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Introduction

Fluoride substituted hydroxyapatite (FHA) $[Ca_{10}(PO_4)_6 F_{2x}(OH)_{2-2x} (0 \le x \le 1)]$ is a well-known biomaterial and also constitutes the biomineral part of normal dental and bone formation in the body.¹ It occurs naturally in tooth enamel, however, here it contains F ions, replacing OH⁻, as high as 50 mol% in the inorganic apatite component $[Ca_{10}(PO_4)_6(OH/F)_2]^2$. This natural FHA provides the low solubility and good acid resistance to the enamel surface.³ In bone, approximately 1 wt% F⁻ can be found in the inorganic component, which helps prevent a reduction in bone density.⁴ Due to these biological benefits FHA can be utilized as implant material for bone and dental restorations.³ In addition, the fluoridation level of FHA is crucial in biomedical applications because of its effects on the crystallization, solubility and thermal stability of the bulk apatitic material.

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Fluoride substituted apatite is a key player among currently existing biomaterials. The ¹⁹F MAS-NMR is perhaps the most and only reliable technique to detect fluoride substitution in apatite. Typically any ¹⁹F MAS-NMR signal between –101.0 and –107.0 ppm is often used to identify fluoride substitution in apatite. Until now no explanation has been given as to why there is such a large variation in the NMR signals of these crystalline species. In this study, for the first time, we were able to explain this large variation in the ¹⁹F chemical shift values often seen in the literature. Hydroxyfluorapatites (FHA) with varied fluoride substitution and free from other substitutions have been synthesized *via* solution route followed by heat treatment in air at different temperatures up to 900 °C. Solid-state nuclear magnetic resonance (¹⁹F and ³¹P MAS-NMR) and X-ray diffraction (XRD) were used to characterize the synthesized powder samples. Formation of solid solution with varied hydroxyl/fluoride ratio was observed after the heat treatment up to a temperature of 300 °C. FHA samples decomposed to β-tricalcium phosphate (β-TCP) at higher temperature, which started from 20% F sample at 750 °C. With increasing F%, the FHA became more thermally stable and 80% F sample did not show β-TCP until 900 °C. An empirical nonlinear correlation between ¹⁹F NMR chemical shift and relative F% had been established. The mechanism of FHA solid solution formation and its thermal instability is proposed.

FHA has the similar crystal lattice to hydroxyapatite (HA) which belongs to the hexagonal crystal system with the space group $P6_3/m$. Along the *c* axis, F atoms are located at the center of Ca(II) triangles on the mirror plane at z = 1/4 and 3/4.5 When F⁻ substitutes for OH⁻ in c channel, due to the smaller ionic radius of F⁻ (ionic radii of the OH⁻ and F⁻ are 1.68 and 1.32 Å respectively), a contraction of the *a* axis in lattice structure is generated, while no significant changes occur to the c axis as the positions of the two sets of Ca²⁺ and the PO₄³⁻ in FHA are nearly identical to those of HA.6 X-ray diffraction (XRD) analysis have found that the (002) peak of FHA is shifted to the left (towards the lower angle) and (300) peak is shifted to the right (towards the higher angle) comparing with the pattern of HA, which indicates the decrease of a axis of the HA lattice when F⁻ substitutes for the OH⁻ along the c channel.⁷ The merging of (211) and (112) peak of the FHA pattern also suggests the formation of FHA solid solution.3a,8

Although crystallographic studies of the FHA and HA have been carried out previously, it is still a challenge to distinguish the different fluoridation levels of FHA using solely XRD because these apatites are isostructural, the crystals are typically too small to be detected petrographically or by X-ray diffraction, because of Scherrer broadening effects. In addition, detection of the light elements such as F, O and H is known as to be problematic for the powder XRD technique.⁹ Other techniques have been applied to solve this problem. Energy Dispersive



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Phase segregation in hydroxyfluorapatite solid solution at high temperatures studied by combined XRD/solid state NMR[†]

Paper

Spectroscopy (EDS) and atom probe tomography (APT) can be used to quantify the total amount of F^- ions in the samples,^{2,7,10} but fail to distinguish the specific amount of F^- in different chemical environments, and is not accurate enough to quantify the amount of F^- ions in the c channel. Fourier transform infrared spectroscopy (FTIR) has found that on introduction of F^- , the OH⁻ librational modes (631 cm⁻¹) shifts to higher wavenumbers up to 747 cm⁻¹ depending on the number of OH groups in the sections between F^- .¹¹

