

*Research Articles: Development/Plasticity/Repair*

## **Epac2 elevation reverses inhibition by chondroitin sulfate proteoglycans in vitro and transforms post-lesion inhibitory environment to promote axonal outgrowth in an *ex vivo* model of spinal cord injury**

<https://doi.org/10.1523/JNEUROSCI.0374-19.2019>

**Cite as:** J. Neurosci 2019; 10.1523/JNEUROSCI.0374-19.2019

Received: 15 February 2019

Revised: 5 August 2019

Accepted: 8 August 2019

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*This Early Release article has been peer-reviewed and accepted, but has not been through the composition and copyediting processes. The final version may differ slightly in style or formatting and will contain links to any extended data.*

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4

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12

13 **Abbreviated title:** Epac2 elevation promotes axonal outgrowth

14

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19 Numbers: pages = 48; Figures = 11; Abstract = 249; Introduction = 650; Discussion = 1499

20 Conflict of Interest: The authors declare no competing financial interests.

21 Acknowledgements:

22 This work was supported by the International Spinal Research Trust, Scottish Rugby Union and RS  
23 McDonald Charitable Trust. We thank Professor Divya Chari for training with the *ex vivo* model.  
24 We also thank Dr Amer Syed, Ms Elena Moratal-Torres, Mr James W. Thomson, Ms Victoria  
25 Torsteinsbø and Dr Marieta Georgieva for their assistance with rheology and *in vitro* experiments.

26

27 **Abstract**

28

29 Millions of patients suffer from debilitating spinal cord injury (SCI) without effective treatments.  
30 Elevating cAMP promotes CNS neuron growth in the presence of growth-inhibiting molecules.  
31 cAMP's effects on neuron growth is partly mediated by Epac, comprising Epac1 and Epac2 – the  
32 latter predominantly expresses in postnatal neural tissue. Here, we hypothesized that Epac2  
33 activation would enhance axonal outgrowth after SCI. Using *in vitro* assays, we demonstrated for  
34 the first time that Epac2 activation using a specific soluble agonist (S-220) significantly enhanced  
35 neurite outgrowth of postnatal rat cortical neurons and markedly overcame the inhibition by  
36 chondroitin sulphate proteoglycans and mature astrocytes on neuron growth. We further  
37 investigated the novel potential of Epac2 activation in promoting axonal outgrowth by an *ex vivo* rat  
38 model of SCI mimicking post-SCI environment *in vivo* and by delivering S-220 via a self-  
39 assembling Fmoc-based hydrogel that has suitable properties for SCI repair. We demonstrated that  
40 S-220 significantly enhanced axonal outgrowth across the lesion gaps in the organotypic spinal cord  
41 slices, compared with controls. Furthermore, we elucidated for the first time that Epac2 activation  
42 profoundly modulated the lesion environment by reducing astrocyte/microglial activation and  
43 transforming astrocytes into elongated morphology that guided outgrowing axons. Finally, we  
44 showed that S-220, when delivered by the gel at 3 weeks after contusion SCI in male adult rats,  
45 resulted in significantly better locomotor performance for up to 4 weeks post-treatment. Our data  
46 demonstrate a promising therapeutic potential of S-220 in SCI, via beneficial effects on neurons and  
47 glia post-injury to facilitate axonal outgrowth.

48 **Significance Statement**

49

50 During development, neuronal cAMP levels decrease significantly compared to the embryonic stage  
51 when the nervous system is established. This has important consequences following spinal cord  
52 injury (SCI), as neurons fail to regrow. Elevating cAMP levels encourages injured CNS neurons to  
53 sprout and extend neurites. We have demonstrated that activating its downstream effector, Epac2,  
54 enhances neurite outgrowth *in vitro*, even in the presence of an inhibitory environment. Using a  
55 novel biomaterial-based drug delivery system in the form of a hydrogel to achieve local delivery of  
56 an Epac2 agonist, we further demonstrated that specific activation of Epac2 enhances axonal  
57 outgrowth and minimizes glial activation in an *ex vivo* model of SCI, suggesting a new strategy for  
58 spinal cord repair.

59

60 **Introduction**

61

62 No cure for spinal cord injury (SCI) exists due to the complex injury nature. Obstacles to SCI repair  
63 include a lack of intrinsic growth capacity of adult mammalian CNS neurons, cavity and glial scar  
64 formation, and inhibitory molecules expressed at SCI lesions including chondroitin sulphate  
65 proteoglycans (CSPGs) and Nogo (Fawcett, 2006; Cregg et al., 2014). Multiple strategies have been  
66 developed to boost the intrinsic growth capacity of adult CNS neurons but without translational  
67 success. For example, neurotrophins enhance axonal regrowth into the lesion in rodent SCI models,  
68 but their inability to overcome inhibitory molecules makes them largely ineffective as a treatment  
69 (Hannila and Filbin, 2008). In adult mice, genetic *Klf7* overexpression enhances corticospinal tract  
70 (CST) axonal regrowth into the lesion with pyramidotomy (Blackmore et al., 2012), but fails to  
71 promote regrowth beyond the lesion after SCI (Wang et al., 2017). Genetic PTEN deletion  
72 promotes axonal regrowth beyond the lesion in rodent SCI models (Danilov and Steward, 2015; Du  
73 et al., 2015; Zhou et al., 2015), but potential oncogenesis and long-term harmful effects on neurons  
74 pose concerns (Gutilla et al., 2016; Gutilla and Steward, 2016).

75

76 Elevating cAMP levels has been shown as one of the most effective ways to promote axonal  
77 regeneration and functional recovery in preclinical SCI research (Neumann et al., 2002; Qiu et al.,  
78 2002; Nikulina et al., 2004; Costa et al., 2013). Moreover, cAMP elevation overcomes inhibition on  
79 axonal outgrowth caused by myelin-associated inhibitors (Siddiq and Hannila, 2015). However,  
80 targeting cAMP is unlikely to be translated to the clinic as it is ubiquitously expressed, so its  
81 manipulation will alter functions in all types of cells. Therefore, a downstream target of cAMP  
82 more localized to neuronal cells may offer an alternative solution.

83

84 Traditionally, it was thought that cAMP solely signals through protein kinase A (PKA) to manifest  
85 its effects on axonal regeneration. However, the development of more specific tools allowed the

86 identification of Epac, a guanine nucleotide exchange factor for Rap1, as an intracellular target,  
87 other than PKA, directly activated by cAMP (Cheng et al., 2008). In fact, a recent study showed  
88 that the cortical infusion of a PKA antagonist, contrary to the traditional hypothesis, led to a  
89 significant increase in functional recovery in rats with SCI, suggesting the involvement of a  
90 different cAMP downstream effector in promoting axon regeneration (Wei et al., 2016).

91

92 In our previous studies, knocking-down intracellular Epac in adult rat dorsal root ganglion (DRG)  
93 neurons using siRNA led to a significant reduction in neurite outgrowth that could not be rescued  
94 by the addition of cAMP analogues (Murray and Shewan, 2008). In addition, chemo-attraction  
95 assays showed that axons are similarly attracted to a gradient of an Epac agonist as they are to a  
96 gradient of a cAMP agonist (Murray et al., 2009). Furthermore, the addition of Epac agonists to an  
97 *in vitro* SCI remyelination model significantly increased myelination and neurite outgrowth  
98 compared to controls (Boomkamp et al., 2014). Together, these studies suggest that Epac could be  
99 the key protein mediating the positive effects of cAMP on axonal growth and guidance *in vitro*  
100 (Murray and Shewan, 2008; Murray et al., 2009; Peace and Shewan, 2011b). Epac has two  
101 isoforms: Epac1 is widely expressed embryonically, while Epac2 is restricted mainly to postnatal  
102 nervous tissue (Peace and Shewan, 2011b), suggesting that targeting Epac2 could provide a neuron-  
103 specific route for manipulation to enhance axonal growth.

104

105 Therefore, our hypothesis was that the elevation of Epac2 activity by a specific agonist would  
106 enhance neurite outgrowth *in vitro* and promote axonal outgrowth in an *ex vivo* model that mimics  
107 the *in vivo* inhibitory environment after SCI. To achieve a gradual, sustained and local release of the  
108 Epac2 agonist in the injury site we explored the use of a novel self-assembling Fmoc-based  
109 hydrogel as a depot that can be directly injected into the injury site, thus representing a minimally  
110 invasive surgical procedure for future clinical translation (Zhu and Marchant, 2011; Tukmachev et  
111 al., 2016).

112 **Materials and methods**

113

114 All procedures involving the use of live animals and animal tissues were performed in accordance  
115 with the UK Home Office (Scientific Procedures) Act, 1986, and were approved by the local ethics  
116 committee of the University of Aberdeen.

117

118 *Cortical neuron culture.* Cortices of Sprague Dawley rats at postnatal days 0-1 (mixed sexes) were  
119 harvested as a source for culturing cortical neurons. The tissue was dissociated enzymatically with  
120 50 U/ml papain (Worthington, UK) in Retinal Buffer at pH 7.4 composed of 15 mM HEPES  
121 (Sigma-Aldrich, UK) buffered Hanks Balanced Salts Solution (HBSS; Invitrogen, UK) containing  
122 300  $\mu$ M D-L cysteine (Sigma-Aldrich, UK) and incubated at 37°C for 30 min. The papain action  
123 was stopped by using 10% Fetal Bovine Serum (FBS; Thermo-Fisher scientific, UK) and cells were  
124 re-suspended in Neurobasal medium (Thermo-Fisher scientific, UK) supplemented with 2% B-27  
125 (Thermo-Fisher scientific, UK), 1% Glutamax (Thermo-Fisher scientific, UK) and 100 U/ml  
126 penicillin and 100 $\mu$ g/ml streptomycin (P/S; Sigma-Aldrich, UK). Cortical neurons were plated at  
127 40000 neurons/ml on round 13 mm glass coverslips (BDH, UK) coated overnight with 10  $\mu$ g/ml  
128 poly-D-lysine (PDL; Sigma, UK) and cultured for up to 48 h at 37 °C in a 5% CO<sub>2</sub> / 95% air  
129 incubator (NU-581DE; Nuaire, USA).

130

131 *Dorsal root ganglion (DRG) neuron and explant cultures.* DRGs were dissected from SD rats at  
132 postnatal days 0-5 (mixed sexes), collected in Ham's F12 medium (Thermo-Fisher scientific, UK)  
133 and trimmed to remove roots. Explants were plated directly when needed. For dissociating DRG  
134 neurons, ganglia were transferred to 1 ml Retinal Buffer containing 50 U/ml papain as described  
135 above. The tissue was then transferred to 100  $\mu$ l HBSS containing 0.25 mg/ml trypsin inhibitor  
136 (Sigma-Aldrich, UK) and 50  $\mu$ g/ml DNase (Sigma-Aldrich, UK), followed by trituration using a  
137 Gilson P200 pipette until a single cell suspension was achieved. The dissociated neurons were

138 diluted to the required density with Neurobasal medium supplemented as described above plus  
139 nerve growth factor (NGF, 100 ng/ml; Sigma-Aldrich UK). DRG neurons were plated at 5000  
140 neurons/ml on 13 mm coverslips coated overnight with PDL as described above and 2 µg/ml  
141 laminin (Thermo-Fisher scientific, UK) and cultured for up to 48 h at 37 °C in a 5% CO<sub>2</sub> / 95% air  
142 incubator.

