php>) at the Centre for Experimental Medicine

923 and Rheumatology at Queen Mary University of London (REC 05/Q0703/198, London, UK),
924 as previously described (Kelly et al., 2015; Humby et al., 2019; Lewis et al., 2019). All
925 patients belonging to this cohort underwent baseline ultrasound-guided biopsy on the most
926 inflamed accessible joint. Afterward, patients started treatment with conventional DMARDs
927 (methotrexate, leflunomide and/or sulphasalazine and/or hydroxychloroquine and/or
928 corticosteroids). The response to treatment was evaluated at six months according to DAS28-
929 CRP (Fransen et al., 2009).

930 *Cell Isolation and Culture*

931 Peripheral blood mononuclear cells (PBMCs) from healthy controls (HC) and paired
932 PBMCs and synovial fluid mononuclear cells (SFMCs) were obtained from RA patients.
933 PBMCs and SFMCs were isolated by density gradient centrifugation [lymphoprep (Stemcell
934 Technologies) and histopaque 1077 (Sigma-Aldrich), respectively]. Cells (2×10^6 /mL) were
935 cultured in 48-well plates (37°C, 5% CO₂) in medium (RPMI 1640 - ThermoFisher)
936 supplemented with 10% FBS (ThermoFisher) or 10% autologous blood serum or 10% RA
937 synovial fluid and activated with 0.2µg/ml anti-CD3 monoclonal antibody (CD3 mAb,
938 eBioscience) or left non-activated, according to well-established protocols (Pucino et al.,
939 2015; Landegren et al., 1984; Van Wauwe et al., 1980).

940 For the experiments with human tonsils, tissues were mashed through a cell strainer
941 and mononuclear cells (MCs) were isolated. Cells were cultured (2×10^6 /ml, 37°C, 5% CO₂)
942 in RPMI 1640 plus 10% FBS and activated with 0.2µg/ml anti-CD3 mAb (ThermoFisher
943 Scientific) or left non-activated.

944 All samples from HC (PBMCs and tonsils) were gender- and age- matched with
945 samples (SFMCs, PBMCs) from RA patients (for details see **Table S1**).

946 CD4⁺ T cells were purified from human PBMCs or MCs, or from spleen and lymph
947 nodes of Slc5a12 WT or KO female mice by negative selection using a magnetic cell
948 separation (EasySep, Stem Cell Technology), cultured in RPMI 1640 plus 10% FBS (37°C,
949 5% CO₂) and then stimulated for 3 days in the presence of anti-CD3 and anti-CD28 mAbs
950 coated dynabeads (0.1 beads per cell; ThermoFisher Scientific).

951 For cytokine detection, in the final 4 hours of culture, cells were treated with 50ng/ml
952 PMA and 500ng/ml ionomycin and 1:1.000 brefeldin A (Sigma-Aldrich), followed by surface
953 staining of CD4 (RPA-T4, Biolegend).

954 **Mouse Models**

955 We thank the Wellcome Trust Sanger Institute Mouse Genetics Project (Sanger
956 MGP) and its funders as well as INFRAFRONTIER/EMMA (www.infrafrontier.eu), for
957 accepting our gene nomination for Slc5a12, and for generating and providing the
958 Crispr/Cas9 mutant mouse line (Allele: Slc5a12^{em1(IMPC)^{Wtsi}}) in the C57BL/6N background
959 (White et al., 2013; Skarnes et al., 2011; Bradley et al., 2012; Pettitt et al., 2009). All
960 procedures were consented by the UK Home Office and animals were sacrificed following
961 an accepted Schedule 1 method.

962 DBA/1 female mice purchased from Charles River were immunized s.c. with 20µg
963 human hG6PI synthetic peptide (hG6PI325-339; ThermoFisher Scientific) in CFA (Sigma-
964 Aldrich). The indicated amount of peptide was mixed with CFA in a 1:1 ratio (v/v) and
965 emulsified by sonication. For induction of arthritis, 100µl of the emulsion was injected
966 subcutaneously at the base of the tail. At day 7 – a time point at the onset of the disease –
967 and 11 post-induction, mice were left untreated or treated with intra-articular injection of
968 20µl of 0.1mg/ml antibody into the rear paws; Infliximab (Remicade, Janssen Biologics),
969 anti-TNF (TN3-19.12, BD bioscience), anti-SLC5A12 (Atlas Antibodies), Iso-TNF (BD

970 biosciences) and Iso-SLC5A12 (Atlas Antibodies). Specific antibody and the
971 corresponding isotype control were injected into the right or left back paw of the same
972 mouse. The development of disease was monitored daily by visually assessing the arthritis
973 score. A score of 0 indicates no clinical signs of arthritis; a score of 1 for each of the
974 fingers, pad and ankle indicates swelling and redness. Maximum score for each paw is 7.
975 A trained observer who was blinded to the immunization status of the mice performed the
976 scoring.

977 All mice were group-housed and maintained under SPF health/immune status in
978 individually ventilated cages with standard enrichment. Mice were housed in a temperature
979 (24°C) and humidity-controlled room on a 12 h light/dark cycle (lights on 7:00) with ad
980 libitum access to water and food.

981 **Method Details**

982 *Flow Cytometry*

983 In order to assess SLC5A12 expression on different immune cell types, we stained
984 PBMCs or tonsil MCs or RA SFMCs with Live/Dead (ZOMBIE/NIR, fixable viability dye,
985 1:1000, BioLegend) for 15 minutes at room temperature protected from light to allow
986 detection and exclusion of dead cells from the analysis. Without washing, cells were then
987 stained with BV711-labelled anti-CD4 (clone RPA-T4, 1:100), PE/Dazzle-labelled anti-
988 CD8 (clone HIT8a, 3:1000), FITC-labelled anti-CD14 (clone 63D3, 1:100), PeCy7-labelled
989 anti-CD19 (clone HIB19, 1:100). Rabbit anti-SLC5A12 unconjugated primary antibody
990 (4:1000, HPA060904 – Atlas Antibodies) was added after fixing and permeabilizing cells
991 (fixation-permeabilization buffer; eBioscience) for 30 minutes followed by Alexa Fluor-555
992 goat anti-rabbit (1:1000, Invitrogen) secondary antibody. Polyclonal rabbit IgG (DAKO) was
993 used as isotype control.

994 To assess the impact of SLC5A12 blockade on cytokine production and CD4⁺ T cell
995 subsets, we stained activated tonsil MCs, treated with or without SLC5A12 Ab (48 hours),
996 with BV711-labelled anti-CD4 (clone RPA-T4, 1:100), BV421-labelled anti-PD1 (clone
997 EH12.2H7, 1:100) and PerCP/Cyanine5.5 anti-human CXCR5 (clone J252D4, 5:100).
998 Thereafter, we washed, fixed, and permeabilized cells (fixation-permeabilization buffer;
999 eBioscience) and stained with BV450-labelled anti-IL17A (clone BL168, 5:100), AF488-
1000 labelled anti-FOXP3 (clone 206D, 2.5:100), PE-labelled anti-IL10 (clone JES3-19F1, 5:100),
1001 FITC-labelled IFN γ (clone 4S.B3, 3:100). Intracellular staining was assessed by flow
1002 cytometry using a LSR Fortessa II (BD Biosciences) and FlowJo version 7.6.5 software. All
1003 monoclonal antibodies were from Biolegend.

1004 To assess SLC5A12 expression on T cell subsets identified on the basis of
1005 transcription factors expression or cytokines production, healthy donors PBMCs were
1006 activated for 48h and incubated with Leucocyte Activating cocktails (BD) for the last 3
1007 hours. Cells were first stained for Live/Dead Zombie for 15 minutes at room temperature
1008 protected from light, washed and incubated for 10 minutes with human Fc TruStain FcX
1009 (BioLegend, 5:100) to block Fc receptors (CD16, CD32, CD64) and avoid non-specific
1010 binding. Surface antigens were stained with BV510-labelled anti-CD14 (clone 63D3, 1:100),
1011 BV510-labelled anti-CD19 (clone HIB19, 1:100), PE/Dazzle 594-labelled anti-CD4 (clone
1012 A161A1, 1:100), APC Cy7-labelled anti-CD8 (clone SK1, 1:100), BV605-labelled anti-
1013 CXCR5 (J252D4, 5:100), PECy7-labelled anti-ICOS (clone C398.4A, 1:100), PerCpCy5.5-
1014 labelled anti-PD1 (clone EH12.2H7, 1:100), PECy5-labelled anti-CD25 (clone BC96, 1:100)
1015 (BioLegend). Cells were then fixed, permeabilized (fixation-permeabilization buffer;
1016 eBioscience) and stained first with Pacific Blue-labelled anti-Tbet (clone 4B10, 2:100), PE-
1017 labelled anti-Foxp3 (clone 206D, 2.5:100), BV711-labelled anti-IL17A (clone BL168,
1018 5:100), BV785-labelled anti-IFN γ (clone 4S.B3, 3:100), Alexa647-labelled anti-IL21 (clone

1019 3A3-N2, 3:100) (BioLegend) and BV650-labelled anti-ROR γ t (clone Q21-559, 2:100) (BD
1020 Biosciences). Rabbit anti-SLC5A12 unconjugated primary antibody (0.4:100, HPA060904 –
1021 Atlas Antibodies) was then added for 30 minutes followed by Alexa Fluor-555 goat anti-
1022 rabbit (1:1000, Invitrogen) secondary antibody.

1023 Cells were acquired using a LSR Fortessa II (BD Biosciences) flow cytometer and
1024 analysed with FlowJo version 7.6.5 software. All monoclonal antibodies were from
1025 Biolegend.

1026 *Immunofluorescence, Immunohistochemistry and Confocal Microscopy*

1027 For SLC5A12 single and double (with CD4, CD8, CD20 or CD68)
1028 immunofluorescence, after antigen retrieval (S2367, Dako; 45 minutes) and block of non-
1029 specific binding (1 hour), paraffin-embedded tonsil tissue sections were incubated for 1 hour
1030 with anti-SLC5A12 Ab (1:50, Novus Biologicals) and then overnight at 4°C with anti-CD4,
1031 anti-CD8, anti-CD20 or anti-CD68 (1:50, Dako). The following day, slides were washed in
1032 PBS and incubated with fluorochrome-conjugated secondary antibodies (1:300, Invitrogen,
1033 Eugene, Oregon, USA). The slides were then washed in PBS for up to 5 minutes, mounted in
1034 fluorescence mounting medium (DakoCytomation) containing 1 μ g/ml DAPI, and examined
1035 by Olympus IX81 fluorescence microscope. The list of primary and secondary antibodies is
1036 shown in **KEY RESOURCES TABLE**.