High-resolution solid state magic angle spinning (MAS) nuclear magnetic resonance (NMR) has proven to be a sensitive local probe of atomic and molecular structure.¹² The ³¹P NMR investigations showed that NMR can be used to identify phosphorus sites from either different protonated phosphate groups or various calcium phosphate species in glasses and ceramics.¹³ ¹H MAS-NMR study suggested that the presence of fluorine causes perturbations of the hydrogen environments, and the weak hydrogen bonding between F⁻ and OH⁻ could exist.¹⁴

The ¹⁹F NMR is one of the few techniques available that unambiguously detects presence of the fluoridated apatite, whether the solid is crystalline, amorphous or fluoride was adsorbed^{13*a*,15} from the media even at low level, though the latter would require longer acquisition time. Some research also states that besides the dominant signal from the channel ions, a second F^- environment is present in the carbonate substituted apatite.¹⁶

Thermal behavior of apatite has been extensively studied due to the increasing interest of adding apatite coating onto the metal surface, which involves high temperature process.^{16b} Calcined HA at 900 °C shows a substantial increase in crystal-linity,⁹ and continual heating to 1000 °C reveals partial decomposition to β -tricalcium phosphate (β -TCP).¹⁷ This β -TCP phase formation could destabilize the apatite lattice causing lattice parameter *a* and the unit cell volume to increase.^{11b}

The purpose of the current study is to establish an unequivocal method to distinguish different fluoridation levels of HA by combining XRD and high-resolution MAS-NMR spectra. This study was carried out in order to investigate the hydroxyl and fluorine ordering along the c channel and to understand whether the hydroxyl groups and fluoride ions are completely disordered over the positions or whether there is a local ordering of the groups/domains. Moreover, based on the presented experimental data, the effect of different heattreatment temperatures on the FHA structure will be discussed and further understanding of the mechanism of the FHA formation and its stability will be proposed.

Experiment details

Preparation of HA and FHA

HA was synthesized by the precipitation method:¹⁸ diammonium hydrogen phosphate (VWR) 3 M aqueous solution (solution B) was added dropwise to calcium nitrate tetrahydrate (Sigma-Aldrich) 1.7 M aqueous solution (solution A). The pH of the mixture was kept at 11 by adding concentrated ammonia solution (Sigma-Aldrich). To avoid carbonate contamination the reaction was kept in the inert N₂ atmosphere for 3 hours. A similar procedure was used for the FHA precipitation by adding extra the ammonium fluoride (Sigma-Aldrich) to the solution B. All the reagents were commercially available and all the aqueous solutions were prepared in atmosphere without further purification. The precipitated powder was filtered using a Büchner funnel and washed by distilled water twice to remove the remaining nitrate and ammonia, then dried at 60 °C for 12 hours. The dried powder was heated in a furnace at 10 °C min⁻¹ heating rate to the different heat treatment temperatures and held there for 2 hours and then was allowed to cool in the furnace. The heat treatment temperatures in the range from 300 to 900 °C were evaluated. The amount of fluoride substitution was varied from 20 to 100% and the samples with excess of the substitution were also considered, *i.e.* 200% of substitution.

Powder X-ray diffraction and solid state NMR characterisation

The specimens were analyzed using X-ray diffraction using a diffractometer (Bruker D2 Powder Diffractometer). Cu-K_{α} radiation (0.154056 nm) at 40 kV/40 mA was used. The diffraction pattern was taken in the 2 θ range of 10° to 80° with a step size of 0.04°. XRD Rietveld refinements were carried out by using Profex 3.5.0 with the program BGMN.¹⁹

High-resolution solid-state ¹⁹F and ³¹P magic angle spinning (MAS) nuclear magnetic resonance (NMR) spectra of FHA have been obtained on a 600 MHz Bruker Avance NMR spectrometer (14.1 Tesla), operating at 242.9 MHz for ³¹P and 564.7 MHz for ¹⁹F using low fluorine background probe. The chemical shift references were 85% solution of phosphoric acid as the primary reference for the ³¹P and the 1 M NaF solution with the signal at –120 ppm for the ¹⁹F. Powdered samples were packed into a 2.5 mm zirconia rotor and spun at the magic angle to remove anisotropy effects. The ¹⁹F and ³¹P MAS-NMR spectra of the samples were recorded at spinning frequencies 21 kHz and the measurements were done using 60 s recycle delay. The ³¹P and ¹⁹F MAS NMR spectra were deconvoluted using dmfit software package.²⁰