143

144 *Microglial and astrocyte cultures.* Primary mixed microglia and astrocytes were cultured as  
145 previously described (Georgieva et al., 2018) from the cortices of SD rats at postnatal days 3-6  
146 (mixed sexes) and plated on 10 µg/ml poly-D-lysine (PDL; Sigma-Aldrich, UK) coated 60 mm  
147 Petri dishes (BIOFIL Triple red TCD010060, UK). After four days of incubation at 37 °C in a 5%  
148 CO<sub>2</sub> / 95% air incubator, the presence of two layers of cells was confirmed: one layer of astrocytes  
149 firmly attached to the surface of the dish and a layer of microglia visible as large spherical bright  
150 cells on top of the astrocyte layer. For microglia plating, medium was collected after a gentle swirl,  
151 centrifuged at 200 ×g for 10 min at 4 °C and the pellet resuspended in warm medium. The microglia  
152 suspension was plated on 18 mm un-coated sterile glass coverslips and used the following day. For  
153 astrocyte plating, once microglial cells were collected, cultures were washed repeatedly with warm  
154 PBS and incubated with trypsin/EDTA 0.25% (Sigma-Aldrich, UK) for 5 min at 37 °C. Trypsin  
155 action was stopped by addition of 10% FBS, centrifuged at 200 ×g for 10 min at 4°C and re-plated  
156 in two PDL-coated flasks. Cultures were maintained for 3 weeks to ensure maturation of the  
157 astrocytes (Smith et al., 1990). Medium was changed every two days and cells were split when  
158 confluent. Microglia and astrocytes were maintained in medium composed of DMEM with 10%  
159 FBS and 100 U/ml penicillin and 100µg/ml streptomycin.

160

161 *Soluble agonist and antagonist treatments for neurons in vitro.* Soluble agonist Sp-8-BnT-cAMPS  
162 (S-220) and antagonist ESI-05 (both Biolog, Germany) were used according to the manufacturer's  
163 instructions for specific Epac2 activation and inactivation in neurons, respectively. In some



164 experiments, chicken extracellular chondroitin sulfate proteoglycans (CC117; Sigma-Aldrich, UK)  
165 were added to culture media at 0.5 µg/ml at the time of cell plating.

166

167 *In vitro treatments for microglia and astrocytes.* Mature astrocytes were plated in 13 mm PDL-  
168 coated coverslips at a density of 45,000 cells/ml. Microglia were plated in 18 mm uncoated  
169 coverslip at a density of 70,000 cells/ml. Both cells types were allowed to attach and grow  
170 overnight. Next morning, media were changed to serum-free media prior to treatments. Three  
171 conditions were studied: control, Lipopolysaccharide (LPS) and simultaneous LPS and S-220  
172 treatment. Therefore, 10 µg/ml LPS was added to the media alone or together with S-220 at 2.5 µM,  
173 a concentration showing effects in promoting neurite outgrowth. The treatments were left for 4  
174 hours.

175

176 *siRNA transfection.* For siRNA knockdown, DRG neurons were transfected with 3 µg of siRNA  
177 duplex (Epac2 — ATC CGT GAA TGT AGT CAT TTA) (Qiagen, UK) using the Amaxa  
178 Nucleofector II device (Lonza, UK) according to the manufacturer's instructions. To establish  
179 transfection efficiency using this method, 3 µg of 3'-fluorescein-tagged Allstars negative control  
180 siRNA (Qiagen, UK) were transfected into neonatal DRG neurons, which were plated on 2 µg/ml  
181 laminin-coated glass coverslips. After 16 h cells were fixed in 4% paraformaldehyde (PFA; Sigma-  
182 Aldrich, UK), immunolabeled using anti-GAP43 and analyzed using a Leica AF6000LX  
183 microscope (Leica, Germany). Fluorescein-labelled neurons were compared to the total number of  
184 GAP43-positive neurons to obtain the transfection efficiency, which was calculated as 80%.

185

186 *Lentiviral vector production.* We had technical limitations for the construction of lentiviral vectors  
187 carrying the specific Epac2 cDNA, since the available sequence was not suitable for the subcloning  
188 in the lentiviral transfer vector. Therefore, as a proof of concept we constructed Epac-LV as  
189 follows. Human Epac1-YFP construct was kindly provided by Dr. Kees Jalink at The Netherlands

190 Cancer Institute (Amsterdam, The Netherlands). hEpac1-YFP cDNA was subcloned downstream of  
191 the CMV promoter in the lentiviral transfer vector pRRL. Self-inactivating lentiviral vectors (LV)  
192 were made by co-transfecting HEK293T cells using a three-plasmid system (Dull et al., 1998).  
193 pRRL/hEpac1-YFP or pRRL/GFP plasmids were transfected together with pPACK and pENV  
194 plasmids using the calcium precipitation method (Dull et al., 1998). Lentiviral particles were  
195 harvested 45 h after transfection and concentrated using polyethylene glycol precipitation. Viral  
196 particles were resuspended in sterile PBS after precipitation. The titers were determined by  
197 transduction of HEK293T cells using serially diluted viral stocks. The titers were  $4.6 \times 10^9$  TU/ml  
198 for LV/hEpac1-YFP (referred as LV/Epac hereafter), and  $2.2 \times 10^9$  TU/ml for LV/GFP. The viral  
199 stocks were aliquoted and stored at  $-80^\circ\text{C}$ . Cortical neurons to be transduced with the LV were  
200 plated in 24 well plates (Greiner, UK) at a density of 60,000 cells/ml.  $2.2 \times 10^6$  TU of LV/GFP or  
201 LV/hEpac1-YFP was added per well to allow transduction. Media were replaced the day after and  
202 then changed every two days. Cells were maintained for 7 days to ensure full expression of the  
203 transgenes. Anti-GFP-labelled neurons were compared to the total number of  $\beta$ -tubulin-(III) -  
204 positive neurons to obtain the transduction efficiency.

205

206 *FRET SE microscopy.* Fluorescent Resonance Energy Transfer Sensitized Emission (FRET SE) was  
207 performed in live DRG neurons as previously described (Tucker, 2014). FRET SE microscopy  
208 allowed us to demonstrate the level of Epac2 protein activity in the presence of the agonist, S-220,  
209 or the antagonist, ESI-05, respectively, in the growth cones of live DRG neurons. Two fluorophores  
210 (CFP and YFP) were fused to the two termini of Epac2 protein in the Epac FRET construct (see  
211 below). When the distance between the two is  $<10$  nm, which occurs when the protein is inactive, a  
212 FRET signal is produced. On activation of the protein, a conformational change occurs and the  
213 distance between the two fluorophores becomes  $>10$  nm, abolishing the FRET signal. Thus, high  
214 FRET signals correlate with low Epac2 activation and low FRET signals correlate with high Epac2  
215 activation. Briefly, neurons were transfected with the construct mTurqDel-Epac (dDEPCD)

216 cp173Venus (d)-Venus (d) (H74) (Klarenbeek et al., 2011) (kindly provided by Dr. Kees Jalink,  
217 The Netherlands Cancer Institute, Amsterdam, The Netherlands) using the Amaxa Nucleofector II  
218 device. The cells were diluted in medium after transfection and cultured in 50 mm glass-bottomed  
219 dishes (MatTek, Ashland, MA) coated with PDL and 5 µg/ml laminin. One day after transfection,  
220 the medium was topped up to 5 ml and buffered with 15 mM HEPES buffer. Using a Leica  
221 AF6000LX imaging system configured correctly for FRET, images were taken of a selected growth  
222 cone in the CFP, YFP and FRET channels every 2 min for a total of 30 min. For each experiment,  
223 the first four images were taken without application to act as a baseline as the system stabilized,  
224 then the reagent was added after the fourth time point. The Epac2 agonist (S-220) was diluted to a  
225 concentration of 5 µM and the antagonist (ESI-05) to 10 µM. Analysis of each image (combining all  
226 3 channels) was carried out using Leica Application Suite-Advanced Fluorescence software by  
227 selecting a 'region of interest' within the growth cone and recording the FRET value. These data  
228 were then expressed as a percentage change from time zero.

229

230 *Choice Assay.* Mature astrocytes obtained as described above were plated at 5000 cells/ml on 5  
231 µg/ml laminin custom-made dishes. These dishes consisted of 60 mm Petri dishes (CellStar®  
232 Greiner Bio-One, UK) that had three 13 mm diameter holes in the base of the dish using a hole  
233 puncher. 18 mm coverslips were mounted onto the base of the dish using RTV 3140 coating glue  
234 (Dow Corning, USA) that is non-toxic to cells. Astrocytes were left to grow for 5 h prior to plating  
235 of DRG neurons among the astrocytes. Co-cultures were further incubated at 37°C overnight in a  
236 CO<sub>2</sub> incubator. S-220 was added just prior to time-lapse imaging. Time-lapse recordings were taken  
237 over 30 - 60 min using NIS-element software and an Okolab chamber mounted Nikon eclipse Ti  
238 inverted microscope. The response of each DRG neurite was categorized into two different  
239 categories - cross over and reflect/retract. Each response was calculated as a percentage of the total  
240 number of interactions in each experimental condition, control or S-220 treatment. Data were  
241 collated for at least 10 growth cones per condition and pooled from at least 3 separate experiments.

242

243 *Growth cone turning assays.* Assays were carried out as previously described (Murray and Shewan,  
244 2008). Briefly, DRG neurons were cultured in low-walled glass-bottomed 50 mm Petri dishes  
245 (MatTek, Ashland, MA) coated with 5  $\mu\text{g}/\text{ml}$  laminin. The culture medium, supplemented with 15  
246 mM HEPES buffer, was overlaid with a thin monolayer of warmed vegetable oil and transferred to  
247 a Nikon diaphot inverted-stage microscope equipped with a stage-mounted incubator heated to  
248 37°C. Growth cones were visualized using a Nikon diaphot inverted microscope connected to a PC  
249 running QWin version 2.1 software (Leica, Germany). Borosilicate glass micropipettes (Intracel,  
250 UK) were pulled in a Sutter pipette puller (Intracel, UK) so that they had a bore width of 1  $\mu\text{m}$ .  
251 Growth cones were oriented at 45° and 100  $\mu\text{m}$  from a glass micropipette containing 3 - 5  $\mu\text{l}$  of  
252 either F12 as a control or S-220 treatment. Each reagent was ejected by an air pulse of 3 psi at 2 Hz  
253 and 10 ms duration, applied to the pipette by a Picospritzer III (Intracel, UK). Each growth cone  
254 was assayed for 30 min and only growth cones that had advanced at least 10  $\mu\text{m}$  from the original  
255 position at time zero were included. The angle between the position of the growth cone at 30 min,  
256 its original position at time zero, and its original direction of growth was calculated using ImageJ  
257 software. Data were collated for at least 10 growth cones per condition, pooled from at least 3  
258 separate experiments.

259

260 *Hydrogel characterization.* Fmoc hydrogel is commercially available (BiogelX, UK) and can also  
261 be made using published methods (Alakpa et al., 2016). Hydrogel was prepared at 2.2 mg/ml using  
262 ThinCert™ cell inserts (Greiner Bio-One, UK) and following the manufacturer's instructions. RGD  
263 (Arg-Gly-Asp) peptide (ab142698; Abcam, UK) at different concentrations was incorporated into  
264 the gel according to the manufacturer's instructions. Rheology experiments (Discovery HR-2, TA  
265 Instruments) were performed at different time-points during degradation to assess changes in gel  
266 stiffness, using Frequency sweep test 0 to 100 Hz, 1% strain at 37°C. Gels were also weighed at  
267 different time-points during degradation in PBS. Buffer was completely aspirated and the insert

268 weight was subtracted from the total weight. The Griess Assay was used to quantify nitrite release  
269 by primary microglia when cultured with the hydrogel for 6 h. LPS (1 µg/ml; Sigma-Aldrich, UK)  
270 was used as a positive activated control. Fluorescein sodium salt (Sigma-Aldrich, UK) was used to  
271 assess the release profile since it has similar molecular weight compared to S-220 (MW = 376.27  
272 Daltons) and can be measured by a fluorescence plate reader (Omega microplate reader; BMG  
273 Labtech, UK) at 440 nm - 520 nm with 700 ms gain (Peralé et al., 2012; Wilems and Sakiyama-  
274 Elbert, 2015).

