

1           **PHENOTYPIC SPECTRUM AND RESPONSES TO RECOMBINANT HUMAN IGF1 (rhIGF1)**  
2           **THERAPY IN PATIENTS WITH HOMOZYGOUS INTRONIC PSEUDOEXON GROWTH**  
3           **HORMONE RECEPTOR MUTATION**

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31

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45 **ABSTRACT**

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47 **Background:** Patients with homozygous intronic pseudoexon GH receptor(*GHR*)  
48 mutations(6Ψ) have growth hormone Insensitivity(GHI) (growth failure, IGF1 deficiency  
49 and normal/elevated serum GH). We report 9 patients in addition to previously  
50 described 11 *GHR* 6Ψ patients and their responses to rhIGF1 therapy.

51 **Methods:** 20 patients (12 males, 11 families, mean age  $4.0 \pm 2.2$  yrs) were diagnosed  
52 genetically in our centre. Phenotypic data and responses to rhIGF1 treatment were  
53 provided by referring clinicians. Continuous parametric variables were compared using  
54 student t-test or ANOVA.

55 **Results:** 10/20(50%) had typical facial features of GHI, 19/20(95%) from consanguineous  
56 families and 18/20(90%) of Pakistani origin. At diagnosis, mean height SDS:  $-4.1 \pm 0.95$ ,  
57 IGF1 SDS :  $-2.8 \pm 1.4$ ; IGFBP3 SDS :  $-3.0 \pm 2.1$  and mean basal and peak GH levels: 11.9  
58  $\mu\text{g/L}$  and 32.9  $\mu\text{g/L}$ , respectively. 1/12 who had IGF1 generation test, responded (IGF1:  
59 132 to 255 ng/ml). 15/20 (75%; 11M) received rhIGF1(mean dose 114 micrograms/kg  
60 twice daily, mean duration:  $5.3 \pm 2.5$  yrs). Mean baseline height velocity of  $4.7 \pm$   
61  $1.1\text{cm/yr}$  increased to  $7.4 \pm 1.8\text{cm/yr}$ ( $p=0.001$ ) during Year 1 of therapy. Year 3 mean  
62 height SDS ( $-3.2 \pm 1.0$ ) was higher than pre-treatment height SDS ( $-4.3 \pm 0.8$ ) ( $p=0.03$ ).  
63 Mean cumulative increase in height SDS after year 5 was  $1.4 \pm 0.9$ . Difference between  
64 target height(TH)SDS and adult or latest height SDS was less than that of TH SDS and  
65 pretreatment height SDS ( $2.1 \pm 1.2$  vs  $3.0 \pm 0.8$ ;  $p=0.02$ ).

66 **Conclusion:** In addition to phenotypic heterogeneity in the cohort, there was mismatch  
67 between clinical and biochemical features in individual patients with 6Ψ *GHR* mutations.  
68 rhIGF1 treatment improved height outcomes.

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88       **INTRODUCTION**

89       Growth Hormone Insensitivity (GHI) is characterised by growth failure, IGF1 deficiency  
90       and normal or elevated serum GH. A continuum of genetic, phenotypic, and biochemical  
91       abnormalities has been established, associated with defects in linear growth<sup>1</sup>.  
92       Monogenic defects in the GH-IGF1 axis leading to GHI have been discovered in *GHR*<sup>2, 3</sup>,  
93       *STAT5B*<sup>4, 5</sup>, *IGFALS*<sup>6</sup>, *PAPPA2*<sup>7</sup> and *IGF1*<sup>8</sup> genes.

94  
95       Within the growth hormone receptor (*GHR*) gene, more than seventy missense,  
96       nonsense and splice mutations in over two hundred and fifty patients have been  
97       described<sup>1</sup>. The majority of *GHR* defects are homozygous or compound heterozygous  
98       mutations in the region encoding the GHR extracellular domain, responsible for GH  
99       binding<sup>9,10</sup>. *GHR* mutations cause a continuum of phenotypes ranging from severe, with  
100       classical GHI facies and undetectable IGF1 levels<sup>11,12</sup>, to mild with no dysmorphic  
101       features. The latter is commonly associated with heterozygous dominant negative<sup>13,14</sup> or  
102       compound heterozygous *GHR* mutations<sup>15</sup>.

103  
104       The intronic *GHR* pseudoexon mutation (6Ψ) was first described in 2001 in four siblings  
105       with mild GHI from a highly consanguineous Pakistani family. This point mutation (base  
106       change A<sup>-1</sup> to G<sup>-1</sup>) in intron 6 leads to aberrant splicing and activation of a pseudoexon  
107       sequence causing a spectrum of clinical and biochemical abnormalities<sup>16</sup>. The inclusion  
108       of an additional 108 bases between exons 6 and 7 of the *GHR* gene translates to the  
109       insertion of 36 new amino acids within the extracellular domain and impaired function

110 of the mutant GHR protein<sup>17</sup>. In 2007, a further seven 6Ψ patients were reported<sup>18</sup> with  
111 more severe GHI phenotypes and heights as low as -6.0 SDS.

112  
113 We have identified nine further 6Ψ subjects and report the clinical and biochemical  
114 features in the cohort of twenty patients. Additionally, we describe growth responses to  
115 rhIGF1 therapy, which has not previously been reported.

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## 117 **SUBJECTS AND METHODS**

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### 119 **Patients**

120 Between 2001 and 2014, 20 patients (11 families, 10 with parental consanguinity) were  
121 diagnosed with the intronic *GHR* 6Ψ mutation in our centre. There were 12 males and 8  
122 females, mean age at presentation was 4.0 ± 2.2 yrs (range 0.7-13.0 yrs). The patients  
123 were investigated in 5 UK and 1 US paediatric endocrinology centres.

124

### 125 **Clinical, auxological and biochemical data**

126 The patients were investigated at their home institutions and the referring physicians  
127 completed a proforma detailing the clinical and biochemical details at the time of  
128 sending the DNA sample for genetic analysis. Height measurements were obtained using  
129 a wall-mounted stadiometer. Pubertal staging was done using Tanner stages<sup>19,20</sup>. Pre-  
130 pubertal patients were Tanner stage 1 genital development or breast development for  
131 boys and girls, respectively. Pubertal patients were Tanner stage 2 or above genital or

132 breast development for boys or girls, respectively.