Results

XRD

The XRD patterns of the FHA powders with different F% heat treated at 300, 750 and 900 °C are shown in Fig. 1. All patterns show the characteristic apatite phases, with peaks at 26.0° (002) and 32.0° (211). With increasing heat treatment temperature, the diffraction peaks become narrower. At 300 °C (Fig. 1(a)), all the samples contain single apatite phase, with other phases below detectable levels. However, in 750 °C series samples shown in Fig. 1(b), in addition to the apatite phase, the 20% F sample shows the peaks at 28.0°, 31.0°, 34.5° which are the characteristic reflections of β -TCP.

The diffraction lines of the mixed FHA samples at this heat treatment temperature are broader than of the HA and some overlap. Furthermore, the width of the diffraction line decreases with increasing fluoride content and reached minimum in the 200% F sample. In 900 °C samples Fig. 1(c), all the samples contain apatite phases, and 20 to 80% F samples also show β -



Fig. 1 XRD patterns of (a) 300 (b) 750 and (c) 900 $^{\circ}$ C samples. The *h*, *k*, *l* indices shown in (a) are also true for the diffraction lines in (b) and (c).

TCP diffraction lines. The intensity of the β -TCP peaks at 28.0°, 31.0°, 34.5° decreases with increasing F%.

Refined structural parameters obtained for all samples from the XRD Rietveld refinement are reported in Table 1. R_{wp} , R_{exp} and R^2 for refinements indicate the quality of the fits. The unit cell of HA belongs to the hexagonal crystal with space group $P6_3/m$. The *c* axis parameter of the most of the samples is around 6.88 Å, and the values show little effect with the different F% or increasing the heat treatment temperature. In comparison, the *a* axis values are varied with the amount of F% and this also remains true for the heat treated samples, see the plotted in the Fig. 2. For two end members: HA (0% F) and FA (100% F) samples, the increase in heat treatment temperature had little