275

276 *Immunocytochemistry.* Cells and explants were fixed with 4% PFA in PBS for 30 min, followed by  
277 incubation with 10% normal goat serum for 1 h, all at room temperature. Cells/explants were then  
278 incubated with primary antibodies overnight at 4°C. We used the following primary antibodies:  
279 anti-β-tubulin-(III) (1:1000, mouse; RRID: AB\_1844090; Sigma-Aldrich, UK), anti-GAP43 (1:500,  
280 rabbit; RRID: AB\_10622060; Sigma-Aldrich, UK), anti-GFAP (1:1000, mouse; RRID: AB\_94844;  
281 Merk Millipore, UK), anti-Iba1 (1:1000; rabbit; RRID: AB\_2314666; Wako), anti-iNOS (1:100;  
282 mouse; RRID: AB\_397719; BD Biosciences) and anti-GFP (1:100, chicken; RRID: AB\_300798;  
283 Abcam, UK). Following three washes with PBS, cells/explants were incubated for 2 h at room  
284 temperature with the appropriate secondary antibodies including goat anti-mouse, rabbit or chicken  
285 antibodies (1:400, RRID: AB\_221544, AB\_221544, AB\_143160, AB\_141672 and AB\_141359;  
286 Invitrogen). Coverslips were mounted with PBS/glycerol (1:8 ratio) after counterstaining with  
287 Hoechst 33342 (2 µg/ml in PBS; Sigma-Aldrich, UK). All primary/secondary antibodies and goat  
288 serum were prepared with PBS containing 0.2% Triton X-100 (Sigma-Aldrich, UK) and 0.1%  
289 sodium azide (Sigma-Aldrich, UK).

290

291 *Imaging and quantification for neurite outgrowth.* A Nikon Eclipse Ti-E microscope was used to  
292 acquire all images. HCA-vision (CSiRO) was used to quantify total neurite length. The plugin  
293 Neuron J for ImageJ was used to manually quantify Maximal Neurite Length (MNL) of dissociated

294 neurons and maximal distance (Dmax) of neurite growth from DRG explants (Torres-Espin et al.,  
295 2014). Analyses were carried out for at least 100 neurons and 10 DRG explants per condition from  
296 three different experiments.

297

298 *Analysis of astrocytes and microglia activation in vitro.* For each coverslip, ten representative  
299 micrographs were taken with a 20× objective. A minimum of 100 cells per condition were analysed.  
300 The activation of the astrocytes was determined by the quantification of GFAP intensity  
301 (Sofroniew, 2009). All images were converted into 8-bit files and the function threshold in ImageJ  
302 was applied to select only area with GFAP immunoreactivity. Intensity of staining was determined  
303 by the mean optical density value. The mean background fluorescence proximate to each cell was  
304 subtracted from the measured fluorescence intensity of the cell area to give a corrected fluorescence  
305 intensity. The activation of microglia was quantified by calculating the percentage of iNOS/Iba-1  
306 double immunoreactive cells in the total Iba-1 immunoreactive cells. Data for same conditions from  
307 three different replicates were averaged and compared.

308

309 *Production of spinal cord slices: ex vivo modelling of SCI.* The *ex vivo* model using rat spinal cord  
310 tissue was adapted from a study using mouse spinal cord tissue (Weightman et al., 2014). The SD  
311 pup's (postnatal days 0-3; mixed sexes) dorsal trunk skin surface was sprayed with 95% ethanol,  
312 then a dorsal midline incision was made and skin flaps were retracted to expose the spinal column.  
313 A midline incision was made along the length of the spine using fine micro-dissecting Vannas  
314 spring scissors (Fine Science Tools, UK). The spinal cord was rapidly dissected from the  
315 thoracolumbar region and placed in ice-cold slicing media. The meninges were gently removed and  
316 a 0.7-0.9 cm length of cord was cut from the thoracic region. The cord was transferred onto an ice-  
317 cold chopping plate of a pre-set McIlwain tissue chopper and sliced lengthways in the parasagittal  
318 plane (350 µm thickness). Three to four slices could be derived from each cord. Slices were  
319 incubated in ice for 90 min, and then selected under a dissecting microscope and transferred to pre-

320 cut Omnipore membrane ‘confetti’ (Merck Millipore, UK), resting on the Mill cell culture insert  
321 membrane (Merck Millipore, UK), using a plastic Pasteur pipette. The process of slice plating was  
322 carried out under a dissecting microscope to ensure the correct position of the slice. To avoid  
323 variability, the selected slices from each pup were plated together in one dish fitting up to four  
324 slices. Slices were cultured at the air-medium interface for up to 10 days in a humidified incubator  
325 with 5% CO<sub>2</sub> at 37°C with 80% medium changes every other day. The experimental unit, n, refers  
326 to slice numbers obtained from different pups.

327

328 *Lesioning organotypic spinal cord slice cultures.* Cords were lesioned after three days in culture. A  
329 slice lesioning tool was custom-made using a pre-assembled, double-bladed scalpel with a spacer  
330 creating a gap of approximately 700 µm. The tool was aseptically assembled prior to lesioning by  
331 taping together two surgical blades (size 15) with a spacer in the middle secured into a scalpel  
332 holder. The same lesioning tool was used in each individual experiment. The lesioning procedure  
333 was implemented inside a horizontal laminar flow hood under a dissecting microscope. To stabilize  
334 the slice in the process of lesioning the confetti was cut in a T shape allowing it to be secured with  
335 forceps while producing the lesion. A small lateral movement was used to ensure complete  
336 transection of the cord without damaging the confetti. An aspirator fitted with a pipette tip was used  
337 to remove all the debris resulting from the lesioning.

338

339 *Assessment of the viability of spinal cord slices.* To assess viability, three intact slices were  
340 randomly chosen before and after the lesion and incubated with the live/dead assay kit (Invitrogen,  
341 UK) containing calcein (1 µl/ml) for live cells and ethidium bromide (3 µl/ml) for dead cells, for 15  
342 min at 37°C. Following the incubation period slices were mounted with antifade mounting media  
343 Vectashield (Vector Laboratories, UK). Immediately afterwards, fluorescence micrographs were  
344 taken (664 µm x 834 µm) with a 10X objective with consistent exposure settings and converted to  
345 grey scale. The integrated density (mean grey value per unit area) was measured from both live- and

346 dead-stained micrographs. Thus, the viability for each slice was calculated by expressing the  
347 corrected integrated density of the live-stained micrograph as a percentage of the sum total from  
348 both stained groups (Cho et al., 2009). The quantification was conducted using ImageJ software.

349

350 *Treatment of spinal cord slice.* Treatment was administered immediately after the lesion either in  
351 the medium or incorporated into the gels. Treatment gels were prepared 2 h before lesioning and  
352 pre-cut into 700  $\mu\text{m}$  x 700  $\mu\text{m}$  pieces using the McIlwain tissue chopper. Gels were incorporated  
353 into the injury site under the microscope using needles. Treatment was applied for 7 days.

354

355 *Immunohistochemistry.* All slices were fixed with 4% PFA 7 days after the lesion for 30 min,  
356 followed by incubation with 10% normal goat serum for 1 h at room temperature. Slices were then  
357 incubated with primary antibodies for 24 h at 4°C. Primary antibodies used were: anti- $\beta$  (III)-  
358 tubulin (1:1000, mouse;), anti-GFAP (1:500, rabbit; RRID: AB\_2109645; Merk Millipore), anti-  
359 GFAP (1:1000, mouse), anti-Nestin (1:400, mouse; RRID: AB\_2151130; Merk Millipore), and  
360 anti-Iba1 (1:1000; rabbit). Following three washes with PBS, cells were incubated for 4 h at room  
361 temperature with appropriate secondary antibodies including goat anti-mouse or rabbit secondary  
362 antibodies. Slices were mounted with Vectashield. All primary/secondary antibodies and goat  
363 serum were prepared with PBS containing 0.2% Triton X-100 and 0.1% sodium azide.

364

365 *Image and axonal outgrowth analysis on spinal cord slices.* All fluorescence images were captured  
366 with a Nikon Eclipse Ti-E microscope. Single panoramic images were generated when appropriate  
367 using the Large Image tool in Nis Elements for advanced research software. Maximal Intensity  
368 Projection images using multiple Z planes were also used when appropriate. Where applicable,  
369 fluorescence images of immunostained slices were merged using Photoshop. Quantitative analysis  
370 of  $\beta$ -tubulin-III stained profiles was conducted across the lesion gap from one lesion margin to the  
371 other according to previously published methods (Weightman et al., 2014), with 20 division lines at



372 an equal distance of 35  $\mu\text{m}$  between each line using a multi-selection plugin from ImageJ. Peak  
373 analysis plugin from ImageJ was then used to convert the staining into optical density (OD) at each  
374 division line covering the whole width of the lesion gap, which is equal to the width of the slice.  
375 Finally, the peaks (number of staining profiles) per  $\text{mm}^2$  per slice (Weightman et al., 2014) were  
376 calculated by averaging the ODs and then divided by the area of the lesion gap.

377

378 *Analysis of astrocyte activation in spinal cord slices.* Quantitative analysis of astrocyte activation  
379 was conducted by semi-quantification of GFAP staining intensity within the lesion gap. Thus, three  
380 fluorescence images (478  $\mu\text{m}$  x 598  $\mu\text{m}$ ) were taken with a 20 $\times$  objective from the front areas of the  
381 GFAP-immunoreactive glial scar from one half of the lesion first: the central one aligned with the  
382 mid-line perpendicular to the lesion margin and then one right and one left with equal distance of  
383 200  $\mu\text{m}$  from the central one. We then repeated with another three fluorescence images for the other  
384 half of the lesion as described above. Consistent exposures were applied for all captured images,  
385 which were then converted to greyscale followed by applying a threshold using the ROI manager  
386 plugin from ImageJ. Finally, the intensity of the GFAP staining from the six images per slice was  
387 averaged.

388

389 Reactivity of astrocytes was also estimated by the overlapping of GFAP and Nestin as previously  
390 described (O'Neill et al., 2017). Thus, three fluorescence images (478  $\mu\text{m}$  x 598  $\mu\text{m}$ ) were taken  
391 with a 20 $\times$  objective from the front areas of the GFAP-Nestin immunoreactive glial scar from both  
392 halves of the lesion as described above. Briefly, captured images were converted to greyscale  
393 followed by the application of the “auto-threshold” function using the “Default” setting in ImageJ.  
394 This generates a binary image with a black signal in a white background. “Image Calculator”  
395 function in ImageJ using the “AND” operation was used to generate a third image representing the  
396 regions of overlap between binary green and red. The number of overlapping pixels was calculated  
397 by using the “Histogram” function in ImageJ to obtain the total number of pixels with value 255

398 (black). A minimum of three images was analyzed per spinal cord slice and averaged to get a final  
399 value per slice.