133 Birth weight, parental height, height and BMI values were expressed as SDS according  
134 to the appropriate UK-WHO growth national standards<sup>21,22,23</sup>. Biochemical investigations  
135 included: basal and/or peak GH, basal IGF1 and peak IGF1 during an IGF1 generation  
136 test (IGFGT) and basal IGFBP-3 levels. Basal GH levels and GH provocation tests  
137 (glucagon, clonidine or arginine stimulation tests or insulin tolerance tests) were  
138 performed in the local centres. IGF1 and IGFBP3 values were expressed as SDS based on  
139 the age and sex appropriate ranges provided by the host institution. Where serum IGF1  
140 was undetectable (less than the lower limit of the assay) (n=7), the lowest detectable  
141 SDS was calculated for statistical analysis. IGFGTs were performed locally as previously  
142 published (dose of GH 0.033 mg/kg body weight daily for 4 days)<sup>24,25</sup>. An increase in  
143 IGF1 level of >15 ng/ml between basal and peak values in the IGFGT was considered a  
144 positive response<sup>24</sup>.

145

#### 146 **Therapy with rhIGF1**

147 Patients were treated with recombinant human IGF1 (rhIGF1) at their local centres by  
148 the referring paediatric endocrinologists. Auxology data (height and weight) at different  
149 time points of treatment and the relevant clinical data (e.g. pubertal stage, concomitant  
150 treatment etc) were provided by the referring clinicians. Auxology data were excluded  
151 from statistical analysis if the patient had greater than 6 months interruption of rhIGF1  
152 treatment.

153

154 **Genetic analysis**

155 Genomic DNA was isolated from peripheral blood leukocytes (Qiagen DNeasy Kit). Each  
156 exon of the GHR, plus the pseudoexon (6Ψ), including their intronic boundaries, were  
157 amplified by PCR using specific primers (primer sequences available on request). PCR  
158 products were visualized on 1% agarose gel and sent subsequently for Sanger  
159 sequencing. Sanger sequencing was performed by the Barts and the London Genome  
160 Centre (<http://www.smd.qmul.ac.uk/gc/>) or GATC Biotech ([https://www.gatc-](https://www.gatc-biotech.com)  
161 [biotech.com](https://www.gatc-biotech.com)).

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163 **Ethical approval**

164 Informed written consent for genetic research and publication of their clinical details  
165 and clinical images was obtained from patients and/or their parents. The study was  
166 approved by the Health Research Authority, East of England - Cambridge East Research  
167 Ethics Committee (REC reference: 17/EE/0178).

168

169 **Statistical analysis**

170 For responses to rhIGF1 therapy, the primary end-point was height velocity (HV) at the  
171 end of the first year of treatment. Pearson correlation coefficient assessed the following  
172 correlations: height SDS and IGF1 SDS, height SDS and IGFBP-3 SDS, first year HV and age  
173 at initiation of treatment, sex of patient, baseline height SDS and baseline IGF1 SDS.

174 Pre-treatment HV/height SDS and HV/height SDS during years 1, 2 and 3 of rhIGF1  
175 treatment were compared with ANOVA with Bonferroni correction for multiple



176 comparisons. The difference between target height SDS and pre-treatment height SDS  
177 was compared to the difference between target height SDS and adult height/height at  
178 latest assessment by unpaired two-tailed student's t- test. A p value of  $\leq 0.05$  was  
179 considered significant.

180

## 181 **RESULTS**

182

### 183 **Phenotypic details**

184 Clinical and biochemical details are shown in **Table 1**. The mean height SDS of the  
185 subjects was  $-4.1 \pm 0.95$  (range -1.7 to -5.9), mean IGF1 SDS was  $-2.8 \pm 1.4$  (range -1.0 to -  
186 6.8); mean IGFBP-3 SDS was  $-3.0 \pm 2.1$  (range -0.6 to -8.9); mean basal GH level was 11.9  
187  $\mu\text{g/L}$  (range 0.1 to 19.3) and mean peak GH level was 32.9  $\mu\text{g/L}$  (range 10.0 to >40). Ten  
188 out of 20 (50%) patients had classical facial features of GHI (defined as mid-facial  
189 hypoplasia, depressed nasal bridge and prominent forehead<sup>26</sup>); 19/20 (95%) were from  
190 consanguineous families and 18/20 (90%) are of Pakistani origin. Consistent with the  
191 previous results, wide ranges of short stature and biochemical abnormalities are noted.

192

#### 193 *Variable phenotypic and biochemical features between and within kindreds*

194 Patient A6 is related to the previously described highly consanguineous Pakistani family  
195 (A1-A5)<sup>16,18</sup>. Unlike the other family members, she had facial features of GHI with mid-  
196 facial hypoplasia, depressed nasal bridge and prominent forehead. Patients A2 and A5,  
197 from the same family, had similar or more severe degrees of short stature (height SDS -

198 5.4 and -4.4, respectively) but, lacked abnormal facial features. Patient B had a  
199 moderate clinical phenotype, height -5.6 SDS but IGF1 SDS was only slightly subnormal (-  
200 2.3 SDS). Families G & H (2 pairs of siblings), showed more phenotypic variability with  
201 moderate short stature (height SDS -3.4 to -4.7), relatively mild biochemical features  
202 (IGF1 SDS -2.3 to -3.1) and variable peak GH (18 to >33 µg/L) but all had classical facial  
203 GHI features. Similarly, patients I and K had mild to moderate phenotypes and abnormal  
204 facial features. In contrast, families D & E (2 pairs of siblings) and patient F had  
205 moderate clinical and biochemical features, similar to patients A6, I and K but lacked  
206 facial abnormalities. Finally, patient J (distant cousin of A5) had typical GHI facial  
207 features and a severe biochemical phenotype but height was moderately low (height -  
208 4.0 SDS).

209

#### 210 *IGF1 generation test (IGFGT)*

211 Twelve out of 20 subjects underwent IGFGT (Table 2). Only 1 patient (D2) showed a  
212 response, with increase of IGF1 from 132 to 255 ng/ml. His height was -4.9 SDS and he  
213 had normal facial features (**Figure 1**).