1037 For the intracellular detection of HK2, human CD4⁺ T cells cultured on glass
1038 coverslips were incubated for 5 minutes with 300 nM mitotracker deep red FM
1039 (ThermoFisher Scientific) at 37°C in 5% CO₂. After the incubation period, cells were washed
1040 twice and fixed/permeabilized in permeabilization/fixation buffer (Bioscience) overnight at
1041 4°C. After washing with PBS, cells were incubated with the primary antibodies against anti-
1042 HK2 (dilution 1:200, Cell Signaling Technology) for 1 hour at room temperature followed by
1043 30 minutes incubation with 1:200 secondary Alexa Fluor 555 conjugated goat anti-rabbit

1044 (Invitrogen). Alexa Fluor 488 phalloidin (ThermoFisher) for the actin staining was also added
1045 at this stage. One million cells resuspended in 100 ul PBS were counterstained with DAPI to
1046 detect nuclei, spun in the cytopsin (250 rpm for 5 minutes) to allow the attachment to the
1047 coverslips and then mounted for microscopy. All images were acquired using a confocal
1048 microscope LSM880 (Zeiss).

1049 FFPE tissue blocks from murine paws were sectioned at a thickness of 3 μ m using a
1050 Leica RM1235 microtome. Sections were mounted on to Superfrost plus (+) slides and left to
1051 dry in a slide rack at room temperature for 30 minutes. Slides were heated (60°C) for a
1052 minimum of 30 minutes prior to staining. Tissue sections were stained with haematoxylin and
1053 eosin (H&E), mounted with DePex and left to dry overnight. Slides were imaged using an
1054 Olympus BX61 microscope for initial grading. 0 = normal; 1 = minimal infiltration of
1055 inflammatory cells in synovium and periarticular tissue of affected joints; 2 = mild
1056 infiltration. 3 = moderate infiltration with moderate oedema. If referring to paws, restricted to
1057 affected joints; 4 = Marked infiltration affecting most area with marked oedema.

1058 *Chemokinesis Assays and Tissue Organ Culture*

1059 Chemokinesis assays were performed in 5 μ m trans-well inlays (Corning). One hour
1060 before the assay, CD4⁺ T cells purified from human PBMCs were incubated with sodium
1061 lactate (10mM) and pre-treated (1 hour) with SLC5A12 polyclonal Ab (2.5 ug/ml, Atlas
1062 antibodies) or monoclonal mAbs (dilution 1: 50; SLC5A12 mAb clones: 3C7, 4G2, 6E1,
1063 7C1, 9G4, 9G7 and 10E11) purified from sera of rat immunized with SLC5A12 recombinant
1064 peptide or left untreated. In some experiments sodium lactate treated cells were pre-treated (2
1065 hours) with metabolic drugs: C75 (10uM), TOFA (20uM), DHEA (20uM), DASA (20uM),
1066 AICAR (1mM) or left untreated. For experiments with CD4⁺ T cells from spleen and lymph
1067 nodes of Slc5a12 WT or KO female mice, cells were incubated with sodium lactate (10mM)

1068 or left untreated. In all the assays 3×10^5 lymphocytes suspended in migration medium
1069 (RPMI 2% FCS) were seeded in the upper trans-well chamber; CXCL10 (300 ng/ml) or
1070 CCL20 (500 ng/ml) chemokines were added to the lower chamber. Migrated T cells were
1071 counted in cell counting chambers 4 hours after seeding, and then the percentage of migrated
1072 cells was calculated.

1073 For the analysis of egressed MCs, equal size tissue sections from juxtaposing areas of
1074 tonsil or synovium biopsies were seeded in 48-well-plates in RPMI 1640 supplemented with
1075 10% FBS and treated as indicated in figure. After 4 hours of tissue culture, the supernatants
1076 containing egressed cells were collected, followed by staining MCs for CD4, CD8, CD19 or
1077 CD14 and counting by FACS the percentage of events for each cell type. Data were then
1078 expressed as percentage fold change as compared to the respective controls.

1079 ***Metabolic Profiling***

1080 Real-time measurements of extracellular acidification rate (ECAR) and oxygen
1081 consumption rate (OCR) were performed with a Seahorse XF96 Extracellular Flux Analyser
1082 (Agilent). Briefly, CD4⁺ T cells were grown in RPMI medium supplemented with 10% FBS.
1083 One hour before the experiment, 3×10^5 CD4⁺ T cells were seeded in a 96-well microplate in
1084 XF Assay medium (Dulbecco's Modified Eagle's Medium, DMEM) in the presence of 10
1085 mM glucose. Sodium lactate or PBS were injected during measurement. Fatty acid oxidation
1086 was analysed by measuring OCR in the presence of palmitate. Briefly, 2.5×10^5 CD4⁺ T cells
1087 were seeded in a 96-well microplate in XF Assay Modified DMEM containing 2.5mM
1088 glucose. Fifteen minutes before the assay, control cells were treated with 40 μ M etomoxir to
1089 block CPT-1a. Just before starting the measurements, cells were treated with 167 μ M BSA-
1090 palmitate or BSA alone (Sigma-Aldrich). During the assay 1 μ M oligomycin and 1 μ M FCCP
1091 were injected. All data were analysed using XF software.

1092 Intracellular metabolites content was determined by using dedicated quantification
1093 kits [NAD⁺/NADH Quantification Colorimetric Kit, Citrate Colorimetric/Fluorimetric Assay
1094 Kit (BioVision), Acetyl CoA Fluorimetric Assay Kit (BioVision) and NADP⁺/NADPH
1095 Colorimetric Assay Kit (Abcam)], according to the manufacturer's instructions.

1096 Reactive oxygen species (ROS) were measured using the fluorescent probe carboxy-
1097 H₂DCFDA (ThermoFisher Scientific). FFAs were measured with Free Fatty Acid
1098 Colorimetric/Fluorometric Assay Kit (Abcam).

1099 *Metabolomics and Stable Isotope Tracing*

1100 Following isolation, CD4⁺ T cells were initially activated in media with anti-CD3 and
1101 anti-CD28 mAbs for 24 hours followed by further 48 hours culture with lactate alone or in
1102 the presence of SLC5A12 Ab in medium containing low glucose (5mM) and 5% FBS. Spent
1103 medium was collected and processed for metabolite extraction as described (Mackay et al.,
1104 2015). Briefly, medium from each condition was diluted 50 fold with cold extraction solvent
1105 consisting of 50% methanol, 30% acetonitrile and 20% water. Polar metabolites were
1106 extracted by vortexing the tubes for 10 minutes followed by centrifugation at 16,000 × g for
1107 10 minutes at 4°C. The supernatants were transferred to glass vials and analysed by LC-MS
1108 as described (MacKay et al., 2015). Glucose and glutamine concentrations in the spent
1109 medium were quantified using external calibration curves generated by spiking in different
1110 concentrations of ¹³C-glucose and ¹³C-glutamine in the medium and extraction into extraction
1111 solvent. Peak areas from the samples were extrapolated to the standard curve peak areas and
1112 absolute concentrations of glucose and glutamine were obtained. Uptake rates of metabolites
1113 (glucose and glutamine) were calculated as difference in concentrations normalized to the
1114 area under the growth curve of cells.

1115 For lactate tracing into polar metabolites, CD4⁺ T cells were activated for 24 hours in
1116 low glucose medium in a 6-well cell culture plate. The medium was then replaced with fresh
1117 medium containing 10mM [U¹³C]-lactate (Sigma-Aldrich) with or without SLC5A12 Ab and
1118 cells were cultured for additional 48 hours. Medium was removed by centrifugation and
1119 metabolites were extracted from the cell pellets with cold extraction solvent (50% methanol,
1120 30% acetonitrile and 20% water). The LC-MS parameters for data acquisition were kept the
1121 same as described (Mackay et al., 2015).

1122 For lactate tracing into palmitate, CD4⁺ T cells were activated for 24 hours in low
1123 glucose medium (5mM) in a 6-well cell culture plate. The medium was then replaced with
1124 fresh medium containing 10mM [U¹³C]-lactate (Sigma-Aldrich) with or without SLC5A12
1125 Ab for 0, 24, 48, 72 and 96 hours. At the end of each time point, medium was aspirated and
1126 cell pellets were treated with 750µl of 1:1 cold PBS: methanol and total lipid fraction was
1127 extracted in 500µl of chloroform. This extract was dried under inert nitrogen, reconstituted in
1128 90 µl chloroform and total fatty acids were derivatized using the transesterification reagent
1129 MethPrep II (Thermofisher Scientific, UK) before analysis by GC-MS as described
1130 (Tumanov et al., 2015).

1131 ***Molecular signalling and Western blot analyses***

1132 For western blot analyses, proteins were extracted by lysing anti-CD3/CD28 mAbs
1133 activated CD4⁺ T cells (2-4 x 10⁶ per condition) in RIPA lysis buffer (65mM Tris-HCl, pH
1134 7.5, 150mM NaCl, 1mM EDTA, 1% Nonidet P-40, 0.5% sodium deoxycholate, 0.1% SDS
1135 and protease inhibitor cocktail tablets (#04693132001, Roche). Equivalent amounts of protein
1136 (30µg), as determined by standard Bradford assay (Bio-Rad), were loaded, separated by SDS-
1137 PAGE and transferred to polyvinylidene difluoride membranes using a transfer apparatus
1138 according to the manufacturer's protocols (Bio-Rad). After incubation with 5% non-fat milk

1139 in TBST (10mM Tris pH 8.0, 150mM NaCl, 0.5% Tween 20) for 60 minutes, membranes
1140 were washed twice with TBST and incubated overnight at 4°C with a 1:1000 dilution of
1141 primary antibodies against pSTAT3, STAT3, pSTAT1, STAT1, PKM1/2, pACC, ACC,
1142 pAMPK, AMPK, HK1, HK2, enolase1 α , GCK, Aldolase, Acetyl lysine, Histone H3, VDAC,
1143 β -Actin (Cell Signalling Technology), PFK (Novus Biologicals), SLC5A12 (Abcam)
1144 Membranes were then incubated for 1 hour at room temperature with horseradish peroxidase-
1145 conjugated anti-mouse or anti-rabbit antibodies (1:2000). Blots were washed twice with
1146 TBST and developed with the ECL system (Amersham Biosciences) according to the
1147 manufacturer's protocols. Density of bands was calculated with ImageJ software.