400

401 *Analysis of microglial activation in spinal cord slices.* Quantitative analysis of microglial activation  
402 was conducted by semi-quantification of the cell body perimeter of Iba-1 immunoreactive cells  
403 within the lesion gap. Thus, three fluorescence images (316  $\mu\text{m}$  x 395  $\mu\text{m}$ ) were taken with a 30 $\times$   
404 objective as described above for astrocyte activation analysis. The perimeter (Kozłowski and  
405 Weimer, 2012) of at least 20 Iba-1 immunoreactive cells per micrograph was then measured using  
406 ImageJ and averaged for each slide. For non-lesioned microglial activation analysis, three images  
407 were taken from at least 1 mm away from the lesion site, where Iba-1-immunoreactive cells  
408 displayed non-reactive morphologies.

409

410 *Treatment of contusion injured spinal cord with S-220-loaded hydrogel.* For all *in vivo* experiments,  
411 young male adult Wistar rats weighing between 180 - 200 g were purchased from Envigo  
412 (Shardlow, United Kingdom). The skin and muscle overlying the spinal column were incised and a  
413 laminectomy was performed between the T9 and T10 levels. Following fixation of the adjacent T9  
414 and T11 vertebral body to suspend the target region, a standardized moderate (12.5 mm) thoracic  
415 spinal contusion was inflicted at T10 thoracic vertebral level by the use of a NYU impactor device  
416 (MASCIS rat model III; Rutgers University, New jersey, US) as previously described (Young,  
417 2002; Kjell and Olson, 2016). Following the injury, muscle layers were sutured and the skin was  
418 closed. Post-interventional care included manual voiding of the bladder twice a day until voiding  
419 reflex was regained. Three weeks after the induction of the injury rats were randomly allocated to  
420 treatment groups. For rats receiving treatment a 10  $\mu\text{l}$  Hamilton syringe was loaded with the pre-gel  
421 format of the hydrogel using RN 26S gauge needle (26S/102/pst2/tapY) (Hamilton; Supelco, USA).  
422 The Hamilton syringe was mounted on a stereotaxic frame and armed into 45 $^\circ$  angle. The dura was  
423 opened, and the needle was introduced into the dura with the fine controllers. A maximum of 3  $\mu\text{l}$

424 was injected at 1  $\mu$ l/min. The needle was left in place for 10 min after injection to prevent the  
425 leakage of the pre-gel solution. The dura was covered with a piece of saline-soaked gel foam,  
426 muscle layers were sutured and the skin was closed. Buprenorphine (0.3 mg/kg; Vetergesic®;  
427 Alstoe Animal Health, UK) was given s.c. for the management of acute pain after surgery and  
428 saline (0.9 % NaCl, 5 ml) was administered s.c. to compensate for any blood loss. Locomotor  
429 function was assessed by two observers independently using the 21-point Basso, Beattie &  
430 Bresnahan (BBB) open field locomotor scale on post-op days 1, 3, 14, 21, 28, 35, 42, 49.

431

432 *Statistical analysis.* Sigma Plot 13.0 and Origin Pro 2018b software were used for all statistical  
433 analyses. The normality test Shapiro-Wilk was performed to ensure normal distribution of the data  
434 and suitability of parametric tests. Equal variance was tested using the Brown-Forsythe test.  
435 Statistical analyses were performed using Unpaired Student's *t* test and one-way ANOVA, using  
436 Bonferroni's multiple comparison test for post-hoc analysis. If normality was not met, non-  
437 parametric tests were used: the Mann-Whitney rank sum test and the Kruskal-Wallis One-way  
438 ANOVA on ranks with Dunn's method or Tukey test post hoc correction. For *in vitro* studies, all  
439 data represent mean  $\pm$  standard error of the mean (SEM).

440

441 For *ex vivo* studies, between 4 and 6 replicates were done per condition and experiment and are  
442 represented by a circle in the quantification graph. All values quoted are expressed as the mean  $\pm$   
443 SEM (box limits)  $\pm$  5% - 95% (error bars). Two-way repeated-measure ANOVA was performed for  
444 locomotor recovery (BBB scale) analysis, followed by Bonferroni's *post-hoc* multiple comparison  
445 adjustment to calculate the significant levels. "Treatment" is a between-subjects variable, while  
446 "time" is a within-subjects variable. The *in vivo* data were presented as means  $\pm$  SEM. All statistical  
447 analyses were performed using Origin Pro 2018b and SigmaPlot 14.0 software. Statistical  
448 significances are indicated as  $p < 0.05$  (\*),  $p < 0.01$  (\*\*) and  $p < 0.001$  (\*\*\*)).

449

450 **Results**

451

452 *The elevation of Epac2 activity enhances neurite outgrowth in vitro*

453 Axonal repair following SCI requires the restoration of relays from higher brain centers, such as  
454 corticospinal tracts, as well as ascending sensory pathways relaying information from the periphery to  
455 the brain. We have expertise in model systems involving cortical neurons and DRG neurons and have  
456 used both neuronal types in the current study.

457

458 Using cultured postnatal rat cortical neurons, we found that neurite outgrowth, i.e. mean total neurite  
459 length per neuron, was significantly enhanced by the treatment of S-220 at 2.5  $\mu\text{M}$  for 24 h, when  
460 compared to that of the controls (agonist vs control:  $97.5 \pm 4.1$  vs  $72.8 \pm 2.6$   $\mu\text{m}$ ,  $p = 0.0002$ , unpaired  
461 Student's  $t$  test; Fig. 1A-C). Moreover, neurite outgrowth was significantly inhibited by bath application  
462 of ESI-05 at 10  $\mu\text{M}$  for 24 h in culture (antagonist vs control:  $50.1 \pm 4.8$  vs  $77.8 \pm 4.8$   $\mu\text{m}$ ,  $p = 0.018$ ,  
463 unpaired Student's  $t$  test; Fig. 1D-F). Furthermore, we used genetic tools such as siRNA and lentiviral  
464 vectors to illustrate the importance of Epac for neuronal growth. Thus, cortical neurons subjected to  
465 specific Epac2 siRNA knockdown for 48 h showed significantly shorter total neurite length in  
466 comparison with that of the controls (siRNA vs control:  $131.4 \pm 19.9$  vs  $183.3 \pm 24.3$   $\mu\text{m}$ ,  $p = 0.018$ ,  
467 unpaired Student's  $t$  test; Fig. 1G-I). Similar results were also obtained for postnatal rat DRG neurons  
468 when they were treated with the S-220 (S-220 vs control:  $991.9 \pm 202.9$  vs  $399.2 \pm 101.4$   $\mu\text{m}$ ,  $p =$   
469  $0.005787$ , unpaired Student's  $t$  test; data not shown) or when they were transfected with Epac2 siRNA  
470 (siRNA vs control:  $889.7 \pm 49.9$  vs  $1677.9 \pm 105.6$   $\mu\text{m}$ ,  $p = 1.1 \times 10^{-11}$  unpaired Student's  $t$  test; data not  
471 shown). Cortical neurons were transduced with lentiviral vectors ( $96.7 \pm 3.4$  % transfection efficiency)  
472 and left to grow for 7 days to ensure protein expression. Neurons transfected with LV/Epac-YFP had  
473 significantly more neurite outgrowth when compared to that of LV/GFP transduced neurons (LV/Epac-  
474 YFP vs LV/GFP:  $1229.2 \pm 20.0$  vs  $795.2 \pm 110.4$   $\mu\text{m}$ ,  $p = 0.003$ , unpaired Student's  $t$  test; Fig. 1J-L).

475

476 *Epac2 agonist activates Epac protein in DRG growth cones and attracts growth cones*

477 To demonstrate the activation/deactivation of Epac protein by the soluble agonist S-220 and antagonist  
478 ESI-05 in neuronal growth cones, we performed FRET SE microscopy, which allowed the visualization  
479 of protein dynamics *in situ* (Tucker, 2014). DRG neurons were transfected with mTurqDel-EPAC  
480 (dDEPCD) cp173Venus (d)-Venus (d) (~40% transfection efficiency) and allowed to grow for 48 h  
481 before the experiments were performed. We found that there was a significant increase of Epac  
482 activation in growth cones during the 30 min when the S-220 was applied (S-220 vs baseline,  $p = 8 \times 10^{-8}$ ,  
483 unpaired Student's *t* test; Fig. 2A-B, E). Conversely, when ESI-05 was applied, we found significantly  
484 reduced Epac activation in the growth cones when compared to the baseline (ESI-05 vs baseline Epac2,  
485  $p = 0.001$ , unpaired Student's *t* test; Fig. 2C-D, E). Using the growth cone turning assay we examined  
486 the effect of asymmetric Epac2 activation on neonatal rat DRG neurites by creating a gradient of the S-  
487 220 agonist. Fig. 2H showed that neonatal DRG growth cones displayed a random response to a gradient  
488 of F12 culture media emitted from a micropipette placed at a 45° angle to the initial orientation of the  
489 projecting growth cones, with a mean turning angle of  $-1.92^\circ \pm 0.05^\circ$  at 30 min. In contrast, growth  
490 cones displayed a strong chemoattraction when S-220 was emitted from the pipette (Fig. 2F-G), and the  
491 mean turning angle of  $12.7^\circ \pm 4.1^\circ$  at 30 min was significantly greater than that of F12 culture media ( $p$   
492 = 0.045, unpaired Student's *t* test; Fig. 2H).

493

494 *The elevation of Epac2 activity overcomes inhibitory effects on cortical neuron growth in vitro*

495 To further explore the potential of Epac2 activation as a promising strategy to promote axonal outgrowth  
496 in the post-SCI environment, we cultured postnatal rat cortical neurons together with CSPGs, which  
497 significantly inhibited the outgrowth of cortical neurons by  $32.1 \pm 8.7\%$  as compared to the controls ( $p =$   
498 0.003, Mann-Whitney Rank Sum test; Fig. 3A-B, D). S-220 treatment was able to overcome the  
499 inhibitory effect of CSPGs on the mean total neurite length per cortical neuron (CSPGs + S-220 vs  
500 CSPGs:  $32.1 \pm 8.7$  vs  $8.7 \pm 3.3\%$ ,  $p = 0.007$ , Mann-Whitney Rank Sum test; Fig. 3B-D). We then  
501 analyzed the response of the growth cones of DRG neurons when they encountered inhibitory mature

502 astrocytes. This assay was performed in DRG neurons as it was optimized for this primary neural type.  
503 The growth cones had the choice of either growing over astrocytes or remaining on the laminin substrate  
504 during a period of 30 min time-lapse. Growth cone response behaviors were classified into two  
505 categories: retract/reflect and crossover, respectively (Fig. 3 E-F). When S-220 was added to the co-  
506 cultures, we found a significantly increased proportion of growth cones growing over astrocytes in  
507 comparison to that of the controls (S-220 vs control:  $45.7 \pm 10.3$  vs  $11.2 \pm 4.2\%$ ,  $p = 0.0216$ , unpaired  
508 Student's  $t$  test; Fig. 3G). Conversely, we found a significant reduction in the proportion of  
509 retracting/reflecting growth cones (S-220 vs control:  $54.3 \pm 10.8$  vs  $88.8 \pm 8.7\%$ ,  $p = 0.0306$ , unpaired  
510 Student's  $t$  test; Fig. 3G).