Temperature (°C)	Lattice parameters (Å)	0% F	20% F	40% F	50% F	60% F	80% F	100% F	200% F
300	<i>a</i> axis <i>c</i> axis	$9.427 \pm 6.8 imes 10^{-4} \ 6.883 \pm 5.5 imes 10^{-4}$	$\begin{array}{c} 9.426 \pm 8.0 \times 10^{-4} \\ 6.877 \pm 5.0 \times 10^{-4} \end{array} \\ \end{array}$	$9.416 \pm 7.6 \times 10^{-4}$ $5.881 \pm 4.8 \times 10^{-4}$	$9.406 \pm 8.7 imes 10^{-4}$ $6.883 \pm 5.9 imes 10^{-4}$	$9.405\pm 6.9 imes 10^{-4}$ $9.884\pm 4.4 imes 10^{-4}$	$9.391 \pm 5.6 imes 10^{-4}$ $6.883 \pm 3.9 imes 10^{-4}$	$9.381 \pm 4.0 imes 10^{-4}$ $6.885 \pm 3.1 imes 10^{-4}$	$9.385 \pm 6.0 imes 10^{-4}$ $6.883 \pm 4.8 imes 10^{-4}$
	$R_{ m wp} \left(\% ight) R_{ m evr} \left(\% ight)$	4.1 2 2.77	3.77 2.83	3.74	4.35 2.84	3.79 2.87	3.75 2.74	4.11 2.61	5.08 2.74
	R^2	1.4874	1.3322	1.3300	1.5317	1.3206	1.3686	1.5757	1.8540
750	a axis	$9.425 \pm 4.9 \times 10^{-4}$	$9.413 \pm 7.9 imes 10^{-4}$ g	$9.402 \pm 8.8 imes 10^{-4}$	$9.394 \pm 8.9 imes 10^{-4}$	$9.388 \pm 7.2 imes 10^{-4}$	$9.384 \pm 5.4 imes 10^{-4}$	$9.382 \pm 6.4 imes 10^{-4}$	$9.374 \pm 4.4 imes 10^{-4}$
	c axis	$6.887 \pm 3.9 \times 10^{-4}$	$6.89\pm 6.9 imes 10^{-4}$ ($5.888 \pm 6.8 imes 10^{-4}$ ($6.888 \pm 6.9 imes 10^{-4}$	$6.89 \pm 5.7 imes 10^{-4}$	$6.891 \pm 4.4 imes 10^{-4}$	$6.894 \pm 5.2 imes 10^{-4}$	$6.888 \pm 3.7 imes 10^{-4}$
	$R_{ m wp}$ (%)	10.73	10.1	11.69	11.41	12.65	12.71	18.21	19.61
	R_{exp} (%)	10.03	9.1	10.42	10.4	9.91	10.1	9.15	9.22
	R^2	1.0698	1.1099	1.1219	1.0971	1.2765	1.2584	1.9800	2.100
006	a axis	$9.421 \pm 3.3 \times 10^{-4}$	$9.375 \pm 1.2 imes 10^{-4}$ g	$9.375 \pm 8.9 imes 10^{-5}$	$9.375 \pm 9.2 imes 10^{-5}$	$9.375 \pm 8.1 imes 10^{-5}$	$9.375 \pm 5.9 imes 10^{-5}$	$9.375 \pm 7.5 imes 10^{-5}$	$9.374 \pm 4.3 imes 10^{-5}$
	c axis	$6.88 \pm 2.7 \times 10^{-4}$	$6.886 \pm 1.3 imes 10^{-4}$ ($5.886 \pm 8.7 imes 10^{-5}$ ($6.886 \pm 8.9 \times 10^{-5}$	$6.886 \pm 7.6 imes 10^{-5}$	$6.886 \pm 5.3 \times 10^{-5}$	$6.885\pm 6.6\times 10^{-5}$	$6.884 \pm 3.9 imes 10^{-5}$
	$R_{\rm wp}$ (%)	5.30	4.89	5.10	5.59	5.37	4.98	4.50	5.04
	R_{exp} (%)	3.49	3.44	3.43	3.44	3.55	3.6	3.53	3.79
	R^2	1.5186	1.4215	1.4697	1.6250	1.5127	1.3833	1.2748	1.3298

fits

 R_{exp} and R^2 for refinements indicate the quality of the

R_{wp}, I

The XRD Rietveld refinement results.

Table 1



Fig. 2 *a* axis unit cell parameter plotted against F%, *a* axis reducing with increasing F% but becoming independent of F% in 900 °C series. The lines represent linear fits of the data. The equations are given in ESI Table S1.†

influence on the *a* axis parameter compared to the FHA samples. The *a* axis values are 9.425 ± 0.05 and 9.380 ± 0.05 Å for HA and FA, respectively. For the FHA samples heat treated at 300 and 750 °C, the *a* axis reduces linearly with increasing F%. However, when heat treatment temperature increases to 900 °C, the *a* axis of FHA with different F% remained practically constant at 9.380 Å. The linear fitting results are presented in ESI Table S1.†

The results of the quantitative analysis of the XRD patterns are plotted in Fig. 3. At 750 °C, most of samples contain single apatite phase, except 20% F which also contains more than 50% β -TCP. With increasing heat treatment temperature, up to 900 °C, the fraction of apatite phase diminishes, in the range of the F⁻ substitution from 20 to 80%. The 20% F sample contains 15% apatite, which is less than the others, while the 80% F one has the greatest amount of apatite in all of the FHA samples at 900 °C, which is about 70 mol%.



Fig. 3 Comparison of the amount of apatite phase between 750 (grey bar) and 900 °C (black bar), most of XRD patterns at 750 °C contain single apatite phase; most of apatite phases at 900 °C show decomposition (20 to 80% F).

³¹P MAS-NMR

The ³¹P MAS-NMR spectra from the single-pulse experiments of all the samples at the heat treatment temperatures of 300 and 900 °C are dominated by a NMR line at 2.8 ppm (Fig. 4). This peak has been previously assigned to the bulk phosphate groups PO_4^{3-} in many other types of apatites.^{134,21} The ³¹P MAS-NMR spectra of heat treatments of 600 and 750 °C are similar to the spectra of 300 °C. However, at the heat treatment temperature of 900 °C, another broad resonance around 0.1–5.0 ppm was observed in 20 to 80% F samples, which corresponds to the β -TCP (Fig. 4(b)).²² Fig. 5 plots the full width at half maximum (fwhm) of the ³¹P NMR signals *versus* F content: the ³¹P peak narrows with increasing heat treatment temperature 900 °C, the fwhm stabilised at 0.22 ppm, and the amount of F in the samples shows little effect on the linewidth.