1148 Nuclear, mitochondrial and cytosolic fractions were extracted by using Nuclear
1149 Extraction Kit (Abcam) and Mitochondria Isolation Kit for Cultured Cells (Thermo
1150 Scientific) according to the manufacturer's instructions.

1151 ***RNA Isolation, Reverse Transcription and qRT-PCR***

1152 Total RNA was isolated from 1×10^6 CD4⁺ T cells or 10mg RA synovial tissue using
1153 RNeasy Mini kit (Qiagen) according to the manufacturer's instructions and assessed for
1154 quality and quantity using absorption ratios of 260/280 nm and 260/230 nm. Cells were lysed
1155 in RLT lysis buffer and nucleic acids were precipitated with 70% ethanol and RNA bound to
1156 spin columns. Following several washing steps, RNA was eluted in dH₂O. The isolated RNA
1157 was reverse transcribed to complementary DNA (cDNA) using commercially available kits
1158 according to the manufacturer's instructions (Applied Biosystems). Briefly, 1 μ g of total
1159 RNA was mixed with buffer, deoxy-nucleotides (dNTPs) and reverse transcriptase and
1160 incubated for 2 hours at 30°C, followed by a 5 minutes heat inactivation step at 85°C. cDNA
1161 was diluted to 10 ng/ μ l and stored -80°C for subsequent use.

1162 Quantitative gene expression analysis was performed using SYBR Green Supermix
1163 (Biorad) in CFX connect light cycler (Biorad), according to the manufacturer's instructions.
1164 Gene relative expression was calculated using the $\Delta\Delta\text{Ct}$ method (Livak and Schmittgen,
1165 2001) and normalized to a reference control (GAPDH or β -Actin). Primers for qRT-PCR
1166 were designed with the assistance of online tools (Primer 3Plus) using at least one exon
1167 junction binding-site per primer pair where possible. A complete list of primers is available in
1168 **KEY RESOURCES TABLE**. Size and specificity of PCR products were confirmed by gel
1169 electrophoresis.

1170 *RNA Sequencing Analysis*

1171 Detailed methodology and analysis of whole RNA-Seq dataset are described in Lewis
1172 et al., 2019). RNA was extracted from synovial tissue homogenised at 4°C in Trizol reagent.
1173 Library preparation was performed using TruSeq RNA Sample Preparation Kit v2 (Illumina).
1174 Multiplexed libraries were sequenced on Illumina HiSeq2500 to generate 50 million paired-
1175 end 75 base pair reads per sample. Synovium transcript abundances were quantified from
1176 RNA-Seq FASTQ files over GENCODE v24/GRCh38 transcripts using Kallisto v0.43.0.
1177 Estimated read counts generated using tximport 1.6.0 were normalised using DESeq2 1.18.1,
1178 accounting for average transcript length correction, incorporating batch, sex and pathotype as
1179 model covariates. Transcript abundances were normalised and converted to regularised log
1180 expression (RLE). Differential gene expression analysis was performed using DESeq2 with
1181 likelihood ratio test between pathotype or ELS group. Q-values were calculated using
1182 Benjamini-Hochberg false discovery rate (FDR), with a cut-off of $Q \leq 0.05$ to define
1183 differentially expressed genes.

1184 Gene sets highly specific to immune cell tissue types were derived based on CAGE
1185 sequencing data from the FANTOM5 project (Dimont et al., 2014). Module scores specific

1186 for T cell subsets were analysed for correlation with metabolic gene expression in synovial
1187 tissue.

1188 Hierarchical clustering within seven groups of metabolic genes differentially
1189 expressed between synovial biopsies classified as positive or negative for ELS by histological
1190 analysis ($FDR \leq 0.05$) was performed using Euclidean distance metric and Ward's linkage
1191 method and plotted using ComplexHeatmap 1.17.1.

1192 Metabolic genes were selected via the use of the KEGG pathway database.

1193 ***ELISA***

1194 Secreted IL17A and IFN γ were measured in cell culture supernatants from $2-4 \times 10^6$
1195 CD4⁺ T cells/well with a human IL17A (homodimer) and IFN γ ELISA Ready-SET-Go Assay
1196 (fisherscientific) respectively, according to the manufacturer's instructions.

1197 **Quantification and Statistical Analysis**

1198 Statistical details of experiments can be found in the figure legends. All data are
1199 expressed as \pm SD or \pm SEM as indicated in figure legends. Statistical tests were selected
1200 based on appropriate assumptions with respect to data distribution and variance
1201 characteristics. Statistical significance was determined using unpaired Student's t test or
1202 ANOVA (one- or two-way). All statistical analysis were carried out in GraphPad Prism7.
1203 Significant differences are indicated as follows: * $p \leq 0.05$, ** $p \leq 0.01$, *** $p \leq 0.001$.

1204 **Data and Code Availability**

1205 RNA-Seq data are deposited at ArrayExpress and are accessible via accession E-
1206 MTAB-6141 (<https://www.ebi.ac.uk/arrayexpress/experiments/E-MTAB-6141>).