214

#### 215 *Relationships between height and IGF1 and IGFBP-3*

216 There was no positive correlation between height SDS and basal IGF1 SDS or between  
217 height SDS and IGFBP-3 SDS.

218

#### 219 *Responses to rhIGF1 therapy*

220 15 out of 20 patients (75%; 11M) received rhIGF1 treatment. The mean age at initiation  
221 of rhIGF1 in all subjects was  $9.0 \pm 2.7$  yrs (range 5.7-15.3) and the mean duration of  
222 treatment was  $5.3 \pm 2.5$  yrs (range 1.5-7.6). The mean dose of rhIGF1 was 114 (range  
223 110-130) micrograms/kg twice a day. 5 of 15 patients had received combination  
224 rhIGF1/IGFBP-3 therapy as part of a previous study<sup>27</sup>. Of these 5 patients, in the first 5  
225 years of treatment, 1 had >6 months interrupted rhIGF1 treatment between years 2 and  
226 3, the rest had uninterrupted rhIGF1 therapy. 10 of 15 patients were treatment-naïve. In  
227 this group, 5 patients had treatment gaps of >6 months between years 4 and 5 of  
228 therapy. Height outcomes were analysed at baseline (n=15), year 1 (n=15), year 2  
229 (n=14), and year 3 (n=10) (**Figures 2 and 3**).

230  
231 Mean cumulative height SDS change over 5 years of treatment was calculated in 9  
232 patients (4 previously treated and 5 treatment-naïve). 3 of 15 patients were pubertal at  
233 the start of rhIGF-I therapy and were concomitantly commenced on GnRH analogue  
234 therapy.

235  
236 *Change in height velocity (HV) during years 1, 2 and 3 of rhIGF1 therapy*

237 Baseline mean HV was  $4.7 \pm 1.1$  cm/yr and increased to  $7.4 \pm 1.8$  cm/yr during the first  
238 year of treatment ( $p=0.001$ ) (**Figure 2**). The first year HV in the treatment-naïve patients  
239 (n=10) was  $7.9 \pm 1.6$  cm/yr, which was comparable to HV in the previously treated group  
240 (n=5) ( $6.3 \pm 1.9$  cm/yr;  $p=0.12$ ). There was no significant correlation between year 1  
241 mean HV or year 1 mean HV SDS with sex, age at rhIGF1 initiation, baseline height SDS,

242 baseline BMI SDS or baseline IGF1 SDS.

243  
244 Mean HV during the years 2 and 3 of rhIGF1 treatment were  $5.6 \pm 1.8$  cm/yr and  $5.3 \pm$   
245  $1.9$  cm/yr, respectively. Although these values were above baseline, the difference was  
246 not significant ( $p=0.11$  and  $0.36$ , respectively) (**Figure 2**). In treatment-naïve group,  
247 there were also no significant differences in mean HV at year 2 and 3 compared to  
248 baseline.

249  
250 *Change in height SDS during years 1, 2 and 3 of rhIGF1 therapy*  
251 Mean height SDS at year 1 and year 2 of rhIGF1 therapy were  $-3.8 \pm 0.9$  and  $-3.4 \pm 1.0$ ,  
252 respectively. These values were not significantly different from pre-treatment height  
253 SDS ( $-4.3 \pm 0.8$ , **Figure 3**). In the treatment-naïve group, there were also no significant  
254 differences in height SDS at year 1 and 2 compared to baseline. Mean height SDS at year  
255 3 of treatment ( $-3.2 \pm 1.0$ ) was however, significantly higher than pre-treatment height  
256 SDS ( $p=0.03$ ) (**Figure 3**). In the naïve group, mean height SDS also increased significantly  
257 from  $-4.1 \pm 0.8$  at baseline to  $-2.9 \pm 1.0$  at year 3 ( $p=0.01$ ). The mean cumulative change  
258 in height SDS at year 5 of continuous treatment in 9 treated patients was  $1.4 \pm 0.9$   
259 (range 0.2 to 3.2).

260  
261 *Adult height (AH) at discontinuation of rhIGF1 therapy and height at latest assessment*  
262 *(LH) for patients with ongoing rhIGF1 therapy*

263 12 (8M) of 15 treated patients have completed linear growth (adult height, AH). 7 of 12  
264 were naive to rhIGF1 therapy and 5 had received rhIGF1/IGFBP-3 therapy previously <sup>27</sup>.  
265 The mean AH SDS was  $-3.3 \pm 1.3$  SDS (-5.7 to -1.8), compared to pre-treatment height  
266 SDS ( $-4.3 \pm 0.9$  SDS; -5.9 to -3.2) ( $p=0.05$ ). Mean AH in the treatment-naïve group ( $n=7$ )  
267 was  $-3.1 \pm 1.3$  SDS (-5.7 to -1.8) and this was also higher than the pre-treatment mean  
268 height SDS  $-4.1 \pm 0.9$  SDS (-5.9 to -3.2) ( $p=0.08$ ). The individual growth curves for 8 male  
269 and 4 female patients are shown in **Figures 4a and 4b**, respectively.

270  
271 In 3 of 15 patients who remained on rhIGF1 therapy (all naïve to rhIGF1, ages at latest  
272 assessment 9.2 yrs, 11.0 yrs and 12.3 yrs), LH was  $-3.1 \pm 0.1$  SDS (-3.2 to -3.0) and this  
273 was higher than pre-treatment height SDS  $-4.2 \pm 0.6$  SDS (-4.8 to -3.6) ( $p=0.03$ ).

274  
275 The difference between target height (TH) SDS and AH/LH SDS was less than that of TH  
276 SDS and pretreatment height SDS ( $2.1 \pm 1.2$  vs  $3.0 \pm 0.8$ ;  $p=0.02$ ) (**Figure 5**).