511

#### 512 *The elevation of Epac2 activity by S-220 modulates LPS-activated astrocytes and microglia*

513 In order to assess whether S-220 has an effect in preventing and/or modulating the activation of the  
514 astrocytes and microglia *in vitro*, we perform a simultaneous treatment study in which S-220 was given  
515 at the same time with 10  $\mu\text{g/ml}$  LPS. Previous experiments in the lab demonstrated that the treatment of  
516 10  $\mu\text{g/ml}$  LPS for four hours allowed rapid activation of the microglia and astrocytes cells without  
517 inducing apoptosis (Georgieva, 2018).

518

519 The mean GFAP expression of astrocytes treated with LPS (Fig. 4B) was increased compared to controls  
520 (Fig. 4A) (LPS vs control:  $27.9 \pm 1.8$  vs  $18.4 \pm 0.9$ ,  $p = 3 \times 10^{-6}$ , one-way ANOVA, Bonferroni's post  
521 hoc; Fig. 4G). The simultaneous treatment of LPS and S-220 (Fig. 4C) showed a significant reduction of  
522 GFAP intensity compared with LPS-treated astrocytes (LPS + S220 vs LPS:  $20.7 \pm 0.8$  vs  $27.9 \pm 1.8$ ,  $p =$   
523  $2 \times 10^{-4}$ , one-way ANOVA, Bonferroni's post hoc; Fig. 4G), being not significantly different to that of the  
524 control ones (LPS + S220 vs control:  $20.7 \pm 0.8$  vs  $18.4 \pm 0.9$ ,  $p = 0.57$ , one-way ANOVA, Bonferroni's  
525 post hoc; Fig. 4G). Astrocyte morphology was different within groups. LPS treated astrocytes (Fig. 4B)  
526 became reactive, characterized by hypertrophic processes, broader cell bodies and tend to cluster

527 together. When astrocytes were simultaneously exposed to LPS and S-220 (Fig. 4C), they preserved  
528 non-reactive morphology with slender processes similar to that of the control (Fig. 4A).

529

530 Microglia reactivity was quantified as the percentage of iNOS marker immunoreactivity. The percentage of  
531 iNOS expression of microglia treated with LPS (Fig. 4E) was increased compared to controls (Fig. 4D)  
532 (LPS vs control:  $45.8 \pm 2.9$  vs  $4 \pm 1.3$ ,  $p = 1.5 \times 10^{-16}$ , one-way ANOVA, Bonferroni's post hoc; Fig. 4H).

533 The simultaneous treatment of LPS and S-220 (Fig. 4F) showed a significant reduction of percentage of  
534 iNOS expression compared with LPS-treated microglia (LPS + S220 vs LPS:  $24.7 \pm 3.8$  vs  $45.8 \pm 2.9$ ,  $p$   
535  $= 3.4 \times 10^{-6}$ , one-way ANOVA, Bonferroni's post hoc; Fig. 4H), being also significantly different to that  
536 of the control ones (LPS + S220 vs control:  $24.7 \pm 3.8$  vs  $4 \pm 1.3$ ,  $p = 6.1 \times 10^{-6}$ , one-way ANOVA,  
537 Bonferroni's post hoc; Fig. 4H). Moreover, the simultaneous treatment of LPS and S-220 showed a  
538 significant reduction of nitrite release compared with LPS-treated microglia (LPS + S220 vs LPS:  $0.7 \pm$   
539  $0.2$  vs  $11.8 \pm 0.9$ ,  $p = 0.0002$ , unpaired Student's *t* test; Fig. 4I).

540

541 *Fmoc-based hydrogel shows suitable properties for spinal cord repair*

542 Self-assembling Fmoc-based hydrogel was used as a delivery depot for S-220 agonist and therefore, its  
543 suitability for spinal repair needed to be tested. The hydrogel (Fig. 5A) at 2.5 mM had a stiffness of  
544  $\sim 100$  Pa (Fig. 5C). We found that the hydrogel degraded gradually *in vitro* in PBS at 37°C, which was  
545 manifested by the reduction in gel stiffness [(H (2) = 95.27,  $p = 2 \times 10^{-14}$ , Kruskal-Wallis ANOVA on  
546 Ranks with Tukey post hoc; Fig. 5C] and gel mass over time [one-way ANOVA (F (4,25) = 50.087,  
547  $p = 1.4 \times 10^{-11}$  with Bonferroni's post hoc; data not shown)]. Minimal activation of gel-exposed microglia  
548 was found by measuring nitrite release in culture media, contrasting to the significant nitrite release  
549 observed using activating agent LPS alone (Fig. 5B). Using fluorescein, which has a similar molecular  
550 weight compared to the Epac2 agonist, we estimated the cumulative release of the agonist from the  
551 hydrogel (Perale et al., 2012; Wilems and Sakiyama-Elbert, 2015). The hydrogel showed a two-phase  
552 release profile over a 28-day period, i.e. a quick release during the first 7 days followed by a minimal

553 gradual release over the next three weeks (Fig. 5D). The hydrogel can also incorporate functional motifs  
554 such as arginine-glycine-aspartate (RGD) peptides to promote cell adhesion (Zhou et al., 2009). Here,  
555 we demonstrated that the hydrogel can be functionalized with RGD peptides at different concentrations,  
556 with the 1.6 mM being the optimal for neurite outgrowth (Dmax) of postnatal rat DRG explants  
557 [(F(3,16)= 7.06, p = 0.003; No-RGD vs 1.6 mM RGD: 535 ± 3 vs 975 ± 3 μm, p = 0.0035; No-RGD vs  
558 3.2 mM RGD: 535 ± 29 vs 839 ± 60 μm, p = 0.0039; one-way ANOVA with Bonferroni's post hoc; Fig.  
559 5E-H]. At this optimal concentration of RGD, we observed that the 2-D neurite outgrowth of dissociated  
560 postnatal rat DRG neurons, i.e. maximal neurite length per neuron, was comparable to that seen in gels  
561 without RGD (31.8 ± 5.2 vs 24.5 ± 3.8 μm, p = 0.137, unpaired Student's *t* test; data not shown).  
562 However, we found significantly increased 2-D neurite outgrowth of postnatal rat cortical neurons with  
563 gels functionalized with 1.6 mM RGD, when compared to that of non-functionalized gels (71.4 ± 9.2 vs  
564 17.3 ± 4.3 μm, p = 1.2 × 10<sup>-6</sup>, unpaired Student's *t* test; Fig. 5I-K). Furthermore, we observed that the  
565 functionalized hydrogel supported excellent 3-D neurite growth of DRG explants and DRG neurons  
566 (Fig. 5L-N). For simplicity, we refer to the hydrogel functionalized with 1.6 mM RGD hereafter as “the  
567 hydrogel”.

568

#### 569 *The elevation of Epac2 activity enhances 2-D neurite outgrowth with Fmoc hydrogel in vitro*

570 As a proof-of-concept, we first explored combination of the Epac2 activation strategy with the gel by  
571 adding the S-220 agonist in the media of cultures where DRG explants or DRG neurons grew on the gel  
572 surface. We demonstrated that there was a significant increase in neurite outgrowth of DRG explants  
573 growing on the gel and simultaneously treated with the agonist when compared to that with the gel alone  
574 [S-220 + gel vs gel only: 1141.4 ± 159.9 vs 608.3 ± 93.9 μm (Dmax), p = 0.029, unpaired Student's *t*  
575 test; Fig. 6A-C]. In addition, we found that the neurite outgrowth of dissociated DRG neurons was  
576 significantly enhanced by combining S-220 and the gel in comparison to that of the gel alone [S-220 +  
577 gel vs gel only: 57.3 ± 6.5 vs 31.9 ± 5.3 μm (mean total neurite length per neuron), p = 0.002, unpaired  
578 Student's *t* test; Fig. 6D-F].



579

580

581

582 *The elevation of Epac2 activity promotes axonal outgrowth in an ex vivo model of SCI*

583 To further demonstrate the potential of Epac2 activation for spinal cord repair, we adapted a previously  
584 established mouse *ex vivo* model of SCI using postnatal rat spinal cord organotypic slices (Weightman et  
585 al., 2014). The study design, timeline and schematic diagram of the methodology are shown in Fig. 7A-  
586 B. First, we used a live/dead assay to measure the viability of the slices. The results showed that there  
587 was no difference in the percentage of cells labelled by the cell death marker before and after lesioning  
588 the slices ( $8.4 \pm 3.1$  vs  $4.6 \pm 2.1\%$ ,  $p = 0.148$ , unpaired Student's *t* test; Fig. 7C-D). We then treated the  
589 lesioned slices with S-220 being applied to the culture medium alone, or S-220 applied to the culture  
590 medium together with hydrogels (not containing S-220) being placed into lesion gaps (Fig. 7E-I). One-  
591 way ANOVA showed that there was a significant treatment effect on axonal outgrowth across the lesion  
592 gap among different treatment groups [ $F(3,19) = 8.547$ ,  $p=0.0006$ ; Fig. 7G]. Thus, the results showed  
593 that the number of  $\beta$ -tubulin-III staining profiles per  $\text{mm}^2$  per slice was significantly higher in the slices  
594 treated with the agonist and the gel when compared to those of the control, gel alone, and S-220 alone  
595 groups [S-220 + gel vs control, S-220 alone, and gel alone:  $3016.5 \pm 596.5$  vs  $821.8 \pm 102.9$  ( $p =$   
596  $0.00055$ ),  $1247.9 \pm 73.7$  ( $p = 0.005$ ), and  $1694.7 \pm 82.9$  ( $p = 0.0481$ ), one-way ANOVA with  
597 Bonferroni's post hoc; Fig. 7G].

598

599 *Epac2 agonist incorporated into Fmoc hydrogel promotes axonal outgrowth*

600 Our next step was to incorporate S-220 into the gel so that the agonist could be locally released and  
601 delivered to the injury site. Since it is a different delivery method, we tested different concentrations of  
602 the agonist in order to identify the optimal concentration. One-way ANOVA showed that there was a  
603 significant concentration effect on axonal outgrowth across the lesion gap [ $F(2,12) = 21.53$ ,  $p = 0.00011$ ;  
604 Fig. 8D]. Thus, the results showed that the number of  $\beta$ -tubulin-III staining profiles per  $\text{mm}^2$  per slice

605 was significantly higher in the slices treated with the gel+S-220 (5  $\mu$ M) in comparison to those of the  
606 gel+S-220 (2.5  $\mu$ M) and gel+S-220 (10  $\mu$ M) [gel+S-220 (5  $\mu$ M) vs gel+ S-220 (2.5  $\mu$ M) or gel+ S-220  
607 (10  $\mu$ M):  $3613.0 \pm 177.0$  vs  $1457.6 \pm 284.6$  ( $p = 0.000091$ ) or  $2289.8 \pm 298.2$  ( $p = 0.0086$ ), one-way  
608 ANOVA with Bonferroni's post hoc test; Fig. 8A-D]. Once the optimal concentration of the agonist was  
609 established, we then investigated the efficacy of the agonist at this concentration when it was  
610 incorporated into the gel in promoting neurite outgrowth across the lesion gap. One-way ANOVA  
611 showed that there was a significant treatment effect on axonal outgrowth among different experimental  
612 groups [ $F(4,22) = 21.14$ ,  $p = 7 \times 10^{-8}$ ; Fig. 8A-D]. Thus, the results showed that the number of  $\beta$ -tubulin-  
613 III staining profiles per  $\text{mm}^2$  per slice was significantly higher in the slices treated with the gel+ S-220  
614 (5  $\mu$ M) when compared to those of the control and gel only groups [gel+ S-220 (5  $\mu$ M) vs control or gel  
615 only:  $3613 \pm 177$  vs  $743 \pm 81.5$  ( $p = 3 \times 10^{-8}$ ) or  $1698.5 \pm 169.4$  ( $p=0.000003$ ), Bonferroni's post hoc;  
616 Fig. 8A-D].