¹⁹F MAS-NMR

 19 F MAS-NMR spectra for 300 °C samples are dominated by a resonance line between -103.0 to -107.0 ppm corresponding



Fig. 4 ³¹P MAS-NMR spectra of FHA (a) heat treated at 300 °C, main resonance centred at 2.8 ppm corresponding to the PO₄³⁻ in apatite structure (b) heat treated at 900 °C, the main resonance at 2.8 ppm, another additional broad resonance at 0.1–5.0 ppm corresponding to PO₄³⁻ in β-TCP are observed in 20 to 80% F.



Fig. 5 The fwhm of 31 P MAS-NMR signal of FHA heat treated at 300, 750 and 900 °C. The linewidth narrows with increasing heat treatment temperature, at 900 °C, the fwhm stabilizes at 0.22 ppm.

to the F⁻ in the c channel but within slightly different chemical environments (Fig. 6(a)). ¹⁹F NMR spectra of 600 and 750 °C are shown in Fig. 6(b) and (c). The chemical shift (CS) shifts downfield from -106.0 to -103.0 ppm with increasing the F%. Most of the signals are clearly asymmetric indicating overlap of several signals, thus, spectra deconvolution was applied to gain quantitative information. The deconvolution results are listed in Table 2. Since it was found that most of these samples contain two signals at -103.0 and -105.0 ppm, the spectra in Fig. 6(b) and (c) were fit using these two resonances. The assignment of these signals is given further in the discussion. From the abundance of each given in Table 2, it is seen that the amount of the -103.0 ppm structure increases with increasing F%. When the heat treatment temperature reaches 900 °C, similar spectra are observed in all of the samples with two peaks at -102.0 and -104.0 ppm in Fig. 6(d). The main resonance is -102.0 ppm contributing to 94% of spectral intensity and this amount is independent of the F%. The resonance line at -109.0 ppm in 200% F sample corresponds to CaF₂, which is by-product of the synthesis. It is only present at the high F content samples (\geq than 100% F).

Discussion

The mechanism of fluoride ions incorporated into hydroxyapatite with increasing heat-treatment temperature

The presented experimental results revealed the formation of different types of FHA depending on the fluoride substitution and heat treatment temperature. The formation of random substitution solid solution is seen at relatively low heat treatment temperature. The separation phenomena occurred at higher heat treatment temperatures depending on F^- substitution level. The separation is understood here as a formation of the fluoride-deficient (Fd) and fluoride-rich (Fr) structure domains. Where the Fr is closely approximates a fluorapatite-type structure, in contrast to Fd regions which are similar to the random substituted solid solution, though with the lower fluoridation level. Finally, the extreme case of the separation



Fig. 6 ¹⁹F MAS-NMR spectra of FHA heat treated at different temperatures (a) 300 °C main resonance centered at -103.0 to -107.0 ppm corresponding to the F⁻ in apatite structure, -109.0 ppm in 200% F corresponding to CaF₂, -123 ppm in 20% F is an impurity (b) 600 °C the main resonance at around -103.0 ppm and showing asymmetric line shape (c) 750 °C similar to 600 °C and (d) 900 °C main resonance at -102.0 ppm corresponding to the F⁻ in apatite structure with high crystallinity.

 Table 2
 ¹⁹F
 MAS-NMR spectra deconvolution. The assignment is explained in the discussion text

	F rich region (ppm)	Integral (%)	F deficient region (ppm)	Integral (%)
600 °C				
20% F	-103.3	33	-106.4	67
40% F	-103.4	36	-105.7	64
50% F	-103.4	70	-105.7	30
60% F	-103.8	61	-105.2	39
80% F	-103.5	73	-104.3	27
100% F	-103.3	100	N/A	0
750 °C				
20% F	-103.6	7	-105.6	93
40% F	-103.1	45	-105.7	55
50% F	-103.6	70	-105.8	30
60% F	-103.5	68	-105.5	32
$80\% F^a$	-103.1	83	-105.8	9
100% F	-103.3	100	N/A	0

was seen as formation of the fluorapatite and β -TCP phase. Fig. 7 illustrates the proposed mechanism of the fluoride incorporation using the example of two selected FHA compositions, 20 and 40% F. The β -TCP percentage comes from the XRD refinement data (Fig. 3) and the Fr and Fd percentage were calculated by ¹⁹F NMR deconvolution results (Table 2).

