EXTENDED REPORT

Agrin mediates chondrocyte homeostasis and requires both LRP4 and α-dystroglycan to enhance cartilage formation in vitro and in vivo

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ABSTRACT

Objectives Osteoarthritis (OA) is a leading cause of disability for which there is no cure. The identification of molecules supporting cartilage homeostasis and regeneration is therefore a major pursuit in musculoskeletal medicine. Agrin is a heparan sulfate proteoglycan which, through binding to low-density lipoprotein receptor-related protein 4 (LRP4), is required for neuromuscular synapse formation. In other tissues, it connects the cytoskeleton to the basement membrane through binding to α-dystroglycan. Promoted by an unexpected expression pattern, we investigated the role and receptor usage of agrin in cartilage.

Methods Agrin expression pattern was investigated in human osteoarthritic cartilage and following destabilisation of the medial meniscus in mice. Extracellular matrix (ECM) formation and chondrocyte differentiation was studied in gain and loss of function experiments in vitro in three-dimensional cultures and gain of function in vivo, using an ectopic cartilage formation assay in nude mice. Receptor usage was investigated by disrupting LRP4 and α-dystroglycan by siRNA and blocking antibodies respectively.

Results Agrin was detected in normal cartilage but was progressively lost in OA. In vitro, agrin knockdown resulted in reduced glycosaminoglycan content, downregulation of the cartilage transcription factor SOX9 and other cartilage-specific ECM molecules. Conversely, exogenous agrin supported cartilage differentiation in vitro and ectopic cartilage formation in vivo. In the context of cartilage differentiation, agrin used an unusual receptor repertoire requiring both LRP4 and α-dystroglycan.

Conclusions We have discovered that agrin strongly promotes chondrocyte differentiation and cartilage formation in vivo. Our results identify agrin as a novel potent anabolic growth factor with strong therapeutic potential in cartilage regeneration.

INTRODUCTION

Agrin (AGRN) is a heparan sulfate proteoglycan known for its requirement in neuromuscular synapse formation.1 Recent microarray data from our laboratory identified agrin as a gene expressed in cartilage and modulated upon injury,2 raising the possibility of a novel function for agrin in an aneural tissue such as cartilage, containing only one cell type: the articular chondrocyte.

At the neuromuscular junction, neuronal agrin (splice variant: y4, z8) binds low-density lipoprotein receptor-related protein 4 (LRP4) in a complex with the muscle-specific kinase (MuSK) and amyloid precursor protein family members APP and APLP2 resulting in MuSK activation. This then induces the aggregation of acetylcholine receptors (AChRs),25–27 ensuring neuromuscular synapse formation and maintenance. In other tissues, such as the kidneys, lung and muscle, agrin (splice variant: y0, z0) plays a role in mechanotransduction by linking the cell cytoskeleton to other basement membrane components including α-dystroglycan (DAG1) and laminin-γ1 (LAMC1)26–28 through either direct binding or indirectly through integrins.8 More recent studies with transgenic mice have demonstrated a non-redundant involvement of agrin in postnatal skeletal development and endochondral bone formation.29

The articular cartilage covers the ends of the long bones at the joint and ensures frictionless motion. Unlike the epiphyseal cartilage of the developing skeletal elements, which is destined to become calcified, invaded by vessels and ultimately replaced by bone through endochondral bone formation, the articular cartilage is permanent throughout life, is avascular and aneural and is resistant to calcification, vascular invasion and endochondral bone formation. Cartilage is mainly composed of specialised extracellular matrix (ECM) rich in collagen type II (COL2A1) and highly sulfated proteoglycans, prevalently aggrecan (ACAN), and chondrocytes which are sparsely present throughout the abundant ECM.30 Chondrocyte differentiation and expression of COL2A1 and ACAN is driven by the cartilage-specific transcription factor SOX9.31

Under resting conditions, cartilage matrix has a very low turnover (the half-life of COL2A1 is estimated to be ~117 years32); however, following damage, the tissue deploys a homeostatic response, supported by SOX9 upregulation and activity, driving the replacement of the damaged ECM and restoring cartilage integrity.2 Under this response is insufficient or stunted, ECM breakdown takes place due to the release of proteolytic enzymes including matrix metalloproteinases (MMPs) and aggrecanases.34 Cartilage destruction and the resulting joint failure are the hallmark of osteoarthritis (OA), the most common cause of...
chronic disability worldwide after cardiovascular disease.\textsuperscript{15, 16} During OA, chondrocytes acquire a phenotype similar to the hypertrophic chondrocytes of the developing growth plate, characterised by expression of collagen type X (COL10A1) and MMP-13.\textsuperscript{17, 18} The acquisition of this phenotype and the consequent mineralisation drive cartilage breakdown.\textsuperscript{19} Therefore, hypertrophic differentiation and calcification are important mechanisms in OA progression. In spite of the huge social and economic burden, we still have no cure for OA and strategies for cartilage regeneration represent a priority in medical research.