277  
278 *Heights in the untreated patients*

279 In the 3 untreated patients, AH SDS was -3.5 and -5.0 and LH SDS (at age of 5.0 yrs) was -  
280 4.4 SDS.

281  
282 **DISCUSSION**

283  
284 It is well established that growth hormone receptor (*GHR*) gene mutations cause a

285 continuum of phenotypes, even within families with the same mutation<sup>11,29,30</sup>. Our  
286 cohort of 20 patients with the rare intronic *GHR* pseudoexon mutation (6Ψ) provides  
287 further insights into the phenotypic variation of GHI caused by a single mutation.  
288 Consistent with the previous report<sup>18</sup>, the spectrum of phenotypic variability is marked.  
289 The 6Ψ *GHR* mutation leads to aberrant splicing, resulting in an aberrant splice product  
290 of the *GHR* gene. This splicing process is highly variable, hence variable quantities of  
291 normal and abnormal transcripts will be generated. Gene transcript heterogeneity i.e.  
292 the ratio of abnormal (mutated GHR) to normal (wild type GHR) proteins and the role of  
293 genetic and environmental factors in defining this ratio, have been postulated to play a  
294 role in the clinical variability<sup>16,18</sup>. However this needs to be further explored in 6Ψ  
295 patients with a range of phenotypes to establish whether patients with more severe  
296 phenotypes have relatively more mutant protein transcript.

297  
298 The characteristic facial features seen in severe GHI, namely, mid-facial hypoplasia and  
299 prominent forehead, reflect the underdevelopment of the facial bones secondary to  
300 IGF1 deficiency<sup>12,31</sup>. As such, it has been proposed that the degree of craniofacial  
301 changes are likely to be more prominent in patients with more severe short stature  
302 and/or a greater degree of IGF1 deficiency<sup>31,32</sup>. However, in our cohort, the presence or  
303 absence of abnormal facial features did not correlate with either the degree of short  
304 stature or the biochemical abnormalities.

305  
306 Previous studies have shown that serum IGF1 and IGFBP-3 levels correlate with height

307 SDS values in patients with *GHR* mutations causing severe GHI i.e. the more severe the  
308 IGF1 deficiency (IGFD), the more severe the height deficiency<sup>29</sup>. The mismatch between  
309 clinical phenotype (i.e. degree of short stature) and the biochemical deficiency (IGF1  
310 SDS) in our cohort is striking. IGF1 levels were measured at the 6 referral centres, hence  
311 several different IGF1 assays were used. However, taking this limitation into account,  
312 many of the most severely affected patients (height SDS -4.0 to -5.9) have IGF1 SDS  
313 values, which are in the normal range or mildly reduced (-2.9 to -1.4). The reason for this  
314 discrepancy is unclear but may be a result of additive molecular defects in other  
315 proteins downstream from the GHR resulting in a greater degree of short stature e.g.  
316 the IGF1 receptor or signalling molecules of RAS-MAPkinase pathway and/or the PI3-  
317 K/Akt pathway. Other genetic and/or environmental factors involved in the *GHR*  
318 processing, trafficking and receptor degradation pathways may also be implicated<sup>18</sup>.  
319 The use of different, rather than standardized / centralized IGF-1 assays, may also  
320 contribute to the observed discrepancy.

321  
322 The majority of reported patients with *GHR* 6Ψ mutations are of Pakistani origin and  
323 previous work by our group suggests the presence of a common ancestor<sup>18</sup>. Although  
324 most of the families were reportedly unrelated, patients J1 and A5 were distant cousins.

325  
326 Response to rhIGF1 therapy has not been previously assessed in patients with 6Ψ *GHR*  
327 mutations. Given that a number of patients in our cohort had a mild degree of IGF1  
328 deficiency, it is tempting to speculate that the response to rhIGF1 therapy would be sub-

329 optimal. However, the first year growth response, demonstrated by the significant  
330 increase in height velocity (baseline HV  $4.7 \pm 1.1$  cm/yr and year 1 HV  $7.4 \pm 1.8$  cm/yr) in  
331 our patients, was comparable to that reported in patients with other homozygous *GHR*  
332 defects (baseline HV  $4.7 \pm 1.3$  cm/yr and year 1 HV  $8.2 \pm 0.8$  m/yr)<sup>33</sup> and other patients  
333 with severe IGF1 deficiency (baseline values 2.8-4.0 cm/yr and year 1 HV 7.4-8.5 cm/yr)  
334 <sup>34-37</sup>. Contrary to reported data from a large European cohort of patients on rhIGF1 <sup>38</sup>,  
335 the increase in 1<sup>st</sup> year height velocity in our cohort did not correlate with age of rhIGF1  
336 initiation or lower baseline height SDS. Furthermore, similar to other studies<sup>34,35</sup>, the  
337 growth-promoting effects of rhIGF1 appeared to persist, as there was a significant  
338 improvement in height SDS at year 3 of treatment. The mean change in height SDS in  
339 our cohort following 5 years of treatment was  $1.4 \pm 0.9$  and is comparable to another  
340 published study of patients with GHI (mean change 1.4 after 6 years of therapy)<sup>36</sup>.  
341 Similar to other studies<sup>34,35</sup>, our patients who had completed rhIGF1 therapy, did not  
342 achieve adult heights in the normal range. However, the AH was higher than the pre-  
343 treatment height SDS and indicates a positive effect of rhIGF1 on growth outcome<sup>34</sup>.  
344 Overall, the effect of rhIGF1 therapy on height outcomes in our cohort was encouraging.

345  
346 Only one subject, D2, responded during the IGFGT. His height was -4.9 SDS and he had  
347 normal facial features. Although he was treated with rhIGF1 therapy, data on his clinical  
348 course and response to treatment was unavailable, hence he was not included in the 15  
349 treated patients described in this manuscript.

350



351 In summary, the homozygous intronic 6Ψ *GHR* mutation caused both severe and mild  
352 GHI phenotypes, even in individuals within the same kindred. The presence or absence  
353 of abnormal facial features did not correlate with either the degree of short stature or  
354 the biochemical abnormalities. There was often a mismatch between the clinical and  
355 biochemical features in individual patients. rhIGF1 treatment improved long-term height  
356 outcomes as has been demonstrated in GHI patients with other homozygous *GHR*  
357 mutations and primary IGF1 deficiency.

358

359 **URLs**

360 <http://www.smd.qmul.ac.uk/gc/>

361 <https://www.gatc-biotech.com>

362

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364

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368

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370 recruitment, data collection and analysis. LS and LAM performed the genetic analysis. SC  
371 performed phenotypic and statistical analyses. SC wrote the manuscript with input from  
372 MOS and HLS.