As seen from the Fig. 7, at the lowest heat-treatment temperature 300 °C, the F⁻ ions substitute for the OH⁻ groups and distribute randomly in the c channel forming F–OH solid solution (SS stage). However, this SS stage is not thermally stable, a separation into an Fr and Fd is observed on increasing the heat-treatment temperature to 600 °C, as depicted in Fig. 6. It is thought that the higher heat treatment temperature promotes the F⁻ ions diffusion and separation from the random F–OH mixture, some separated F⁻ ions accumulate to form the F rich region. The rest of F⁻-ions are still mixed with



Fig. 7 Compositions changing of 20 and 40% F samples with increasing heat-treatment temperature from 300 to 900 °C. The β -TCP percentage comes from the XRD refinement data (Fig. 3) and the Fr and Fd percentage were calculated by ¹⁹F NMR deconvolution results (Table 2).

OH groups in an F–OH solid solution mode but with lower F⁻ concentration; this is proposed to be the F⁻ deficient region. Further increasing heat-treatment temperature to 750 °C causes thermal decomposition of the apatite phase to β -TCP. Both the F⁻ separation and apatite thermal decomposition processes evolve as the temperature of heat treatment increases. Eventually, at 900 °C, due to the combination of these two processes, all the samples are consist of β -TCP and F⁻ rich apatite phases, as depicted in Fig. 7. Noteworthy, increasing the F% in the hydroxyapatite postpones the starting of the apatite thermal decomposition. For example, in the Fig. 7, 20% F sample starts to show the β -TCP phase at 750 °C, while in 40% sample, β -TCP phase only can be found at 900 °C.

Details of these stages and quantitative information are discussed below.

Solid solution stage and separation in FHA identified by ¹⁹F MAS-NMR

Formation of different types of FHA solid solution that are proposed in the previous sections were observed from the XRD and solid state NMR, in particular ¹⁹F NMR. The reduction of a axis with increasing F% (Fig. 2) agrees well with the different substitution level of F ions for OH groups in c channel, which causes the *a* axis shrinkage due to the smaller F⁻ ions replacing the larger OH⁻ groups. In ¹⁹F NMR spectra, on increasing F% the ¹⁹F NMR CS shifts downfield due to the influence of the neighboring atoms, since the three $Ca(\pi)$ cations are identical, the major impact on the F-'s chemical environment must be the adjacent F^- or OH^- groups. The linear change in *a* axis at the same treatment temperature indicates the change in the F⁻- F^- or F^--OH^- distance in the channel, which perturbs the electron density in the shell of the fluorine atom. Therefore the length between F⁻-F⁻ and F⁻-HO⁻ results in the ¹⁹F NMR CS change. Here, the ¹⁹F NMR CS change is due to the close proximity of the H atom in the OH group. A similar effect seen in the linear correlation between CS and metal cation-fluorine distances was reported by Boden et al.23

Fig. 8 shows ¹⁹F NMR CS plotted against the F%. A correlation between ¹⁹F NMR CS and F% for 300 °C samples (Fig. 8) was found for the entire fluoride substitution range when fitted by the exponential decay function (eqn (1)) with $R^2 = 1.000$, $y_0 =$ -103.5, the decay constant $1/t_1 = 1/21.88$ and the initial value A_1 = -7.9907. The fitting curve is named "SS fitting". It is also remarkable that the data on ¹⁹F CS by Braun and Jana²⁴ are in excellent agreement with the proposed correlation in Fig. 8.

$$y - y_0 = A_1 \exp\left(-\frac{x}{t_1}\right) \tag{1}$$

Small deviations between Braun and Jana work²⁴ and SS fitting curve could be explained that Braun *et al.* introduced Na⁺ ions during the sample synthesis and the Na⁺ could dope in to the apatite structure and substitute for Ca(n) site,²⁵ which is close enough to affect F⁻ chemical environment causing ¹⁹F NMR CS change. In this project, the system is kept as simple as possible to avoid any anion or cation which could substitute



Fig. 8 19 F NMR chemical shifts plotted against F% and the fitting curve of the 300 °C series (SS fitting curve): four sets of data are presented: three of them from the project (300, 600 and 750 °C series), and the fourth set of data from Braun's work is also plotted for comparison.

into apatite structure. The potential application of the found correlation curve is to evaluate the degree of fluoridation in FHA solid solution by using ¹⁹F NMR.