1207 **Supplemental Information**

1208 Supplemental information includes seven supplemental figures with related legends
1209 and one supplemental table.

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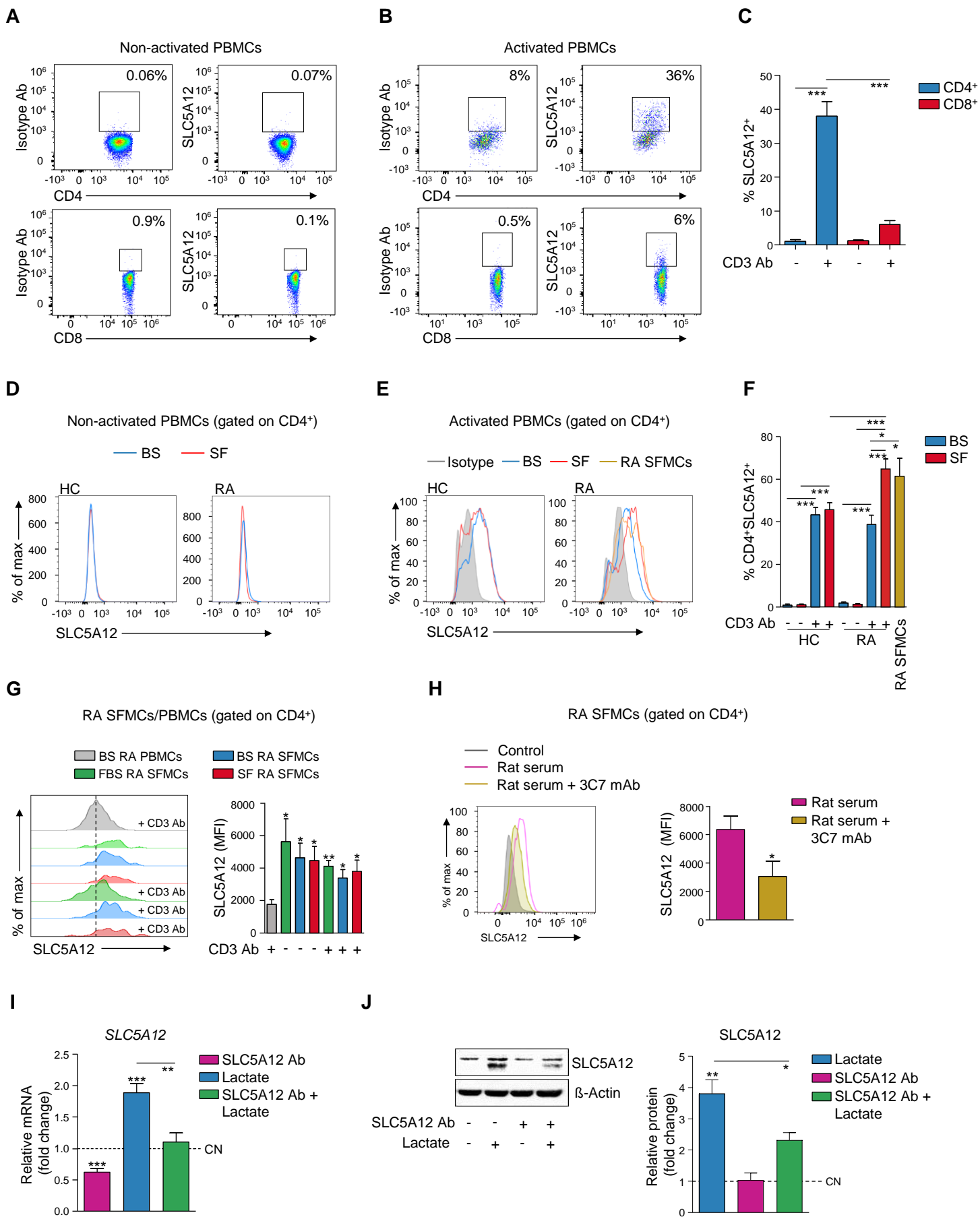
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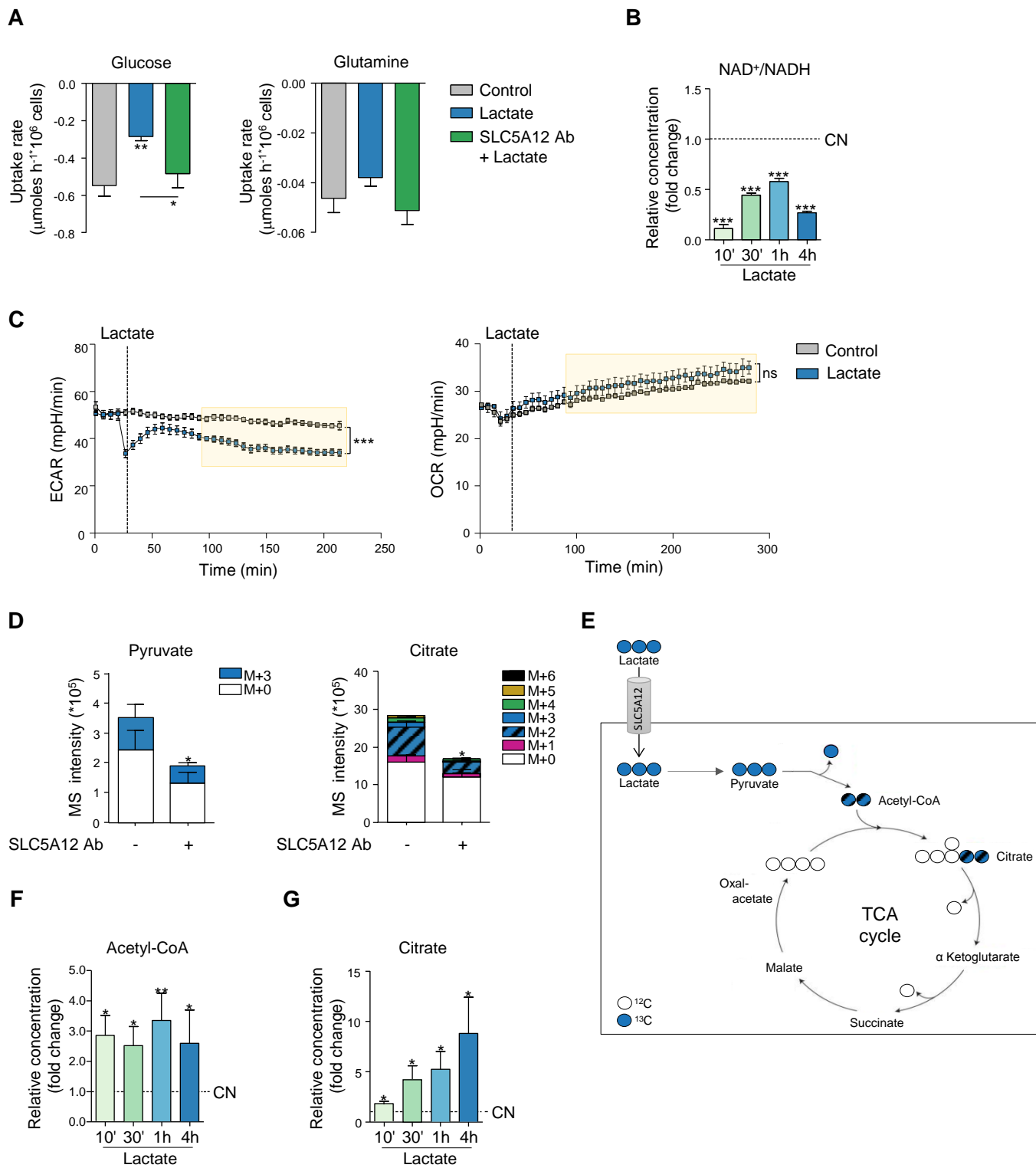