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501 **Table 1: Clinical and auxological details of the patients with homozygous *GHR***

502 **pseudoexon (6ψ) mutations**

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| Family | Patient | Age (yrs) | Sex | Height SDS | BMI SDS | Birth weight SDS | Target height SDS | Ethnicity/ consanguinity | GHI classical facial features |
|--------|---------|-----------|-----|------------|---------|------------------|-------------------|--------------------------|-------------------------------|
| A      | 1*      | 1.3       | M   | -1.7       | -4.9    | -0.2             | -2.2              | Pak/+                    | No                            |
|        | 2*      | 3.7       | M   | -5.9       | -2.0    | 0.3              | -2.2              | Pak/+                    | No                            |
|        | 3*      | 8.3       | M   | -3.3       | -0.4    | NK               | -1.6              | Pak/+                    | No                            |
|        | 4*      | 3.8       | M   | -3.6       | -0.5    | -0.1             | -1.6              | Pak/+                    | No                            |
|        | 5*      | 1.2       | F   | -4.4       | +1.8    | 0.7              | -2.4              | Pak/+                    | No                            |
|        | 6       | 2.5       | F   | -4.4       | -0.1    | -1.8             | NK                | Pak/+                    | Yes                           |
| B      | 1*      | 1.6       | F   | -5.6       | -2.4    | -1.4             | -1.4              | Pak/+                    | Yes                           |
| C      | 1*      | NK        | M   | -5.0       | NK      | NK               | NK                | Palestine-Arab/+         | Yes                           |
| D      | 1*      | 3.3       | M   | -4.9       | 0.1     | NK               | NK                | Pak/+                    | No                            |
|        | 2*      | 8.1       | M   | -3.3       | -2.4    | -1.5             | NK                | Pak/+                    | No                            |
| E      | 1*      | 5.4       | F   | -3.5       | 0.02    | NK               | NK                | Pak/+                    | No                            |
|        | 2*      | NK        | F   | -4.0       | NK      | NK               | NK                | Pak/+                    | No                            |



|   |   |     |   |      |      |      |      |       |     |
|---|---|-----|---|------|------|------|------|-------|-----|
| F | 1 | 7.0 | M | -4.2 | -0.5 | -0.5 | -0.9 | Pak/+ | No  |
| G | 1 | 2.6 | M | -3.8 | -2.9 | -2.9 | -1.3 | Pak/+ | Yes |
|   | 2 | 3.7 | F | -4.2 | -0.9 | 0.1  | 0.7  | Pak/+ | Yes |
| H | 1 | 5.7 | M | -3.0 | -0.7 | 0.7  | -0.7 | Pak/+ | Yes |
|   | 2 | 1.5 | F | -4.7 | -1.2 | NK   | -0.7 | Pak/+ | Yes |
| I | 1 | 2.3 | F | -4.3 | -1.7 | -1.7 | -1.6 | Ind/- | Yes |
| J | 1 | 5.3 | F | -4.0 | 0.4  | 0.1  | -1.6 | Pak/+ | Yes |
| K | 1 | 4.3 | F | -4.1 | -0.2 | -0.3 | -0.9 | Pak/+ | Yes |

506

507 \* Patients previously reported<sup>16,18</sup>. Age and Height SDS are at presentation. NK, not known; +, parents  
508 consanguineous; -, parents not consanguineous; Pak, Pakistani; Ind, Indian; GHI facial features: frontal  
509 bossing, mid-facial hypoplasia

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523 **Table 2: Biochemical details of patients with homozygous *GHR* pseudoexon (6ψ)**524 **mutations**

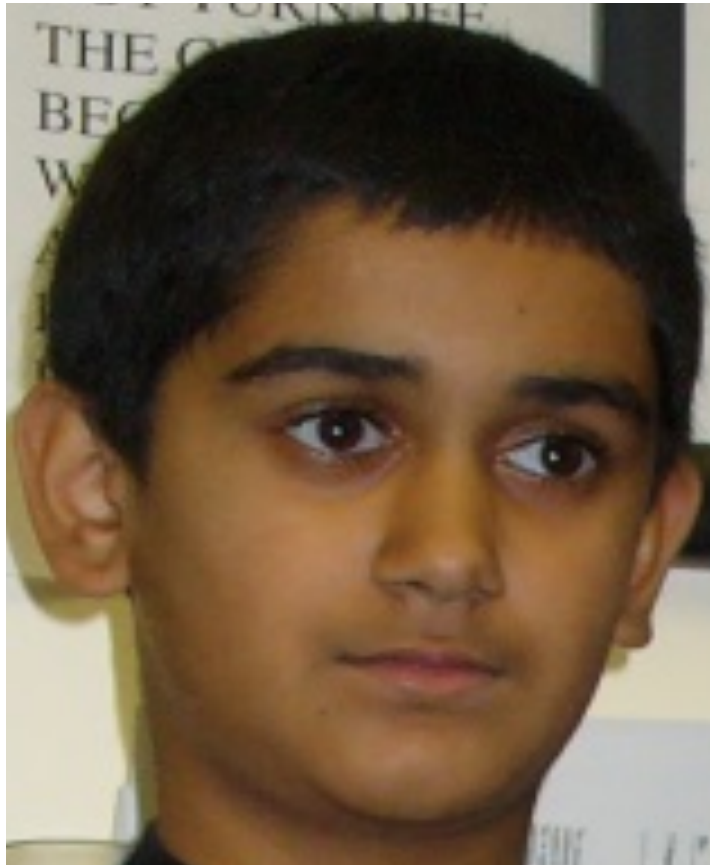
| Family | Patient | Basal GH<br>μg/L | Peak GH<br>μg/L | IGF1 SDS | IGFGT<br>Basal/Peak<br>ng/ml | IGFBP3<br>SDS |
|--------|---------|------------------|-----------------|----------|------------------------------|---------------|
| A      | 1*      | 11.0             | 10.0            | -2.5     | 23.0/24.0                    | -6.0          |
|        | 2*      | 6.0              | 14.3            | -2.5     | 21.0/26.0                    | -8.9          |
|        | 3*      | 1.8              | 53.3            | -1.7     | 29.0/36.0                    | -2.9          |
|        | 4*      | 17.5             | 90.0            | -2.0     | 20.0/20.0                    | -3.4          |
|        | 5*      | 0.1              | 18.8            | -2.2     | ND                           | -1.72         |
|        | 6       | 3.4              | 26.7            | NK       | ND                           | ND            |
| B      | 1*      | 13.0             | >33.3           | -2.3     | 6.9/7.6                      | -2.4          |
| C      | 1*      | 0.6              | NK              | NK       | NK                           | NK            |
| D      | 1*      | 10.2             | 15.4            | -2.3     | 36.0/41.0                    | -2.6          |
|        | 2*      | 0.3              | 28.4            | -0.7     | 132.0/255.0*                 | -1.6          |
| E      | 1*      | 2.5              | 27.0            | -1.0     | ND                           | -2.3          |