With increasing the heat-treatment temperature up to 600 and 750 °C, ¹⁹F NMR spectra show both CS change and asymmetric line shape, which indicates the higher heat treatment temperature causes disturbance of the F⁻ ions local structure. Two main resonances have been observed after the deconvolution (Table 2); -103.0 ppm corresponding to the F in the Fr region. The resonance around -104.0 to -106.0 ppm is assigned to the fluorine Fd region, which represents F⁻ ions and OH⁻ groups mixed along the c channel forming the F⁻-OH⁻ solid solution. The presence of the two different F⁻ chemical environments on heat treatment implies that high temperature causes the F⁻ separation from the F⁻-OH⁻ solid solution of these regions are calculated by ¹⁹F NMR deconvolution and shown in Fig. 9.

It is clear that with increasing heat treatment temperature, the amount of Fr% (black bar) increases and Fd% (grey bar) decreases. Based on the XRD results, our samples only contain apatite and β -TCP phases, and apatite structure is the only phase that could accommodate the F⁻ ions, so the total fluorine content in each sample is constant at the different heat treatment temperatures. Heating temperature could promote the Fr region formation due to the transformation of F⁻ ions from Fd to Fr region. The extreme examples are shown in 900 °C, where more than 95% of F⁻ ions in the samples formed the Fr region and left the Fd region decompose to β -TCP. This is confirmed by the ¹⁹F NMR and XRD at 900 °C. The 95% Fr structure corresponding to the relatively narrow line shape at -102.0 ppm (fwhm = 0.6 ppm) in 19 F NMR spectra (Fig. 6(d)) implies the highly ordered and therefore crystalline apatite structure. This could be distinguished from the CS at -103.0 ppm assigned to F⁻ in the Fr region but with poorer crystalline structure (Fig. 6(a)-(c)).

The main implication of this result is that heat treatment of FHA powders at the temperature of 900 $^{\circ}$ C and above leads to



Fig. 9 Amount of F deficient region (Fd) and F rich region (Fr) of all samples at heat-treatment temperature at 600, 750 and 900 $^\circ C$ (grey bar Fd; black bar Fr).

a segregation of the fluorapatite from the solid solution. This explains the results of the recent report by Campillo et al. studied HA fluoridation using Raman scattering.26 The peak position of the PO₄ v_1 mode in Raman spectra did not show any difference with variation in fluoridation level ranging from 10 to 95%. However, the final heat treatment temperature of the experimental samples after fluoridation was at 1000 °C and the segregation of the fluoride rich apatite out of the solid solution must have occurred. This conclusion also can be shown by the change in linewidth of ³¹P NMR peaks (Fig. 5). The linewidth of the ³¹P centered at 2.8 ppm is determined by the degree of crystallinity of PO4 groups.27 The peaks narrowing from 1.00 ppm to 0.22 ppm at elevated heat treatment temperature from 300 to 900 °C reflects the increasing crystallinity of apatite phase. When the heat treatment temperature lower than 900 °C, the F% also shows a clear impact on the degree of crystallinity of the PO₄ groups, but further increasing heating temperature at 900 °C eliminates this influence of the F content on the ³¹P NMR linewidth. ³¹P NMR shows a constant fwhm (0.22 ppm) with fluoridation level from 20 to 200%. This is another evidence of the segregation of the fluorapatite from the solid solution at 900 °C.

At 900 °C, there is a second F environment corresponding to the ¹⁹F CS at -104.5 ppm with very small proportion, *ca.* 5%. This signal could be the F⁻ affected by the residual OH⁻ in the F⁻ rich region. The existence of the residual OH could be because of very small amount of OH⁻ groups trapped in the FA region and forming F⁻-OH⁻ mixture domain in the pure FA matrix. According to SS fitting (Fig. 8), the -104.5 ppm signal could correspond to the 50% F FHA.