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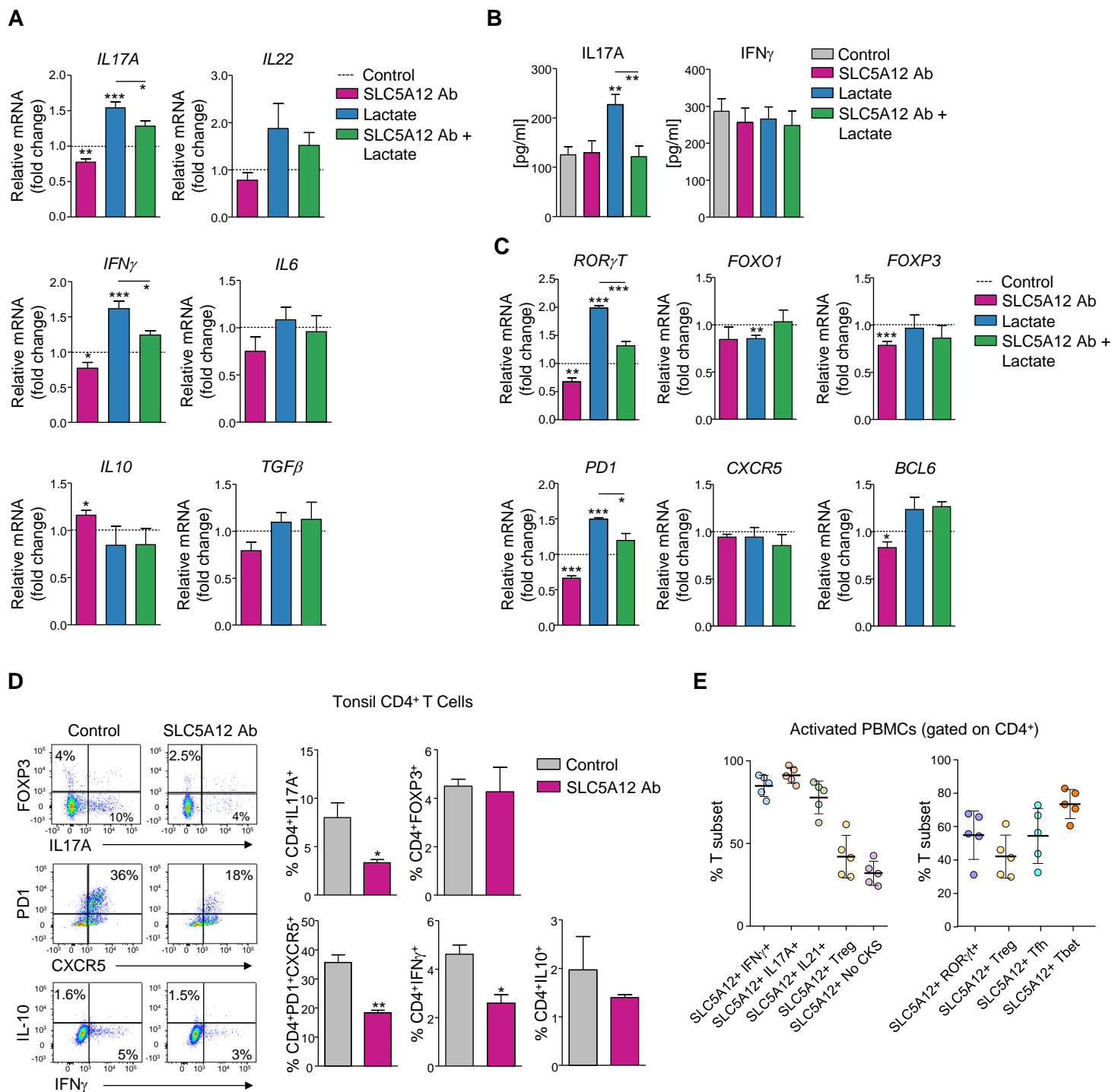
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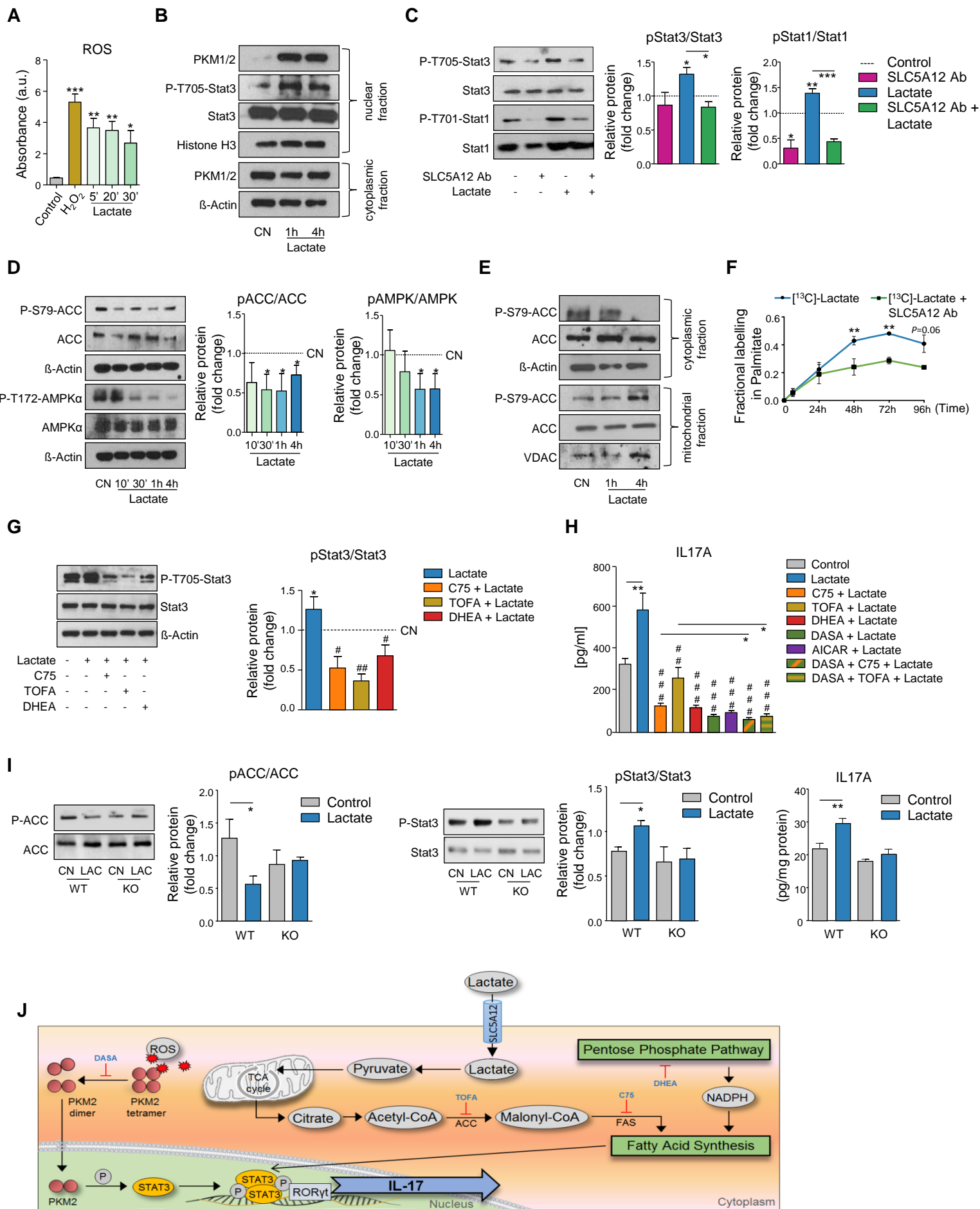
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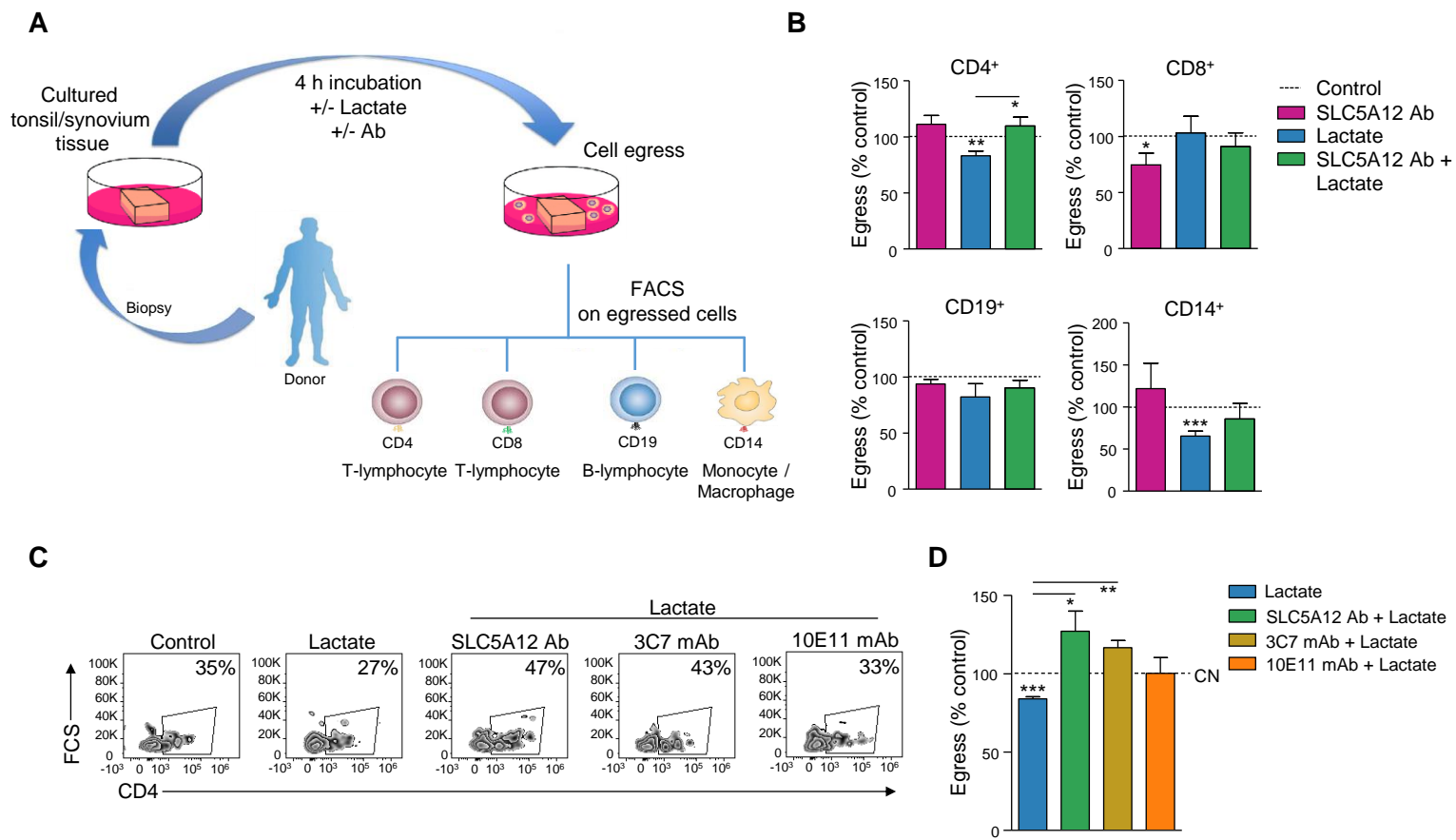
Figure