In this study we reveal a novel cell-autonomous reparative autocrine paracrine circuit with great therapeutic potential that is governed by the homeostatic function of agrin in adult articular chondrocytes.

**MATERIALS AND METHODS**

**Destabilisation of the medial meniscus**
OA was induced in 8-week-old 129/Sv male mice by surgical destabilisation of the medial meniscus (DMM) or sham surgery to the contralateral limb as described previously,\textsuperscript{20} and killed after 8 weeks.

**Cartilage harvest and chondrocyte isolation**
Adult human articular cartilage was obtained from patients undergoing joint replacement for knee OA after obtaining informed consent. All procedures were approved by the East London and The City Research Ethics Committee. Full thickness cartilage was dissected from preserved areas of the femoral condyles and the patellar groove. From each sample, one full thickness specimen was processed for histological grading. Bovine chondrocytes were isolated from the metatarsal joints of 18-month-old bovine obtained within 6 h of death from a local abattoir. Full thickness sections were harvested for histological analysis. Chondrocyte isolation and in vitro expansion was performed as previously described.\textsuperscript{21}

The full thickness explants taken for histological scoring were fixed in 4% paraformaldehyde in phosphate-buffered saline (PBS) at pH 7.4, paraffin embedded, sectioned, stained and scored for features of OA as described previously.\textsuperscript{22, 23} All experiments were performed using freshly isolated or confluent P0 cells.

**Overexpression and siRNA transfection**
Subconfluent cells were transfected with a plasmid encoding agrin (COS7 and agrin plasmid were a kind gift from Dr M Ferns, UC Davis Health System, USA), green fluorescent protein (GFP), bone morphogenetic protein (BMP)-2 (kind gift from Dr Gerard Gross, Signaling and Gene Regulation, Gesellschaft für Biotechnologische Forschung (GBF), Braunschweig, Germany), LRP4 or siRNAs (20 nM) by using JetPrime transfection reagent (PolyPlus Transfection, Illkirch, France) according to the manufacturer’s instructions. The cells were used in monolayer or micromass. Observed transfection efficiency was 25%–30% for C28/I2 and bovine chondrocytes; and around 95% for COS7 cells. siRNA oligo sequences can be found in online supplementary table S1. A Stealth RNAi negative control duplex of low guanine–cytosine (GC) content (Invitrogen) was used as a negative control for agrin siRNA.

**Micromass culture and Alcian blue staining**
Cells were resuspended at a density of 2.0×10\textsuperscript{7} cells/mL in complete medium, and micromass cultures were obtained by pipetting 15 μL drops of cell suspension into each well of a 24-well plate. The cells were allowed to attach for 3 h and then 1 mL of complete medium was added. Micromasses were cultured for 4 days, changing the medium every 48 h. Micromasses were harvested for RT-PCR gene expression analysis or fixed and whole-mount stained with Alcian blue.\textsuperscript{24} Alcian blue extraction and quantification was performed as previously described.\textsuperscript{25} Images were acquired at room temperature with a camera (Coolpix 4500; Nikon), with the macrossetting and daylight. Image contrast was modified with Photoshop 7.0 for best graphic rendering, equally for all treatments.

**Indirect immunofluorescence**
Immunocytochemistry and immunohistochemistry were performed as previously described.\textsuperscript{25} For antigen retrieval on paraffin sections we used pepsin digestion.\textsuperscript{23} The primary anti-agrin rabbit polyclonal antibody (Santa Cruz Biotechnology, Dallas, Texas, USA) or the isotype-matched negative control normal rabbit IgG (Dako, Ely, Cambridgeshire, UK) was diluted 1:200 in blocking buffer. Secondary antibodies were cy3-conjugated goat anti-rabbit antibody diluted 1:300 (Jackson ImmunoResearch Laboratories, West Grove, Pennsylvania, USA) for immunocytochemistry or goat anti-rabbit antibody Alexa 555 diluted 1:300 (Life Technologies) for immunohistochemistry. Slides were mounted in Mowiol (EMD Millipore, Darmstadt, Germany), and images were acquired with a fluorescence microscope (BX61; Olympus, Southend-on-Sea, UK) using a Uplan-Fluor 40× NA 0.85 objective lens. Images were acquired by using an FView II Soft Imaging Solutions (SIS) camera and Cell P software (Olympus). After acquisition, the contrast of the images was enhanced for best graphic rendering using Photoshop 7.0, with all the same parameters, without altering the relationship of the target to control the images.