617

618 *The elevation of Epac2 activity attenuates the activation of astrocytes in an ex vivo model of SCI*

619 GFAP staining intensity within the lesion gap was quantified to assess astrocyte reactivity. A marked  
620 difference was found in the morphology of the astrocytes across the lesion gap from different  
621 experimental groups. GFAP immunoreactive cells at the forefront into the lesion gap in slices without  
622 any treatments were intensively labelled and hypertrophic (Fig. 8E). Slices treated with the gel only  
623 presented a mixed pattern of GFAP immunoreactive cells (Fig. 8F), while those slices receiving S-220  
624 treatment delivered by the gel presented GFAP immunoreactive cells that were lightly labelled and had  
625 elongated polygonal morphologies (Fig. 8G). One-way ANOVA showed that there was a significant  
626 treatment effect on GFAP activation across the lesion gap among different experimental groups [ $F(2,15)$   
627 =  $76.79$ ,  $p = 1 \times 10^{-7}$ ; Fig. 8H]. Thus, the results showed that GFAP intensity in the slices treated with the  
628 agonist and the gel was significantly lower than those of the control or gel alone groups [gel+ S-220 vs  
629 control or gel only:  $18.2 \pm 1.1$  vs  $33.5 \pm 0.5$  ( $p = 8 \times 10^{-8}$ ) or  $25.7 \pm 0.9$  ( $p = 0.00004$ ), one-way ANOVA  
630 Bonferroni's post hoc test; Fig. 8H]. We then performed double staining for  $\beta$ -tubulin-III and GFAP to

631 study the relationship between astrocytes (hypertrophic and non-hypertrophic) and regrown neurites. In  
632 non-treated slices highly reactive astrocytes appeared to act as a barrier for neurite outgrowth (Fig. 8I).  
633 Higher magnification images demonstrated collapsed growth cones when they confronted highly  
634 reactive astrocytes (Fig. 8J). Conversely, in the slices receiving S-220 delivered by the gel we observed  
635 a close relationship between  $\beta$ -tubulin-III stained neurite profiles and GFAP stained astrocyte processes  
636 (Fig. 8K). Higher magnification images demonstrated that regrown axons were indeed aligned to  
637 astrocyte processes (Fig. 8M).

638

639 Overlapping of nestin and GFAP markers was also quantified as a reactivity parameter as previously  
640 described (O'Neill et al., 2017). One-way ANOVA showed that there was a significant treatment effect  
641 on nestin/GFAP overlapping across the lesion gap among different experimental groups [ $F(2, 16) =$   
642  $11.6, p = 0.0001$ ; Fig. 8P]. Thus, the results showed that the mean nestin/GFAP overlapping pixels were  
643 significantly lower in the slices treated with S-220 delivered by the gel, when compared to those of the  
644 control or gel alone groups [gel + S-220 vs control or gel only:  $48369.4 \pm 16194.2$  vs  $140811.6 \pm$   
645  $12992.8$  ( $p = 0.003$ ) or  $141925.5 \pm 19180.4$  ( $p = 0.002$ ), Bonferroni's post hoc; Fig. 8N-P].

646

#### 647 *The elevation of Epac2 activity attenuates microglial activation in an ex vivo model of SCI*

648 We used the Iba-1 marker to identify microglia in lesioned slices. We found that, within the lesion  
649 site, Iba-1 immunoreactive cells displayed a highly activated morphology (large in cell size and with no  
650 processes) in those slices without any treatments (Fig. 9A, white asterisks). This activated morphology  
651 was in contrast to those Iba-1 immunoreactive cells located in the main body of the slices away from the  
652 lesion margins (Fig. 9C, yellow arrowheads) that exhibited a non-activated morphology (small in cell  
653 size and with ramified processes). However, we observed that in those slices treated with S-220  
654 delivered by the gel, Iba-1 immunoreactive cells within the lesion site resembled the non-activated  
655 morphology seen in the main slice body (Fig. 9B, yellow arrowheads). We then performed a  
656 quantification to determine the differences in Iba-1 immunoreactive cells within the lesion site among

657 different experimental groups by measuring cell body perimeter, which has been shown to correlate with  
658 microglial activation (Kozlowski and Weimer, 2012). Thus, the results showed that the mean cell body  
659 perimeter of Iba-1 immunoreactive cells per slice was significantly smaller in the slices treated with S-  
660 220 and the gel in comparison to those of the control or gel alone groups [gel + S-220 vs control or gel  
661 alone:  $93 \pm 4.2$  vs  $123.7 \pm 1.7$   $\mu\text{m}$  ( $p = 0.000091$ ) or  $103.1 \pm 2.3$   $\mu\text{m}$  ( $p = 0.0086$ ), Bonferroni's post hoc  
662 test; Fig. 9D]. In those slices receiving S-220 delivered by the gel we found that the mean cell body  
663 perimeter of Iba-1 immunoreactive cells was similar to that of non-activated microglia seen in the main  
664 slice body (gel + S-220 vs non-activated microglia in the main slice body:  $93 \pm 4.2$  vs  $81.7 \pm 2.4$   $\mu\text{m}$ ,  $p =$   
665  $0.115$ , unpaired Student's  $t$  test; Fig. 9D]. The relationship between GFAP immunoreactive and Iba-1  
666 immunoreactive cells was investigated by examining the co-labeling of these two markers. In non-  
667 treated slices, we observed that highly reactive astrocytes were intermingled with large, amoeboid and  
668 congregated Iba-1 immunoreactive cells (Fig. 9E), demonstrating that both activated glial cells formed a  
669 highly inhibitory environment for neurite outgrowth. In contrast, in the slices receiving S-220 delivered  
670 by the gel we observed smaller non-activated Iba-1 immunoreactive cells, which were sparsely spread  
671 around elongated polygonal GFAP immunoreactive cells (Fig. 9F).

672

### 673 *S-220 delivered by Fmoc hydrogel promotes functional recovery after a spinal cord contusion injury*

674 Injured rats treated with S-220 delivered by the gel at three weeks post-surgery showed significant  
675 improvement in the BBB score, already detectable three weeks after treatment compared to injury-only  
676 controls, indicating better controlled limb movements after treatment with S-220-loaded gels (Fig. 10).  
677 The improvements were sustained for the rest of the study. Two-way ANOVA showed that there was  
678 significant treatment effects [ $F(1,35) = 16.17$ ,  $p < 0.001$ ; Fig. 10]. At week four post-treatment,  
679 contused rats that received S-220-loaded gel significantly increased locomotor behavior reaching an  
680 average BBB score of  $17.3 \pm 0.9$ , compared to  $14.3 \pm 1.1$  for injury-only controls ( $p = 0.042$ ,  
681 Bonferroni's *post hoc* analysis; Fig. 10).

682

683 **Discussion**  
684

685 Promoting injured adult CNS mammalian neurons to regrow after injury remains a significant  
686 challenge in modern medicine. Among different strategies, cAMP and its downstream effectors  
687 have been shown to enhance neurons' outgrowth capacity. Here, we demonstrate for the first time,  
688 using pharmacological and genetic tools, that specific elevation of Epac2 activity, a downstream  
689 target of cAMP, significantly enhances neurite outgrowth of cultured postnatal DRG and cortical  
690 neurons. Moreover, Epac2 activation promotes significant axonal outgrowth in lesioned spinal cord  
691 slices in an *ex vivo* model of SCI. We reveal novel evidence that Epac2 elevation overcomes  
692 inhibition on neuron/axon growth by CSPGs and mature astrocytes *in vitro* and by the post-lesion  
693 environment of the *ex vivo* model.

694

695 Previously PKA was thought to be solely responsible for cAMP's effects on axonal growth (Siddiq  
696 and Hannila, 2015). However, strong evidence suggests that it is Epac, not PKA, that mediates the  
697 positive effects of cAMP in promoting axonal growth (Murray et al., 2009; Boomkamp et al., 2014;  
698 Wei et al., 2016). Several general agonists were developed to activate Epac, but not PKA, allowing the  
699 study of Epac's roles in mediating specific cAMP functions in cell signaling pathways (Enserink et al.,  
700 2002). Studies using these agonists demonstrate that Epac mediates cAMP-dependent axonal  
701 growth in: (1) embryonic, neonatal and adult rat DRG neurons (Murray and Shewan, 2008; Murray  
702 et al., 2009; Wei et al., 2016), (2) PC12 cells (Christensen et al., 2003); and (3) an *in vitro* model of  
703 SCI and remyelination (Boomkamp et al., 2014). These agonists also regulate axonal elongation in rat  
704 embryonic hippocampal neurons (Munoz-Llancao et al., 2015), and switch the proliferative signal of  
705 cAMP to a neuronal differentiation program in PC12 cells (Kiermayer et al., 2005). However, they  
706 failed to discriminate the effects between Epac1 and Epac2.

707

708 We previously showed that siRNA knockdown of Epac1 and Epac2 in adult DRG neurons  
709 significantly reduced neurite outgrowth (Murray and Shewan, 2008). However, since adult neurons

710 mainly express Epac2, our previous evidence on neurite growth is likely to be mediated solely by  
711 Epac2. Here, we used an Epac2 specific agonist (S-220), which has been shown to selectively  
712 activate Epac2 (Schwede et al., 2015). We are the first group to report the use of this agonist in  
713 primary postnatal rat neurons and spinal cord tissue. Indeed, we used FRET to demonstrate that S-  
714 220 enhanced Epac2 protein activity in the growth cones of DRG neurons. Furthermore, we  
715 provided direct evidence that DRG neurons turned towards a gradient of S-220, such that Epac2  
716 activation was biased towards the direction of turning. These data convincingly suggest the  
717 specificity of this agonist in postnatal neurons. We and others have previously reviewed potential  
718 mechanisms of Epac2 signaling in neurite outgrowth (Peace and Shewan, 2011a; Batty et al., 2017).  
719 Thus, Epac2 is known to activate Rap1, which can subsequently modulate AKT (Mei et al., 2002;  
720 Nijholt et al., 2008) and B-Raf-MER-ERK (Qiu et al., 2000; Enserink et al., 2002; Wang et al.,  
721 2006) signaling pathways, both being shown to play essential roles in axonal growth and guidance  
722 (Liu and Snider, 2001). Epac2 activation may also lead to CREB activation that has been shown to  
723 promote neuroplasticity (Wei et al., 2016) (Fig. 11).

724

725 Following SCI, there are numerous molecules present at the lesion site, including CSPGs, MAG,  
726 Nogo, and OMgp that are inhibitory to axonal outgrowth (Hannila and Filbin, 2008). A body of  
727 evidence has shown that elevation of neuronal cAMP level overcomes the inhibition by MAG and  
728 CNS myelin on axonal outgrowth (Siddiq and Hannila, 2015). The ability of cAMP elevation to  
729 overcome inhibition may involve the activation of CREB, which then leads to transcriptional  
730 changes in arginase I, interleukin-6, secretory leukocyte protease inhibitor, and metallothionein  
731 (Hannila and Filbin, 2008; Siddiq and Hannila, 2015). Up-regulation of these genes has been shown  
732 to promote axonal outgrowth (Cafferty et al., 2004; Deng et al., 2009; Ghasemlou et al., 2010;  
733 Siddiq and Hannila, 2015). Here, we report that activation of Epac2 overcomes inhibition by  
734 CSPGs and mature astrocytes on neuronal growth, and this could therefore be mediated through  
735 CREB activation. It is important to note that Rap1 can regulate integrins, which are essential for cell

736 adhesion (Bos et al., 2003). Different cell types have been shown to control adhesion to laminin via  
737 cAMP-mediated integrin regulation (Murphy et al., 2005). Therefore, Epac2 activation could  
738 possibly also lead to Rap1-mediated redistribution and conformational activation of integrins in the  
739 growth cone (Bos et al., 2003), thereby modifying their responses to inhibitory molecules in the  
740 extracellular matrix after injury (Condic et al., 1999; Tan et al., 2011; Cheah and Andrews, 2018).