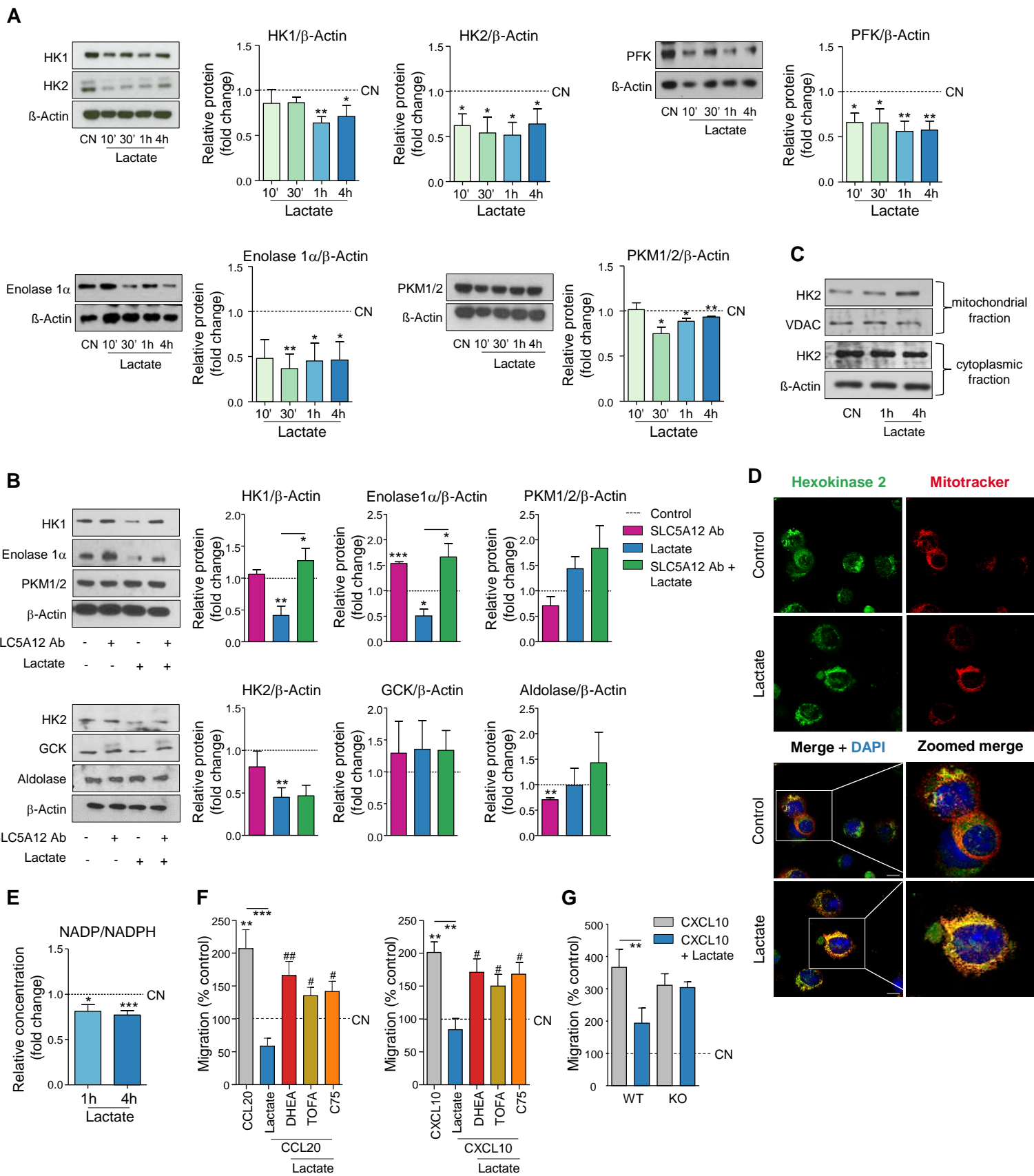


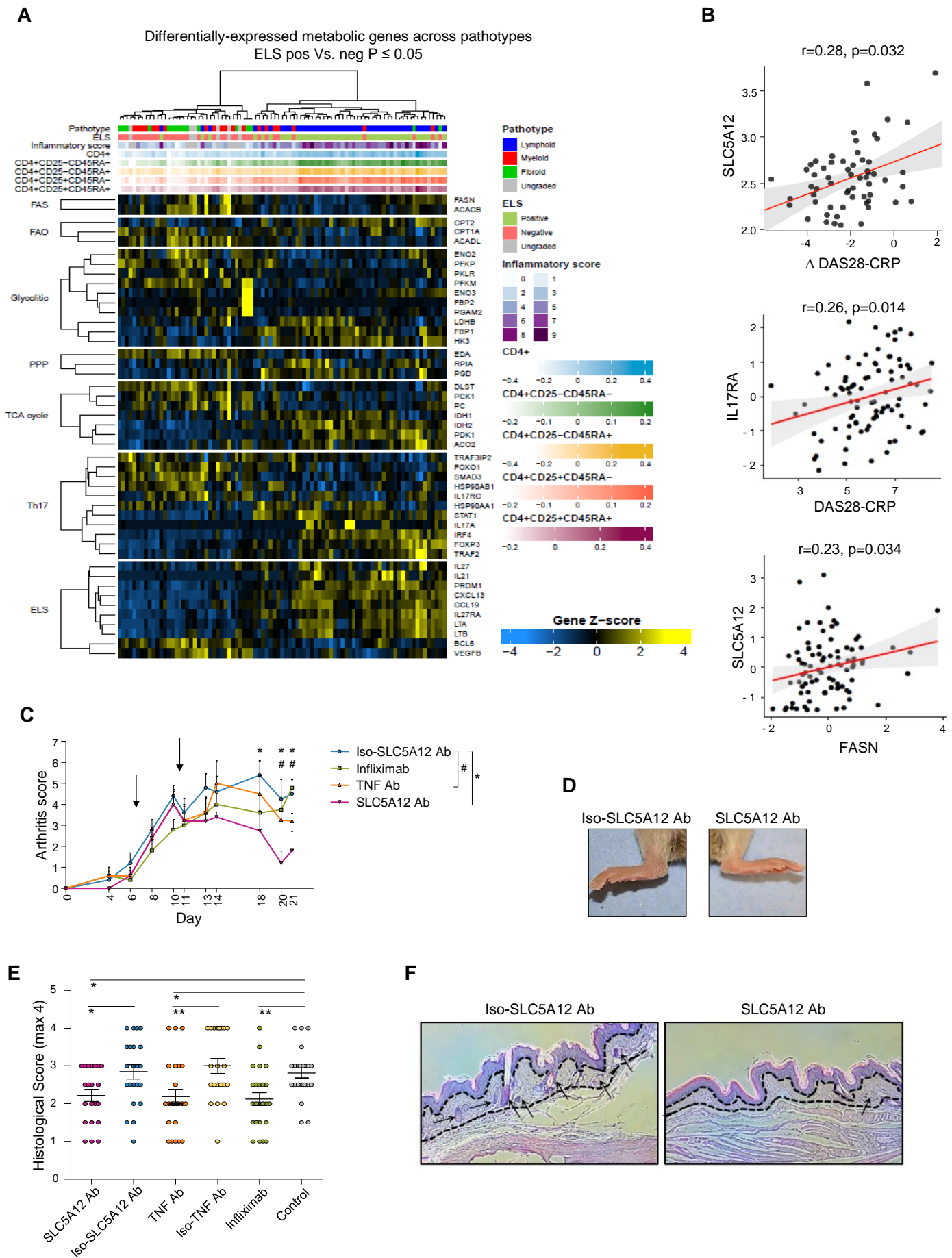




Figure







KEY RESOURCES TABLE

REAGENT or RESOURCE	SOURCE	IDENTIFIER
Antibodies		
Acetylated-Lysine Antibody	Cell Signaling Technology	Cat#9441
Acetyl-CoA Carboxylase Antibody	Cell Signaling Technology	Cat#3662
Aldolase A Antibody	Cell Signaling Technology	Cat#3188
AMPK α (D63G4) Rabbit mAb	Cell Signaling Technology	Cat#5832
CD14 mouse antibody (clone 63D3)	BioLegend	Cat#367123
CD14 mouse antibody (clone M5E2)	BioLegend	301804
CD19 mouse antibody (clone HIB19)	BioLegend	Cat#302241
CD19 mouse antibody (clone SJ25C1)	BioLegend	363012
CD20 (CD20cy) mouse antibody (clone L26)	Dako	GA60461-2
CD25 mouse antibody (clone BC96)	BioLegend	Cat#302607
CD3 monoclonal antibody (OKT3)	ThermoFisher Scientific	MA1-10175
CD4 mouse antibody (clone 4B12)	Dako	M731001-2
CD4 mouse antibody (clone RPA-T4)	BioLegend	Cat#300558
CD4 rat antibody (clone A161A1)	BioLegend	Cat#357411
CD68 mouse antibody (clone PG-M1)	Dako	M087601-2
CD8 mouse antibody (clone C8/144B)	Dako	M710301-2
CD8 mouse antibody (clone HIT8a)	BioLegend	Cat#300930
CD8 mouse antibody (clone SK1)	BioLegend	Cat#344713
CXCR5 mouse antibody (clone J252D4)	BioLegend	Cat#356929
Dynabeads Human T-Activator CD3/CD28	ThermoFisher Scientific	Cat#11161D
Enolase-1 Antibody	Cell Signaling Technology	Cat#3810
Foxp3 mouse antibody (clone 206D)	BioLegend	Cat#320108
GCK Antibody	Cell Signaling Technology	Cat#3782
Hexokinase I (C35C4) Rabbit mAb	Cell Signaling Technology	Cat#2024
Hexokinase II (C64G5) Rabbit mAb	Cell Signaling Technology	Cat#2867
Histone H3 Antibody	Cell Signaling Technology	Cat#9715
ICOS mouse antibody (clone C398.4A)	BioLegend	Cat#313519
IFN γ mouse antibody (clone 4S.B3)	BioLegend	Cat#502541
IL10 mouse antibody (clone JES3-19F1)	BioLegend	Cat#506804
IL17A mouse antibody (clone BL168)	BioLegend	Cat#512328
IL21 mouse antibody (clone 3A3-N2)	BioLegend	Cat#513006
MitoTracker™ Deep Red FM	ThermoFisher Scientific	M22426
PD1 mouse antibody (clone EH12.2H7)	BioLegend	Cat#329913
Phospho-Acetyl-CoA Carboxylase (Ser79) (D7D11) Rabbit mAb	Cell Signaling Technology	Cat#11818

Phospho-AMPK α (Thr172) (40H9) Rabbit mAb	Cell Signaling Technology	Cat#2535
Phospho-Stat1 (Tyr701) (58D6) Rabbit mAb	Cell Signaling Technology	Cat#9167
Phospho-Stat3 (Tyr705) (D3A7) XP $\text{\textcircled{R}}$ Rabbit mAb	Cell Signaling Technology	Cat#9145
PKM1/2 (C103A3) Rabbit mAb	Cell Signaling Technology	Cat#3190
Rabbit polyclonal anti-PFK	Novus Biologicals	NEP1-37473
ROR γ t mouse antibody (clone Q21-559)	BD Biosciences	Cat#563424
SLC5A12 Antibody	Atlas Antibodies	HPA060904
SLC5A12 Antibody	Abcam	Ab107749
SLC5A12 Antibody	Novus Biologicals	NBP2-49322
SLC5A12 monoclonal (clone 10E11)	Aldevron GmbH	N/A
SLC5A12 monoclonal (clone 3C7)	Aldevron GmbH	N/A
SLC5A12 monoclonal (clone 4G2)	Aldevron GmbH	N/A
SLC5A12 monoclonal (clone 6E1)	Aldevron GmbH	N/A
SLC5A12 monoclonal (clone 7C1)	Aldevron GmbH	N/A
SLC5A12 monoclonal (clone 9G4)	Aldevron GmbH	N/A
SLC5A12 monoclonal (clone 9G7)	Aldevron GmbH	N/A
Stat1 (D1K9Y) Rabbit mAb	Cell Signaling Technology	Cat#14994
Stat3 (D3Z2G) Rabbit mAb	Cell Signaling Technology	Cat#12640
Tbet mouse antibody (clone 4B10)	BioLegend	Cat#644807
VDAC (D73D12) Rabbit mAb	Cell Signaling Technology	Cat#4661
β -Actin (13E5) Rabbit mAb	Cell Signaling Technology	Cat#4970
Biological Samples		
Blood obtained from healthy anonymous adult donors	N/A	N/A
Mouse paw tissue	N/A	N/A
Synovial fluids obtained from rheumatoid arthritis patients	N/A	N/A
Synovial tissues obtained from rheumatoid arthritis patients	N/A	N/A
Tonsils from subjects undergoing tonsillectomy	N/A	N/A
Chemicals, Peptides, and Recombinant Proteins		
AICAR	Merck	Cat#A9978
C75	Santa Cruz Biotechnology	SC-202511
DASA	Merck	Cat#550602
DHEA	Cayman	Cat#15728
Etomoxir	Merck	Cat#236020
FCCP	Merck	Cat#C2920
Histopaque 1077	Sigma-Aldrich	Cat#10771
Leukocyte Activation Cocktail	BD Biosciences	Cat#550583
Lymphoprep	Stemcell Technologies	Cat#07801
Oligomycin	Merck	Cat#495455
Palmitate	Sigma-Aldrich	P9767
Sodium L-lactate	Sigma-Aldrich	Cat#71718

TOFA	Santa Cruz Biotechnology	SC-200653
Critical Commercial Assays		
Citrate Colorimetric/Fluorimetric Assay Kit	BioVision	Cat#K655-100
EasySep™ Human CD4+ T Cell Isolation Kit	STEMCELL Technologies	Cat#17952
EasySep™ Mouse CD4+ T Cell Isolation Kit	STEMCELL Technologies	Cat#19852
Free Fatty Acid Assay Kit – Quantification	abcam	Cat#ab65341
H2DCFDA	ThermoFisher Scientific	Cat#D399
Human IFN gamma ELISA Ready-SET-Go!™ Kit	fisherscientific	Cat#15541107
Human IL-17A (homodimer) ELISA Ready-SET-Go!™ Kit	fisherscientific	Cat#15501077
Mitochondria Isolation Kit for Cultured Cells	ThermoFisher Scientific	Cat#89874
NAD+/NADH Quantification Colorimetric Kit	BioVision	Cat#K337-100
NADP/NADPH Assay Kit	Abcam	Cat#ab65349
Nuclear Extraction Kit	abcam	Cat#ab113474
PicoProbe™ Acetyl CoA Fluorimetric Assay Kit	BioVision	Cat#K317-100
Zombie NIR™ Fixable Viability Kit	BioLegend	Cat#423105
Deposited Data		
Raw data files for RNA sequencing	ArrayExpress	https://www.ebi.ac.uk/arrayexpress/experiments/E-MTAB-6141
Experimental Models: Cell Lines		
Human: MCs from tonsils (primary)	N/A	N/A
Human: PBMCs from healthy controls (primary)	N/A	N/A
Human: PBMCs from rheumatoid arthritis patients (primary)	N/A	N/A
Human: SFMCs from rheumatoid arthritis patients (primary)	N/A	N/A
Mouse: CD4+ T cells from Slc5a12 WT or KO mice (primary)	N/A	N/A
Experimental Models: Organisms/Strains		
Mouse: SLC5A12 KO (Allele: Slc5a12em1(IMPC)Wtsi)	Sanger Institute	N/A
Oligonucleotides		
BCL6 forward primer: 5'-CGAATCCACACAGGAGAGAAA-3'	Invitrogen	347017 U4335 (B08)
BCL6 reverse primer: 5'-ACGCGGTATTGCACCTTG-3'	Invitrogen	347017 U4335 (B09)
CXCR5 forward primer: 5'-GCTAACGCTGGAAATGGA-3'	Invitrogen	347017 U4335 (C04)
CXCR5 reverse primer: 5'-GCAGGGCAGAGATGATTT-3'	Invitrogen	347017 U4335 (C05)
Foxo1 forward primer: 5'-AGGGTTAGTGAGCAGGTTACAC-3'	Invitrogen	347017 U4335 (C02)
Foxo1 reverse primer: 5'-TGCTGCCAAGTCTGACGAAA-3'	Invitrogen	347017 U4335 (C03)
Foxp3 forward primer: 5'-CTGACCAAGGCTTCATCTGTG-3'	Invitrogen	347017 U4335 (A06)
Foxp3 reverse primer: 5'-ACTCTGGGAATGTGCTGTTTC-3'	Invitrogen	347017 U4335 (A07)