**Total RNA extraction and real-time qPCR**
Total RNA extraction, cDNA synthesis and real-time PCR were performed as previously described.\textsuperscript{23} Real-time qPCR and sequencing primers can be found in online supplementary tables S2 and S3.

**In vivo ectopic cartilage formation assay**
The ectopic cartilage formation assay was performed as described previously.\textsuperscript{21} In brief, for each injection 5 million freshly isolated bovine chondrocytes were mixed with either 500 000 growth-arrested (treated with 7.5 μg/mL of mitomycin-C (Sigma-Aldrich) diluted in complete medium for 2 h at 37°C) COS7 cells overexpressing FL-agrin or with the same amount of mitomycin C-treated GFP transfected COS7 cells. Each sample was resuspended in 50 μL of sterile PBS and injected intramuscularly in the posterior compartment of the thigh of 3-week-old female CD1nu/nu mice.\textsuperscript{23} Twelve injections per condition (24 in total) were performed. Animals were maintained in isolator cages under an unrestricted diet. The animals were then killed after 2 weeks and the cartilage implants were retrieved. All procedures were approved by the Local Ethics committee and the UK Home Office. The implants were weighed and then paraffin embedded for histological analysis.

**α-dystroglycan blocking**
α-dystroglycan binding was inhibited in vitro on bovine chondrocytes in monolayer using 10 ng/mL α-dystroglycan antibody (III6; Santa Cruz). Binding inhibition was confirmed using Phalloidin (Invitrogen) staining in PBS 1:1000. IgM (Santa Cruz) was used as control antibody.
**Statistical analysis**

Parametric data were compared with a student’s t test. p Values <0.05 were considered significant. *p <0.05; **p <0.005; ***p <0.0005. All the data in the graphs are expressed as mean ±SEM.

**RESULTS**

Agrin (y0, z0) is expressed in the articular cartilage and is downregulated in OA

In the context of a transcriptomic analysis to identify genes regulated by mechanical injury in cartilage, we discovered that mRNA encoding for agrin and its receptors LR4, APP, APLP2, DAG1 and LAMC1 were expressed in human adult articular cartilage (figure 1A) raising the question of whether agrin signaling has a role in cartilage biology. MuSK, which is essential at the neuromuscular junction, was not detected in two of three samples.

At the neuromuscular junction, the presence of the alternatively spliced inserts y and z results in a 1000-fold higher affinity of agrin to LR4 and therefore neuromuscular synapse stability via AChR clustering. To investigate whether these inserts (y4: KSRK; z8: ELTNEIPA or 11: PETLDSRALFS or 19: PRVLGESPKSRKVPHTVLNL) have a role in cartilage biology, we performed microarray analysis.

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**Figure 1** Agrin (y0, z0) is expressed in the articular cartilage and reduced in OA. (A) Microarray analysis of agrin and its receptors DAG1, LAMC1, LR4, MuSK, APP and APLP2 in freshly dissected human articular cartilage samples. (B) Schematic representation of agrin (above) and sequence analysis of agrin cDNA from human articular chondrocytes demonstrating the absence of the insert y and z (y0, z0) (below). (C) Agrin protein detection in healthy human and bovine explants and in the murine joint of 129/Sv mice (n=3). F, femur; M, meniscus; T, tibia. (D) Agrin protein detection on in isolated bovine articular chondrocytes and in C28/I2. (E) Agrin protein detection in paired human cartilage samples obtained from the same joint, but either from persevered areas (Mankin score <4) or from severely affected areas (Mankin Score >8) (n=3). (F) Agrin protein detection at 7 days and 8 weeks post DMM surgery in the joints of male 129/Sv mice; contralateral sham-operated joints served as control (n=3). AGRN, agrin; DAG1, α-dystroglycan; DMM, destabilisation of the medial meniscus; GAG, glycosaminoglycan; LAMC1, laminin-γ1; LR4, low-density lipoprotein receptor-related protein 4; MuSK, muscle-specific kinase; OA, osteoarthritis.