|   |    |      |       |      |             |      |
|---|----|------|-------|------|-------------|------|
|   | 2* | 8.3  | 37.7  | -1.4 | ND          | -2.3 |
| F | 1  | 2.0  | 40.0  | -2.5 | 41.2/29.7   | -2.6 |
| G | 1  | 4.0  | >33.0 | -2.3 | 63.3/16.8   | ND   |
|   | 2  | 16.9 | 33.3  | -2.5 | ND          | ND   |
| H | 1  | 17.5 | 90.0  | -2.9 | 1.5/8.4     | -2.4 |
|   | 2  | 0.1  | 18.8  | -3.1 | ND          | ND   |
| I | 1  | 3.4  | 26.7  | -2.1 | ND          | ND   |
| J | 1  | 19.3 | >40.0 | -6.8 | <25.0/<25.0 | ND   |
| K | 1  | 0.6  | NK    | -4.0 | <22.9/<22.9 | -2.4 |

525 IGFGT, IGF1 generation test; NK, not known; ND, not done; \*positive response during

526 IGFGT.

## Figure 1



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528

529 **Figure 1. Patient with homozygous *GHR* pseudoexon mutation and normal facial**  
530 **features.**

531 A patient with the homozygous *GHR* pseudoexon mutation but no dysmorphic facial  
532 features i.e. no frontal bossing or mid-facial hypoplasia.

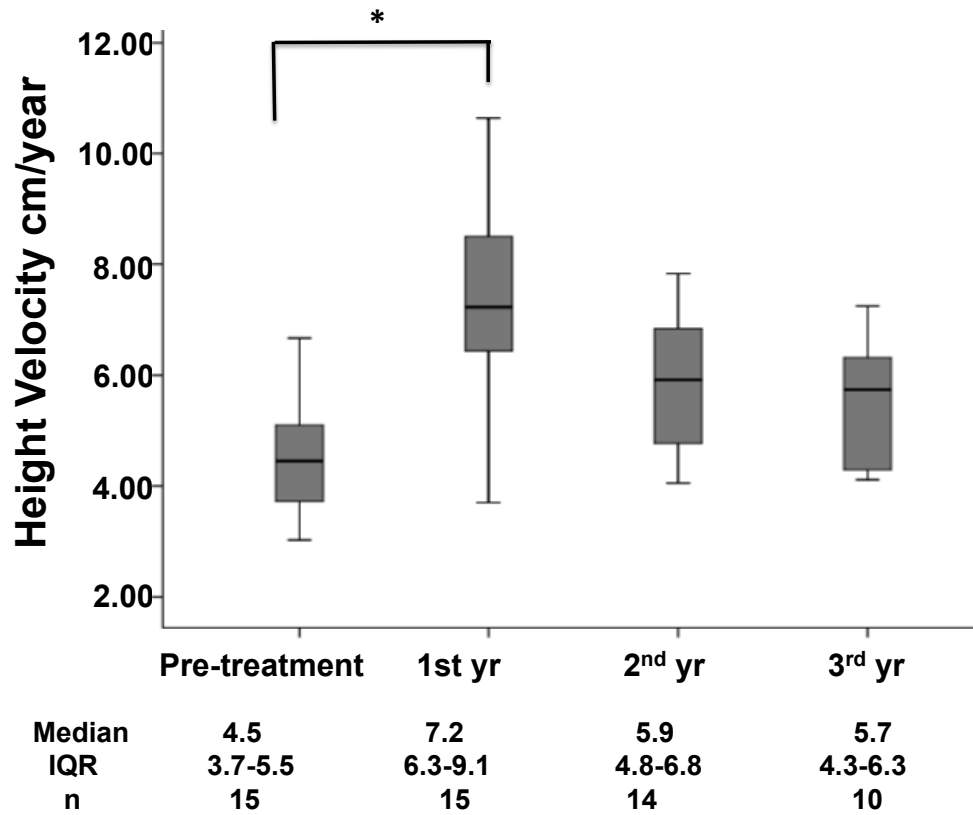
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Figure 2



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**Figure 2. Height velocity at four different time points during treatment with rhIGF1.**

540

Box and whisker plots show the median, upper and lower quartiles and range; IQR,

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interquartile range; n, number of patients data available/included for each time point; p