GAPDH forward primer: 5'-TCCTCTGACTTCAACAGCGA-3'	Invitrogen	347017 U4335 (B02)
GAPDH reverse primer: 5'-GGGTCTTACTCCTTGGAGGC-3'	Invitrogen	347017 U4335 (B03)
IFN γ forward primer: 5'-GGCATTTTGAAGAATTGGAAAG-3'	Invitrogen	347017 U4335 (B04)
IFN γ reverse primer: 5'-TTTGGATGCTCTGGTCATCTT-3'	Invitrogen	347017 U4335 (B05)
IL10 forward primer: 5'-ACCTGCCTAACATGCTTCGAG-3'	Invitrogen	347017 U4335 (B10)
IL10 reverse primer: 5'-CCAGCTGATCCTTCATTTGAAAG-3'	Invitrogen	347017 U4335 (B11)
IL17A forward primer: 5'-TGTCCACCATGTGGCCTAAGAG-3'	Invitrogen	347017 U4335 (A08)
IL17A reverse primer: 5'-GTCCGAAATGAGGCTGTCTTTGA-3'	Invitrogen	347017 U4335 (A09)
IL22 forward primer: 5'-TCCAGAGGAATGTGCAAAAG-3'	Invitrogen	347017 U4335 (D07)
IL22 reverse primer: 5'-ACAGCAAATCCAGTTCTCCAA-3'	Invitrogen	347017 U4335 (D08)
IL6 forward primer: 5'-AGTGAGGAACAAGCCAGAGC-3'	Invitrogen	347017 U4335 (E07)
IL6 reverse primer: 5'-GTCAGGGGTGGTTATTGCAT-3'	Invitrogen	347017 U4335 (E08)
PD1 forward primer: 5'-ACCTGGGTGTTGGGAGGGCA-3'	Invitrogen	347017 U4335 (B12)
PD1 reverse primer: 5'-GGAGTGGATAGGCCACGGCG-3'	Invitrogen	347017 U4335 (C01)
ROR γ t forward primer: 5'-CCTGGGCTCCTCGCCTGACC-3'	Invitrogen	347017 U4335 (A04)
ROR γ t reverse primer: 5'-TCTCTCTGCCCTCAGCCTTGCC-3'	Invitrogen	347017 U4335 (A05)
SLC5A12 forward primer: 5'-GTGTGCTGTCTTCTCTGGCT-3'	Eurofins MWG Operon	H680 31-3128-11/12
SLC5A12 reverse primer: 5'-GCCACAAAAAGTCTGGCAG-3'	Eurofins MWG Operon	H680 31-3128-12/12
TGF β forward primer: 5'-AGCGACTCGCCAGAGTGGTTA-3'	Invitrogen	347017 U4335 (A10)
TGF β reverse primer: 5'-GCAGTGTGTTATCCCTGCTGTCA-3'	Invitrogen	347017 U4335 (A11)
B-Actin forward primer: 5'-AGTTGCGTTACACCCTTTCTTG-3'	Invitrogen	347017 U4335 (A12)
B-Actin reverse primer: 5'-TCACCTTCACCGTTCCAGTTT-3'	Invitrogen	347017 U4335 (B01)
Software and Algorithms		
GraphPad Prism 7	GraphPad Software, Inc	http://www.graphpad.com/scientific-software/prism/
FlowJo 7.6.5	Tree Star	www.flowjo.com
ImageJ	ImageJ	https://imagej.nih.gov/ij/

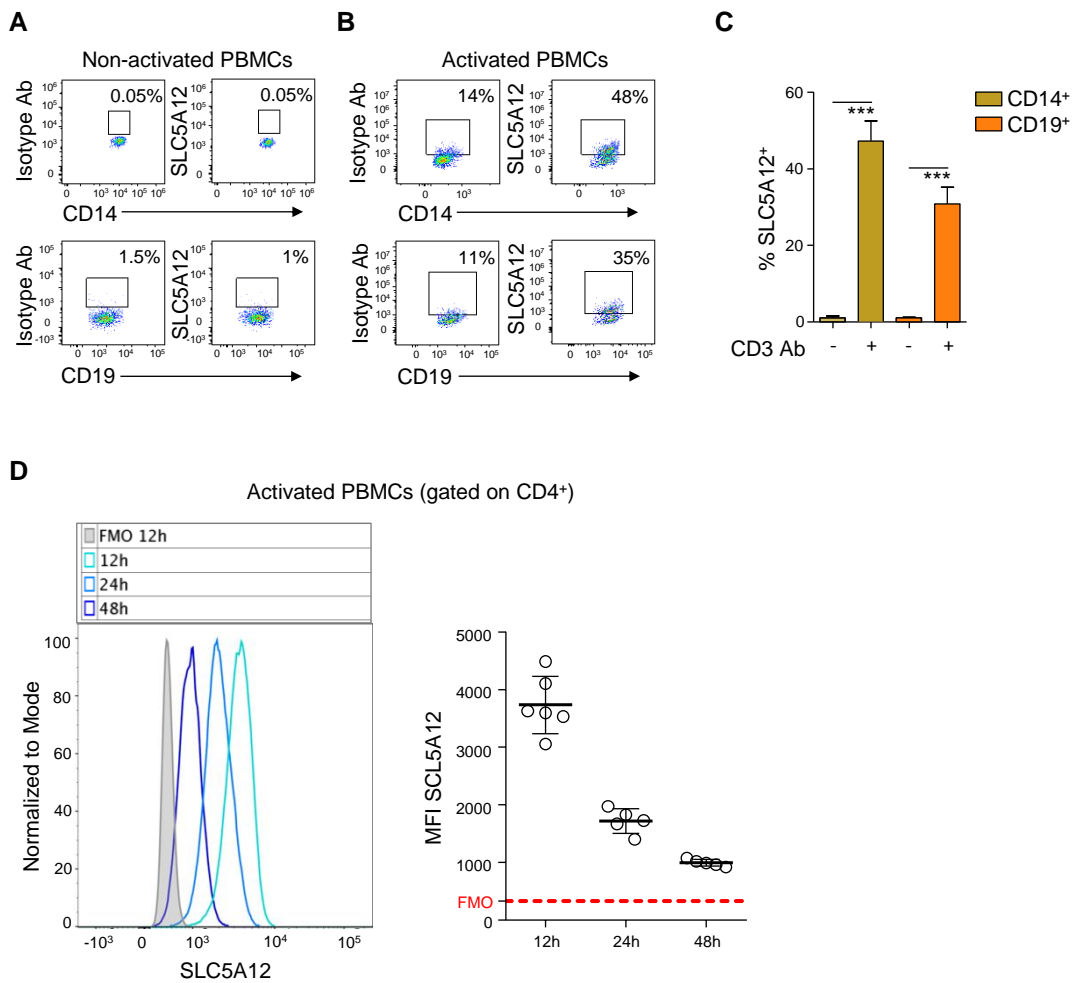


Figure S1. Related to Figure 1. SLC5A12 expression and kinetic in immune cells from human peripheral blood.

(A-C) Representative flow cytometry plots of SLC5A12 expression by CD14⁺ monocytes or CD19⁺ B cells from non-activated (n=3; A) or anti-CD3 mAb-activated (n=6; B) HC PBMCs. Quantification shown in (C). One-way ANOVA (C). (D) Kinetic of SLC5A12 expression by HC PBMCs CD4⁺ T cells (n=5-6) activated for the indicated time points. Data expressed as mean \pm s.e.m. ***P \leq 0.001.

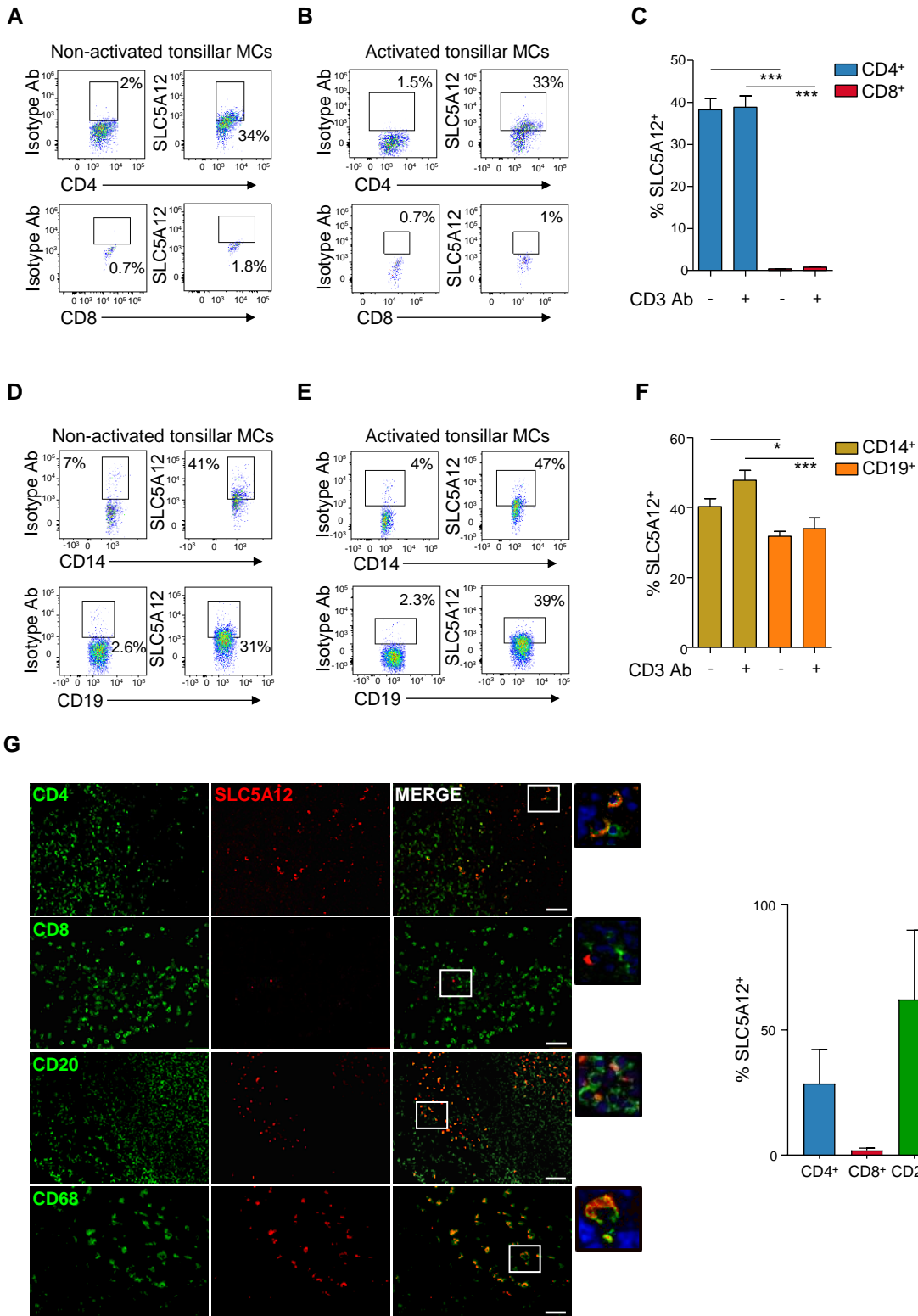


Figure S2. Related to Figure 1. SLC5A12 expression in immune cells from human tonsils.

(A-F) Representative flow cytometry plots of SLC5A12 expression by non-activated (n=4; A, D) or anti-CD3 mAb-activated (n=4; B, E) tonsil MCs gated for CD4⁺, CD8⁺ (A-B), CD14⁺ and CD19⁺ (D-E). Quantification shown in (C, F). One-way ANOVA. Data expressed as mean \pm s.e.m. *P \leq 0.05; ***P \leq 0.001. (G) Representative immunofluorescence images of tonsils and related quantification. Co-staining for SLC5A12 (red), CD3, CD4, CD20 or CD68 (green), and DAPI (blue). Scale bar: 50 μ m.