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ELTNEPAPETLDRLSALFS) were present in chondrocytes, we sequenced across the potential insert sites of agrin from human articular chondrocyte cDNA. This analysis revealed, as in other non-neural tissues, the absence of the alternatively spliced y and z inserts in chondrocytes (figure 1B), where agrin has a preferred, but not exclusive, affinity for dystroglycan binding compared with the y4, z8 isoform.26

To investigate the expression pattern of agrin in normal joints we used immunofluorescence. Agrin was abundantly detected in human, bovine and murine cartilage and menisci (figure 1C); agrin protein was retained in vitro in isolated primary bovine chondrocytes and in the human chondrocyte cell line C28/I2 in monolayer (figure 1D) and in three-dimensional culture (see online supplementary figure S1). In the mouse, agrin was detected within the superficial and deep layers of the articular cartilage, within the osteoid in the subchondral bone, and in the menisci. In healthy human and bovine cartilage agrin expression was distributed uniformly. However, in human OA cartilage, agrin expression was markedly reduced (almost undetectable) in the more severely affected areas (Mankin score >8) compared with the relatively preserved ones (Mankin score <4) (figure 1E). In a validated murine model of OA induced by surgical DMM,20 agrin expression was rapidly reduced in the articular cartilage as early as 7 days after surgery, reaching undetectable levels after 8 weeks (figure 1F).

Agrin cell autonomously regulates the chondrocyte transcription factor SOX9

The downregulation of agrin in OA cartilage prompted us to investigate whether agrin could have a function in chondrocyte differentiation and ECM formation. To investigate whether agrin has a cell-autonomous function in chondrocytes we applied a loss of function approach. Silencing agrin in C28/I2 chondrocytes using either of two independent siRNA oligonucleotide pairs (siRNA-1 and siRNA-2), we obtained a reduction of agrin mRNA by 59% and 78% respectively, allowing dose–response experiments (figure 2A). Agrin knockdown resulted in a dose-dependent decrease of absolute sulfated glycosaminoglycan (GAG) content in C28/I2 micromass cultures as evaluated by Alcian blue staining (figure 2B). Total DNA content was not changed, thereby suggesting that such difference did not result from a decreased cell number (figure 2C).

Agrin silencing also resulted in reduced expression of the cartilage transcription factor SOX9 mRNA (figure 2D) and dose-dependent downregulation of its transcriptional targets COL2A1 and ACAN mRNA (figure 2E, F).

Conversely, overexpression of full length agrin (y0, z0) in bovine primary chondrocytes resulted in significantly increased sulfated GAG content compared with GFP-transfected controls, both as total amount per micromass (figure 3A) and when normalised for DNA content (figure 3B). Moreover, after 5 days culture, SOX9 mRNA was significantly upregulated and 2 days later so were its direct transcriptional targets COL2A1 and ACAN (figure 3C–E).28

These data also demonstrate that agrin function is cell autonomous as it takes place in vitro, in the absence of potential exogenous sources of agrin (eg, nerves).

Exogenous agrin supports formation of stable, hyaline-like cartilage in vivo

In vitro cartilage formation is not always predictive of cartilage formation in vivo.29 For instance, mesenchymal stem cells can form cartilage in vitro, yet fail to form stable cartilage tissue in vivo even following in vitro differentiation.29 To confirm the anabolic function of agrin in vivo, we used a highly stringent transplantation model in which bovine articular chondrocytes form stable hyaline cartilage resistant to vascular invasion and endochondral bone formation when injected ectopically, in suspension, into the muscle of immunodeficient mice.23 29 This validated model predicts clinical efficacy of cell preparations for cartilage repair in humans,30 and allows robust quantification and monitoring of gene expression.23