The amount of the different F regions is also affected by the nominal F% in the sample. At the same heat treatment

Table 3 F% in F deficient region and the corresponding ¹⁹F NMR CS

	600 °C		750 °C		
F% (mol%)	F% _{Fd} (mol%)	¹⁹ F CS (ppm)	F% _{Fd} (mol%)	¹⁹ F CS (ppm)	
20	14	-106.4	34	-105.6	
40	30	-105.7	27	-105.7	
50	23	-105.7	23	-105.8	
60	36	-105.2	32	-105.5	
80	52	-104.3	20	-105.8	
100	0	N/A	0	N/A	

temperature, in general, with increasing F% the amount of Fr region increases. This can be understood that the F^- ions in the structure are preferentially clustered together forming pure F^-



Fig. 10 ³¹P MAS-NMR spectra of 20 and 80% F at different heat treatment temperature (a) 20% F heat treated from 300 to 900 °C, β -TCP are observed from 750 °C (b) 80% F heat treated from 300 to 900 °C, β -TCP are observed at 900 °C.

"chain" of fluorapatite. In $^{19}{\rm F}$ NMR spectra, this F⁻ chain in Fr structure produces consistent resonance at -103.0 ppm. However Fd region is more complicated, the actual fluoride substitution in solid solution in Fd region are calculated in Table 3. The variation in F%_{Fd} in Fd structure explain the CS of the second $^{19}{\rm F}$ NMR peak between -104.0 to -106.0 ppm. The data in Table 3 also are plotted in Fig. 8. These two sets of data have fairly good agreement with the SS fitting curve deduced from 300 °C data, except the 40% F in 750 °C shows large deviation from the SS fitting, which could due to the poor deconvolution.

Thermal decomposition (heat-treatment temperature above 750 $^{\circ}$ C)

Thermal stability of FHA was reported previously, decomposition has been found to occur at 1000–1100 °C. However, we found that the FHA are not as stable as it has been previously reported, for instance the 20% F sample starts decomposing at 750 °C. Increasing in F% inhibits the β -TCP phase formation. In ³¹P NMR spectra (Fig. 10), it is clearly shown that 20% F sample decomposed partially to β -TCP at 750 °C, while at higher F% up to 80%, the decomposition to β -TCP only starts at 900 °C. This implies that increasing F% inhibits apatite decomposition to β -TCP. The XRD results (Fig. 1(b)) also agree with this conclusion.

The highest heat-treatment temperature in this project is 900 °C. At this stage, both *a* axis parameters (Fig. 2) and ¹⁹F CS (Fig. 6(d)) show independence of the F%. For all samples from 20% to 100% F the *a* axis was found to be stable at 9.380 Å, and the same ¹⁹F CS at -102.0 ppm was observed. This implies that the apatite phase contains the similar F⁻ environment in the c channel at all these substitutions, which is solely Fr structure in all samples at 900 °C.

Conclusions

A series of FHA samples from 0 to 200% F have been synthesized by the solution route followed by heating, in air, at different temperatures (300 to 900 °C). Powder XRD, ³¹P and ¹⁹F NMR were used to characterize the synthesized powders. The comprehensive data were obtained and allowed for the first time a detailed analysis which gave rise to a new theory of the structure evolution of hydroxyfluorapatite solid solution: a separation of the FHA for the fluoride-deficient and fluoriderich domains, in addition to thermal decomposition, was found depending on the fluoride substitution level and heat treatment temperature. A nonlinear relation between ¹⁹F NMR CS and F% is found in 300 °C series, and is applicable to different heat treatments of FHA solid solutions. ¹⁹F NMR CS

Table 4	¹⁹ F NMR CS assignment (ppm)	
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-102.0	-103.0	-104.0 to -106.0	-109.0
F–F*–F high crystallinity	F–F*–F low crystallinity	F-F*-OH or OH-F*-OH SS stage	CaF ₂

also could be used to distinguish whether the F^- is in the low degree of crystallinity environment (-103.0 ppm) or the high crystalline environment (-102.0 ppm) in FA structure. Increasing F% in the FHA inhibits the thermal decomposition of HA which gives rise to the β -TCP. All the ^{19}F NMR CS found in this project are summarized in Table 4.

Conflict of interest

The authors declare no competing financial interest.

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