

Reports identified: 1 243

- MEDLINE: 397
- EMBASE: 791
- CENTRAL: 63



**Titles and abstracts
screened: 848**

(after duplicates removed)



Reports excluded: 810



Full records assessed: 38



Reports excluded: 26

- Unknown salt intake: 18
- Concomitant intervention: 12
- Intervention period < 1 week: 3
- Difference in salt intake < 1 g/day: 3
- Other reason for exclusion: 3



Final studies included: 12

- RCTs: 4
- Non-RCTs: 8