In order to administer exogenous agrin to the implanted chondrocytes for the entire duration of the assay we used a previously validated strategy4 based on co-implantation of growth-arrested, agrin-overexpressing COS7 cells (ratio 10:1) or with GFP-overexpressing COS7 cells as control (see online supplementary figure S3). Two weeks after implantation, the implants exposed to agrin were significantly larger than those exposed to GFP (figure 4A–C) as determined by histomorphometry (figure 4A, B) and wet weight (figure 4C) and with a larger differentiated area as determined by increased area of Safranin O metachromatic staining (figure 4A, D), but without evidence of excessive accumulation of proteoglycans (figure 4E).
Figure 3  Agrin (y0, z0) overexpression resulted in increased glycosaminoglycan production and an upregulation of chondrocyte differentiation markers. Primary bovine chondrocytes were transfected with an agrin, BMP-2 or GFP encoding expression plasmid and cultured in micromass for the time indicated. (A) Alcian blue staining and quantification following guanidine extraction expressed as total value and (B) normalised by DNA content 5 days after transfection. (C–E) Real-time PCR analysis of SOX9, ACAN and COL2A1 mRNA expression levels over 5 days (SOX9) and 7 days (COL2A1 and ACAN) after transfection. Data are mean±SEM, n=4. *p<0.05; **p<0.005; ***p<0.0005 (unpaired t test). ACAN, aggrecan; BMP-2, bone morphogenetic protein-2; COL2A1, collagen type II; GFP, green fluorescent protein.
Figure 4  Exogenous agrin (y0, z0) enhanced ectopic cartilage formation in vivo. Primary bovine chondrocytes were co-implanted in suspension within the muscle of the thigh of nude mice with growth arrested COS7 cells overexpressing GFP or agrin. Cartilage implants were retrieved after 2 weeks. (A) Safranin O staining showing increased accumulation of metachromatic cartilage matrix in the implants supplemented with agrin. (B–E) Histomorphometric analysis of the implant wet weight, total area, differentiated area and differentiated area normalised for total area shown as a percentage. (F and G) Real-time PCR analysis of COL10A1 and MMP-13 mRNA expression levels of the implants using bovine-specific primers. (H–J) Histochemical staining was performed to confirm the presence of cartilage-specific highly sulfated glycosaminoglycans (toluidine blue) and the absence of calcification (alizarin red) and vascular invasion (Masson’s trichrome); E18.5 murine forepaw was used as control. Data are mean±SEM, n=12. *p<0.05; **p<0.005; ***p<0.0005 (unpaired t test). GFP, green fluorescent protein; MMP, matrix metalloproteinase.
with the WNT coreceptors LRP5 and LRP6 and with the intra-cellular WNT machinery. The overexpression of LRP4 alone in primary articular chondrocytes was sufficient to increase the expression of SOX9 mRNA by real-time PCR. (B) Real-time PCR analysis of SOX9 mRNA expression in chondrocytes transfected with agrin or GFP in combination with LRP4 siRNA or scrambled siRNA as control. (C) mRNA levels of SOX9 in bovine primary chondrocytes transfected with agrin or LRP4. Empty plasmid pcDNA was used as vehicle control. (D) Real-time qPCR analysis of LRP4 mRNA when agrin is silenced by siRNA and (E) when agrin is overexpressed. For validation of α-dystroglycan blocking antibody and LRP4 siRNA efficacy see online supplementary figure S2. Data are mean±SEM, N=4. *p<0.05; **p<0.005; ***p<0.0005; ****p<0.0001 (unpaired t test). BMP-2, bone morphogenetic protein-2; GFP, green fluorescent protein; LRP4, low-density lipoprotein receptor-related protein 4.

Figure 6 Agrin and LRP4 are central to a chondrogenic signalling network. Agrin is a paracrine signal which supports chondrocyte differentiation through a pathway requiring both LRP4 and α-dystroglycan which upregulates SOX9 and its transcriptional targets COL2A1 and ACAN. Agrin-induced chondrocyte differentiation is not associated with chondrocyte hypertrophy. LRP4 interacts with other pathways regulating chondrocyte differentiation including WNTs and BMPs.\textsuperscript{35 46} ACAN, aggregcan; BMPs, bone morphogenetic proteins; COL2A1, collagen type II; FZD, frizzled receptor; LRP, low-density lipoprotein receptor-related protein; MMP, matrix metalloproteinase.

The identification of a specific coreceptor repertoire and of a specific agonist, agrin, capable of promoting the formation of phenotypically stable hyaline-like cartilage resistant to vascular invasion and endochondral bone formation in vivo, is a unique therapeutic opportunity in cartilage-regenerative medicine and in the field of OA and opens a new exciting avenue of investigation to understand how high specificity of a biological effect is achieved by modulating otherwise pleiotropic signalling pathways.

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