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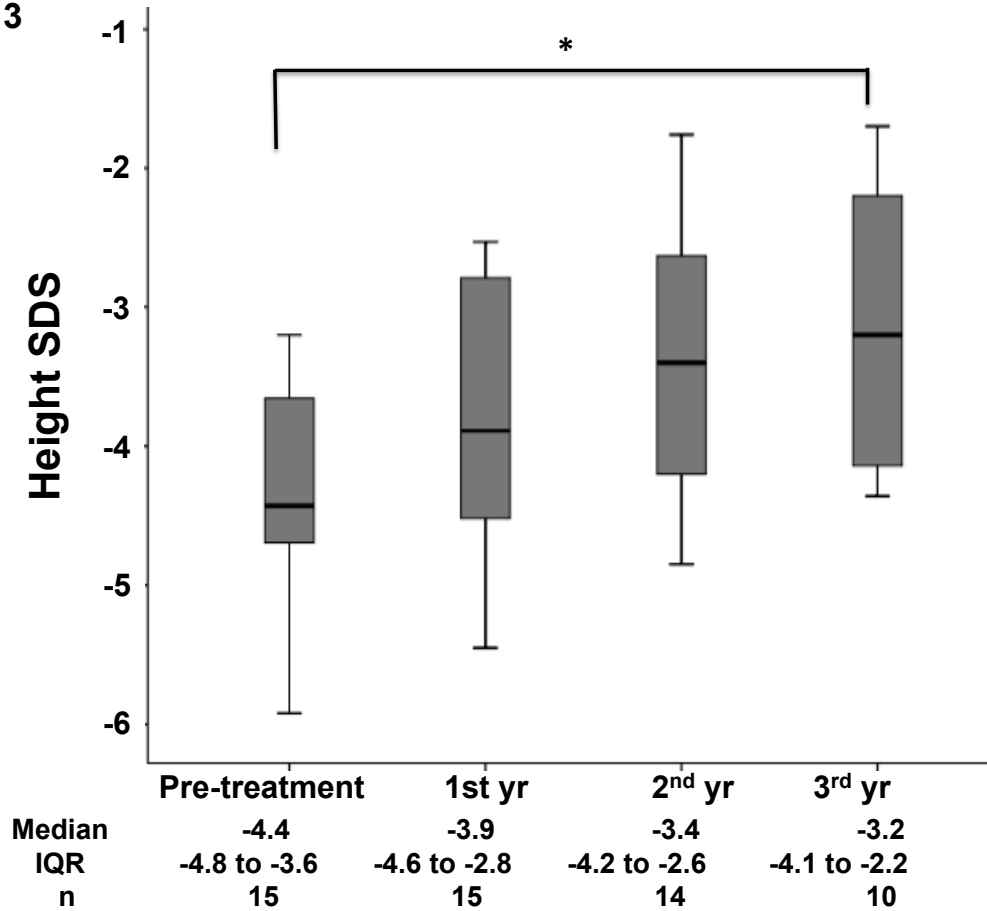
values calculated by ANOVA with Dunn-Bonferroni post hoc pairwise comparison; \* p=

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0.001.

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Figure 3



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**Figure 3. Height SDS at four different time points during treatment with rhIGF1.**

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Box and whisker plots show the median, upper and lower quartiles and range; IQR,

549

interquartile range; n, number of patients data available/included for each time point; p

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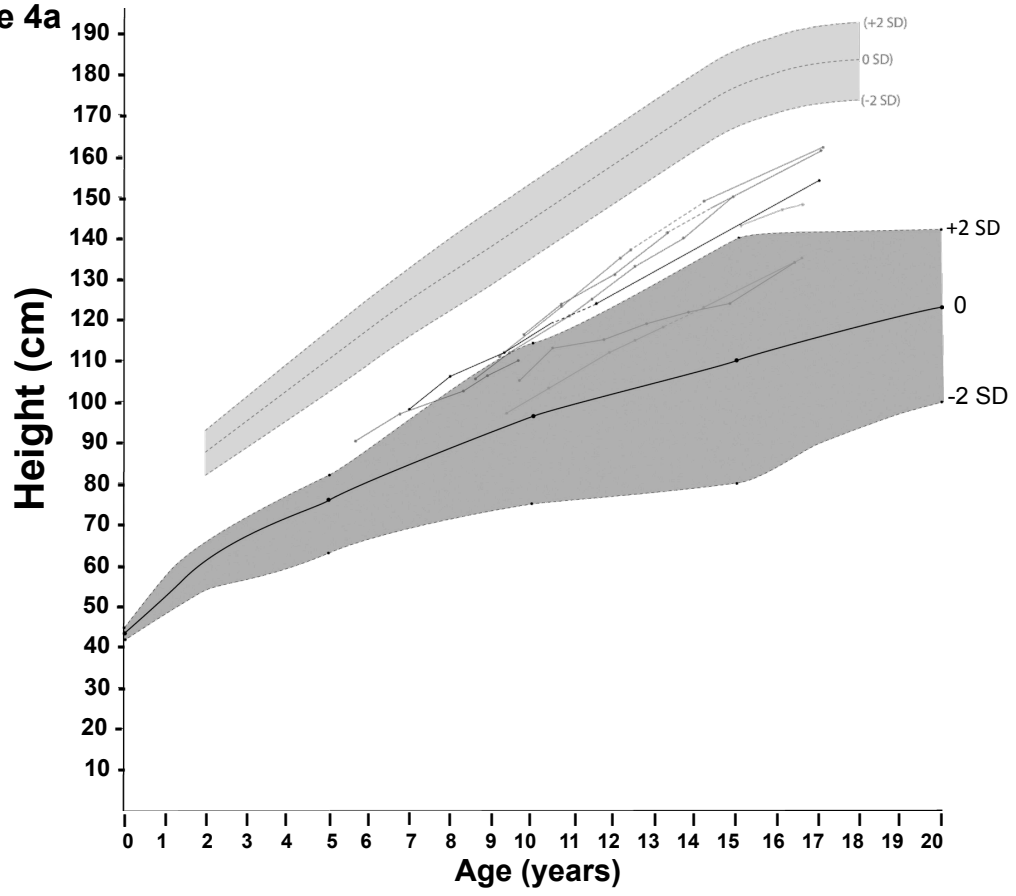
values calculated by ANOVA with Dunn-Bonferroni post hoc pairwise comparison; \*, p=