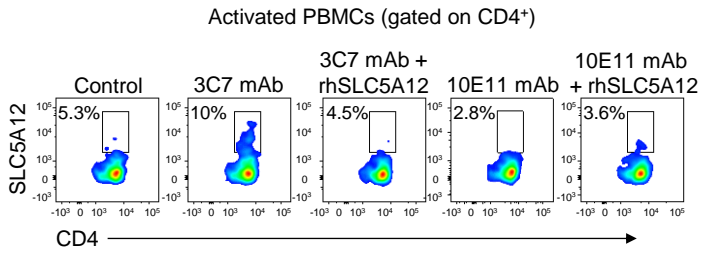


Figure S3. Related to Figure 1. SLC5A12 monoclonal antibodies binding in human CD4⁺ T cells.

Representative flow cytometry plots of SLC5A12 expression by CD4⁺ T cells from anti-CD3 mAb-activated HC PBMCs. Cells were pre-incubated for 1 hour in the presence or absence of SLC5A12 recombinant peptide (1:100) before a further incubation with SLC5A12 mAbs (3C7 IgG or 10E11 IgG). Alexa Fluor 555 goat anti-rat (1:1000, Invitrogen) was used as secondary antibody.

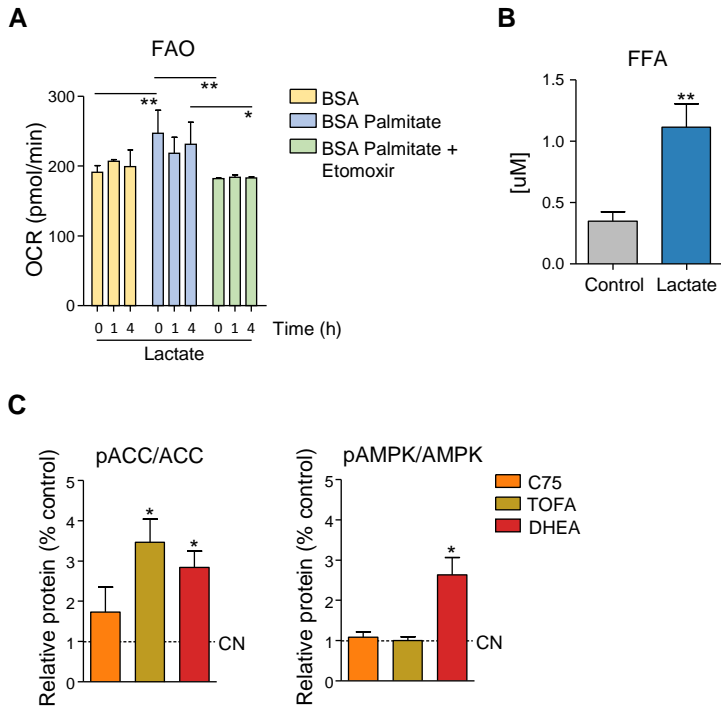


Figure S4. Related to Figure 4. Effects of lactate on CD4⁺ T cells lipid metabolism.

(A) Seahorse measurements of fatty acid oxidation (FAO)-driven oxygen consumption rates (OCR) by activated CD4⁺ T cells treated with sodium lactate (10mM) for 1 or 4 hours in the presence of Glucose (2.5mM) with BSA, BSA-palmitate (167 μ M) or BSA-palmitate plus etomoxir (40 μ M), (n=3). (B) Free fatty acid (FFA) intracellular levels in activated CD4⁺ T cells (n=4) treated with sodium lactate (10mM) for 4 hours. (C) Densitometric quantification of western blot analysis (n=2) of P-ACC, ACC, P-AMPK and AMPK expression by activated CD4⁺ T cells treated with C75 (10 μ M), TOFA (20 μ M) or DHEA (20 μ M), or left untreated. Untreated CD4⁺ T cells (Ctrl - dotted line) set to 1.

Two-way ANOVA (A) or two-tailed Student's t-test (B-C). Data expressed as mean \pm s.e.m. *P \leq 0.05; **P \leq 0.01.

A

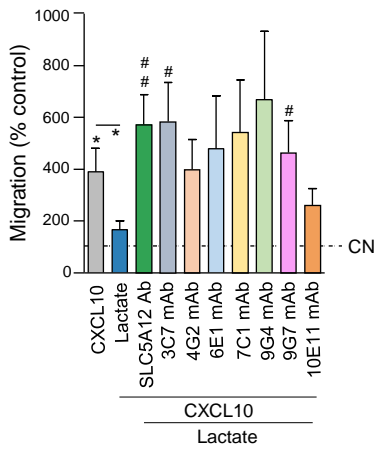


Figure S5. Related to Figure 5. Effects of SLC5A12 mAbs on human CD4⁺ T cell migration.

(A) In vitro chemokinesis of activated CD4⁺ T cells (n=5) in response to CXCL10 (300 ng/mL; 4 hours) in the presence of sodium lactate (10mM) with or without SLC5A12 Ab or the mAb clones 3C7, 4G2, 6E1, 7C1, 9G4, 9G7 or 10E11. Untreated CD4⁺ T cells (w/o CXCL10 - dotted line) were set to 100. Two-tailed Student's t-test. Data expressed as mean \pm s.e.m. *P \leq 0.05; #P \leq 0.05 versus lactate.

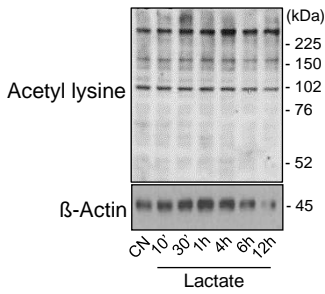
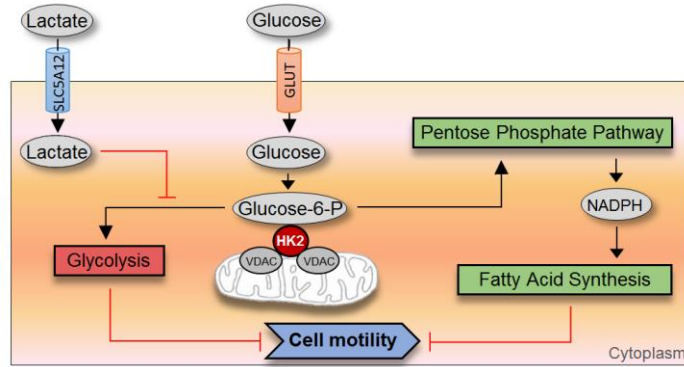
A**B**

Figure S6. Related to Figure 6. Acetylation is not required for lactate induced metabolic reprogramming in CD4⁺ T cells.

(A) Representative western blots of acetyl lysine-conjugated cytosolic proteins in activated CD4⁺ T cells treated with sodium lactate for the indicated time points. (B) Schematic depicting the described findings: lactate-induced inhibition of CD4⁺ T cell response to migratory stimuli is due to a metabolic adaptation to inflamed tissue levels of lactate that results in reduced glycolysis and translocation of HK2 to the outer membrane of mitochondria, which in turn supports NADPH-dependent de novo fatty acid synthesis (FAS).

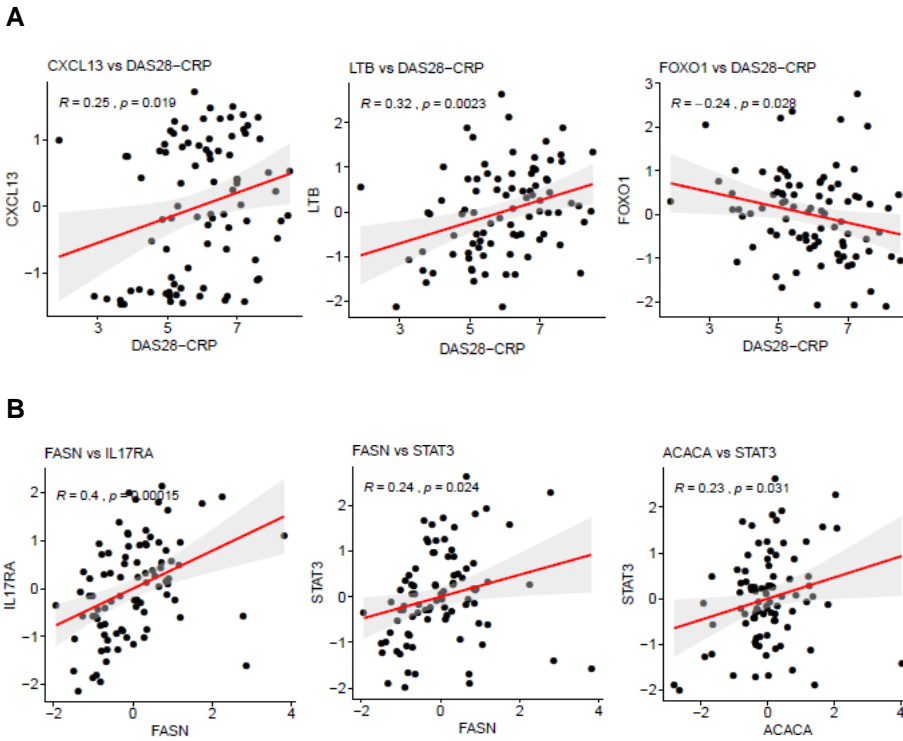


Figure S7. Related to Figure 7. Analysis of key transcripts related to disease activity and Th17 signature in RA patients.

(A) Correlations between the inflammatory score DAS28-CRP with CXCL13, LTB and FOXO1 transcripts (n=87). (B) Correlations between the following transcripts: FASN vs IL17RA, FASN vs STAT3 and ACACA vs STAT3 (n=87). Correlation analyses performed using Spearman's correlation coefficients.

Study cohort		Treatment	
Age	35-76		
Gender	Female (n=6)	DMARDs	87%
	Male (n=2)		
Parameters		Steroids	12%
ESR	2-50		
CRP	5-26	Biologics	62%
DAS28 <2.1	75%	RF+ and/or CCP+ (%)	65%
DAS28 >5.2	25%		
Erosive	63%		

Table S1. Related to Patients section in STAR METHODS. Demographical patient data. ESR, Erythrocyte Sedimentation Rate; CRP, C-Reactive Protein; DAS28, Disease Activity Score; DMARDs, Disease-Modifying Antirheumatic Drugs; RF, Rheumatoid Factor; CCP, anti-Cyclic Citrullinated Peptide.