741

742 Apart from the effects on axonal outgrowth in the *ex vivo* model, we also report a significantly  
743 modified lesion environment consisting of astrocytes and microglia by the Epac2 agonist.  
744 Astrocytes form the major cell type that contribute to the formation of the glial scar after SCI and  
745 strong evidence suggests that there is heterogeneity within astrocyte populations in the scar with  
746 some cells producing axon-growth supporting molecules (Anderson et al., 2016). The morphology  
747 of Epac2 agonist-treated astrocytes in our study remarkably resembles those newly proliferated and  
748 elongated astrocytes at the lesion border after SCI, which are regulated by the STAT-3 signaling  
749 pathway (Wanner et al., 2013) and show similarity with radial glial progenitors providing guidance  
750 for neuron growth during CNS development (Garcia et al., 2004). Although the functions of these  
751 elongated astrocytes at the lesion border are largely unclear, evidence suggests that they regulate  
752 inflammatory cell behavior (Wanner et al., 2013). Here, we demonstrate a similar pattern following  
753 S-220 treatment, in that elongated astrocytes exist among Iba-1<sup>+</sup> microglia with non-activated  
754 morphology at the lesion site. It is known that cAMP elevation can cause autocrine interleukin-6  
755 up-regulation in astrocytes, which in turn can lead to STAT3 phosphorylation (Takanaga et al.,  
756 2004). Moreover, cAMP elevation in astrocytes causes morphological change into a process-  
757 bearing shape, downregulation of the genes responsible for proteoglycan production, and up-  
758 regulation of the gene for the NMDA receptor subunit NR2C that is a major component of the  
759 tripartite synapse regulating astrocyte-neuron communication (Paco et al., 2016). Therefore, it is  
760 conceivable that in our study the S-220 has caused profound changes in astrocytes at the lesion site  
761 similar to those described after cAMP elevation and render them supportive for the regrowing axons

762 (Fig. 11). Furthermore, there is evidence that cAMP elevation by a general agonist causes  
763 microglial BV-2 cells to increase arginase I production and change to bipolar morphology when co-  
764 treated with TNF- $\alpha$  (Ghosh et al., 2016). Epac activation by a general agonist also causes BV-2  
765 cells to reduce their pro-inflammatory activities (Steininger et al., 2011). Hence, we propose that in  
766 our study the S-220 also attenuates the activation of microglia at the lesion site. Taken together, our  
767 data suggest that Epac2 elevation in both astrocytes and microglia may have potentially modified the  
768 lesion environment from inhibitory to permissive for axonal outgrowth.

769

770 With the novel Fmoc-based hydrogel used as a delivery depot for sustained release of S-220, our  
771 study confers translational potential. We demonstrate for the first time that this hydrogel has  
772 excellent biocompatibility and supports excellent neurite outgrowth *in vitro* and axonal outgrowth  
773 in the *ex vivo* model. Moreover, its stiffness can be tuned to be similar to CNS tissue properties,  
774 which is a key requirement for spinal cord repair (Georges et al., 2006). Furthermore, the hydrogel  
775 can be developed as injectable formats that can fully plug lesion cavities, thus representing a  
776 minimally invasive neurosurgical technique (Cigognini et al., 2011; Kabu et al., 2015). In an  
777 exploratory pilot study, we injected the S-220 loaded Fmoc hydrogel into the lesion cavity of rats  
778 with contusion SCI at a subacute stage i.e. 3 weeks post-injury and found significantly improved  
779 locomotor functional recovery when compared with animals with contusion only. However, further  
780 *in vivo* immunohistochemical and functional studies are required to validate the potential of these  
781 treatments in SCI, which is beyond the scope of the current study. Future studies also need to  
782 further optimize the injected hydrogel volume and S-220 dose and establish the *in vivo* effects of S-  
783 220 on axonal outgrowth and glial activation.

784

785 The failure to find a cure for spinal cord repair is mainly due to the complex injury nature of SCI.  
786 Many studies have designed strategies, either alone or in combination, to tackle various obstacles  
787 presented by the injury, but so far have failed to translate results to the clinic. Our findings using



788 Epac2 elevation to promote spinal cord repair underpin a significant game change not only in  
789 directly enhancing the intrinsic capacity of injured neurons to regrow, but moreover in harnessing  
790 the inhibitory environment, including the glial scar and microglia, to facilitate axonal outgrowth.  
791 However, caution is needed when extrapolating our strategy to other CNS injuries such as brain  
792 injury and stroke, as recent preclinical evidence suggests that, in the acute phase of hemorrhage-  
793 induced brain trauma, increased neuronal expression of Epac2 leads to apoptosis (Zhuang et al.,  
794 2019). Future studies are required to fully understand the role of Epac2 under different CNS injury  
795 pathogeneses.

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799 **References**

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- 995

996 **Figure Legends**

997

998 Fig. 1: The effects of Epac2 modulation on cortical neurite outgrowth. A–C, Epac2 agonist S-  
999 220 promoted significant neurite outgrowth (A, control. B, treated with S-220. C,  
1000 quantification of total neurite length shows that S-220 treated neurons had significantly  
1001 longer neurites). D-F, Epac2 antagonist ESI-05 significantly decreased cortical neurite  
1002 outgrowth (D, control. E, treated with ESI-05. F, Quantification of total neurite length shows  
1003 that ESI-05 treated neurons had significantly shorter neurites). G-I, siRNA knockdown of  
1004 Epac2 significantly decreased cortical neurite outgrowth (G, scrambled siRNA control. H,  
1005 Epac2 siRNA treated. I, quantification of total neurite length shows that Epac2 siRNA treated  
1006 neurons had significantly shorter neurites). J-L, Overexpression of Epac protein using  
1007 lentivirus promoted cortical neurite outgrowth (J, LV/GFP transduced neurons. K, LV/Epac-  
1008 YFP transduced neurons. L, quantification of total neurite length shows that LV/Epac-YFP  
1009 transduced neurons had significantly longer neurites). A, B, D and E cultures were grown for  
1010 24 h. G-H cultures were grown for 48 h. J-K cultures were grown for 7 days to allow enough  
1011 time for gene expression. All cultures were immunostained for  $\beta$ -tubulin-III. Unpaired  
1012 Student's t test,  $n = 3/\text{group}$ . Data expressing mean  $\pm$  SEM. Scale bar: A- E, J-K: 50  $\mu\text{m}$ ; G-  
1013 H: 100  $\mu\text{m}$ .

1014

1015 Fig. 2: Epac agonist activates Epac protein in DRG growth cones and induces growth cone  
1016 attraction. A-D, representative images of FRET SE before (A) and after (B) the addition of  
1017 the Epac2 agonist S-220 and before (C) and after (D) the addition of the Epac2 antagonist  
1018 ESI-05. E, FRET SE measured over time shows a significant activation and inactivation of  
1019 Epac after the addition of the S-220 (blue) and ESI-05 (red), respectively, compared to  
1020 control (black) ( $n = 4$ ). F-G, representative images of DRG growth cones turning towards a

1021 gradient of S-220 at time 0 (F) and 30 min (G). H, Cumulative frequency plots of turning  
1022 angles show a clear switch towards the right in gradients of S-220 (blue) compared to control  
1023 F12 (black), indicating greater attraction towards the direction of Epac2 activity. Average  
1024 turning angles are shown above the abscissa (n = 10). Data expressing mean  $\pm$  SEM. Scale  
1025 bars: A-D = 10  $\mu$ m; F-G = 50  $\mu$ m.

1026

1027 Fig. 3: The Epac2 agonist overcomes inhibitory environments for cortical neuron growth. A,  
1028  $\beta$ -tubulin-III positive cortical neurons grew neurites on PDL coated coverslips; B, cortical  
1029 neurons treated with CSPGs showed significantly shorter neurite lengths compared to control.  
1030 C, Epac2 agonist S-220 attenuated the inhibitory effect of CSPGs on cortical neurite  
1031 outgrowth. D, Quantification represents the percentage of change from control and shows a  
1032 significant reduction in inhibition by CSPGs when S-220 was simultaneously applied.  
1033 Cultures were grown for 48 h. E-G, S-220 also showed the effect in overcoming the astrocyte  
1034 inhibition. Three neurite growth cone behaviors of DRG neurons co-cultured with mature  
1035 astrocytes were observed: retract ( $\nabla$  in E), reflect (\* in E) and crossover (# in F) using time-  
1036 lapse live cell microscopy. G, the quantification showed a significant reduction in the  
1037 retract/reflect behaviors of neurites and a significant increase in the crossover behavior of  
1038 neurites in cells treated with the Epac 2 agonist when compared to control. D, G, Mann-  
1039 Whitney Rank Sum test, n = 3/group. Data expressing mean  $\pm$  SEM. Scale bars, A-C = 50  
1040  $\mu$ m; E-F = 25  $\mu$ m.

1041

1042 Fig. 4: Epac2 agonist S-220 attenuates LPS induced astrocyte and microglial activation *in*  
1043 *vitro*. Representative fluorescent images of control (A), LPS-treated (B) and LPS + S-220-  
1044 treated (C) astrocytes. Representative fluorescent images of control (D), LPS-treated (E) and  
1045 LPS + S-220-treated (F) microglia immunostained for Iba-1 (green) and iNOS (red). G,

1046 Quantification of the mean fluorescence intensity of GFAP showed significant difference  
1047 between control and LPS-treated astrocytes, and between LPS and LPS + S-220-treated  
1048 astrocytes. H, Quantitative image analysis showing significant differences in iNOS  
1049 immunoreactive cell numbers among control, LPS-treated and LPS + S-220-treated  
1050 microglia. I, Griess assay demonstrated a significant increase of nitrate concentration in the  
1051 supernatant collected from LPS-treated microglial cultures when compared to that of the  
1052 control. Data expressing mean  $\pm$  SEM. n = 3/group. One-way ANOVA with Bonferroni post  
1053 hoc test. Scale bars: 100  $\mu$ m.