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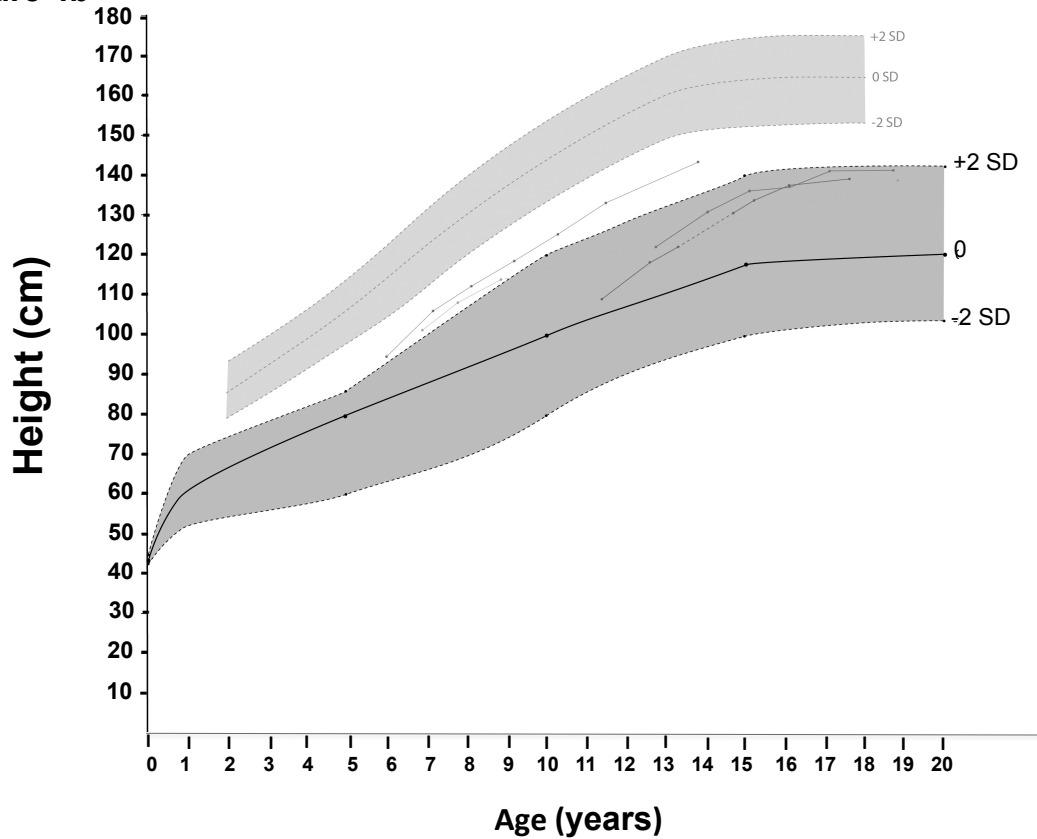
Figure 4a



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Figure 4b



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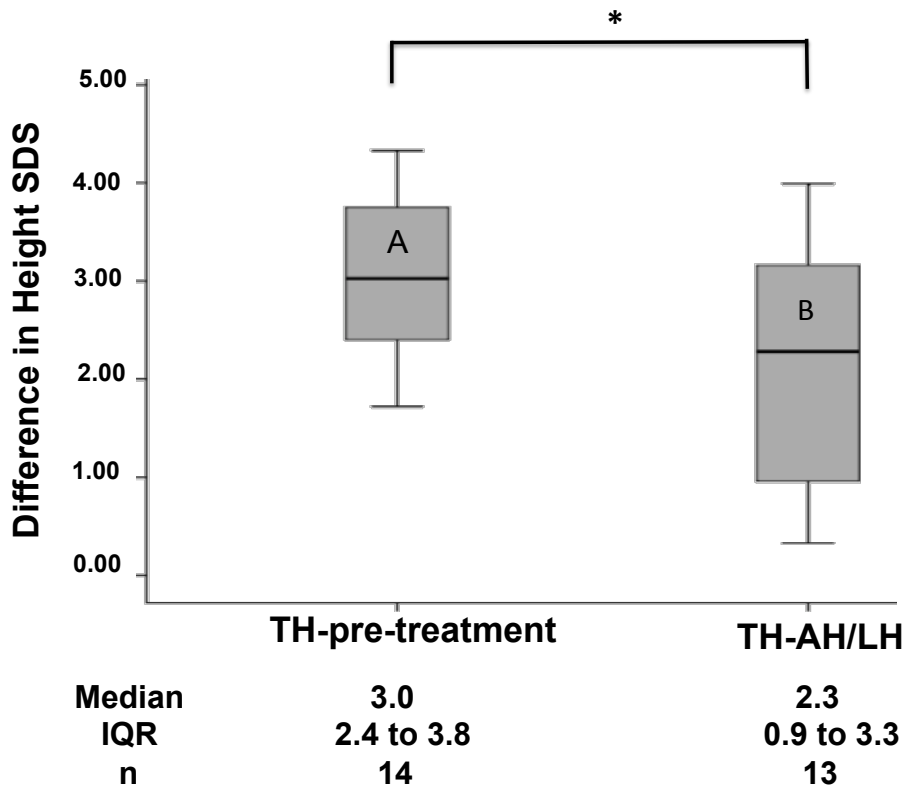
557 **Figure 4. Individual growth curves for homozygous *GHR* pseudoexon mutation**  
558 **patients who have completed rhIGF-I therapy.**

559 a. Individual growth and adult height data of 8 male patients, compared with the UK-  
560 WHO growth standards<sup>21-23</sup> (upper shaded area; mean represents the 50<sup>th</sup> centile; +2 SD  
561 represents the 91<sup>st</sup> centile; -2 SD represents the 2<sup>nd</sup> centile on the UK-WHO charts) and  
562 the mean  $\pm$ 2 SD for height for untreated Laron syndrome patients (lower shaded area;  
563 represents reference range for patients with presumed GH receptor abnormalities<sup>28</sup>). b.  
564 Individual growth and adult height data of 4 female patients, compared with the UK-  
565 WHO growth standards<sup>21-23</sup> (upper shaded area; mean represents the 50<sup>th</sup> centile; +2 SD



566 represents the 91<sup>st</sup> centile; -2 SD represents the 2<sup>nd</sup> centile on the UK-WHO charts) and  
 567 the mean  $\pm$ 2 SD for height for untreated Laron syndrome patients (lower shaded area;  
 568 represents reference range for patients with presumed GH receptor abnormalities<sup>28</sup>).  
 569

**Figure 5**



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 572 **Figure 5. Difference between target height (TH) and heights pre- and post-treatment**  
 573 **with rhIGF1.**

574 Box and Whisker Plot showing A: Difference between target height (TH) SDS and pre-  
 575 treatment baseline height SDS and B: Difference between Target Height SDS and Height  
 576 SDS at final adult height (AH) or at latest assessment (LH) during treatment with rhIGF1

577 therapy. Box plots show the median, upper and lower quartiles and range; IQR=  
578 interquartile range; p values calculated by student's unpaired t-test; \*, p=0.02.  
579