1054

1055 Fig. 5: The hydrogel degrades gradually, induces minimal immune response and supports  
1056 marked neurite outgrowth in 2D cultures. A, An image of a freshly prepared gel. B, The  
1057 Griess assay showed low levels of nitrite in gel culture media compared to that of LPS-  
1058 exposed primary microglia cultures. C, Gel stiffness showed a gradual decrease in gain  
1059 modulus from the linear region of the raw data (0 to 100 Hz, rheology). D, *In vitro*  
1060 cumulative percentage drug release versus time profile. Optimization of RGD concentration  
1061 to promote neurite outgrowth of DRG explants in two dimensions. E, DRG explant in gel  
1062 without RGD. F, DRG explant in 1.6 mM RGD gel. G, Quantification of maximal distance of  
1063 neurite outgrowth showed significant differences at 1.6 mM and 3.2 mM RGD compared to  
1064 control. H, Quantification of neurite densities of DRG explants at different concentrations of  
1065 RGD. I, Cortical neurons on gel without RGD. J, Cortical neurons on gel with 1.6 mM RGD.  
1066 K, quantification of neurite length in gels with and without RGD, showing significantly  
1067 enhanced neurite outgrowth on gels with 1.6 mM RGD. L, DRG explants grew extensive  
1068 neurites in three dimensions within the gel with 1.6 mM RGD at 72 h after plating. M, Z-  
1069 stack image of DRG neurons growing in three dimensions within the 1.6 mM RGD gel). N, Z  
1070 plane view of DRG neurons. DRG explants were immunostained for GAP-43 (E-F). DRG

1071 neurons and cortical neurons were immunostained for  $\beta$ -tubulin III (I-J, M-N). Data  
1072 expressing mean  $\pm$  SEM, n = 3/group. Scale bars, E-F = 200  $\mu$ m; I, J and L = 100  $\mu$ m; M =  
1073 50  $\mu$ m. One-way ANOVA with Bonferroni's post hoc (B, D, G-H), Kruskal-Wallis ANOVA  
1074 on Ranks with Tukey post hoc (C) and unpaired Student's test (K).

1075

1076 Fig. 6: *In vitro* evidence demonstrating the positive effects of combining the Fmoc hydrogel  
1077 with Epac2 agonist application on neurite outgrowth. A-C, Assessing the effect of combining  
1078 the Fmoc hydrogel with the Epac2 agonist S-220 in enhancing neurite outgrowth of DRG  
1079 explants. A, Control explant growing in gel alone. B, Explant growing in gel in combination  
1080 with S-220. C, Quantification of the maximal neurite length showed significantly longer  
1081 neurites in the combination treatment group than the gel-only group. D-F, Assessing the  
1082 effect of combining the gel with S-220 in enhancing neurite outgrowth of dissociated DRG  
1083 neurons. D, DRG neurons growing in gel alone. E, DRG neurons growing in gel in  
1084 combination with S-220. F, Quantification of the maximal neurite length showed  
1085 significantly longer neurites in the combination treatment group than the gel-only group. Data  
1086 expressing mean  $\pm$  SEM. Scale bars, A = 250  $\mu$ m; B = 500  $\mu$ m; D-E = 100  $\mu$ m. Unpaired  
1087 Student's *t* test, n = 3/group.

1088

1089 Fig. 7: Timeline, study design and schematic diagram of *ex vivo* preparation on organotypic  
1090 spinal cord culture. A, Timeline of the experiments. B, Schematic diagram depicting the  
1091 production and lesioning of organotypic spinal cord slice cultures. C, Quantification of  
1092 live/dead assay did not show any difference before and after lesion (n = 10-15/group). D,  
1093 Representative lived/dead-stained fluorescence micrograph of a slice before lesioning and 2  
1094 days post-lesion. E-I, Using the *ex vivo* model we found that, at 7 days post-injury, treatment  
1095 with either S-220 or hydrogel alone produced similar degrees of neurite outgrowth into the

1096 lesion gaps, but significantly more than that of the non-treated slices (E, non-treated slice; F,  
1097 S-220- treated slice; H, hydrogel treated slice; I, combination treated slice; white dashed lines  
1098 indicate lesion margins). The agonist was added to culture media. G, The axonal profile  
1099 analysis showed that, when the gel was combined with S-220, there was significantly more  
1100 axon growth in the lesion gap than those following treatments with S-220 or hydrogel alone.  
1101 C, Data expressing mean  $\pm$  SEM. G, Data expressing mean  $\pm$  SEM (box limits), bars above  
1102 and below each box = 5% & 95% confidence limits. Circles represent individual biological  
1103 replicates (n = 4 - 6). One-way ANOVA, Bonferroni's post hoc test. Scale bars, D = 500  $\mu$ m;  
1104 E-I = 200  $\mu$ m.

1105

1106 Fig. 8: S-220 incorporated into the hydrogel promotes neurite outgrowth and suppresses  
1107 astrocyte activation. A-B, Representative images showing significant difference in neurite  
1108 outgrowth between gel only (A) and gel + 5 $\mu$ M S-220 (B). White dashed lines indicate lesion  
1109 margins. C, Neurite growth profiles across the lesion gap, showing a progressive increase  
1110 with gel only and gel + 5  $\mu$ M S-220. D, Quantification showing the numbers of  $\beta$ -tubulin III<sup>+</sup>  
1111 processes per mm<sup>2</sup> between control and different concentrations of S-220 delivered in the gel,  
1112 with 5 $\mu$ M having the greatest effect. E-G, Representative images exhibit astrocyte activation  
1113 in the lesion using GFAP staining as an astrocyte marker. E, Control. F, Gel only. G, Gel +  
1114 5 $\mu$ M S-220. H, Quantification of the GFAP immunoreactivity intensity showed a significant  
1115 reduction of mean grey value (OD) in gel + 5 $\mu$ M S-220 compared to the control and the gel  
1116 only treatment. I, Representative image of the relationship between GFAP (red) and  $\beta$ -  
1117 tubulin-III (green) immunoreactive processes in a control injury condition. J, Higher  
1118 magnification image showing the collapse of growth cones (white arrowheads) when they  
1119 meet activated astrocytes. K, Representative image of the relationship between GFAP and  $\beta$ -  
1120 tubulin-III immunoreactive processes in a lesion with combined treatment with gel + 5  $\mu$ M S-

1121 220. M, Higher magnification image showing the alignment of the astrocytes and  $\beta$ -tubulin-  
1122 III immunoreactive processes (white arrowheads). N-O, Levels of astrocyte reactivity were  
1123 estimated by the overlapping of GFAP (red) and nestin (green). N, Representative image of  
1124 GFAP/nestin reactivity in lesion sites of non-treated slices. O, Representative image of  
1125 GFAP/nestin overlapping in slices treated with S-220 delivered by the hydrogel. P,  
1126 Quantification of GFAP/nestin pixel overlapping. Data in D, H and P are expressed as mean  
1127  $\pm$  SEM (box limits). Bars above and below each box = 5% & 95% confidence limits. Circles  
1128 represent individual biological replicates (n = 4-6). One-way ANOVA with Bonferroni's post  
1129 hoc test. Scale bars, A-B, E-G and N-O = 100  $\mu$ m; I, K = 50  $\mu$ m; J, M = 25  $\mu$ m.

1130

1131 Fig. 9: S-220 incorporated into the gel suppresses microglia activation in lesioned spinal cord  
1132 slice. A, Iba-1 immunoreactive cells inside the injury site in control lesion slices (white  
1133 asterisks, indicating activated morphology). B, Iba-1 immunoreactive cells inside the injury  
1134 site in combination treated slices (yellow arrowheads, indicating resting morphology). C,  
1135 Non-injured microglia (yellow arrowheads, indicating resting morphology). D, Cell body  
1136 perimeter was quantified and used as an indication of activation. Cell body size decreased  
1137 more significantly in the presence of the hydrogel only or hydrogel + 5  $\mu$ M S-220,  
1138 respectively. E, Representative image of the relationship between GFAP and Iba-1  
1139 immunoreactive cells in an injured control. F, Representative image of the relationship  
1140 between GFAP and Iba-1 immunoreactive cells in injured slices treated with a combination  
1141 of hydrogel + 5  $\mu$ M S-220. Data in D are expressed as mean  $\pm$  SEM (box limits). Bars above  
1142 and below each box = 5% & 95% confidence limits. Circles represent individual biological  
1143 replicates (n = 4). One-way ANOVA with Bonferroni's post hoc test. Scale bars, A-C = 25  
1144  $\mu$ m; E-F = 50  $\mu$ m.

1145



1146 Fig. 10: S-220 delivered by Fmoc hydrogel into the lesion of contusion injured spinal cord  
1147 enhances locomotor functional recovery. Both S-220-treated and non-treated contusion-  
1148 injured animals showed similar levels of locomotor function at 3 weeks post-injury as  
1149 assessed on the BBB open field task. However, by 2 weeks after treatment (indicated by the  
1150 black arrow), S-220-treated animals showed significantly better locomotor function (3 points  
1151 on the BBB scale) compared with the non-treated animals, a difference was maintained until  
1152 4 weeks after treatment (the last time point assessed). Data were analyzed with two-way  
1153 ANOVA followed by Bonferroni's *post hoc* test.  $n = 4-5$ . Data were expressed as mean  $\pm$   
1154 SEM. \*  $p < 0.05$ .

1155

1156 Fig. 11: A schematic diagram summarizing the potential mechanisms of Epac2 activation by  
1157 S-220 in the *in vitro* and *ex vivo* studies. The blue dotted rectangle and blue dotted arrows  
1158 summarizes the mechanisms for *in vitro* studies. The red dotted rectangle and red dotted  
1159 arrows summarizes the mechanisms for *ex vivo* studies. Our findings from the *in vitro studies*  
1160 with individual monocultures of neurons, astrocytes, and microglia demonstrate that S-220  
1161 has direct and individual effects on: (a) neurons, promoting their growth possibly via the  
1162 subsequent activation of Rap-1/B-Raf/ERK signaling pathway (Murray and Shewan, 2008;  
1163 Murray et al., 2009; Wei et al., 2016); (b) astrocytes, reducing their activation by LPS  
1164 possibly via IL-6/STAT3 signaling pathway (Takanaga et al., 2004); and (c) microglia,  
1165 reducing their activation by LPS possibly via arginase I signaling pathway (Ghosh et al.,  
1166 2016). S-220 binds to the cyclic nucleotide binding (CNB) domains of Epac2 protein within  
1167 these cells triggering downstream signaling pathways (Tucker, 2014). Our findings from the  
1168 *ex vivo studies*, however, suggest that S-220 manifests its effects on these cells in a more  
1169 complex and intermingled manner: (1) elongated astrocytes following S-220 treatment may  
1170 resemble radial glial progenitors, releasing axon-growth supporting molecules (Garcia et al.,

1171 2004); (2) elongated astrocytes following S-220 treatment may provide direct guidance for  
1172 axonal growth (Anderson et al., 2016); (Robichaux and Cheng) reduced astrocyte activation  
1173 by S-220 may lead to upregulate the gene for NMDA receptor subunit NR2C, which is a key  
1174 part in the tripartite synapse regulating astrocyte-neuron communication (Paco et al., 2016);  
1175 (4) reduced astrocyte activation by S-220 may down-regulate the genes responsible for the  
1176 production of proteoglycans including CSPGs, thereby reducing their inhibitory effects on  
1177 axonal outgrowth (Paco et al., 2016); (5) reduced astrocyte activation by S-220 may involve  
1178 STAT-3/nestin, and subsequently may regulate other inflammatory cell behavior, such as that  
1179 of microglia at the spinal cord lesion site (Wanner et al., 2013); and (6) reduced microglial  
1180 activation via astrocyte regulation may lead to reduced production of proinflammatory  
1181 mediators (Steininger et al., 2011), thereby promoting axonal outgrowth. It is also highly  
1182 likely that S-220 may have direct and individual effects on these three types of cells in the *ex*  
1183 *vivo* model, including transcriptional changes in arginase I, interleukin-6, secretory leukocyte  
1184 protease inhibitor, and metallothionein in neurons (d) (Hannila and Filbin, 2008; Siddiq and  
1185 Hannila, 2015), which have been shown to promote axonal outgrowth and overcome  
1186 inhibitory molecules. Red and blue small circles with diagonal across = stop/inhibit.























